Screening for Transfusion transmissible Infections
Teaching Aims

- To understand the principle and performance of ELISA and Rapid tests
- To learn about the interpretation and documentation of the tests
- To identify troubleshooting and its resolution
# Transfusion transmitted infections

<table>
<thead>
<tr>
<th>Viral</th>
<th>Bacterial</th>
<th>Parasitic</th>
<th>Prion disease</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis B</td>
<td>Syphilis</td>
<td>Malaria</td>
<td></td>
</tr>
<tr>
<td>HIV 1 &amp; 2</td>
<td>Donor bacteremia</td>
<td>Chagas’ disease</td>
<td></td>
</tr>
<tr>
<td>Hepatitis C</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HTLV 1 &amp; 2</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HPV B19</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CMV</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Mandatory screening of Blood units**

<table>
<thead>
<tr>
<th>Infectious agent</th>
<th>Tests available</th>
</tr>
</thead>
<tbody>
<tr>
<td>HBV</td>
<td>Rapid tests, ELISA and NAT</td>
</tr>
<tr>
<td>HCV</td>
<td>Rapid tests, ELISA and NAT</td>
</tr>
<tr>
<td>HIV</td>
<td>Rapid tests, ELISA and NAT</td>
</tr>
<tr>
<td>Malaria</td>
<td>PBF, Rapid tests, ELISA</td>
</tr>
<tr>
<td>Syphilis</td>
<td>VDRL, RPR, TPHA, ELISA</td>
</tr>
</tbody>
</table>
Mandatory Test
Under Drugs and Cosmetic Act 1940
Rules 1945, (SCH. F, Part XII B)

- ELISA for HIV I /II since 1989
- ELISA for Hepatitis B surface antigen since 1985
- ELISA for Antibody to Hepatitis C since 2001
- VDRL/RPR for Syphilis
- Screening for Malarial Parasite
“Rapid testing”

APPLICATIONS:

• Low Annual collection
• Small laboratories without electrical back-up
• Geographic areas of limited lab. Infrastructure
• Plateletpheresis
• Disaster
• Warfare
• Emergency
Types of rapid tests

- Membrane based Enzyme Immuno-assay
- Particle agglutination assay
- Immunochromatography
Membrane Enzyme Immuno-Assay

- Donor samples diluted in specimen diluent are added
- Antibodies in the test sample will bind to the antigens on the membrane
- Conjugate is added to the test cartridge and will bind to antigen / antibody complex.
- Development reagent is then added

Color change indicates adherence of Ab to the Ag → presence of infection
Membrane Enzyme Immuno-Assay

HIV Antibodies

MEMBRANE
Interpretation

Non-Reactive

Reactive

C – Control: important for Validation
Particle Agglutination Assay

**Principle**
- Adapted from hemagglutination test
- Can be performed in microplates or on plastic cards
- Colored gelatin or latex particles are coated with antigen specific for infectious marker
- Serum/whole blood of the donor is added
- Presence of antibody is determined by agglutination of colored particles
**Immunochromatography**

- Antigens coated on porous membrane containing dissolved reagents
- Donor sample is added
- Antigen / antibody complex moves along the strip on the principle of chromatography
- Positive reaction is visualized by precipitation of Ag/Ab complex at defined position using colloidal gold
## Advantages and disadvantages of Rapid Tests

<table>
<thead>
<tr>
<th>ADVANTAGES</th>
<th>DISADVANTAGES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Results &lt; 30 minutes</td>
<td>Not suitable to handle large number of samples</td>
</tr>
<tr>
<td>Good for handling smaller quantity samples</td>
<td>QA/QC is not easy, requires multiple sites</td>
</tr>
<tr>
<td>Minimal equipment and reagent maintenance</td>
<td>Subjective reporting specially in particle agglutination</td>
</tr>
<tr>
<td>Skilled manpower is not required for interpretation</td>
<td>False negative in case highly reactive samples</td>
</tr>
</tbody>
</table>
ELISA Testing

- **Definition**: Detection of antigen and/or antibody in plasma/serum using an enzyme-linked chromogenic end point detection system.

- **Types of ELISA**:
  - Indirect
  - Competitive
  - Sandwich
  - Capture

---

**ELISA – Enzyme linked Immunosorbent Assay**

- **Evolution**
  - **1st generation**: Infected cell lysate is used as an antigen.
  - **2nd generation**: Glycopeptides (Recombinant antigens) are used.
  - **3rd generation**: Synthetic peptides.
  - **4th generation**: Synthetic peptides and antibodies.
Basis of ELISA

- Depending on the particular assay either antigen or antibody is immobilized onto a solid phase.
- The solid phase is normally polystyrene and either a micro well or bead.
- Micro wells are generally presented in a 96 removable well plate format (12x8 wells).
- The sample and assay reagents are added sequentially into these wells & the final reaction read.
Method

• First stage

  • Sample is added to the well after dilution

  • Incubated at a specified temperature for a specified period of time
First stage.....

• Immobilized antigen or antibody react with any complementary antibody or antigen in the sample resulting in a specific Ag-Ab complex

• At the end of the incubation period the excess sample & diluents is washed away
Second stage- Detection of the reaction

- Detection systems used are many & varied
- Generally use a further antibody
  - Broad range anti human globulin
  - An antibody specific to the infectious agent being screened for
  - Specific antigen

which is chemically labeled with an enzyme. This labeled Ab or Ag is called the conjugate
Second stage....

- The conjugate is added to the well after washing.
- Incubated at a specified temperature & for a specified time.
- During the incubation period the conjugate only binds to any specific Ag-Ab complex present & after binding it also becomes immobilized.
- At the end of the incubation period excess conjugate is washed away.
Final stage

- The enzyme part of the conjugate is used
- Synthetic dye known as a chromogen (substrate) is added to the well after the conjugate has been washed away incubated at a specified temperature & for a specified time
Final stage....

- This changes color generally from colorless to colored in the presence of enzyme.

- At the end of the incubation period the color reaction is stopped usually by adding acid & OD values of the individual wells read.
Method

• All ELISA have a set of controls that have to be run with each micro plate or set of tests
• The result of these control samples are used to ensure that the test run has performed satisfactorily & to calculate the assay cut off value
• The cut off value is the OD value which is used to decide whether the result is positive or negative
Antigens are attached on the solid phase support allowing antibodies in the specimen to bind and these bound antibodies are subsequently detected by enzyme labeled AHG and specific substrate.

If test specimen contains antibodies, color reaction takes place.

It is most commonly used system.
Test antibodies compete with the enzyme conjugated antibodies in the reagent for binding to the antigen on the solid phase so that less or no labeled antibodies can get attached to the solid phase.

Hence no color is produced on addition of substrate indicating presence of antibodies.

Unlike indirect ELISA, absence of color indicates the presence of antibodies in the test specimen.
 Principle

Sandwich ELISA (Hepatitis B)
4th generation ELISA

- Simultaneous detection of both antigen and antibody

**HIV**
- HIV P24 antigen
- Anti-HIV1 and HIV2 antibody

**HCV**
- Capsid core antigen
- Anti-HCV capsid antibody
Ideal ELISA Plate Layout

- Blank
- Positive control
- Negative control
- External control

EC
KN
Interpretation of Results

Validity criteria

- Internal controls (positive & negative) and Blank value are within prescribed limits
- Cut-off of test run is calculated as per kit insert
- External controls (borderline positive & negative) are giving valid results
Interpretation of Results

- Samples OD at or above the cutoff value: Reactive
- Samples OD below the cutoff value: Non-reactive

Grey zone samples
- Those below the 10% of cut off are in grey zone.
  - Repeated in duplicate
  - If one or both above cutoff: Reactive
  - If both value below cutoff: Non-reactive
Documentation

• The date on which the test is run.
• The name of the kit used.
• The lot number and expiry date of the kit.
• Standard values for the validity of the test.
• Signature of the Laboratory technologist
• Signature of Medical Officer.
• Reactive samples/units are marked red in the printout and working chart
## Advantages and Limitations of ELISA

<table>
<thead>
<tr>
<th>ADVANTAGES</th>
<th>LIMITATIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Can be run in batches: suitable for large numbers</td>
<td>• Requires skilled personnel for interpretation</td>
</tr>
<tr>
<td>• Quality assurance/ Quality control is easier, evaluation at national and regional laboratory only</td>
<td>• Testing time &gt; 2 hours</td>
</tr>
<tr>
<td>• Identify <strong>seroconvertors</strong> earlier</td>
<td>• Specialized equipment set up</td>
</tr>
</tbody>
</table>
Troubleshooting & Resolution
High Background Colour
High Background Colour

- Contaminated wash buffer, washer tubing
- Incubation too long or at high temp.
- Reuse of disposable tips

- Freshly prepared wash buffer, clean tubings with DW
- Check protocol
- Discard after use
High Background Colour (..contd.)

- Improper washing leading to residual conjugate
- Coloured substrate (contamination with metal ions or conjugate)
- Improper conc. of stop solution

- Check performance & vacuum of the washer
- Fresh substrate to be used
- Check conc. of stop solution & quality of DW
**NO Colour Development**

![Image of a microplate with no colour development](image-url)
NO Color Development

- Forgot to add sample, conjugate or substrate
- Added in wrong sequence
- Short substrate incubation

- Follow test procedure correctly
- Follow test procedure correctly
- Follow test procedure correctly
NO Color Development (...contd.)

- No colour in positive control
- Inactive microplate
- Substrate contaminated with stop solution
- Defective controls or wells, expired microplate
- Always cover unused strips with desiccant bag inside
- Prepare fresh substrate
False Positive Results
False Positive Results

- Lipemic or hemolysed samples
- Incubation at higher temperature
- Improper washing, less wash vol. & less soak time
- Avoid use of hemolysed samples
- Check temperature before incubation
- Wash wells with adequate volume
False Positive Results

- Contamination of reagents
- Air bubbles during reading
- STRICTLY FOLLOW the test procedure as per package insert, CHECK pipettes, equipments & tips
- Remove them by gentle tapping
High Color in One Row/Column
High Color in One Row/Column

- Wash channel of the washer clogged
- Overflowing of wells in one row/column
- Contamination from well to well

- Unclog with appropriate needle
- Check vacuum pressure of the equipment
- Check wash performance of wash head
Controls OUT of Validation Criteria
Controls OUT of Validation Criteria

- Cross-contamination of controls
- Incorrect filter used
- Incorrect temp., timing or pipetting

- Pipette carefully, DO NOT interchange caps
- Check filter wavelength
- Follow test procedure correctly
Controls OUT of Validation Criteria

- Expired reagents
- Improper reagents preparation, error in dilution, reagents NOT mixed
- ALWAYS CHECK kit / reagents expiry before use
- Check procedure

REPEAT PROCEDURE
Key Messages

- Mandatory to use licensed /CDSCO (Govt.of India) approved kits
- Mandatory to use kits before expiry date
- Kits and samples to be brought at room temp. before use
- Wells of the plate should not be touched with micropipette tip
- Always use tips compatible and recommended with the micropipette
- Controls and unknown samples should be treated in similar manner
- Reagents from one kit should not be mixed with another kit
- ALWAYS follow manufacturer’s instructions
Residual risk – the Window period

- Time between the entry of infectious agent in body and its detection by Laboratory test.

<table>
<thead>
<tr>
<th></th>
<th>HIV</th>
<th>HCV</th>
<th>HBV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd gen</td>
<td>26.6 day</td>
<td>58.3 day</td>
<td>36.3 day</td>
</tr>
<tr>
<td>4th gen</td>
<td>13.7 day</td>
<td>9.4 day</td>
<td>26 day*</td>
</tr>
<tr>
<td>ID NAT</td>
<td>5.6 day</td>
<td>4.9 day</td>
<td>24 day</td>
</tr>
</tbody>
</table>

* Chemiluminiscent method
Blood smear examination - species of malarial parasites

- P. vivax
- P. falciparum
- P. malariae
Rapid Immunoassay used for malaria
Syphilis

- A sexually transmitted disease caused by *Treponema pallidum*
- A spirochete that cannot be easily visualised or isolated.
- Possesses a cardiolipin antigen which is used in tests to detect antibodies. Eg. VDRL test, RPR card test etc.
- Quality of specimen, technical skill and use of calibrated equipments are essential for obtaining correct results in these tests.
- Sensitivity of these tests are very high
Serological tests for syphilis and their limitations

- **Methods using cardiolipin (non-treponemal) antigens**
  VDRL, RPR card test.
  Limitations - false positivity, requires skill and is laborious.
  Sensitivity is high but specificity is poor

- **Treponema Pallidum Hemagglutination assay (TPHA)**:
  Uses treponemal antigens - sensitivity & specificity is high.
  Does not distinguish past from current infection
Testing for Syphilis - VDRL

Non treponemal anti-lipoidal antibodies (Reagin) formed in host in response to damaged host cell lipoidal material

+ TREPOLIPIN emulsion – lecithin, cardiolipin, cholesterol

Flocculation
Interpretation

Non Reactive  Reactive

Presence of flocculation
Learning outcomes

- To be able to understand the principle and performance of ELISA and Rapid tests

- Should know the interpretation and documentation of the tests

- Should be able to identify troubleshooting and its resolution.