# Rwanda

Total population: 10 837 000 > Population aged 15 years and older (15+): 55% > Population in urban areas: 19% > Income group (World Bank): Low income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010 Data refer to litres of pure alcohol per capita (15+).



Alcohol per capita (15+) consumption (in litres of pure alcohol)

Average 2003—2005			Change
6.8	6	.8	→
3.0	3	.0	→
9.8	9.8		→
	15.1	5.0	
6.2	6	.0	
	2003–2005 6.8 3.0 <b>9.8</b>	2003–2005     2008-       6.8     6       3.0     3       9.8     9       15.1	6.8 6.8   3.0 3.0   9.8 9.8   15.1 5.0

Prevalence of heavy episodic drinking\* (%), 2010

	Population	Drinkers only
Males (15+)	30.2	54.3
Females (15+)	10.9	31.2
Both sexes (15+)	20.1	45.0

\*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

#### HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012  $\,$ 

	ASE	DR*	AAF	(%)
Liver cirrhosis, males / females	28.5	19.0	74.3	69.4
Road traffic accidents, males / females	39.5	17.4	30.3	10.3
*Per 100 000 population (15+).				

Years of life lost (YLL) score*, 2012	LEAST < 1 2 3 4 5 > MOST

\*Based on alcohol-attributable years of life lost.

### **POLICIES AND INTERVENTIONS**

Written national policy (adopted/revised) / National action plan	No /
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	Yes, No / Yes, No No / No / Yes

Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage,  $2010\,$ 



Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	27.2
Females (15+)	14.3
Both sexes (15+)	22.0

#### Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	28.7	55.8	42.8
Former drinkers* (15+)	15.8	9.4	12.4
Abstainers (15+), past 12 months	44.5	65.2	55.3
*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.			
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Patterns of drinking score, 2010 LEAST RISKY < 1 2 3 4 5 > MOST RISKY

### Prevalence of alcohol use disorders and alcohol dependence (%), $2010^*$

	Alcohol use disorders**	Alcohol dependence
Males	9.9	4.2
Females	2.0	1.0
Both sexes	5.8	2.5
WHO African Region	3.3	1.4

\*12-month prevalence estimates (15+).

\*\*Including alcohol dependence and harmful use of alcohol.

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in $\%$	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement	No / No
Legally binding regulations on alcohol sponsorship / sales promotion	No / No
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	No
National monitoring system(s)	No