Zimbabwe

Mortality*

Number of diabetes deaths

	males	*females*
ages 30–69	270	340
ages 70+	260	560

Number of deaths attributable to high blood glucose

	males	*females*
ages 30–69	640	550
ages 70+	580	940

Proportional mortality (% of total deaths, all ages)*

Cardiovascular diseases 9%
Injuries 8%
Cancers 10%
Respiratory diseases 3%
Diabetes 1%
Other NCDs 7%
Communicable, maternal, perinatal and nutritional conditions 62%
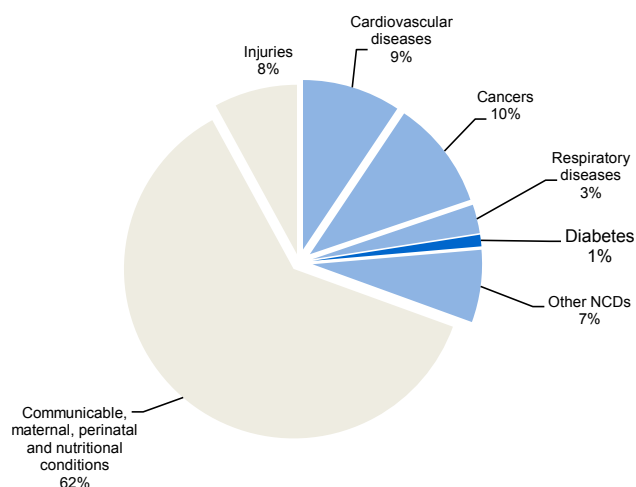
Trends in age-standardized prevalence of diabetes
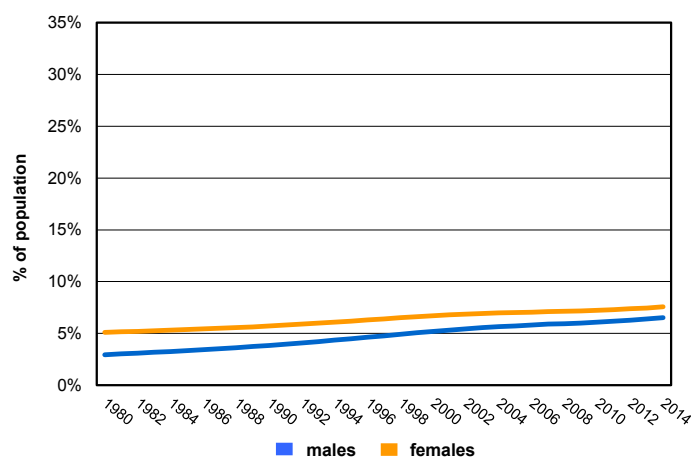
males   females

Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	4.0%	5.2%	4.6%
Overweight	13.7%	38.4%	26.2%
Obesity	1.9%	14.8%	8.4%
Physical inactivity	15.3%	23.8%	19.7%

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	*Yes†*
Operational policy/strategy/action plan to reduce overweight and obesity	*Yes*
Operational policy/strategy/action plan to reduce physical inactivity	*Yes†*
Evidence-based national diabetes guidelines/protocols/standards	*Not available*
Standard criteria for referral of patients from primary care to higher level of care	*Available and partially implemented*
Diabetes registry	*No*
Recent national risk factor survey in which blood glucose was measured	*No*

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	●
Metformin	○
Sulphonylurea	○

Procedures

Retinal photocoagulation	○
Renal replacement therapy by dialysis	●
Renal replacement therapy by transplantation	○

Basic technologies in primary care facilities

Blood glucose measurement	●
Oral glucose tolerance test	○
HbA1c test	○
Dilated fundus examination	○
Foot vibration perception by tuning fork	○
Foot vascular status by Doppler	○
Urine strips for glucose and ketone measurement	●

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).
† = documentation not provided
○ = not generally available   ● = generally available

World Health Organization – Diabetes country profiles, 2016.