Ghana

Total population: 27 410 000
Income group: Lower middle

Mortality*
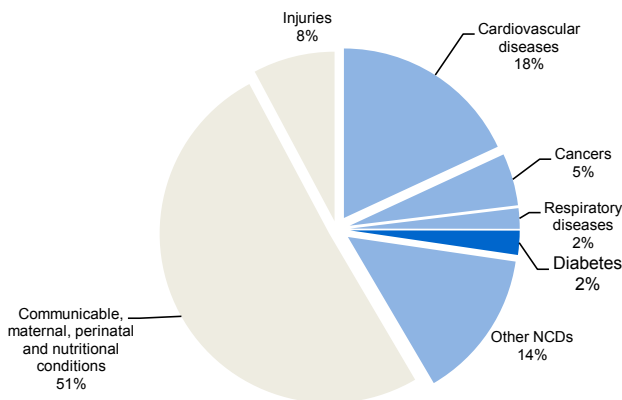
Number of diabetes deaths

	males	females
ages 30–69	1 290	1 100
ages 70+	820	1 190

Number of deaths attributable to high blood glucose

	males	females
ages 30–69	1 860	1 790
ages 70+	1 150	1 990

Proportional mortality (% of total deaths, all ages)*

Injuries 8%
Cardiovascular diseases 18%
Cancers 5%
Respiratory diseases 2%
Diabetes 2%
Other NCDs 14%
Communicable, maternal, perinatal and nutritional conditions 51%

Trends in age-standardized prevalence of diabetes
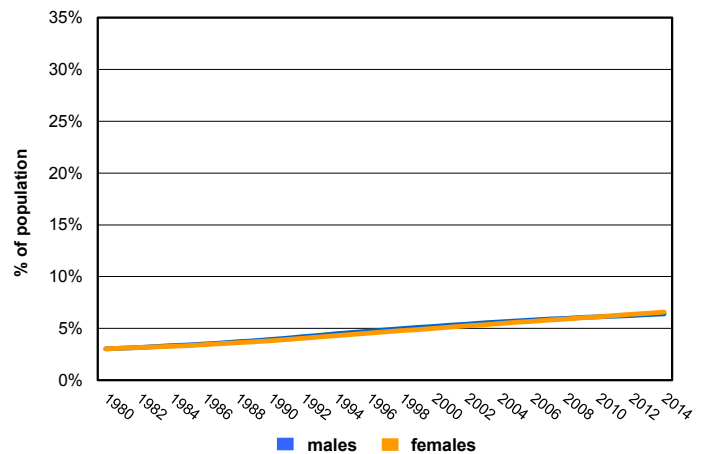
males   females

Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	4.6%	5.0%	4.8%
Overweight	21.5%	39.9%	30.8%
Obesity	4.9%	16.8%	10.9%
Physical inactivity	11.9%	17.0%	14.6%

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	Yes†
Operational policy/strategy/action plan to reduce overweight and obesity	DK
Operational policy/strategy/action plan to reduce physical inactivity	Yes†
Evidence-based national diabetes guidelines/protocols/standards	Not available
Standard criteria for referral of patients from primary care to higher level of care	Not available
Diabetes registry	No
Recent national risk factor survey in which blood glucose was measured	No

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	●
Metformin	●
Sulphonylurea	●

Procedures

Retinal photocoagulation	○
Renal replacement therapy by dialysis	○
Renal replacement therapy by transplantation	○

Basic technologies in primary care facilities

Blood glucose measurement	○
Oral glucose tolerance test	○
HbA1c test	○
Dilated fundus examination	DK
Foot vibration perception by tuning fork	○
Foot vascular status by Doppler	○
Urine strips for glucose and ketone measurement	●

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).
† = documentation not provided
○ = not generally available   ● = generally available

World Health Organization – Diabetes country profiles, 2016.

DK = country responded "don't know"