Uganda

Total population: 33 987 000 ➤ Population aged 15 years and older (15+): 51% ➤ Population in urban areas: 13% ➤ Income group (World Bank): Low income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Alcohol per capita (15+) consumption (in litres of pure alcohol)

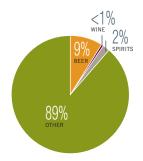
	Average 2003–2005	Ave: 2008-	rage -2010	Change
Recorded	8.9	8.	.3	→
Unrecorded	1.0	1.	.5	7
Total	9.9	9.8		→
Total males / females		14.4	5.2	
WHO African Region	6.2	6.0		

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	6.8	12.1
Females (15+)	0.1	0.3
Both sexes (15+)	3.4	8.3

 $^{^{\}ast}\text{Consumed}$ at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	25.6
Females (15+)	19.6
Both sexes (15+)	23.7

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	27.9	54.9	41.4
Former drinkers* (15+)	15.8	18.7	17.3
Abstainers (15+), past 12 months	43.7	73.7	58.7

^{*}Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010 LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
Liver cirrhosis, males / females	67.8	50.1	72.2	68.8
Road traffic accidents, males / females	65.8	25.6	15.7	5.6

^{*}Per 100 000 population (15+).

Years of life lost (YLL) score*, 2012

LEAST < 1 2 **3** 4 5 > MOST

Prevalence of alcohol use disorders and alcohol dependence (%), 2010^*

	Alcohol use disorders**	Alcohol dependence
Males	10.0	4.2
Females	1.5	0.7
Both sexes	5.8	2.5
WHO African Region	3.3	1.4

^{*12-}month prevalence estimates (15+).

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	Yes, No / No, No No / No / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement	No / No
Legally binding regulations on alcohol sponsorship / sales promotion	No / No
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	Yes
National monitoring system(s)	Yes

^{*}Based on alcohol-attributable years of life lost.

^{**}Including alcohol dependence and harmful use of alcohol.