



World Health Organization Child & Adolescent Health and Development (CAH)

# INTEGRATED MANAGEMENT OF NEONATAL AND CHILDHOOD ILLNESS

# PHYSICIAN CHART BOOKLET



Ministry of Health & Family Welfare, Govt. of India

## INTEGRATED MANAGEMENT OF NEONATAL AND CHILDHOOD ILLNESS



World Health Organization Child & Adolescent Health and Development (CAH)





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## SICK YOUNG INFANT AGE UPTO 2 MONTHS

#### ASSESS, CLASSIFY AND TREAT THE SICK YOUNG INFANT

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## ASSESS AND CLASSIFY THE SICK YOUNG INFANT AGE UPTO 2 MONTHS



ASSESS		CLAS	SSIFY	IDENTIFY TREATMENT
ASK THE MOTHER WHAT THE YOUNG INFANT'S PROBLEMS ARE • Determine if this is an initial or follow-up visit for this problem. - if follow-up visit, use the follow-up instructions on the bottom of this chart.	USE ALL BOXES THAT MATCH INFANT'S SYMPTOMS			n needs URGENT attention, complete the reatment immediately so referral is not delayed
CHECK FOR POSSIBLE BACTERIAL INFECTION / JAUNDICE	SIGN	IS CLA	SSIFY AS	IDENTIFY TREATMENT (Urgent pre-referral treatments are in bold print)
ASK: LOOK, LISTEN, FEEL: • Has the infant had convulsions? • Repeat the count if elevated. • Look for severe chest indrawing. • Look for nasal flaring.	<ul> <li>Convulsions or</li> <li>Fast breathing (60 bremore) or</li> <li>Severe chest indrawing</li> <li>Nasal flaring or</li> <li>Grunting or</li> <li>Bulging fontanelle or</li> <li>10 or more skin pustui</li> <li>If axillary temperature (or feels hot to touch) or than 35.5°C (or feels or</li> <li>Lethargic or unconscient Less than normal move</li> </ul>	les or a big boil or 37.5°C or above or temperature less cold to touch) or bus or	POSSIBLE SERIOUS BACTERIAL INFECTION	<ul> <li>Give first dose of intramuscular ampicillin and gentamicin.</li> <li>Treat to prevent low blood sugar.</li> <li>Warm the young infant by Skin to Skin contact if temperature less than 36.5°C (or feels cold to touch) while arranging referral.</li> <li>Advise mother how to keep the young infant warm on the way to the hospital.</li> <li>Refer URGENTLY to hospital "</li> </ul>
Look and listen for grunting.     Look and feel for bulging fontanelle.	Umbilicus red or draini     Pus discharge from ea     < 10 skin pustules.		LOCAL BACTERIAL INFECTION	<ul> <li>Give oral co-trimoxazole or amoxycillin for 5 days.</li> <li>Teach mother to treat local infections at home</li> <li>Follow up in 2 days.</li> </ul>
Look for pus draining from the ear.     Look at the umbilicus. Is it red or				
<ul> <li>book at the unbound as is tried of draining pus?</li> <li>Look for skin pustules. Are there 10 or more skin pustules or a big boil?</li> <li>Measure axillary temperature (if not possible, feel for fever or low body temperature).</li> <li>See if the young infant is lethargic or unconscious.</li> </ul>	<ul> <li>Palms and soles yellov</li> <li>Age &lt; 24 hours or</li> <li>Age 14 days or more</li> </ul>	v or	SEVERE JAUNDICE	<ul> <li>Treat to prevent low blood sugar.</li> <li>Warm the young infant by Skin to Skin contact if temperature less than 36.5°C (or feels cold to touch) while arranging referral.</li> <li>Advise mother how to keep the young infant warm on the way to the hospital.</li> <li>Refer URGENTLY to hospital</li> </ul>
Look at the young infant's movements. Are they less than normal?     Look for jaundice?	Palms and soles not ye	llow	JAUNDICE	<ul> <li>Advise mother to give home care for the young infant.</li> <li>Advise mother when to return immediately.</li> <li>Follow up in 2 days.</li> </ul>
Are the palms and soles yellow? And if the temp.				
# If referral is not possible, see the section Where Referral is Not Possible in the module Treat the Young Infant and Counsel the Mother.	Temperature between	the second s	LOW BODY EMPERATURE	<ul> <li>Warm the young infant using Skin to Skin contact for one hour and REASSESS.</li> <li>Treat to prevent low blood sugar.</li> </ul>

### THEN ASK:





# If referral is not possible, see the section Where Referral Is Not Possible in the module Treat the Young Infant and Counsel the Mother.

		<u>12. (2</u>	2	
	for DEHYDRATION	Two of the following signs: • Lethargic or unconscious • Sunken eyes • Skin pinch goes back very slowly.	SEVERE DEHYDRATION	<ul> <li>Give first dose of intramuscular ampicillin and gentamicin,</li> <li>If infant also has low weight or another severe classification:         <ul> <li>Refer URGENTLY to hospital with mother giving frequent sips of ORS on the way.</li> <li>Advise mother to continue breastfeeding.</li> <li>Advise mother how to keep the young infant warm on the way to the hospital.</li> <li>OR</li> <li>If infant does not have low weight or any other severe classification:                 <ul> <li>Give fluid for severe dehydration (Plan C) and then refer to hospital after rehydration</li> </ul> </li> </ul> </li> </ul>
EA		Two of the following signs: • Restless, irritable. • Sunken eyes. • Skin pinch goes back slowly.	SOME DEHYDRATION	<ul> <li>If infant also has low weight or another severe classification:         <ul> <li>Give first dose of intramuscular ampicillin and gentamicin</li> <li>Refer URGENTLY to hospital with mother giving frequent sips of ORS on the way.</li> <li>Advise mother to continue breastfeeding.</li> <li>Advise mother how to keep the young infant warm on the way to the hospital.</li> </ul> </li> <li>If infant does not have low weight or another severe classification:         <ul> <li>Give fluids for some dehydration (Plan B).</li> <li>Advise mother when to return immediately.</li> <li>Follow up in 2 days</li> </ul> </li> </ul>
		<ul> <li>Not enough signs to classify as some or severe dehydration.</li> </ul>	NO DEHYDRATION	<ul> <li>Give fluids to treat diarrhoea at home (Plan A).</li> <li>Advise mother when to return immediately.</li> <li>Follow up in 5 days if not improving.</li> </ul>
	and if diarrhoea 14 days or more	Diarrhoea lasting 14 days or more.	SEVERE PERSISTENT DIARRHOEA	<ul> <li>Give first dose of intramuscular ampicillin and gentamicin if the young infant has low weight, dehydration or another severe classification.</li> <li>Treat to prevent low blood sugar.</li> <li>Advise how to keep infant warm on the way to the hospital.</li> <li>Refer to hospital."</li> </ul>
	and if blood in stool	Blood in the stool.	SEVERE DYSENTERY	<ul> <li>Give first dose of intramuscular ampicillin and gentamicin if the Young infant has low weight, dehydration or another severe classification.</li> <li>Treat to prevent low blood sugar.</li> <li>Advise how to keep infant warm on the way to the hospital.</li> <li>Refer to hospital".</li> </ul>

### THEN CHECK FOR FEEDING PROBLEM & MALNUTRITION:

<ul> <li>Is there any difficulty feeding?         <ul> <li>Is the infant breastfed? If yes, how many times in 24 hours?</li> <li>Does the infant usually receive any other foods or drinks? If yes, how often?</li> </ul> </li> <li>What do you use to feed the infant?</li> <li>IF AN INFANT: Has any difficulty feeding, or Is breastfeeding less than 8 times in 24 h Is taking any other foods or drinks, or Is le low weight for any</li> </ul>		• • •	No attachment at all or Not suckling at all or Very low weight for age.	FEED - POSSIBLE SERIOUS BACTERIAL INFECTION OR SEVERE MALNUTRITION	and gentamicin.   Treat to prevent low blood sugar.  Warm the young infant by Skin to Skin contact if temperature less than 36.5°C (or feels cold to touch) while arranging referral.  Advise mother how to keep the young infant warm on the way to the hospital.  Refer URGENTLY to hospital'  If not well attached or not suckling effectively
TO CHECK ATTACHMENT, LOC         - Chin touching breast         - Mouth wide open         - Lower lip turned outward         - More areola visible above th         (All of these signs should be pressive)         • Is the infant suckling effectively sometimes pausing)?         not suckling at all not suckling         Clear a blocked nose if it interfere         • Look for ulcers or white patches         • Does the mother have pain	vious hour, ask the mother utes. Ist hour, ask the mother if is infant is willing to feed If attached good attachment OK FOR: han below the mouth sent if the attachment is good) is (that is, slow deep sucks, g effectively suckling effectively eres with breastfeeding.	• 1 • 1 2 • F • 0 • 1 F • 1 • 1 • 1	Not well attached to breast or Not suckling effectively or Less than 8 breastfeeds in 24 hours or Receives other foods or drinks or Thrush (ulcers or white patches in mouth ) or Low weight for age or Breast or nipple problems	FEEDING PROBLEM OR LOW WEIGHT	<ul> <li>teach correct positioning and attachment.</li> <li>If breastfedding less than 8 times in 24 hours advise to increase frequency of feeding.</li> <li>If receiving other foods or drinks, counsel mother about breastfeeding more, reducing other foods or drinks, and using a cup and spoon.</li> <li>If not breastfeeding at all, advise mother about giving locally appropriate animal milk and teach the mother to feed with a cup and spoon.</li> <li>If thrush, teach the mother to treat thrush at home.</li> <li>If low weight for age, teach the mother how to keep the young infant with low weight warm at home.</li> <li>If breast or nipple problem, teach the mother to treat breast or nipple problems.</li> <li>Advise mother to give home care for the young infant.</li> <li>Follow-up any feeding problem or thrush in 2 days.</li> <li>Follow-up low weight for age in 14 days.</li> <li>Advise mother to give home care for the young infant.</li> </ul>
while breastfeeding? <ul> <li>Flat or inverted nipples, or sore</li> <li>Engorged breasts or breast abs</li> </ul>					Praise the mother for feeding the infant well.

# If referral is not possible, see the section Where Referral is Not Possible in the module Treat the Young Infant and Counsel the Mother. з

## THEN CHECK THE YOUNG INFANT'S IMMUNIZATION STATUS:

	AGE	VACCI	NE	
IMMUNIZATION SCHEDULE * :	Birth 6 weeks	BCG DPT 1	OPV 0 OPV 1	HEP-B 1
Hepatitis B to be given wherever included in				

## ASSESS OTHER PROBLEMS



## TREAT THE YOUNG INFANT AND COUNSEL THE MOTHER



## GIVE THESE TREATMENTS IN CLINIC ONLY

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- Explain to the mother why the drug is given.
- Determine the dose appropriate for the infant's weight (or age).
- Use a sterile needle and sterile syringe. Measure the dose accurately.
- > Give the drug as an intramuscular injection.
- If infant cannot be referred, follow the instructions provided in the section Where Referral is Not Possible in module. Treat the Young Infant and counsel the Mother.

- > Give First Dose of Intramuscular Antibiotics
  - > Give first dose of both ampicillin and gentamicin intramuscularly.

	GEN Dose:	TAMI 5 mg p		AMPICILLIN Dose: 100 mg per kg
WEIGHT	Undiluted 2 ml vial containing 20 mg = 2 ml at 10 mg/ml	OR	Add 6 ml sterile water to 2 ml vial containing 80 mg* = 8 ml at 10 mg/ml	(Vial of 500 mg mixed with 2.1 ml of sterile water for injection to give 500mg/2.5 ml or 200mg/1 ml)
1 kg	0.	5 ml*		0.5 ml*
2 kg	1.	0 ml*		1.0 ml*
3 kg	1.	5 ml*		1.5 ml*
4 kg	2.	0 ml*		2.0. ml*
5 kg	2.	5 ml*		25 ml*

\*Avoid using undiluted 40 mg/ml gentamicin.

Referral is the best option for a young infant classification with POSSIBLE SERIOUS BACTERIAL INFECTION, SEVERE DEHYDRATION, SOME DEHYDRATION WITH LOW WEIGHT, AND SEVERE MALNUTRITION, if referral is not possible, give oral amoxycillin every 8 hours and intramuscular gentamicin once daily.

## > Treat the Young Infant to Prevent Low Blood Sugar

> If the child is able to breastfeed:

Ask the mother to breastfeed the child.

> If the child is not able to breastfeed but is able to swallow:

Give 20-50 ml (10 ml/kg) expressed breastmilk or locally appropriate animal milk (with added sugar) before departure. If neither of these is available, give 20-50 ml (10 ml/kg) sugar water.

To make sugar water: Dissolve 4 level teaspoons of sugar (20 grams) in a 200-ml cup of clean water.

#### If the child is not able to swallow:

Give 20-50 ml (10 ml/kg) of expressed breastmilk or locally appropriate animal milk (with added sugar) or sugar water by nasogastric tube.

## **KEEP THE YOUNG INFANT WARM**

## > Warm the young infant using Skin to Skin contact (Kangaroo Mother Care)

- Provide privacy to the mother, If mother is not available, Skin to Skin contact may be provided by the father or any other adult.
- · Request the mother to sit or recline comfortable.
- · Undress the baby gently, except for cap, nappy and socks.
- Place the baby prone on mother's chest in an upright and extended posture, between her breasts, in Skin to Skin contact; turn baby's head to one side to keep airways clear.
- · Cover the baby with mother's blouse, 'pallu' or gown; wrap the baby-mother duo with an added blanket or shawl.
- Breastfeed the baby frequently.
- If possible, warm the room (>25°C) with a heating device.

#### REASSESS after 1 hour:

- Look, listen and feel for signs of Possible Serious Bacterial Infection and
- Measure axillary temperature by placing the thermometer in the axilla for 5 minutes (or feel for low body temperature).
- If any signs of Possible Serious Bacterial Infection OR temperature still below 36.5°C (or feels cold to touch):
   Refer URGENTLY to hospital after giving pre-referral treatments for Possible Serious Bacterial Infection.
- If no sign of Possible Serious Bacterial Infection AND temperature 36.5°C or more (or is not cold to touch):
  - Advise how to keep the infant warm at home.
  - Advise mother to give home care.
  - Advise mother when to return immediately.
- Skin to Skin contact is the most practical, preferred method of warming a hypothermic infant in a primary health care facility. If not possible:
  - Clothe the baby in 3-4 layers, cover head with a cap and body with a blanket or a shawl; hold baby close to caregiver's body, OR
  - Place the baby under overhead radiant warmer, if available.

(Avoid direct heat from a room heater and use of hot water rubber bottle or hot brick to warm the baby because of danger of accidental burns).

## Keep the young infant warm on the way to the hospital

- By Skin to Skin contact OR
- Clothe the baby in 3-4 layers, cover head with a cap and body with a blanket or a shawl; hold baby close to caregiver's body.

## TREAT THE YOUNG INFANT FOR LOCAL INFECTIONS AT HOME

## TEACH THE MOTHER TO GIVE ORAL DRUGS AT HOME

Follow the instructions below for every oral drug to be given at home. Also follow the instructions listed with each drug's dosage table.

- > Determine the appropriate drugs and dosage for the infant's age or weight.
- > Tell the mother the reason for giving the drug to the infant.
- > Demonstrate how to measure a dose.
- > Watch the mother practise measuring a dose by herself.
- Ask the mother to give the first dose to her infant.
- > Explain carefully how to give the drug, then label and package the drug.
- If more than one drug will be given, collect, count and package each drun separately.
- Explain that all the oral drug tablets or syrups must be used to finish the course of treatment, even if the infant gets better.

#### > Give an Appropriate Oral Antibiotic

#### For local bacterial infection:

Give Oral COTRIMOXAZOLE OR AMOXYCILLIN

		DXAZOLE Iphamethoxazole) daily for 5 days	> Give	OXYCILLIN three times for 5 days
AGE or WEIGHT	Adult Tablet single strength (80 mg trimethoprim + 400 mg sulphamethoxazole)	Pediatric Tablet (20 mg trimethoprim +100 mg sulphamethoxazole)	Tablet 250 mg	Syrup 125 mg in 5 ml
Birth up to 1 month (< 3 kg)		1/2*		1.25 ml
1 month up to 2 months (3-4 kg)	1/4	1	1/4	2.5 ml

\* Avoid cotrimoxazole in infants less than 1 month of age who are premature or jaundiced.

#### > Teach the Mother to Treat Local Infections at Home

- Explain how the treatment is given.
- Watch her as she does the first treatment in the clinic.
- She should return to the clinic if the infection worsens.
- Check the mother's understanding before she leaves the clinic.

#### To Treat Skin Pustules or Umbilical Infection

Apply gentian violet paint twice daily.

#### The mother should:

- · Wash hands.
- · Gently wash off pus and crusts with soap and water.
- Dry the area and paint with gentian violet 0.5%.
- · Wash hands.

## Dry the Ear by Wicking

- Dry the ear at least 3 times daily.
  - · Roll clean absorbent cloth or soft, strong tissue paper into a wick.
  - Place the wick in the young infant's ear.
  - Remove the wick when wet.
  - Replace the wick with a clean one and repeat these steps until the ear is dry.

> To Treat Diarrhoea, See TREAT THE CHILD Chart - Page 20-21

## TREAT THE YOUNG INFANT FOR FEEDING PROBLEMS

#### > Teach Correct Positioning and Attachment for Breastfeeding

- Show the mother how to hold her infant
  - with the infant's head and body straight
  - facing her breast, with infant's nose opposite her nipple
  - with infant's body close to her body
  - supporting infant's whole body, not just neck and shoulders.
- > Show her how to help the infant to attach. She should:
  - touch her infant's lips with her nipple
  - wait until her infant's mouth is opening wide
  - move her infant quickly onto her breast, aiming the infant's lower lip well below the nipple.
- Look for signs of good attachment and effective suckling. If the attachment or suckling is not good, try again.
- If still not suckling effectively, ask the mother to express breast milk and feed with a cup and spoon in the clinic. To express breast milk:
  - · The mother should wash hands, sit comfortably and hold a cup or "katori' under the nipple
  - Place finger and thumb each side of areola and press inwards towards chest wall. Do not squeeze the nipple
  - Press behind the nipple and areola between finger and thumb to empty milk from inside the areola; press and release repeatedly
  - · Repeat the process from all sides of areola to empty breast completely
  - Express one breast for at least 3-5 minutes until flow stops, then express from the other side
- If able to take with a cup and spoon advise mother to keep breastfeeding the young infant and at the end of each feed express breast milk and feed with a cup and spoon.
- If not able to feed with a cup and spoon, refer to hospital.

#### > Teach the mother to feed with a cup and spoon

- Place the young infant in upright posture (feeding him in lying position can cause aspiration)
- Keep a soft cloth napkin or cotton on the neck and upper trunk to mop the spilled milk.
- · Gently stimulate the young infant to wake him up
- · Fill the spoon with milk, a little short of the brim
- · Place the spoon on young infant's lips, near the corner of the mouth.
- Gradually allow a small amount of milk to drip into young infant's mouth making sure that he actively swallows it
- Repeat the process till the young infant stops accepting any more feed, or the desired amount has been fed
- If the young infant does not actively swallow the milk, do not insist on feeding; try again after some time

#### To Treat Thrush (ulcers or white patches in mouth)

> Tell the mother to do the treatment twice daily.

The mother should:

- · Wash hands.
- Wash mouth with clean soft cloth wrapped around the finger and wet with salt water.
- Paint the mouth with gentian violet 0.25%.

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## TREAT THE YOUNG INFANT FOR FEEDING PROBLEMS OR LOW WEIGHT

#### > Teach the mother to treat breast or nipple problems

- · If the nipple is flat or inverted, evert the nipple several times with fingers before each feed and put the baby to the breast.
- If nipple is sore, apply breast milk for soothing effect and ensure correct positioning and attachment of the baby. If mother continues to have discomfort, feed expressed breast milk with katori and spoon.
- If breasts are engorged, let the baby continue to suck if possible. If the baby cannot suckle effectively, help the mother to express milk and then put
  the young infant to the breast. Putting a warm compress on the breast may help.
- If breast abscess, advise mother to feed from the other breast and refer to a surgeon. If the young infant wants more milk, feed undiluted animal
  milk with added sugar by cup and spoon.

#### > Teach the mother how to keep the young infant with low weight or low body temperature warm at home:

- · Do not bathe young infant with low weight or low body temperature; instead sponge with lukewarm water to clean.
- · Provide Skin to Skin contact (Kangaroo mother care) as much as possible, day and night.
- . When Skin to Skin contact not possible:
  - Keep the room warm (>25°C) with a home heating device.
  - Clothe the baby in 3-4 layers; cover the head, hands and feet with cap, gloves and socks, respectively.
  - Let baby and mother lie together on a soft, thick bedding.
  - Cover the baby and the mother with additional quilt, blanket or shawl, especially in cold weather.

FEEL THE FEET OF THE BABY PERIODICALLY - BABY'S FEET SHOULD BE ALWAYS WARM TO TOUCH

Immunize Every Sick Young Infant, as Needed.

## COUNSEL THE MOTHER



> FOOD

FLUIDS

Breastfeed frequently, as often and for as long as the infant wants, day or night, during sickness and health.

Make sure the young infant stays warm at all times.
 In cool weather, cover the infant's head and feet and dress the infant with extra clothing.

Advise the Mother when to return to physician or health worker immediately:

Follow-up Visit			
If the infant has:	Return for follow-up in:		
LOCAL BACTERIAL INFECTION JAUNDICE DIARRHOEA ANY FEEDING PROBLEM THRUSH	2 days		
LOW WEIGHT FOR AGE	14 days		

When to F	Return Immediately:
Advise the mother to young infant has any	o return immediately if the y of these signs:
Breastfeeding or drink Becomes sicker	sing poorly
Develops a fever or fe	els cold to touch
Fast breathing Difficult breathing	
	es ( if infant has jaundice) in stool

#### Counsel the Mother About Her Own Health

- > If the mother is sick, provide care for her, or refer her for help.
- If she has a breast problem (such as engorgement, sore nipples, breast infection), provide care for her or refer her for help.
- > Advise her to eat well to keep up her own strength and health.
- > Give iron folic acid tablets for a total of 100 days.
- Make sure she has access to:
  - Family planning
  - Counselling on STD and AIDS prevention

## GIVE FOLLOW-UP CARE FOR THE SICK YOUNG INFANT

## LOCAL BACTERIAL INFECTION

After 2 days:

- Look at the umbilicus. Is it red or draining pus?
- > Look for skin pustules. Are there > 10 pustules or a big boil?
- > Look at the ear. Is it still discharging pus?

#### Treatment:

- > If umbilical redness or pus remains or is worse, refer to hospital.
- If umbilical pus and redness are improved, tell the mother to continue giving the 5 days of antibiotic and continue treating the local infection at home.
- If >10 skin pustules or a big boil, refer to hospital.
- If < 10 skin pustules and no big boil, tell the mother to continue giving 5 days of antibiotic and continue treating the local infection at home.
- If ear discharge persists, continue wicking to dry the ear. Continue to give antibiotic to complete 5 days of treatment even if ear discharge has stopped.

## > LOW WEIGHT

After 14 days:

Weigh the young infant and determine if the infant is still low weight for age. Reassess feeding. > See "Then Check for Feeding Problem or Low Weight" above.

- If the infant is no longer low weight for age, praise the mother and encourage her to continue.
- If the infant is still low weight for age, but is feeding well, praise the mother. Ask her to have her infant weighed again within a mouth or when she returns for immunization.
- If the infant is (still low weight for age and still has a feeding problem), counsel the mother about the feeding problem. Ask the mother to return again in 2 days.

## > JAUNDICE

#### After 2 days:

- Look for jaundice
- Are the palms and soles yellow?
- If palms and soles are yellow or age 14 days or more refer to hospital
- If paims and soles are not yellow and age less than 14 days, advise home care and when to return immediately

## > DIARRHOEA

After 2 days:

- Ask:
  - Has the diarrhoea stopped?
- If diarrhoea persists, Assess the young infant for diarrhoea (> See ASSESS & CLASSIFY chart) and manage as per initial visit.
- If diarrhoea stopped reinforce exclusive breastfeeding

## > FEEDING PROBLEM

After 2 days:

Reassess feeding. > See "Then Check for Fedding problem or Low Weight" above.

Ask about any feeding problems found on the initial visit.

Counsel the mother about any new or continuing feeding problems. If you counsel the mother to make significant changes in feeding, ask her to bring the young infant back again in 2 days.

Exception: If you do not think that feeding will improve, or if the young infant has lost weight, refer to hospital

## > THRUSH

After 2 days:

Look for ulcers or white patches in the mouth (thrush). Reassess feeding. > See "Then Check for Feeding Problem or Low Weight"

- If thrush is worse, or the infant has problems with attachment or suckling, refer to hospital.
- If thrush is the same or better, and if the infant is feeding well, continue gentian violet 0.25% for a total of 5 days.



## ASSESS AND CLASSIFY THE SICK CHILD AGE 2 MONTHS UP TO 5 YEARS



IDENTIFY TREATMENT

## ASSESS

## CLASSIFY

#### ASK THE MOTHER WHAT THE CHILD'S PROBLEMS ARE

- Determine if this is an initial or follow-up visit for this problem.
  - if follow-up visit, use the follow-up instructions on TREAT THE CHILD chart.
- if initial visit, assess the child as follows:

## CHECK FOR GENERAL DANGER SIGNS

#### ASK:

#### LOOK:

See if the child is lethargic or unconscious.

- Is the child able to drink or breastfeed?
- . Does the child vomit everything?
- · Has the child had convulsions?

A child with any general danger sign needs URGENT attention; complete the assessment and any pre-referral treatment immediately so referral is not delayed.

#### USE ALL BOXES THAT MATCH THE CHILD'S SYMPTOMS AND PROBLEMS TO CLASSIFY THE ILLNESS.

	K ABOUT MAIN SYM		SIGNS	CLASSIFY AS	IDENTIFY TREATMENT (Urgent pre-referral treatments are in bold print.)
IF YES, ASK: • For how long?	hild have cough or diffi LOOK, LISTEN: • Count the breaths in one	Classify COUGH or	<ul> <li>Any general danger sign or</li> <li>Chest indrawing or</li> <li>Stridor in calm child.</li> </ul>	SEVERE PNEUMONIA OR VERY SEVERE DISEASE	<ul> <li>Give first dose of injedtable chloramphenicol (If not possible give oral amoxycillin).</li> <li>Refer URGENTLY to hospital.#</li> </ul>
- For how long:	<ul> <li>Could the breaths in one minute.</li> <li>Look for chest indrawing.</li> <li>Look and listen for stridor.</li> </ul>	BE BREATHING	Fast breathing.	PNEUMONIA	<ul> <li>Give Cotrimoxazole for 5 days.</li> <li>Soothe the throat and relieve the cough with a safe remedy if child is 6 months or older.</li> <li>Advise mother when to return immediately.</li> <li>Follow-up in 2 days.</li> </ul>
		If the child is: Fast breathing is: 2 months up 50 breaths per to 12 months minute or more 12 months up 40 breaths per to 5 years minute or more	No signs of pneumonia or very severe disease.	NO PNEUMONIA: COUGH OR COLD	<ul> <li>If coughing more than 30 days, refer for assessment.</li> <li>Soothe the throat and relieve the cough with a safe home remedy if child is 6 months or older.</li> <li>Advise mother when to return immediately.</li> <li>Follow-up in 5 days if not improving.</li> </ul>
# If referral is not possi	ble, see the section Where Referral Is Not Pos	uble in the module Treat the Child.			

## Does the child have diarrhoea?



# If referral is not possible, see the section Where Referral Is Not Possible in the module Treat the Child.

			HIGH MALARIA RIS	ĸ	
Does the child (by history or feels hot or temper		High Malaria Risk	Any general danger sign or     Stiff neck or     Bulging fontanelle.	VERY SEVERE FEBRILE DISEASE	<ul> <li>&gt; Give first dose of IM quinine after making a blood smear.</li> <li>&gt; Give first dose of IV or IM chloramphenicol (If not possible, give oral amoxycillin).</li> <li>&gt; Treat the child to prevent low blood sugar.</li> <li>&gt; Give one dose of paracetamol in clinic for high fever (temp. 38.5°C or above).</li> <li>&gt; Refer URGENTLY to hospital".</li> </ul>
Decide Malaria Risk: High Low <b>THEN ASK:</b> • Fever for how long?	LOOK AND FEEL: • Look or feel for stiff neck.	Classify	<ul> <li>Fever (by history or feels hot or temperature 37.5°C or above).</li> </ul>	MALARIA	<ul> <li>Give oral antimalarials for HIGH malaria risk area after making a blood smear.</li> <li>Give one dose of paracetamol in clinic for high fever (temp. 38.5°C or above).</li> <li>Advise mother when to return immediately.</li> <li>Follow-up in 2 days if fever persists.</li> <li>If fever is present every day for more than 7 days, refer for assessment.</li> </ul>
<ul> <li>If more than 7 days, has fever been present every day?</li> </ul>	<ul> <li>Look and feel for bulging fontanelle.</li> </ul>	FEVER	LOW MALARIA RISK		
<ul> <li>Has the child had measles within the last 3 months?</li> </ul>	<ul> <li>Look for runny nose.</li> <li>Look for signs of MEASLES</li> <li>Generalized rash and</li> <li>One of these: cough, runny nose, or red eyes.</li> </ul>	Low Malaria Risk	Any general danger sign or Stiff neck or Bulging fontanelle.	VERY SEVERE FEBRILE DISEASE	<ul> <li>&gt; Give first dose of IM quinine after making a blood smear.</li> <li>&gt; Give first dose of IV or IM chloramphenicol (If not possible, give oral amoxycillin).</li> <li>&gt; Treat the child to prevent low blood sugar.</li> <li>&gt; Give one dose of paracetamol in clinic for high fever (temp. 38.5°C or above).</li> <li>&gt; Refer URGENTLY to hospital<sup>a</sup>.</li> </ul>
If the child has measles now or within the last 3 months:	<ul> <li>Look for mouth ulcers. Are they deep and extensive?</li> <li>Look for pus draining from the eye.</li> </ul>		NO runny nose and NO measles and NO other cause of fever.	MALARIA	<ul> <li>&gt; Give oral antimalarials for LOW malaria risk area after making a blood smear.</li> <li>&gt; Give one dose of paracetamol in clinic for high fever (temp. 38.5°C or above).</li> <li>&gt; Advise mother when to return immediately.</li> <li>&gt; Follow-up in 2 days if fever persists.</li> <li>&gt; If fever is present every day for more than 7 days, refer for assessment.</li> </ul>
	Look for clouding of the cornea.		Runny nose     PRESENT or     Measles PRESENT     or     Other cause of     fever PRESENT**	FEVER - MALARIA UNLIKELY	<ul> <li>Give one dose of paracetamol in clinic for high fever (temp. 38.5°C or above).</li> <li>Advise mother when to return immediately.</li> <li>Follow-up in 2 days if fever persists.</li> <li>If fever is present every day for more than 7 days, refer for assessment.</li> </ul>
		If MEASLES Now or within last 3 months, Classify	<ul> <li>Any general danger sign or</li> <li>Clouding of comea or</li> <li>Deep or extensive mouth ulcers.</li> </ul>	SEVERE COMPLICATED MEASLES*	<ul> <li>Give first dose of Vitamin A.</li> <li>Give first dose of injectable chloramphenicol (if not possible give oral amoxycillin).</li> <li>If clouding of the cornea or pus draining from the eye, apply tetracycline eye ointment.</li> <li>Refer URGENTLY to hospital #</li> </ul>
			<ul> <li>Pus draining from the eye or</li> <li>Mouth ulcers.</li> </ul>	MEASLES WITH EYE OR MOUTH COMPLICATIONS*	
			<ul> <li>Measles now or within the last 3 mouths.</li> </ul>	MEASLES	> Give first dose of Vitamin A.
			* Other important complic- are classified in other tat		neumonia, stridor, diarrhoea, ear infection, and malnutrition -
	es; rectal temperature cutoff is approxima gh or cold, pneumonia, diarrhoea, dysen				referral is not possible, see the section Where Referral Is Not Possible in the module at the Child.

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## Does the child have an ear problem?

IF YES, ASK: • Is there ear pain? • Is there ear discharge?	LOOK AND FEEL: • Look for pus draining from the ear. • Feel for tender swelling behind the ear.	Classify EAR PROBLEM	<ul> <li>Tender swelling behind the ear.</li> </ul>	MASTOIDITIS	<ul> <li>Give first dose of injectable chloramphenicol ( If not possible give oral amoxycillin).</li> <li>Give first dose of paracetamol for pain.</li> <li>Refer URGENTLY to hospital".</li> </ul>
If yes, for how long?			<ul> <li>Pus is seen draining from the ear and discharge is reported for less then 14 days, or</li> <li>Ear pain.</li> </ul>	ACUTE EAR	<ul> <li>Give cotrimoxazole for 5 days.</li> <li>Give paracetamol for pain.</li> <li>Dry the ear by wicking.</li> <li>Follow-up in 5 days.</li> </ul>
			<ul> <li>Pus is seen draining from the ear and discharge is reported for 14 days or more.</li> </ul>	CHRONIC EAR INFECTION	<ul> <li>Dry the ear by wicking.</li> <li>Follow-up in 5 days.</li> </ul>
			<ul> <li>No ear pain and No pus seen draining from the ear.</li> </ul>	NO EAR	No additional treatment.

# If referral is not possible, see the section Where Referral is Not Possible in the module Treat the Child.

HEN CHECK FOR M	ALNUTRITION Classify NUTRITIONAL STATUS	<ul> <li>Visible severe wasting or</li> <li>Oedema of both feet.</li> </ul>	SEVERE MALNUTRITION	<ul> <li>&gt; Give single dose of Vitamin A.</li> <li>&gt; Prevent low blood sugar.</li> <li>&gt; Refer URGENTLY to hospital #</li> <li>&gt; While referral is being organized, warm the child.</li> <li>&gt; Keep the child warm on the way to hospital.</li> </ul>
<ul> <li>Look for visible severe wasting.</li> <li>Look for oedema of both feet.</li> </ul>		Very low weight for age.	VERY LOW WEIGHT	<ul> <li>Assess and counsel for feeding</li> <li>Advise mother when to return immediately</li> <li>Follow-up in 30 days.</li> </ul>
Determine weight for age.		<ul> <li>Not very low weight for age and no other signs of malnutrition.</li> </ul>	NOT VERY LOW WEIGHT	<ul> <li>If child is less than 2 years old, assess the child's feeding and counsel the mother on feeding according to the FOOD box on the COUNSEL THE MOTHER chart.</li> <li>If feeding problem, follow-up in 5 days.</li> <li>Advise mother when to return immediately.</li> </ul>

THEN CHECK FO	R ANAEMIA			
LOOK:	Classify	Severe palmar pallor	SEVERE ANAEMIA	> Refer URGENTLY to hospital #.
Look for palmar pallor. Is it: Severe palmar pallor? Some palmar pallor?		Some palmar pallor	ANAEMIA	<ul> <li>Give iron folic acid therapy for 14 days.</li> <li>Assess the child's feeding and counsel the mother on feeding according to the FOOD box on the COUNSEL THE MOTHER chart.</li> <li>If feeding problem, follow-up in 5 days.</li> <li>Advise mother when to return immediately.</li> <li>Follow-up in 14 days.</li> </ul>
		No palmar pallor	NO ANAEMIA	> Give prophylactic iron folic acid if child 6 months or older.

## THEN CHECK THE CHILD'S IMMUNIZATION \*, PROPHYLACTIC VITAMIN A & IRON-FOLIC ACID SUPPLEMENTATION STATUS

	AGE	VACCINE
IMMUNIZATION SCHEDULE:	Birth 6 weeks 10 weeks 14 weeks 9 months 16-18 months 60 months	BCG + OPV-0 DPT-1+ OPV-1(+ HepB-1**) DPT-2+ OPV-2(+ HepB-2**) DPT-3+ OPV-3(+ HepB-3**) Measles + Vitamin A DPT Booster + OPV + Vitamin A DT

#### PROPHYLACTIC VITAMIN A

Give a single dose of vitamin A: 100,000 IU at 9 months with measles immunizatoin 200,000 IU at 16-18 months with DPT Booster 200,000 IU at 24 months 200,000 IU at 30 months 200,000 IU at 36 months

#### PROPHYLACTIC IFA

Give 20 mg elemental iron + 100 mcg folic acid (one tablet of Pediatric IFA or 5 ml of IFA syrup or 1 ml of IFA drops) for a total of 100 days in a year after the child has recovered from acute illness if : > The child 6 months of age or older, and

Has not recieved Pediatric IFA Tablet/syrup/drops for 100 days in last one year.

\* A child who needs to be immunized should be advised to go for immunization the day vaccines are available at AW/SC/PHC

\* Hepatitis B to be given wherever included in the immunization schedule

## ASSESS OTHER PROBLEMS

MAKE SURE CHILD WITH ANY GENERAL DANGER SIGN IS REFERRED after first dose of an appropriate antibiotic and other urgent treatments.

Exception: Rehydration of the child according to Plan C may resolve danger signs so that referral is no longer needed.

# If referral is not possible, see the section Where Referral is Not Possible in the module Treat the Child.



## TREAT THE CHILD

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## GIVE THESE TREATMENTS IN CLINIC ONLY

## > Give An Intramuscular Antibiotic

#### FOR CHILDREN BEING REFERRED URGENTLY :

> Give first dose of intramuscular chloramphenicol and refer child urgently to hospital.

#### IF REFERRAL IS NOT POSSIBLE:

- Repeat the chloramphenicol injection every 12 hours for 5 days.
- Then change to an appropriate oral antibiotic to complete 10 days of treatment.

AGE or WEIGHT	CHLORAMPHENICOL Dose: 40 mg per kg Add 5.0 ml sterile water to vial containing 1000 mg = 5.6 ml at 180 mg/ml
2 months up to 4 months (4 - < 6 kg)	1.0 ml = 180 mg
4 months up to 9 months (6 - < 8 kg)	1.5 ml = 270 mg
9 months up to 12 months (8 - < 10 kg)	2.0 ml = 360 mg
12 months up to 3 years (10 - < 14 kg)	2.5 ml = 450 mg
3 years up to 5 years (14 - 19 kg)	3.5 ml = 630 mg

## Give Quinine for Severe Malaria

#### FOR CHILDREN BEING REFERRED WITH VERY SEVERE FEBRILE DISEASE:

- Check which quinine formulation is available in your clinic.
- > Give first dose of intramuscular quinine and refer child urgently to hospital.

#### IF REFERRAL IS NOT POSSIBLE:

- > Give first dose of intramuscular quinine.
- The child should remain lying down for one hour.
- Repeat the quinine injection at 4 and 8 hours later, and then every 12 hours until the child is able to take an oral antimalarial. Do not continue quinine injections for more than 1 week.
- > If low risk of malaria, do not give quinine to a child less than 4 months of age.

AGE or WEIGHT	INTRAVENOUS OR INTRAMUSCULAR QUININE				
	150 mg/ml* (in 2 ml ampoules)	300 mg/ml* (in 2 ml ampoules)			
2 months up to 4 months (4 - < 6 kg)	0.4 ml	0.2 ml			
4 months up to 12 months (6 - < 10 kg)	0.6 ml	0.3 ml			
12 months up to 2 years (10 - < 12 kg)	0.8 ml	0.4 ml			
2 years up to 3 years (12 - < 14 kg)	1.0 ml	0.5 ml			
3 years up to 5 years (14 - 19 kg)	1.2 ml	0.6 ml			

## > Plan C: Treat Severe Dehydration Quickly





\* quinine salt

## TEACH THE MOTHER TO GIVE ORAL DRUGS AT HOME

Follow the instructions below for every oral drug to be given at home. Also follow the instructions listed with each drug's dosage table.

## > Give an Appropriate Oral Antibiotic

#### > FOR PNEUMONIA, ACUTE EAR INFECTION (OR FOR VERY SEVERE DISEASE IF INJECTABLE CHLORAMPHENICOL IS NOT AVAILABLE :

FIRST-LINE ANTIBIOTIC: COTRIMOXAZOLE SECOND-LINE ANTIBIOTIC: AMOXYCILLIN

		COTRIMOXAZOLE oprim + sulphametho e two times daily for 5			CILLIN* es daily for 5 days
AGE or WEIGHT	ADULT TABLET 80 mg trimethoprim + 400 mg sulphamethoxazole	PEDIATRIC TABLET 20 mg trimethoprim +100 mg sulphamethoxazole	SYRUP 40 mg trimethoprim +200 mg sulphamethoxazole per 5 ml	TABLET 250 mg	SYRUP 125 mg per 5 ml
2 months up to 12 months (4 - < 10 kg)	1/2	2	5.0 ml	1/2	5 ml
12 months up to 5 years (10 - 19 kg)	1	3	7.5 ml	1	10 ml

(\* Oral Amoxycillin can be given in VERY SEVERE DISEASE if it is not possible to administer injectable Chloramphenicol)

#### FOR DYSENTERY:

FIRST-LINE ANTIBIOTIC FOR SHIGELLA: COTRIMOXAZOLE\* SECOND-LINE ANTIBIOTIC FOR SHIGELLA: NALIDIXIC ACID

COTRIMOXAZOLE (trimethoprim + sulphamethoxazole) > Give two times daily for 5 days		DIXIC ACID les daily for 5 days
	TABLET 500 mg	SYRUP 300 mg per 5 ml.
	1/8	1.25 ml
See doses above	1/4	2.5 ml
	1/2	5.0 ml
	(trimethoprim + sulphamethoxazole) ≻ Give two times daily for 5 days	(trimethoprim + sulphamethoxazole)       > Give four times         > Give two times daily for 5 days       TABLET         500 mg       1/8         See doses above       1/4

FOR CHOLERA: Give single dose DOXYCYCLINE

	DOXYCYCLINE ≥ Single dose		
AGE or WEIGHT	TABLET 100 mg	CAPSULE 50 mg	
2 years up to 4 years (10 - 14 kg)	1/2	1	
4 years to 5 years (15-19 kg)	1	2	

## Give Paracetamol for High Fever (≥ 38.5°C) or Ear Pain

- Give a single dose of paracetamol in the clinic
- > Give 3 additional doses of paracetamol for use at home every 6 hours until high fever or ear pain is gone.

	PARACETAM	OL
AGE or WEIGHT	TABLET (100 mg)	TABLET (500 mg)
2 months up to 3 years (4 - <14 kg)	1	1/4
3 years up to 5 years (14 - <19 kg)	1 1/2	1/2

## Give Zinc

<sup>&</sup>gt; For persistent diarrhoea give zine sulphate (20 mg elemental zinc) daily for 14 days.

ZINC TABLET	ZINC SYRUP
1 tablet	10 ml

## Give Vitamin A

- > Give single dose in the clinic in Persistent Diarrhoea & Severe Malnutrition
- For two doses in Measles (Give first dose in clinic and give mother one dose to give at home the next day.).

AGE	VITAMIN A SYRUF	
	100,000 IU/ml	
Up to 6 months	0.5 ml	
6 months up to 12 months	1 ml	
12 months up to 5 years	2 ml	

## Give Iron & Folic Acid therapy

> Give one dose daily for 14 days.

AGE or WEIGHT	IFA PEDIATRIC TABLET Ferrous Sulfate 100 mg & Folic acid 100 mcg (20 mg elemental iron)	IFA SYRUP Ferrous fumarate 100 mg & Folic acid 0.5 mg per 5 ml (20 mg elemental iron per ml)	IFA DROPS Ferrous Ammonium Citrate 20 mg of elemental iron & Folic Acid 0.2 mg per 1 ml
2 months up to 4 months (4 - <6 kg)		1.00 ml (< 1/4 tsp.)	1/2 to 1 ml
4 months up to 12 months (6 - <10 kg)	1 tablet	1.25 ml (1/4 tsp.)	1 to 1 1/2 ml
12 months up to 3 years (10-<14kg)	1 1/2 tablet	2.00 ml (<1/2 tsp.)	1 1/2 to 2 ml
3 years up to 5 years (14 - 19 kg)	2 tablets	2.5 ml (1/2 tsp.)	2 to 3 ml

## TEACH THE MOTHER TO GIVE ORAL DRUGS AT HOME

Follow the instructions below for every oral drug to be given at home. Also follow the instructions listed with each drug's dosage table.

### Give Oral Antimalarials for HIGH malaria risk areas

FIRST-LINE ANTIMALARIAL: CHLOROQUINE SECOND-LINE ANTIMALARIAL: SULPHADOXINE (OR SULPHALENA) PLUS PYRIMETHAMINE\*

\* First line treatment In areas with High Resistance to Chloroquine

#### PRESUMPTIVE TREATMENT: Give to all children classified as MALARIA for 3 days

Age		Day 1		Da	y 2	Da	у З
	Chi	loroquine	Primaquin	Chloro	quine	Chlore	oquine
	Tablet (150 mg base)	Syrup (50 mg base per 5 ml)	Tablet (2.5 mg base)	Tablet	Syrup	Tablet	Syrup
2 months up to 12 months (4-<10 kg)	1/2	7.5 ml	0	1/2	7.5 ml	1/4	4 ml
12 months up to 5 year (10-19 kg)	1	15 ml	3	1	15 ml	1/2	7.5 ml

 Explain to the mother that she should watch her child carefully for 30 minutes after giving a dose of chloroquine. If the child vomits within 30 minutes, she should repeat the dose.

Explain that itching is a possible side effect of the drug, but is not dangerous.

#### RADICAL TREATMENT: Give ONLY if blood smear is P. vivax positive; no radical treatment is required if P. falciparum smear positive.

Age	Daily dose for 5 days	
	Primaquine Tablet 2.5 mg base	
2 months up to 12 months (4-<10 kg)	0	
12 months up to 5 year (10-19 kg)	1	

#### \*\*PRIMAQUIN SHOULD NOT BE GIVEN TO CHILDREN UP TO 1 YEAR AND DURING PREGNANCY.

SECOND LINE ANTIMALARIAL:

Age	Sulpha (500 mg)- pyrimethamine (25 mg) tablet single dose
2 months up to 12 months (4-<10 kg)	1/4
12 months up to 5 year (10-19 kg)	1

### Give Oral Antimalarials for LOW malaria risk areas

FIRST-LINE ANTIMALARIAL: CHLOROQUINE SECOND-LINE ANTIMALARIAL: SULPHADOXINE (OR SULPHALENA) PLUS PYRIMETHAMINE\*

\*First line treatment In areas with High Resistance to Chloroquine

PRESUMPTIVE TREATMENT: Give to all children classified as malaria for 1 day

Age		Day 1	
	Chloroquine		
	Tablet (150 mg base)	Syrup (50 mg base per 5 ml)	
2 months up to 12 months (4-<10 kg)	1/2	7.5 ml	
12 months up to 5 year (10-19 kg)	1	15 ml	

#### > RADICAL TREATMENT: Give only if smear is positive for malarial parasite

#### If blood smear is P.falciparum positive

AGE	Single dose of			
	Ch	loroquine	Primaquin	
	Tablet (150 mg base)	Syrup (50 mg base per 5 ml)	Tablet (2.5 mg base)	
2 months up to 12 months (4-<10 kg)	1/2	7.5 ml	0	
12 months up to 5 year (10-19 kg)	1	15 ml	3	

#### If blood smear is P.vivax positive

Age	Cł Si	Primaquin Daily dose for 5 days	
	Tablet (150 mg base)	Syrup (50 mg base per 5 ml)	Tablet (2.5 mg base)
2 months up to 12 months (4-<10 kg)	1/2	7.5 ml	0
12 months up to 5 year (10-19 kg)	1	15 ml	1

#### > SECOND LINE ANTIMALARIAL:

Age	Sulpha (500 mg)- pyrimethamine (25 mg) tablet single dose		
2 months up to 12 months (4-<10 kg)	1/4		
12 months up to 5 year (10-19 kg)	1		

## TEACH THE MOTHER TO TREAT LOCAL INFECTIONS AT HOME

## Soothe the Throat, Relieve the Cough with a Safe Remedy if the infant is 6 months or older

- · Safe remedies to recommend:
  - Continue Breastfeeding
  - Honey, tulsi, ginger, herbal teas and other safe local home remedies
- · Harmful remedies to discourage:
  - Preparations containing opiates, codeine, ephedrine and atropine

## Treat Eye Infection with Tetracycline Eye Ointment

- Clean both eyes 3 times daily.
  - · Wash hands.
  - Ask child to close the eye.
  - Use clean cloth and water to gently wipe away pus.
- > Then apply tetracycline eye ointment in both eyes 3 times daily.
  - Ask the child to look up.
  - · Squirt a small amount of ointment on the inside of the lower lid.
  - Wash hands again.
- > Treat until redness is gone.
- > Do not use other eye ointments or drops, or put anything else in the eye.

## Dry the Ear by Wicking

- Dry the ear at least 3 times daily.
  - · Roll clean absorbent cloth or soft, strong tissue paper into a wick.
  - · Place the wick in the young infant's ear.
  - Remove the wick when wet.
  - Replace the wick with a clean one and repeat these steps until the ear is dry.

## GIVE EXTRA FLUID FOR DIARRHOEA

## Plan B: Treat Some Dehydration with ORS

Give in clinic recommended amount of ORS over 4-hour period

#### > DETERMINE AMOUNT OF ORS TO GIVE DURING FIRST 4 HOURS

AGE*	Up to 4 months	4 months up to 12 months	12 months up to 2 years	2 years up to 5 years
WEIGHT	< 6 kg	6 - < 10 kg	10 - < 12 kg	12 - 19 kg
in mi	200 - 400	400 - 700	700 - 900	900 - 1400

\* Use the child's age only when you do not know the weight. The approximate amount of ORS required (in ml) can also be calculated by multiplying the child's weight (in kg) times 75.

- · If the child wants more ORS than shown, give more.
- For infants under 6 months who are not breastfed, also give 100-200 ml clean water during this period.

#### > SHOW THE MOTHER HOW TO GIVE ORS SOLUTION.

- · Give frequent small sips from a cup.
- If the child vomits, wait 10 minutes. Then continue, but more slowly.
- Continue breastfeeding whenever the child wants.

#### > AFTER 4 HOURS:

- Reassess the child and classify the child for dehydraton.
- Select the appropriate plan to continue treatment.
- Begin feeding the child in clinic.

#### > IF THE MOTHER MUST LEAVE BEFORE COMPLETING TREATMENT:

- Show her how to prepare ORS solution at home.
- Show her how much ORS to give to finish 4-hour treatment at home.
- Give her enough ORS packets to complete rehydration. Also give her 2 packets as recommended in Plan A.
- Explain the 3 Rules of home Treatment:

1. GIVE EXTRA FLUID

- 2. CONTINUE FEEDING
- 3. WHEN TO RETURN

See Plan A for recommended fluids and See COUNSEL THE MOTHER chart

## **GIVE EXTRA FLUID FOR DIARRHOEA AND CONTINUE FEEDING**

(See FOOD advice on COUNSEL THE MOTHER chart)

## Plan A: Treat Diarrhoea at Home

Counsel the mother on the 3 Rules of Home Treatment: Give Extra Fluid, Continue Feeding, When to Return

1. GIVE EXTRA FLUID (as much as the child will take)

#### > TELL THE MOTHER:

- If the child is exclusively breastfed : Breastfeed frequently and for longer at each feed. If passing frequent watery stools:
  - For less than 6 months age give ORS and clean, preferably boiled, water in addition to breast milk
  - If 6 months or older give one or more of the home fluids in addition to breast milk.
- If the child is not exclusively breastfed: Give one or more of the following home fluids; ORS solution, yoghurt drink, milk, lemon drink, rice or pulses-based drink, vegetable soup, green coconut water or plain clean water.

#### It is especially important to give ORS at home when:

- the child has been treated with Plan B or Plan C during this visit.
- the child cannot return to a clinic if the diarrhoea gets worse.

#### > TEACH THE MOTHER HOW TO MIX AND GIVE ORS. GIVE THE MOTHER 2 PACKETS OF ORS TO USE AT HOME.

#### > SHOW THE MOTHER HOW MUCH FLUID TO GIVE IN ADDITION TO THE USUAL FLUID INTAKE:

Up to 2 years 50 to 100 ml after each loose stool 2 years or more 100 to 200 ml after each loose stool

#### Tell the mother to:

- Give frequent small sips from a cup.
- If the child vomits, wait 10 minutes. Then continue, but more slowly.
- Continue giving extra fluid until the diarrhoea stops.

#### 2. CONTINUE FEEDING

3. WHEN TO RETURN

See COUNSEL THE MOTHER chart

## **IMMUNIZE EVERY SICK CHILD, AS NEEDED**



## **COUNSEL THE MOTHER**



> Asses	s the Child's Feeding
	ns about the child's usual feeding and feeding during this illness. Compare the mother's answers to the <i>Feeding</i> adations for the child's age in the box below.
ASK -	<ul> <li>Do you breastfeed your child?</li> <li>How many times during the day?</li> <li>Do you also breastfeed during the night?</li> </ul>
	<ul> <li>Does the child take any other food or fluids?</li> <li>What food or fluids?</li> <li>How many times per day?</li> <li>What do you use to feed the child?</li> <li>How large are servings? Does the child receive his own serving? Who feeds the child and how?</li> </ul>
	> During this illness, has the child's feeding changed? If yes, how?



## COUNSEL THE MOTHER



## Feeding Recommendations During Sickness and Health



Remember:

child is sick

- Breastfeed as often as the child wants, day and night, at least 8 times in 24 hours.
- Do not give any other foods or fluids not even water

Continue breastfeeding if the

6 Months up to 12 Months



- Breastfeed as often as the child wants.
  Give at least one katori serving\* at a time of :
- Mashed roti/ rice /bread/biscuit mixed in sweetened undiluted milk OR
- Mashed roti/rice/bread mixed in thick dal with added ghee/oil or khichri with added oil/ghee.
   Add cooked vegetables also in the servings OR
- Sevian/dalia/halwa/kheer prepared in milk or any cereal porridge cooked in milk OR
- Mashed boiled/fried potatoes
- Offer banana/biscuit/ cheeko/ mango/ papaya

\*3 times per day if breastfed;

5 times per day if not breastfed.

#### Remember:

- Keep the child in your lap and feed with your own hands
- Wash your own and child's hands with soap and water every time before feeding

#### 12 Months up to 2 Years

- Breastfeed as often as the child wants
- Offer food from the family pot
- · Give at least 11/2 Katori serving\* at a time of :
- Mashed roti/rice/bread mixed in thick dal with added ghee/oil or khichri with added oil/ghee.
   Add cooked vegetables also in the servings OR
- Mashed roti/ rice / bread/biscuit mixed in sweetened undiluted milk OR
- Sevian/dalia/halwa.kheer prepared in milk or any cereal porridge cooked in milk OR
- Mashed boiled/fried potatoes
- Offer banana/biscuit/ cheeko/ mango/ papaya
- \* 5 times per day.

#### Remember:

- Sit by the side of child and help him to finish the serving
- Wash your child's hands with soap and water every time before feeding





- Give family foods at 3 meals each day.
- Also, twice daily, give nutritious food between meals, such as: banana/biscuit/ cheeko/ mango/ papaya as snacks

#### Remember:

- Ensure that the child finishes the serving
- Teach your child wash his hands with soap and water every time before feeding

Feeding Recommendations For a Child who Has	PERSISTENT DIARRHOEA
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- If still breastfeeding, give more frequent, longer breastfeeds, day and night.
- If taking other milk:
  - replace with increased breastfeeding OR
  - replace with fermented milk products, such as yoghurt OR
  - replace half the milk with nutrient-rich semisolid food.
  - Add cereals to milk (Rice, Wheat, Semoline)
- · For other foods, follow feeding recommendations for the child's age.

## Counsel the Mother About Feeding Problems

If the child is not being fed as described in the above recommendations, counsel the mother accordingly. In addition:



- If the mother reports difficulty with breastfeeding, assess breastfeeding. (See YOUNG INFANT chart.) As needed, show the mother correct positioning and attachment for breastfeeding.
- If the child is less than 6 months old and is taking other milk or foods:
  - Build mother's confidence that she can produce all the breastmilk that the child needs.
  - Suggest giving more frequent, longer breastfeeds day or night, and gradually reducing other milk or foods.

If other milk needs to be continued, counsel the mother to:

- Breastfeed as much as possible, including at night.
- Make sure that other milk is a locally appropriate dairy/animal milk.
- Make sure other milk is correctly and hygienically prepared and given in adequate amounts.
- Finish prepared milk within an hour.

#### > If the mother is using bottle to feed the child:

- Recommend substituting a cup for bottle.
- Show the mother how to feed the child with a cup.
- > If the child is not being fed actively, counsel the mother to:
  - Sit with the child and encourage eating.
  - Give the child an adequate serving in a separate plate or bowl.
- > If the child is not feeding well during illness, counsel the mother to:
- Breastfeed more frequently and for longer if possible.
- Use soft, varied, appetizing, favourite foods to encourage the child to
  eat as much as possible, and offer frequent small feedings.
- Clear a blocked nose if it interferes with feeding.
- Expect that appetite will improve as child gets better.

#### Follow-up any feeding problem in 5 days.

## FLUID

#### Advise the Mother to Increase Fluid During Illness

#### FOR ANY SICK CHILD:

- > Breastfeed more frequently and for longer at each feed.
- > Increase fluid. For example, give soup, rice water, yoghurt drinks or clean water.

#### FOR CHILD WITH DIARRHOEA:

> Giving extra fluid can be lifesaving. Give fluid according to Plan A or Plan B on TREAT THE CHILD chart.

#### Advise the Mother When to Return to Health Worker

#### FOLLOW UP VISIT

Advise the mother to come for follow-up at the earliest time listed for the child's problems.

If the child has:	Return for follow-up in:		
PNEUMONIA DYSENTERY MALARIA, if fever persists FEVER-MALARIA UNLIKELY, if fever persists MEASLES WITH EYE OR MOUTH COMPLICATIONS	2 days		
DIARRHOEA, if not improving PERSISTENT DIARRHOEA ACUTE EAR INFECTION CHRONIC EAR INFECTION FEEDING PROBLEM ANY OTHER ILLNESS, if not improving	5 days		
ANAEMIA	14 days		
VERY LOW WEIGHT FOR AGE	30 days		

#### NEXT WELL-CHILD VISIT

Advise mother when to return for next immunization according to immunization schedule.



#### WHEN TO RETURN IMMEDIATELY

Any sick child	Not able to drink or breastfeed     Becomes sicker     Develops a fever
If child has NO PNEUMONIA: COUGH OR COLD, also return if:	Fast breathing     Difficult breathing
If child has Diarrhoea, also return if:	Blood in stool     Drinking poorty

### GIVE FOLLOW-UP CARE FOR THE SICK CHILD

- Care for the child who returns for follow-up using all the boxes that match the child's previous classifications.
- If the child has any new problem, assess, classify and treat the new 2 problem as on the ASSESS AND CLASSIFY chart.

#### **PNEUMONIA**

#### After 2 days:

Check the child for general danger signs. Assess the child for cough or difficult breathing. Ask

See ASSESS & CLASSIFY chart.

- - Is the child breathing slower?
  - Is there less fever?
  - Is the child eating better?

#### Treatment:

- > If chest indrawing or a general danger sign, give a dose of second-line antibiotic or intramuscular chloramphenicol. Then refer URGENTLY to hospital.
- > If breathing rate, fever and eating are the same, change to the second-line antibiotic and advise the mother to return in 2 days or refer. (If this child had measles within the last 3 months, refer.)
- If breathing slower, less fever, or eaating better, complete the 5 days of antibiotic.

## PERSISTENT DIARRHOEA

#### After 5 days:

Ask:

- Has the diarrhoea stopped?
- How many loose stools is the child having per day?

#### Treatment:

- If the diarrhoea has not stopped (child is still having 3 or more losse stools per day), do a full reassessment of the child. Give any treatment needed. Then refer to hospital.
- If the diarrhoea has stopped (child having less than 3 loose stools per day), tell the mother to follow the usual feeding recommendations for the child's age. Continue oral zinc for a total of 14 days.

#### DIARRHOEA

After 5 days:

- Ask:
  - Has the diarrhoea stopped?
  - How many loose stools is the child having per day?

#### Treatment:

- If diarrhoea persists, Assess the child for diarrhoea (>See ASSESS & CLASSIFY chart) and manage as on initial visit.
- If diarrhoea has stopped (child having less than 3 loose stools per day), tell the mother to follow the usual feeding recommendations for the child's age.

### DYSENTERY

#### After 2 days:

Assess the child for diarrhoea. > See ASSESS & CLASSIFY chart.

- Ask:
  - Are there fewer stools?
  - Is there less blood in the stool?
  - Is there less fever?
  - Is there less abdominal pain?
  - Is the child eating better?

#### Treatment:

If the child is dehydrated, treat dehydration.

If number of stools, amount of blood in stools, fever, abdominal pain, or eating is the same or worse:

Change to second-line oral antibiotic recommended for Shigella in your area. Give it for 5 days. Advise the mother to return in 2 days.

Exceptions - if the child: - is less than 12 months old, or Refer to hospital - had measles within the last 3 month

- If fewer stools, less blood in the stools, less fever, less abdominal pain, and eating better, continue giving the same antibiotic until finished.
- If number of stools, amount of blood in stools, fever, abdominal pain, or eating is the same or worse after treatment with nalidixic acid/second line drug: Refer to hospital.

## **GIVE FOLLOW-UP CARE**

- > Care for the child who returns for follow-up using all the boxes that match the child's previous classifications.
- If the child has any new problem, assess, classify and treat the new problem as on the ASSESS AND CLASSIFY chart.

### MALARIA (Low or High Malaria Risk)

If fever persists after 2 days, or returns within 14 days:

Do a full reassessment of the child. > See ASSESS & CLASSIFY chart. Assess for other causes of fever.

#### Treatment:

- If the child has any general danger sign or stiff neck, treat as VERY SEVERE FEBRILE DISEASE.
- If the child has any cause of fever other than malaria, provide treatment.
- > If malaria is the only apparent cause of fever:
  - Treat with the second-line oral antimalarial. (If no second-line antimalarial is available, refer to hospital.) Advise the mother to return again in 2 days if the fever persists. Continue Primaquine if P.vivax was positive for a total of 5 days.
  - If fever has been present for 7 days, refer for assessment.

### > FEVER-MALARIA UNLIKELY (Low Malaria Risk)

If fever persists after 2 days:

Do a full reassessment of the child. > See ASSESS & CLASSIFY chart. Assess for other causes of fever.

#### Treatment:

- If the child has any general danger sign or stiff neck, treat as VERY SEVERE FEBRILE DISEASE.
- > If the child has any cause of fever other than malaria, provide treatment.
- If malaria is the only apparent cause of fever:
  - Treat with the first-line oral antimalarial. Advise the mother to return again in 2 days in the fever persists.
  - If fever has been present for 7 days, refer for assessment.

### MEASLES WITH EYE OR MOUTH COMPLICATIONS

After 2 days:

Look for red eyes and pus draining from the eyes. Look at mouth ulcers.

Check for foul smell from the mouth.

Treatment for Eye Infection:

- If pus is draining from the eye, ask the mother to describe how she has treated the eye infection. If treatment has been correct, refer to hospital. If treatment has not been correct, teach mother correct treatment.
- If the pus is gone but redness remains, continue the treatment.
- If no pus or redness, stop the treatment.

Treatment for Mouth Ulcers:

- If mouth ulcers are worse, or there is a very foul smell from the mouth, refer to hospital.
- If mouth ulcers are the same or better, continue using half-strength gentian violet for a total of 5 days.

### EAR INFECTION

After 5 days:

Reassess for ear problem. > See ASSESS & CALSSIFY chart. Measure the child's temperature.

Treatment

- If there is tender swelling behind the ear or high fever (38.5°C or above), refer URGENTLY to hospital.
- Acute ear infection: if ear pain or discharge persists, treat with 5 more days of the same antibiotic. Continue wicking to dry the ear. Follow-up in 5 days.
- Chronic ear infection: Check that the mother is wicking the ear correctly. If ear discharge getting better encourage her to continue. If no improvement, refer to hospital for assessment
- If no ear pain or discharge, praise the mother for her careful treatment. If she has not yet finishe the 5 days of antibiotic, tell her to use all of it before stopping.

## **GIVE FOLLOW-UP CARE**

- Care for the child who returns for follow-up using all the boxes that match the child's previous classifications.
- If the child has any new problem, assess, classify and treat the new problem as on the ASSESS AND CLASSIFY chart.

### FEEDING PROBLEM

#### After 5 days:

Reassess fedding. > See questions at the top of the COUNSEL chart. Ask about any feeding problems found on the initial visit.

- Counsel the mother about any new or continuing feeding problems. If you counsel the mother to make significant changes in feeding, ask her to bring the child back again.
- If the child is very low weight for age, ask the mother to return 30 days after the initial visit to measure the child's weight gain.

### > ANAEMIA

After 14 days:

- Give iron folic acid. Advise mother to return in 14 days for more iron folic acid.
- Continue giving iron folic acid every 14 days for 2 months.
- If the child has palmar pallor after 2 months, refer for assessment.

## > VERY LOW WEIGHT

#### After 30 days:

Weigh the child and determine if the child is still very low weight for age. Reassess feeding. > See questions at the top of the COUNSEL chart.

Treatment:

- If the child is no longer very low weight for age, praise the mother and encourage her to continue.
- If the child is still very low weight for age, counsel the mother about any feeding problem found. Ask the mother to return again in one month. Continue to see the child monthly until the child is feeding well and gaining weight regularly or is no longer very low weight for age.

#### Exception:

If you do not think that feeding will improve, or if the chid has lost weight, refer the child.

Name: \_\_\_\_\_

## MANAGEMENT OF THE SICK YOUNG INFANT AGE UP TO 2 MONTHS Age: \_\_\_\_\_ Weight: \_\_\_\_kg Temperature: \_\_\_\_\_°C Date:

DOES THE Y	SESS (Circle all signs present) POSSIBLE BACTERIAL INFECTIO Infant had convulsions? OUNG INFANT HAVE DIARRHOEA ong? Days. lood in the stool?	<ul> <li>Count the breaths in one minutebreaths per minute Repeat if elevatedFast breathing?</li> <li>Look for severe chest indrawing.</li> <li>Look for nasal flaring.</li> <li>Look and listen for grunting.</li> <li>Look and feel for bulging fontanelle.</li> <li>Look for pus draining from the ear.</li> <li>Look at the umbilicus. Is it red or draining pus?</li> <li>Look for skin pustules. Are there 10 or more pustules or a big boil?</li> <li>Measure axillary temperature (If not possible, feel for fever or low body temperature): - 37.5°C or more (or feels hot)? - Less than 35.5°C ? - Less than 36.5°C but above 35.4°C (or feels could to touch)?</li> <li>See if young infant is lethargic or unconscious</li> <li>Look at young infant's movements. Less than normal?</li> <li>Look for jaundice. Are the palms and soles yellow?</li> </ul>	CLASSIFY
DOES THE Y For how k Is there b	oung INFANT HAVE DIARRHOEA	<ul> <li>Count the breaths in one minutebreaths per minute Repeat if elevatedFast breathing?</li> <li>Look for severe chest indrawing.</li> <li>Look for nasal flaring.</li> <li>Look and listen for grunting.</li> <li>Look and feel for bulging fontanelle.</li> <li>Look for pus draining from the ear.</li> <li>Look for skin pustules. Is it red or draining pus?</li> <li>Look for skin pustules. Are there 10 or more pustules or a big boil?</li> <li>Measure axillary temperature (If not possible, feel for fever or low body temperature): <ul> <li>37.5°C or more (or feels hot)?</li> <li>Less than 35.5°C ?</li> <li>Less than 35.5°C ?</li> <li>Look at young infant is lethargic or unconscious</li> </ul> </li> <li>Look for jaundice. Are the palms and soles yellow?</li> <li>Are the young infant's general condition. Is the infant: <ul> <li>Lethargic or unconscious?</li> <li>Restless and irritable?</li> </ul> </li> </ul>	
DOES THE Y For how k Is there b	OUNG INFANT HAVE DIARRHOEA ong? Days.	<ul> <li>Repeat if elevated Fast breathing?</li> <li>Look for severe chest indrawing.</li> <li>Look and listen for grunting.</li> <li>Look and listen for grunting.</li> <li>Look and feel for bulging fontanelle.</li> <li>Look for pus draining from the ear.</li> <li>Look at the umbilicus. Is it red or draining pus?</li> <li>Look for skin pustules. Are there 10 or more pustules or a big boil?</li> <li>Measure axillary temperature (If not possible, feel for fever or low body temperature): <ul> <li>37.5°C or more (or feels hot)?</li> <li>Less than 35.5°C ?</li> <li>Less than 36.5°C but above 35.4°C (or feels could to touch)?</li> </ul> </li> <li>See if young infant is lethargic or unconscious</li> <li>Look for jaundice. Are the palms and soles yellow?</li> <li>Are the young infant's general condition. Is the infant: <ul> <li>Lethargic or unconscious?</li> <li>Restless and irritable?</li> </ul> </li> </ul>	
For how k Is there be	ong? Days.	Look at young infant's movements. Less than normal?     Look for jaundice. Are the palms and soles yellow?     Yes No Look at the young infant's general condition. Is the infant:     Lethargic or unconscious?     Restless and irritable?	
For how k Is there be	ong? Days.	<ul> <li>Look at the young infant's general condition. Is the infant:</li> <li>Lethargic or unconscious?</li> <li>Restless and irritable?</li> </ul>	
		<ul> <li>Pinch the skin of the abdomen. Does it go back:</li> <li>Very slowly (longer than 2 seconds)?</li> <li>Slowly</li> </ul>	
What do y f the infant has or is low weig	ht for age AND has no indications ASTFEEDING: Infant breastfed in the previous hour? If infant has not fed		
	<ul> <li>Is the infant able</li> <li>Chin touching t</li> <li>Mouth wide op</li> <li>Lower lip turned</li> </ul>	to attach? To check attachment, look for: breast Yes No	
	no attachmer	nt at all not well attached good attachment	
Does the mo	not suckling a	ding effectively (that is, slow deep sucks, sometimes pausing)? at all not suckling effectively suckling effectively r white patches in the mouth (thrush). If yes, than look for: - Flat or inverted nipples, or sore nipples	
		- Engorged breasts or breast abscess	-
	OUNG INFANT'S IMMUNIZATION	STATUS Circle immunizations needed today.	Return for next immunization on:
-	OPV 1		
	HEP-B 1		(Date)
ASSESS OTH	ER PROBLEMS:		

## TREAT



Advise mother when to return immediately.

Give any immunizations needed today:

Counsel the mother about her own health.

	MANA	GEMENT C	F THE SICH	CHILD /	AGE 2 N	IONTH	S UP TO	5 YEARS	
Name:		A	ge:	Weight:	kg	Tem	perature: _	°C	Date:
	are the child's pro ircle all signs pres						Initial visit?	Follow-u	p Visit? ASSIFY
NOT ABLE	R GENERAL DA TO DRINK OR BI /ERYTHING ONS			GIC OR UNG	CONSCIO	US		Remembe	danger sign present? Yes No r to use danger sign cting classifications
	CHILD HAVE CC ong ? Day		. Count the br	reaths in one hs per minut st indrawing	e. Fast bro		No		
For how I	CHILD HAVE DI ong ? Days lood in the stool?		Restless • Look for sun • Offer the chi Not able Drinking eager • Pinch the sk	ic or unconsis s and irritable ken eyes. Id fluid. Is th to drink or d rly, thirsty?	cious? e e child: Irinking po lomen. Do	on. Is the orly? pes it go			
Decide Mal • Fever for • If more the been present • Has the of the last 3 If the child	CHILD HAVE FE aria Risk: High how long? Da an 7 days, has fer sent every day? shild had measles months? has measles now he last 3 months:	Low ays ver within	Look or feel     Look and fee     Look for run     Look for run     Look for     Generalized     One of these     Look for mod	for stiff neck al for bulging ny nose signs of ME rash a: cough, run uth ulcers they deep ar draining fro	ASLES: any nose, on the eye	e. or red ey ve		9	
<ul> <li>Is there e</li> <li>Is there e</li> </ul>	CHILD HAVE AN ar pain? ar discharge? r how long?	Days	• Look for pus • Feel for tend				No		
THEN CHE	CK FOR MALNU	TRITION	Look for visit     Look for oed     Determine w     Very Low	lema of both	l feet. e.	Low			
THEN CHE	CK FOR ANAEM	A	<ul> <li>Look for pain Severe pa</li> </ul>	nar pallor. Imar pallor?	Some pa	lmar pall	or? No pallo	n?	
	E CHILD'S IMMU					FOLIC #	CID STAT		m for next
BCG	DPT 1	DPT 2	DPT 3		OPT ( Boos	-	DT	vitami	nization or in A or IFA
OPV 0	OPV 1	OPV 2	OPV 3	<u></u>	PV		FA	suppi	ement on:
OFVU	HEP-B 1	HEP-B 2	HEP-B		EASLES			8	(Date)
<ul> <li>Do you be If Yes, ho</li> <li>Does the</li> </ul>	IILD'S FEEDING i reastfeed you chil w many times in 2 child take any oth hat foods or fluids	d? Yes 24 hours? her food or fluid	No times. Do you	breastfeed			5.6.0 S (2.0.0 A)		
How man How large Does the	times per day? e are the servings child receive his is illness, has the	times. W	Who	feeds the ch	hild and ho				



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