# Integrated Biological and Behavioral Surveillance (IBBS) Survey among People Who Inject Drugs (PWID- Male) in Western to Far Western Terai Highway Districts of Nepal

**Round V** 



Ministry of Health National Centre for AIDS and STD Control Teku, Kathmandu

2016

# **Field Work Conducted by:**

# School of Planning, Monitoring, Evaluation and Research (SPMER)

The IBBS Surveys are part of the National HIV Surveillance Plan led by NCASC. The field work of the survey was carried out by School of Planning, Monitoring, Evaluation and Research with quality assurance from National Public Health Laboratory and with technical and financial assistance from the Global Fund with Save the Children International.

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Study Team SPMER

# ACRONYMS

| AIDS Acquired Immune-Deficiency Syndrome<br>Advancing Surveillance, Policies, Prevention, Care & Support to |  |
|---|--|
|   |  |
| Fight HIV/AIDS  |  |
| CC Community Centre   |  |
| CMs Community Mobilizers  |  |
| DIC- Drop-in-Centre   |  |
| FSWs Female Sex Workers   |  |
| HBV Hepatitis B Virus   |  |
| HCV Hepatitis C Virus   |  |
| HIV Human Immunodeficiency Virus  |  |
| HTC HIV Testing and Counseling Centre   |  |
| IBBS Integrated Biological and Behavioral Surveillance  |  |
| IC Information Centre   |  |
| ID Identification Number  |  |
| KAPS Key Affected Populations   |  |
| MSM Men who have Sex with Men   |  |
| NCASC The National Center for AIDS and STD Control  |  |
| NGO Non-Governmental Organization   |  |
| NHRC Nepal Health Research Council  |  |
| NNSWA Nepal National Social Welfare Association   |  |
| NPHL National Public Health Laboratory  |  |
| OE Outreach Educator  |  |
| PE Peer Educator  |  |
| PWIDs People who inject drugs   |  |
| PPS Probability Proportional to Size  |  |
| RPR Rapid Plasma Regain   |  |
| SACTS STD/AIDS Counseling and Training Services   |  |
| SLC School Leaving Certificate  |  |
| SPMER School of Planning, Monitoring, Evaluation and Research   |  |
| SPSS Statistical Package for the Social Sciences  |  |
| STI Sexually Transmitted Infection  |  |
| USAID United States Agency for International Development  |  |
| WHO World Health Organization   |  |

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# **EXECUTIVE SUMMARY**

The National Centre for AIDS and STD Control (NCASC) conducts Integrated Biological behavioral survey at regular interval among Key Affected Populations (KAPs). The existing National HIV and AIDS Strategy (2011-2016) identifies that People who Inject Drugs (PWIDs), Female Sex Workers (FSWs) and their clients, Male Labor Migrants (MLMs) and their spouses, and Men who have Sex with Men (MSM) are the key affected populations (KAPs) (NCASC, 2014). The surveys help to assess the prevalence of HIV and AIDS and STIs among them and the risk behavior related to it.

This is the fifth round of survey conducted among males who inject drugs in 7 highway districts in Terai from Western to Far-western region of Nepal. A total of 300 men were selected as the sample among the ones who met the criteria of the study population. The study found that there is a prevalence of HIV, Syphilis, Hepatitis B and Hepatitis C in the study population. The drug injecting and sexual risk behavior related to HIV and AIDS, STIs, HBV and HCV was assessed and the knowledge of the PWIDs related to prevention of HIV and AIDS, STIs and HCV and their behavior seeking health care was also identified.

## Study Methodology

The present survey was carried out among the 300 PWIDs from the seven highway districts in Terai region in Nepal. It was carried out in Rupandehi and Kapilvastu district from Western Development region, Dang, Banke and Bardiya from Mid-Western development Region, and Kailali & Kanchanpur from Far-western Development Region. The survey follows similar sampling procedure that was used in the IBBS survey conducted among the PWIDs of 7 Terai districts on the Western Terai highway in the years 2005, 2007, 2009 and 2012. A two stage cluster sampling process was used to select the required sample population. Preliminary mapping exercise was carried out in the first phase of survey to develop the sampling frame. In the first phase, during the mapping exercise, the research team visited at least three key informants including organizations which provided services to the PWIDs in local level to identify possible sites and number of PWIDs. Furthermore the researchers visited and observed the possible locations. After this, the researchers revisited the sites to reconfirm the information provided by the key informants. Besides, some information was also collected from local Non-Governmental Organizations (NGOs) and Community Based Organizations (CBOs) providing services to PWIDs pertinent to STIs, HIV and AIDS in the survey districts. Concerned government organizations and their representatives at the district and community level were also consulted for identification and authentication of hot spots and to estimate the size of **PWIDs** 

On the basis of findings of preliminary mapping exercises, sampling frame was prepared. This frame was prepared based on estimation/enumeration of PWIDs. At least 20 PWIDs were enumerated and included in the survey cluster. The sites with smaller than 20 PWIDs was merged together with the nearest sites. Probability proportional to size (PPS) method was used to select 30 clusters based on the mapping exercise done by researchers in the first stage. In the second stage, 10 PWIDs were selected randomly from each cluster. Thus, a total of 300 PWIDs (10 from each cluster) were selected for the survey. Bardiya district was not selected for the survey purpose during PPS stage of sampling.

A clinic was established at a convenient location that was accessible from strategic points of each of the selected clusters. Each Clinic had 6 rooms - reception-1, interview room-2,

laboratory-1, STI Clinician room-1 and pre/post-test counseling room-1. The selected PWIDs were welcomed in the reception and a unique code number was provided to them. After this, they were guided to the interview room where a member of staff read out the consent form for them. It was then signed by the interviewer and the local motivator/mobilizer. The interview started after this. After completion of the interview they were led towards the pretest counseling room. After the pretest counseling, they were guided to the laboratory room. The lab had facility for drawing blood, centrifuging it for separating the serum and undergoing all the tests designated for the survey. After the blood (5 ml) was drawn in the lab, the PWID was sent to the STI Clinician who provided necessary Syndromic treatment of STIs as per National Guidelines on Case Management of STI (2014). After the result of the test was ready, the PWIDs were provided with the same and were provided posttest counseling according to the findings of the test results.

The participation of the PWIDs in the survey was voluntary. Twenty PWIDs who did not meet the study criteria or were not willing to participate in the study were excluded from the survey.

#### Laboratory Tests

Blood serum samples were tested using Determine HIV1/2 (Allere, Japan) as first test to detect antibodies against HIV. If the first test was negative, it was labeled as Negative. A second test was performed by using Uni-Gold HIV ½ (Trinity Biotech, Ireland) if the result of the first test was positive. In case of a tie between the first two test results, a third test was performed using STAT PAK (Chembio Diagnostics, USA) as a tie breaker.

Syphilis was tested using RPR. All the tests which came positive with RPR were tested further with serial serum dilution up to 64 times.

All the serum samples were tested for hepatitis B and Hepatitis C by the WHO certified rapid test kit. For Hepatitis B Hepacard kit, (J. Mitra and Company, India) was used. The test was reported positive if it was reactive. Similarly for Hepatitis C, HCV Serum/Plasma HVC TRI-DOT (J. Mitra and Company, India) was used and the test was reported as positive if it was reactive.

### **Key Findings**

#### **Socio Demographic Characteristics**

The age range of the PWIDs was from 17 to 51 years. Their median age was 28 years while the mean age was 27 years with standard deviation of  $\pm 8$ . Over half (50.3%) of the PWIDs were of the age group 20 to 29 years old while 11 percent of them were 19 years or below. Almost half (49.6%) of the PWIDs were ever married and majority (88.3%) of them were living with their family members at the time of survey.

Majority of them (84%) had formal education however 15 percent of them were illiterate. One in six (16.3 %) PWIDs had passed SLC or above.

#### STI/HIV/HBV Prevalence

The prevalence of HIV was 2.3 percent among the surveyed PWIDs. It was 11.7 percent in 2005, 11percent in 2007, 8 percent in 2009, 5 percent in 2012 and 2.4 percent in 2016. The data shows that there has been a significant decline in HIV prevalence over the period of time (p<0.001). All of the 7 (2.3%) HIV positive PWIDs were above 20 years, 6 were ever married and five were literate or had formal education. However, there was no significant relation between HIV and socio-demographic characteristics as age, marital status and literacy of the PWIDs. Six out of the seven HIV positive PWIDs were those who had been injecting drugs for over 5 years and five out of seven HIV positive PWIDs were injecting drugs for 1-6 times per week. However, none of these behaviors had a significant relationship with HIV.

Five of them had history of Syphilis while one of them had active Syphilis. The prevalence of Active Syphilis was found to decreasing over time. It was 1.7 percent in 2009, 1.3 percent in 2012 and has decreased to 0.3 percent in 2016. The prevalence of Hepatitis B was found to be 1.7 percent while 8 percent of them had Hepatitis C. Among the HCV positive PWIDs; 8.6 percent were above the age of 20 years, 11.4 percent were ever married and 4.7 percent were literate and a statistically significant (p<0.05) relationship was found between the marital status of the PWIDs with Hepatitis C infection. PWIDs who were ever married (11.4%) were more likely to have Hepatitis C than never married (4.6%) PWIDs.

Out of the 8 percent of Hepatitis C positive PWIDs, 18 percent had been injecting drugs for over 5 years and 8.4 percent of them injected drugs 1-6 times the week before the data was collected. Similarly, 15.8 percent of them had injected drugs with a previously used needle/syringe and 9.7 percent of them had injected drugs with a needle/syringe kept in public place at least once during week before the data was collected. A positive association was found with duration of drug use and Hepatitis C infection (p<0.01). The PWIDs who injected drugs for longer duration were more likely to develop Hepatitis C injection.

The study also assessed the relationship between sexual behavior and HIV positive PWIDs. Among the 7 HIV positive PWIDs, six had sex with a regular partner, six did not have sex with a non-regular partner and 6 did not have sex with a female sex worker.

The relationship between the sexual behavior and Hepatitis C positive PWIDs was assessed. During the past 12 months of the survey. Among 24 Hepatitis C positive PWIDs, 16 had a regular sex partner, 5 had a non-regular sex partner, and 8 had a FSW as a sex partner.

Among the 24 Hepatitis C positive PWIDS, 13 had one regular sex partner, 20 did not have a non- regular sex partner and 16 did not have a single FSW as a sex partner during the past 12 months, Both the number of types of sex partners and number of sex partners did not have statistical significance.

#### Drug Injecting Practices

The study revealed that the average duration of drug injecting practice among the drug users was 5.7 years. One third (33.3%) of them were injecting drugs for over 5 years and 44 percent were injecting drugs for a period 2-5 years. It was found that the median age of drug users was 21 years. Almost half (47.3%) reported that they had started injecting drugs before they reached 20 years. The comparison of age of first injection of drugs in the five rounds of the IBBS surveys showed that people are injecting drugs for the first time before 20 years of age was 42 percent in

2005; 38.7 percent in 2007; 46.3 percent in 2009; 41.3 percent 2012; and it reached 47.3 percent in 2016.

The study also assessed the duration of drug injecting habit for less than two years and more than two years. It was found that the percentage of drug users for more than 2 years is greater than those using drugs for less than two years. This difference was found to be statistically significant (p<0.001).

The study found out that 93.7 percent the drug users were practicing safe injecting behaviors during their last injection. Among them, 51.7 percent reported to be using needle/syringe by purchasing it themselves and the remaining 42 percent were found to be using new needle syringe given to them by NGO staff/volunteers/friend.

Sixty two percent of them were found to be injecting in other parts of the country/out of the county in the past year of survey and only 25 percent of the PWIDs had ever sought for de-addiction treatment.

The needle/syringe practice in the past week was assed among the PWIDs during the five surveys. The study showed that some changes have taken over the years in needle exchange behavior of the drug users. The data shows that 12.7 percent of the drug users exchanged needles in 2016, it was 19 percent in 2005, 10.3 percent in 2007, 11.7 percent in 2009, and 10.3 percent in 2012. There is a statistically significant difference (p<0.005) between the needle/syringe ever used and never used in the past week.

Contrary to this, not much change has taken place in the use of the needles kept in public places, in the past week of survey. The data showed that 5.9 percent drug users used needles kept in public places in 2016. It was 15.3 percent in 2005; 4.3 percent in 2007, 7.7 percent in 2009, and 5 percent in 2012.

There have not been significant changes in the number of partners sharing needle/syringe in the week before the survey during the last five surveys in this population. 87.4 percent respondents reported that they did not share needle/syringe with their partners the week before the survey was conducted. The population doing so was 70.7 percent in 2005, 88.3 percent in 2007, 88.7 percent in 2009, and 90.3 percent in 2012.

Similarly, the study found out statistically significant decline (p<0.001) in the percentage of reuse of needle/syringe in week prior to the survey. Ten percentage of the respondents re-used the needle/syringe during this period in 2016, where as it was 38.7 percent in 2005, 22 percent in 2007, 15.3 percent in 2009, and 6 percent in 2012.

#### Sexual Behavior

The findings show that majority (95.7%) of the PWIDS had at least one sexual contact before the survey and among these 85.7 percent had had their first sex before they were 20 years.

Similarly, the study revealed that eighty three percent of the PWIDs had had sex with their regular partner, 40.5 percent of them with non-regular sex partner and almost half (49.3%) had had sexual intercourse with a female sex worker in the month of survey. Similarly, only 21.7

percent of the PWIDs had used condom consistently with their regular sex partner. The practice of consistent use of condom with their non-regular partner was 35.7 percent and 52.1 percent with the female sex workers. The comparison of data about the use of condom with the regular sex partners shows that there is s statistically significant changes (p<0.001) in the behavior of the respondents because the percentage of condom users was 3.9 percent in 2005, 7 percent in 2007, 8.7 percent in 2009, 42.9 percent in 2012 and 21.7 percent in 2016.

The trend of consistent condom use in non regular partner was 31.5 percent in 2005, 39.3 percent in 2007, 37.3 percent in 2009, 64.8 percent in 2012 and 35.7 percent in 2016. The comparison shows that there is a statically significant (p<0.001) difference in the practice of use of condoms in this category as well.

The use of consistent use of condom with FSWS was found to be 52.1 percent in 2016. It was 46.5 percent in 2005, 48.4 percent in 2007, 51 percent in 2009, and 70.3 percent in 2012. The finding is statistically significant with a p value <0.005.

#### STI and HIV/AIDS Awareness and Treatment Practices

The findings suggest that eighty-seven percent of the PWIDs had heard of STIs before the survey. Among them, 8.3 percent had genital discharge and 7.7 percent had genital ulcer/sore blister during the year of the survey. Seventeen of them were experiencing genital discharge and 10 of them had genital ulcer/sore blister during the survey as well.

Overall, only 43 percent had knowledge about how HIV transmission could be avoided (A: Abstinence from sexual contact, B: Being faithful to one partner and C: Using condom during each sexual contact). Regarding Knowledge of HIV, 85.3 percent knew that "a healthy-looking person can be infected with HIV (D), 65.7 percent of them knew that "a person cannot get the HIV virus from mosquito bite (E) and 89.9 percent of them knew that "sharing a meal with an HIV infected person does not transmit HIV virus (F)". Overall, only 35.3 percent of them had Knowledge of BCDEF.

The findings suggest that the comprehensive knowledge about HIV has been decreasing overtime: Knowledge of ABC (measures to prevent HIV) was 77.3 percent in 2007 decreased to 73.3 percent in 2009, 72 percent in 2012 and 43 percent in 2016. Similarly, the knowledge of BCDEF (major modes of HIV transmission) was also found to be decreasing over time. It was 57 percent in 2007, 56 percent in 2009, and 43.3 percent in 2012 and has further decreased to 35.3 percent in 2016.

Sixty percent of the PWIDs had meet PE/OE, sixty nine percent of them had visited Drop-in Centers, 34.7 percent of them had visited HTC centre while only 5 percent of them had visited the STI Clinics in the survey year.

#### Knowledge regarding Hepatitis C

Less than half (43.7%) of the PWIDs responded that Hepatitis C could be transmitted through sex. The same percentage (43.7%) believed that use of condoms used during sex could protect against Hepatitis C. More than two third of the PWIDs (68.3%) knew that hepatitis C could be transmitted by sharing needles; and 55.7 percent were aware that hepatitis C could be transmitted through tattooing. Majority of the PWIDs (59.7%) knew that Hepatitis C can be cured while 36 percent were aware that herbal remedies would not cure hepatitis C.

# **CHAPTER 1: INTRODUCTION**

# 1.1 Background

The National Centre for AIDS and STD Control had estimated that there were 39,249 People Living with HIV (PLHIV) in Nepal (NCASC, 2014). The prevalence of HIV infection among adult population in Nepal was only 0.20 percent (NCASC, ibid). Though HIV prevalence among general population in Nepal is low, Nepal's HIV epidemic is concentrated amongst the Key Affected Populations (KAPs). The existing National HIV and AIDS Strategy (2011-2016) identifies People who Inject Drugs (PWIDs), Female Sex Workers (FSWs) and their clients, Male Labor Migrants (MLM) and their spouses; and Men who have Sex with Men (MSM) as the key affected populations (KAPs) (NCASC, ibid). PWIDs, one of the major groups of KAPs practice high risk behaviors as unsafe needle/syringe sharing between injecting partners and also have habits of reusing needle/syringes previously used by them or those kept in public places. It has also been found that they also practice high risk sexual behaviors, multiple drug use and tattoos use. All these risk behaviors make them prone to HIV/STIs/HBV/HCV.

According to the National Surveillance Plan of NCASC, various rounds of IBBS survey have been conducted in different KAPs group in many districts. The previous four rounds of IBBS conducted among PWIDs in 7 Terai highway districts of Western to Far Western region show a decreasing trend in HIV frome 2005 to 2012. The findings of these surveys suggest that HIV infection among PWIDs in Western to Far Western Terai highway districts was 11.7 percent in 2005, 11 percent in 2007, 8 percent in 2009 and 5 percent in 2012.Similarly, a recent IBBBS survey conducted by NCASC in 2015 in Eastern region shows the prevalence of Hepatitis C to be alarmingly high in this group of population.

This report has documented the findings of the fifth round of IBBS in PWIDs of 7 Terai highway districts of Western to Far Western Region.

## **1.2 Objectives of the Survey**

This survey was carried out to fulfill the following objectives:

The primary objectives were:

- To track the trend in the prevalence of STI and HIV infection among PWIDs;
- To measure the prevalence of Hepatitis B and Hepatitis C among PWIDs;
- To estimate the prevalence of sexual behaviors and injection behaviors related to HIV/STIs/HBV/HCV among PWIDs.

The secondary objectives were:

- To estimate the knowledge of HIV/STIs/HCV as well as sexual and injecting behaviors among PWIDs;
- To explore associations between high risk sexual and injecting risk behaviors with HIV or STI/HBV/HCV among PWIDs;
- To estimate the prevalence of STI syndromes among PWIDs.

The findings of this survey are aimed to be used for a better and timely intervention design to combat HIV/STIs/HBV/HCV prevalent in this population.

#### **1.3** Rationale of the survey

IBBS survey helps to collect two distinct types of data (HIV, STI, HCV and HBV biological and behavioral) from a single set of participants and also helps to understand the existing/emerging dynamics of epidemic HIV so that appropriate interventions can be designed to prevent the spread of the virus. By linking biological data with behavioral data, IBBS survey is very effective in helping to understand the emerging trends on HIV and HIV-related risk behaviors among the KAP very effectively.

IBBS surveys are considered powerful tools to generate evidence based data. Findings of these surveys are widely used for designing HIV interventions, to monitor HIV programs, and for estimation and to project the epidemic of HIV in many countries including Nepal. Estimation and projection of HIV prevalence in the country are also based on IBBS survey data. Data on key National HIV Indicators are determined using IBBS survey results. Furthermore, results of these surveys have wider application as these are utilized by different communities, donors, policy makers, program designers and implementers, academicians, and civil society organizations to track the level of HIV epidemic and related risk behaviors in Nepal.

The present survey attempted to assess the prevalence of HIV and Syphilis to track the trends. It also tried to assess the prevalence of Hepatitis B and Hepatitis C to establish baseline information in the survey area. Moreover, the study identifies the sexual behavior of PWIDs - Male in 7 districts from Western Terai Highway and studied their risk behavior of HIV and AIDS. Hence, this survey is as an important milestone to guide the national HIV and AIDS prevention and control program.

#### 1.4 Variables

**Socio-Demographic Characteristics**: age, marital status, living with, age at first marriage, education, ethnicity, duration of stay in current residence, place of residence.

**History of imprisonment**: ever imprisoned/detained, drug use related imprisonment, frequency of imprisonment, history of drug injection in prison.

**Drug intake and Injecting behaviors**: frequency of alcohol intake, use of needle/syringe, place for needle exchange, types and routes of drugs intake, duration of drug intake, age at first injection of drug, history of drug intake in the past one month, non/sterile injecting drug use, types of drugs used in past one week/month, switching behavior of drug use, the last time drug was injected, frequency of drug intake/day, accessibility and use of injections, number of person to share same needle, mode of availing needles/syringes, use of already used needle, sharing needle with different partners, needle cleaning practice, injecting drug at outstations.

Sexual behaviors and perceptions and condom use: age at first sex, history of sexual intercourse in the past one year, sex with sex workers, number of sex partners, frequency of sex, number of existing regular/non-regular sex partners, history of sex with male and practice of us of condom, frequency of sex with male (week/month/year), frequency of sex with regular/non-regular partners, frequency of sex with female sex workers (FSWs), use of condom during sex with FSWs, amount paid for sex per sexual contact, total number of sex workers visited, sex after drug use by the partners, modes of sexual contacts, types of sexual contacts with regular/non-regular

partners, exchange of sex for money, ever heard about/used condom; availability of condom and practice of carrying condom.

**Exposure to Services or programs**: met outreach worker/ peer educator or staff from a needle exchange program, HTC, current drug treatment practice, types of treatments/services received, duration of treatment or Opiod substitution therapy (OST), knowledge of STI/HIV services such as DIC,ICC, BCC centers.

**Knowledge and practices related STI, HIV/AIDS and HCV**: Knowledge of HIV and STIs, symptoms experienced knowledge of HIV prevention methods (ABC, BCDEF), knowledge of HIV transmission, prevention and control, misconceptions and sources of knowledge about STI, HIV and AIDS, activities for condom, knowledge of HCV.

**Stigma and Discrimination**: Knowledge of the death of neighboring person dying due to HIV and AIDS; willingness to take care of HIV positive male/female.

Lab testing: HIV, HBV, HCV and Syphilis prevalence.



#### Figure: 1.1 Conceptual Framework

# **CHAPTER 2: METHODOLOGY**

### 2.1 Implementation of the Study

School of Planning, Monitoring, Evaluation and Research (SPMER) carried out this survey in coordination with NCASC and Save the Children, Nepal. SPMER was responsible for overall management of the survey including laboratory set up in the field sites; managing training to the researchers, counselors and lab technicians; supervising and collecting blood samples; and conducting HIV, VDRL, HBV, HCV tests. SPMER carried out mapping to estimate the population of PWIDs followed by data collection using preformed tools. Data analysis and report writing was done in close coordination with and support of NCASC and Save the Children Nepal.

The survey was conducted in close collaboration with many organizations working and advocating for PWIDs like Sparsha Nepal Kathmandu, United Nepal Foundation Lumbini (UNFL) in Rupandehi and Kapilvastu; Association for helping the helpless (AHH) in Dang and Banke, Namuna in Kailali, and Nepal National Social Welfare Association (NNSWA) in Kanchanpur.

### 2.2 Survey Population and Survey Area

This survey was carried out among the PWIDs in the 7 (Western: Rupandehi & Kapilvastu; Mid-Western: Dang, Banke & Bardiya; Far-Western: Kailali & Kanchanpur) districts on the Mahendra highway in Nepal. However, Bardiya was excluded from the study during the PPS Sampling process. PWIDs are one of the key affected populations (KAPs) effected by HIV and STIs. They serve as the major client group of FSWs.

For the present survey, PWIDs were defined as "male aged 16 years or above who had been injecting drugs for at least three months prior to the date of the survey" from the 7 western districts of the Terai highway. Only those PWIDs who met this definition were selected as the respondents in this survey.

## 2.3 Survey Design

This survey was conducted using descriptive serial cross-sectional design. It was carried out using the same methods that were used in the previous rounds of IBBS surveys conducted among People Who Inject Drugs (PWIDs). Individual face to face interview was organized to assess the drug injecting and sexual risk behaviors of the PWIDs; and the biological samples were tested using venous blood/serum to determine the prevalence of HIV, syphilis, Hepatitis B and Hepatitis C. The prevalence of HIV, Syphilis Hepatitis B and Hepatitis C among PWIDs was determined using the national guideline developed by NCASC. HIV test was performed by using determine - HIV½ for detection of HIV antibodies. All the positives identified by determine - HIV ½ tests were subjected to Uni-gold HIV ½ tests. If there was a tie in the first two test results, a third test using STAT-PAK was conducted to break the tie. Rapid Plasma Reagin (RPR) test was used

to diagnose syphilis among PWIDs. All the serum samples were tested for hepatitis B and Hepatitis C by the Rapid Kit. HBsAg Serum/Plasma Hepacard kit, (J. Mitra and Company, India) was used to detect Hepatitis B antigen in serum; and HCV Serum/Plasma HVC TRI-DOT (J. Mitra and Company, India) was used to detect HCV antibody.

### 2.4 Mapping

In the first stage, the researchers visited at least three local key informants working with PWIDs from the survey districts. Besides these, the information was also collected from local Non-Governmental Organizations (NGOs) and Community Based Organizations (CBOs) providing services to PWIDs pertinent to STIs, HIV and AIDS in the survey districts. Concerned government organizations and their representatives in the districts were also consulted for identification and authentication of hot spots and estimation of number of PWIDs. After this, researches conducted research walks on possible locations pointed by key populations and informants as part of preliminary mapping exercise. The survey team, then, analyzed the enumerated clusters and PWIDs and finalized clusters and size of survey population.

## 2.5 Sampling and Sample Size

In the first stage, the researchers visited at least three local key informants working with PWIDs from the survey districts. The information about the number of PWIDs and site was collected. On the basis of findings of preliminary mapping exercises, sampling frame was prepared. Twenty PWIDs were enumerated as a survey cluster. The locations where there were less than 20 PWIDs were merged with the nearest site of other PWIDs to form a cluster. Sample frame was prepared based on estimation/enumeration of PWIDs. Probability proportional to size (PPS) method was used to select 30 clusters based on the mapping exercise done by researchers in the first stage.

In the second stage, 10 PWIDs were selected randomly from each cluster for the final survey. Thus, a total of 300 (10 PWIDs from 30 clusters) respondents were selected for the interview and laboratory tests.

### 2.6 Stakeholder and Consultative Meeting

Extensive meetings were organized with various stakeholders of the seven the Terai highway districts prior to the survey. The meetings were conducted in presence of the district public health officers and HIV focal persons in all districts. The meetings were also held with United Nepal Foundation Lumbini (UNFL) in Rupandehi and Kapilvastu; Association for helping the helpless (AHH) in Dang and Banke, Namuna in Kailali; and Nepal National Social Welfare Association (NNSWA) in Kanchanpur.

### 2.7 Process of Identification and Recruitment of PWIDs

People from local NGOs and peer groups were used as motivators. This helped to build good relations with the PWIDs and played effective role in systematic selection of the respondents and ensured their participation in the survey. A briefing was organized for the respondents on the objective of study and the benefits and risks of participating in the survey. The motivators helped in many ways to contact the PWIDs, explain them about the survey. They also provided the details of the number of available PWIDs in each site, and assisted in selection of the PWIDs randomly. Besides, they brought the PWIDs to the survey site and became a witness on behalf of the surveyed PWID.

### 2.8 Refusals

Every respondent had the right to participate or refuse in this survey. The survey team welcomed any decision taken by them. There were 20 cases of refusals. The causes of refusals were not meeting the study criteria (18 people) and not interested to participate in the study (2 people).

### **2.9 Control of Duplication**

To avoid repetition of the respondents, counselors asked various questions before their selection regarding information pertinent to the experience of undertaking procedure, blood test for STIs (Syphilis, HBV and HCV) and HIV, meeting with the peer educators for the blood test, the possession of an ID card with a survey number and the PWIDs number. Further, the laboratory technicians and STI technicians who examined and treated the respondents at the survey site helped to avoid this repetition.

### 2.10 Recruitment of and Training to the Research Team

Experienced male candidates having at least university degree in the relevant discipline were selected as supervisors and research assistants. Similarly, experienced lab technicians were hired for the testing of blood samples; and health assistants were recruited for the symptomatic identification of STIs and their Syndromic management as per National Guidelines on Case Management of STI 2014. Previous exposure to HIV and AIDS programs was one of the main criteria in the selection process.

School of PMER, Intrepid Nepal, SAIPAL jointly organized one week of intensive training program for field researchers. The training was facilitated by the experts of various relevant disciplines. Training was organized focusing on the introduction to the survey, administration of the questionnaire, and methods of approaching the respondents, rapport building techniques and sharing of experiences (problems and solutions). The program objectives and the purpose of the

survey were explained in the training; and the sampling methodology being adopted for selection of the sample was also discussed.

The training also covered research ethics, research protocol, counseling, rapport building and overcoming embarrassment. A significant time was allocated to train on HIV, syphilis, HBV, HCV test for lab team; and for the coordinator to understand the sample selection techniques. In addition, the training session also involved mock interviews, role-plays, and class lectures to help enumerators to understand each question included in the questionnaire. Role-play practices were carried out assuming actual field situations. Concerned expert officials from NCASC, Save the Children and other relevant agencies were invited to facilitate the training program.

### 2.11 Field Operation Procedure

### 2.11.1 Clinic Set-up

A clinic was established at a convenient and central location which was accessible site from other strategic points. Each clinic had 6 rooms (reception-1, interview room-2, laboratory-1, STI Clinician room-1 and Pre/Post-test counseling room-1).

The selected PWIDs were welcomed in the reception and a unique and unduplicated code number was provided to them. Then they were guided to the interview room where a member of staff read out the consent form for them. It was then signed by the interviewer and the local motivator/mobilizer. The interview started after this. After the completion of the interview they were led to Pre test counseling room. After the pre test counseling they were guided to the Laboratory room. The lab had facility for drawing blood, centrifuging it for separating the serum and undergoing all the tests designated for the study. After the blood was drawn in the lab, the PWIDs was sent to the STI Clinician who provided necessary Syndromic treatment of STIs as per National Guidelines on Case Management of STI 2014.After the test result was ready the PWIDs were provided with the same and were also provided post test counseling according to the findings of the test results.

Throughout the study refrigerators/cold chain boxes were used to maintain the cold chain system. A double power backup facility was ensured in all clinic set up site.

The survey team used locally available shelters such as guest houses and hotels to operate the clinic and conduct interview and lab test of the respondents. Proper sanitation and waste management system was maintained throughout the study in all camp sites.

### 2.11.2 Clinical Procedures

After completion of the interview, a trained Health Assistant (HA) examined the respondents for any signs of STI or general health problems. All respondents with STI symptoms were provided syndromic treatment according to the National Guidelines on Case Management of STI 2014. Some essential medicines were also provided to them if they needed. Health Assistant made

appropriate referrals of the identified cases that would need additional treatment other than those provided at the clinic.

#### 2.11.3 Laboratory Procedures

After pre-test counseling, the lab technician briefed the respondents about the HIV, Syphilis, HBV and HCV testing process and sought consent for drawing blood. Venous blood samples were drawn in 5 ml syringe. The samples were tested for HIV, Syphilis, HBV and HCV within half an hour after the blood was drawn from each of the participants. The survey was designed to provide test results with pretest–posttest counseling in the shortest possible time.

Waste products were collected in different color coded containers. Needles were destroyed using needle destroyer. Waste products, formed as a result of laboratory and clinical procedure were managed in accordance with the standard disposal procedures. In Rupandehi, the medical waste was sent to UNFL office for proper disposal and in other districts it was sent to district hospitals after proper coordination.

#### 2.12 Survey and Laboratory ID codes

Confidentiality of the participants was strictly maintained throughout the study. Anonymous and non-identifying survey ID codes were used for all data components pertaining to the survey. The use of survey codes were prevented by linking consent forms with actual survey and referral history. A separate laboratory code was maintained to identify the results of rapid tests for HIV, Syphilis, HBV and HCV. Each of the respondents was assigned a laboratory code that was also linked to their ID codes in order to link to the behavioral and biological data.

### 2.13 HIV Rapid Testing

HIV rapid testing was conducted at the survey site after completion of pre-test counseling by certified laboratory technician. Rapid testing was conducted using a serial testing scheme based on the NCASC national guideline algorithm and approved commercial test kits. All participants who gave consent were tested using Alere Determine HIV-1/2 rapid test kits (Japan). Non-reactive results were considered negative, and reactive results were confirmed with Uni-Gold HIV rapid test (Trinity Biotech, Ireland). If Uni-Gold results were nonreactive, results were recorded as indeterminate. HIV ½ STAT-PAK (Chembio Diagnostics Systems, USA) was used as a tiebreaker test. All participants were provided post-test counseling, with specific messages tailored to their test result. Persons with any reactive result, or indeterminate result were referred to HIV care services for further counseling and testing.

Interpretation of the test results

- All samples negative by first test were reported as negative.
- All samples positive by the first test were subjected to second test.
- All tests positive by tiebreaker test were reported positive.
- All tests negative by tiebreaker test were reported as negative.

Figure 2.1: Algorithm of HIV Testing



Table 2.1: Symbols used for HIV testing

| A1 (First test):  | Determine HIV 1/2 |
|-------------------|-------------------|
| A2 (Second test): | Uni-Gold HIV      |
| A3(Third test):   | Stat Pak          |
| "+"               | Reactive          |
| "_"               | Non-reactive      |
|                   |                   |

| Table 2.2: Sensitivity and Specificity of HIV1/2Kits |
|--|
|--|

| Test Kits | Company            | Initial | Confirm | Tie<br>Break | Antigen Type                   | Spec.  | Sens.          |
|-----------|--------------------|---------|---------|--------------|--------------------------------|--------|----------------|
| Determine | Allere             | Х       |         |              | Recom HIV-1<br>and HIV-2       | 99.4%  | 100.0%         |
| Uni-Gold  | Trinity<br>Biotech |         | х       |              | HIV-1 and<br>HIV-2             | 100.0% | 100.0%         |
| STAT PAK  | CHEM<br>BIO        |         |         | х            | HIV-1 (gp41;<br>p24) -2 (gp36) | 99.3%  | 100.0%<br>99.7 |

# 2.14 Syphilis Testing

Rapid Plasma Reagin (RPR) is a blood screening test which detects antibodies that are present in a person with syphilis. A reactive syphilis IgG result indicates that a person has been exposed to T. Pallidum at some point of time in his life. However, this testing may remain reactive for life in the majority of people who have had syphilis, even if they have been treated properly. Therefore, a positive result does not indicate that the person currently has untreated syphilis and should be confirmed with a non-treponemal test such as RPR to assess disease activity. Recommended and followed Algorithm for Syphilis Serology Testing is depicted below.



Figure 2.2 Syphilis Testing Strategy II Algorithm

# 2.15 Hepatitis B and Hepatitis C Rapid Testing

#### Hepatitis B

All the serum samples were tested for hepatitis B surface antigen (HbsAg) by Rapid kit. For detection of Hepatitis B antigen in serum, HBs Ag HEPACARD Serum/Plasma Kit (J. Mitra and Company, India) was used. It is an in-vitro diagnostic test based on immune chromatographic principle and gives qualitative visual read results. The presence of HbsAg in serum or plasma is an indication of an active Hepatitis B infection. During testing, the serum or plasma specimen reacts with the particle coated with anti-HBsAg antibody. The presence of this colored line in the test region indicates a positive result; while its absence indicates a negative result. To serve as a procedural control, a colored line will always appear in the control line region indicating that proper volume of specimen was added and membrane wicking has occurred.





#### Hepatitis C

For the detection of HCV antibody, HCV TRI-DOT Serum/Plasma Kit (J. Mitra and Company, India) was used. Serum sample was used to diagnose the infection of Hepatitis C. The serum is dropped into the test kit. If two red lines appear in the control and test region of the kit, the result is labeled as HCV positive. If the red line appears in the control region only, it is labeled as HCV negative. The absence of the control band indicates that the test is invalid.

#### Figure 2.4: Hepatitis C Kit with various results



POSITIVE: Two distinct red lines appear. One line should be in the control region (C) and another line should be in the test region (T).

\* NOTE: The intensity of the red color in the test line region (T) varies depending on the concentration of HBsAg present in the specimen. Therefore, any shade of red in the test region (T) should be considered positive.

NEGATIVE: One red line appears in the control region (C). No apparent red or pink line appears in the test region (T).

INVALID: Control line fails to appear. Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. In such cases the procedure was repeated with a new test device.

#### 2.16 Sample Transportation

After the samples were collected in site, thermometer was used to record the temperature thrice a day in order to ensure maintenance of the optimal temperature. Cold chain process was maintained throughout the survey. The sample was then transported to Kathmandu in a cold chain box packed with ice packs along with use of thermometer to ensure the maintenance of temperature during transport. In Kathmandu, "all Positive and 10% of negative samples" of HIV/RPR/HBV/HCV were handed over to NPHL in the cold chain box.

### 2.17 Internal and External Quality Assurance

Regular monitoring was an integral part of the quality assurance mechanism of School of PMER during the mapping and whole survey period. Survey core team members regularly visited the field to support field researchers to make them more responsible for quality work and quick response. Besides this, the core team was deployed for cross-verification of data collected by the researchers in different hotspots of PWIDs. During the process of data collection, special measures were adopted to avoid repeated interviews with the same PWID. School of PMER shared and interchanged the researchers among all survey sites to track the repetition of same PWID. The researchers were instructed to ask about previous experiences of blood test, inspect the arm from where blood was drawn and possession of ID card issued by School of PMER in case of any doubt about duplication. The confidentiality was maintained strictly throughout the survey.

External quality assurance (EQA) is an evaluation of the performance of the study team and the procedures. All the HIV positives samples and 10 percent of all the HIV negative samples were retested at NPHL as an EQA of HIV testing. Similarly, all the RPR reactive samples and 10 percent of all RPR non-reactive samples were retested at NPHL as an EQA of Syphilis testing. Similarly all positive HCV and positive HBV test kits and 10 percent of negative test kits were sent to NPHL along with serum in cryo vial which were retested at NPHL as an EQA for HBV and HCV. The in-built internal control was used to ensure the validity of test and all positive and 10 percent of negative samples were sent to NPHL for External Quality Assurance. Aliquots of selected serum specimens were prepared in the field. Serum specimens were stored at laboratory at a

temperature 2 to 8 degree Celsius. Once testing activities in the field was completed, School of PMER handed over the serum specimens to NPHL for retesting. The test kits as those used in the field were also provided to the NPHL. The EQA samples were sent to the NPHL with the new code numbers.

#### 2.18 Research Instruments

A slightly modified (than 2012 survey) questionnaires was developed and agreed by all responsible concerned organizations. QuickTapSurvey App was used to feed in the questionnaires into the Micromax Canvas Tab which was used for data collection for the first time in IBBS survey. The software was developed by PERC Nepal.

### 2.19 Pretesting of research tools

A quantitative research approach was adopted in this survey. Slight changes were made in the questionnaire before the survey. Save the Children US/Global fund provided the draft of questionnaires in TAB form for the data collection.

Once the tool was received from Save the Children US/Global fund, the research tool was pretested using 15 interviews with the members of the target group in one of the highway district. These interviews were excluded from the real study. The Pre-testing of the tool was done to gather information on the following points; easy or difficulty to understand the statement, comprehension, confidence in response, level of discomfort and social desirability.

### 2.20 Data Management and Analysis

After the completion of the survey, the data was received in Excel form. Excel was used for coding and cleaning the data. Then the data was analyzed using SPSS.20 software. Chi square trend analysis software was used to do Chi Square test.

Frequency distribution, percentages, range, mean and median, standard deviation were used to analyze the results of the survey. Chi square test was calculated to measure the statistical significance of the relationship between cross-tabulated categorical variables.

### 2.21 Monitoring and Supervision

The School of PMER followed the result based participatory monitoring process for this survey. Since the beginning of the survey various initiatives, approaches and integrates lessons learned from other similar survey activities and appropriate monitoring approaches were adopted with up gradation. Clear monitoring guideline was made in consultation with Save the Children and NCASC. This contributed to achieve success of the survey, generation of knowledge and learning

and finally create good quality survey result. Strong mechanism was established for monitoring among study team and standard monitoring tools were used to ensure the quality of the survey.

Activities of the study team was supported and monitored by the team leader and the Chairman of School of PMER. The Team leader reported regularly to the assigned personnel of Save the Children and NCASC regarding the status of the survey.

### 2.22 Ethical Consideration

Save the Children obtained ethical approval from Nepal Health Research Council (NHRC) for the study. For ethical consideration in relation to the respondents: Three main aspects of ethics were considered based on the Belmont Report of Ethical Consideration.

**Respect to the respondents**: The respondents were dealt with respect in the process of collecting data. They were given adequate information about the purpose and benefits of the study and were given freedom to decide whether or not they want to participate in the study. Consent form was read out to them in front of the witness (local mobilizer), then after signed by the interviewer and the mobilizer. The data collected was kept with confidentiality and was used only for the study purpose without revealing the individual information of the respondents.

**Beneficence and malficence**: The study objective was to determine the trends in the prevalence of HIV and STI infections, and assess the sexual and injecting behaviors related to HIV/STI/HBV/HCV among the survey populations in the selected study areas. Study participants were introduced to the study and invited to participate. The nature and the purpose of the study, potential risk and benefits, and measures to ensure confidentiality were explained to the participants. Study participants did not have direct benefits from this survey but this survey has helped them to gain knowledge about HIV, STIs, HCV, HBV virus and high risk behavior related to HIV/STIs/HCV. The participants benefited indirectly by knowing their HIV/STIs/HBV/HCV status. The participants were well explained about slight pain while drawing blood sample.

**Justice to the respondents**: The study has priority to reduce prevalence of HIV and STDs among the PWIDs. Respondents had right and ability to refuse to participate. Only those participants who gave verbal inform consent voluntarily were enrolled in the study. Written consent was not taken from the respondents. Researcher followed a standard oral consent procedure appropriate for both literate and low literate potential respondents. The content of the form was read out to them and explained by the interviewer or facilitator.

## 2.23 HIV Pre- and Post-test Counseling and Follow-Up

All the survey participants were informed that they could receive their test result at the same site after the completion of the interview as per the standard protocol. They were also informed that they could collect their test results by showing the ID card (with their survey number) provided to them by the survey team. Pre- and post-counseling for HIV, syphilis, HBV, HCV test was provided to all the survey participants. They were briefed about the importance of receiving the test results.

# **CHAPTER 3: SOCIO-DEMOGRAPHIC CHARACTERISTICS**

This chapter explains the demographic and social characteristics of the male PWIDs in selected Western, Mid-Western and Far Western Terai highway districts of Nepal.

### 3.1 Demographic Characteristics

Table 3.1 presents the Demographic characteristics of the PWIDS. The age of the PWIDs ranged from 17 to 51 years. Their median age was 28 years while the mean age was 27 years (±S.D=8). Over half (50.3%) of the PWIDs were of the age group 20 to 29 years while 11 percent of them were 19 years or below. Around one tenth (10.7%) PWIDs were of 40 years and above.

| Description        | Number | %            |  |  |
|--------------------|--------|--------------|--|--|
| Age Group          |        |              |  |  |
| <=19 years         | 33     | 11.0         |  |  |
| 20-24 years        | 88     | 29.3         |  |  |
| 25-29 years        | 63     | 21.0         |  |  |
| 30-34 years        | 43     | 14.3         |  |  |
| 35-39 years        | 41     | 13.7         |  |  |
| 40+ years          | 32     | 10.7         |  |  |
| Mean               | 28 у   | /ears        |  |  |
| Median             |        | /ears        |  |  |
| Range              | 17     | <b>'-</b> 51 |  |  |
| SD                 |        | 8            |  |  |
| Total              | 300    | 100          |  |  |
| Marital Status     |        |              |  |  |
| Never Married      | 151    | 50.3         |  |  |
| Married            | 145    | 48.3         |  |  |
| Divorced/Separated | 4      | 1.3          |  |  |
| Total              | 300    | 100          |  |  |
| Age at marriage    |        |              |  |  |
| <=14 years         | 3      | 2            |  |  |
| 15-19 years        | 53     | 36           |  |  |
| 20-24 years        | 52     | 35           |  |  |
| 25-29 years        | 26     | 17           |  |  |
| 30+ years          | 15     | 10           |  |  |

**Table 3.1: Demographic Characteristics** 

| Mean                    | 22 yea | 22 years |  |  |
|-------------------------|--------|----------|--|--|
| Median                  | 21 yea | 21 years |  |  |
| Range                   | 13-3   | 13-36    |  |  |
| Standard deviation (SD) | 5      | 5        |  |  |
| Total                   | 149    | 100      |  |  |

Over half (50.3%) of the PWIDs were unmarried. Among the 49.6 percent of the PWIDs who were married, 1.3 percent were presently divorced or separated.

The mean age at first marriage was 21 years ( $\pm$ S.D=5) with a range of 13 to 36 years. Among those who were married, 90 percent had married before the age of 30.

Majority (88.3%) of the PWIDs were living with their family members whereas, 4.7 percent reported to be living with their wife and 3.7% their friends. Two percent were living alone while the rest (1.3%) reported to be living in rehabilitation centre.

| Currently living with | Ν   | %    |
|-----------------------|-----|------|
| Wife                  | 14  | 4.7  |
| Family members        | 265 | 88.3 |
| Friend                | 11  | 3.7  |
| Alone                 | 5   | 2    |
| Others                | 4   | 1.3  |
| Total                 | 300 | 100  |

#### Table 3.2: CURRENT LIVE IN PARTNERS

### 3.2 Social Characteristics

As shown in table 3.2, 15 percent of the PWIDs were illiterate and one percent of them had no formal education but could read and write. Among the 84 percent of the PWIDs who were literate; 16.3 percent had completed primary level of education while over half (51.3%) of them had completed secondary level of education. Similarly, around one out of six (16.3%) of them had passed S.L.C and even had higher level of education.

#### Table 3.3 : Social Characteristics

| Description     | N   | %    |
|-----------------|-----|------|
| Education level |     |      |
| Illiterate      | 45  | 15.0 |
| Literate only   | 3   | 1.0  |
| Primary         | 49  | 16.3 |
| Secondary       | 154 | 51.3 |

| Higher secondary and above     | 49  | 16.3  |
|--------------------------------|-----|-------|
| Caste                          |     |       |
| Chhetri/Thakuri                | 87  | 29.0  |
| Brahmin                        | 36  | 12.0  |
| Muslim                         | 19  | 6.3   |
| Occupational Caste             | 41  | 13.7  |
| Tamang/Magar/Sherpa            | 38  | 12.7  |
| Terai caste                    | 48  | 16.0  |
| Newar                          | 7   | 2.3   |
| Gurung/Rai/Limbu               | 15  | 5.0   |
| Chaudhari/Tharu                | 7   | 2.3   |
| Giri/Puri/Sanyasi              | 2   | .7    |
| Duration of stay in same place |     |       |
| Since birth                    | 253 | 84.3  |
| Since 5 years                  | 19  | 6.3   |
| More than 5 years              | 28  | 9.3   |
| Total                          | 300 | 100.0 |

Among the surveyed PWIDs, just below one third (29%) of them were Chhetri/Thakuri, 12 percent were Brahmin and 6.3 percent we Muslims. Over one out of ten (13.7%) were of occupational caste. Similarly, 12.7% were Tamang/Magar/Sherpa while around one in six (16%) were of Terai caste.

Most (84.3%) of PWIDs were living in their birth districts. Among 15.6 percent who had migrated from other places; 6.3 percent were living in the survey districts for less than 5 years while 9.3 percent were living there for over 5 years.

# CHAPTER 4: PREVALENCE OF HIV, STI, HBV, HCV AND ITS ASSOCIATION WITH BACKGROUND CHARACTERISTICS OF PWIDs

#### 4.1 HIV/STI, HBV and HCV Prevalence

The prevalence of HIV was 2.3 percent among the surveyed PWIDs. Five of them had history of Syphilis (VDRL positive but the titre was less than 16) while one of them had active Syphilis. The prevalence of Hepatitis B was 1.7 percent while 8 percent of them had Hepatitis C.

#### Table 4.1: HIV and STI Prevalence

| HIV and STI Prevalence | N (300) | %   |
|------------------------|---------|-----|
| HIV                    | 7       | 2.3 |
| Active Syphilis        | 1       | 0.3 |
| Syphilis History       | 5       | 1.7 |
| HBV                    | 5       | 1.7 |
| HCV                    | 24      | 8.0 |

# 4.2 Relation between Socio-Demographic Characteristics and HIV Infection

Among the 7 HIV positive PWIDs, all 7 were above 20 years, 6 were ever married and five were literate or had formal education. However there was no significant relation between HIV and socio-demographic characteristics such as age, marital status and literacy of the PWIDs. (Table 4.2).

|                        | N=300 | HIV |     |         |
|------------------------|-------|-----|-----|---------|
| Age group              |       | n   | %   | p value |
| Below 20 years         | 33    | 0   | 0   |         |
| 20 + Years             | 267   | 7   | 2.4 |         |
| Marital status         |       |     |     |         |
| Ever married           | 149   | 6   | 4.0 |         |
| Never married          | 151   | 1   | 0.7 | P=>0.05 |
| Literacy               |       |     |     |         |
| Illiterate             | 43    | 2   | 4.7 |         |
| Literate/formal school | 257   | 5   | 1.9 | P=>0.05 |

#### Table 4.2: Relation between Socio-Demographic Characteristics and HIV Infection

Note: p value has not been taken wherever one of the cells contain zero value.

### 4.3 Relation between Socio-Demographic Characteristics and HCV

Among the 24 HCV positive PWIDs, 23 were above the age of 20 years, 17 were ever married and 22 were literate. The study examined the relation between the socio-demographic characteristics of the PWIDs and Hepatitis C. The findings show that there age group and literacy status of the PWIDs with Hepatitis C infection did not have significant association.. But a statistically significant association (p<0.05) was found between the marital status of the PWIDs with Hepatitis C infection did not have hepatitis C infection. PWIDs with Hepatitis C infection association (p<0.05) was found between the marital status of the PWIDs with Hepatitis C infection. PWIDs who were ever married were more likely to have Hepatitis C (11.4%) than the ones who were never married (4.6%) as shown in Table 4.3.

|                | N=300 | HCV+ |      |         |
|----------------|-------|------|------|---------|
| Age group      |       | n    | %    | p value |
| Below 20 years | 33    | 1    | 3.0  |         |
| 20 +           | 267   | 23   | 8.6  | p>0.05  |
| Marital status |       |      |      |         |
| Ever married   | 149   | 17   | 11.4 |         |
| Never married  | 151   | 7    | 4.6  | p<0.05  |
| Literacy       |       |      |      |         |
| Illiterate     | 43    | 2    | 4.7  |         |
| Literate       | 257   | 22   | 8.6  | p>0.05  |

 Table 4.3: Relation between Socio-Demographic Characteristics and HCV

### 4.4 Relationship between Drug Injection Behavior and HIV

The relationship between drug injecting behavior such as duration of drug use, frequency of drugs injected in the previous week, use of previously used needle/syringe to inject drugs during the last week and injected with a needle/syringe kept in public place during the past week was correlated with prevalence of HIV (Table 4.4).

Among the seven HIV positive PWIDs, six had been injecting drugs for over 5 years and five reported that they injected drugs from 1-6 times in the previous week. However, none of these behaviors had a significant relationship with HIV.

Table 4.4: Relation between Drug Injecting Behavior and HIV Infection

|                         |       | HIV+ |     |         |
|-------------------------|-------|------|-----|---------|
| Drug Injecting Behavior | N=300 | Ν    | %   | p Value |
| Injecting drugs since   |       |      |     |         |
| Less than 2 year        | 68    | 0    | 0.0 |         |
| 2-5 Years               | 132   | 1    | 0.8 |         |
| More than 5 years       | 100   | 6    | 6.0 |         |
| Frequency of drugs injection in the past week                               |     |   |     |        |
|---|-----|---|-----|--------|
| Not Injected  | 72  | 2 | 2.8 |        |
| 1-6 times a week  | 155 | 5 | 3.2 |        |
| Everyday  | 16  | 0 | 0.0 |        |
| 2 or more times a day   | 57  | 0 | 0.0 |        |
| Injected with a previously used needle/syringe<br>during the past week      |     |   |     |        |
| Not injected/Never  | 262 | 6 | 2.3 |        |
| Ever Injected   | 38  | 1 | 2.6 | p>0.05 |
| Injected with a needle/syringe kept in public<br>place during the past week |     |   |     |        |
| Ever Injected   | 238 | 6 | 2.5 |        |

Note: p value has not been taken wherever any one of the cells contain value zero.

## 4.5 Relationship between Drug Injection Behavior and HCV

The relationship between drug injecting behavior such as duration of drug use, frequency of drugs injected in the past week, injected with a previously used needle/syringe during the past week and Injected with a needle/syringe kept in public place during the past week was assessed with Hepatitis C

As shown in Table 4.5, the findings suggest that out of the 24 Hepatitis C positive PWIDs, 18 had been injecting drugs for over 5 years; 13 were injecting drugs 1-6 times a week within the past week, 18 had injected with a previously used needle/syringe during the past week and 23 had injected at least once with a needle/syringe kept in public place during the past week. A positive association has been seen with duration of drug use and Hepatitis C infection (p<0.01). The PWIDs who injected drugs for longer duration were more prone to have Hepatitis C infection.

 Table 4.5: Relation between Drug Injecting Behavior and HCV Infection

|  |       | HC\ | /+   |         |
|--|-------|-----|------|---------|
| Drug Injecting Behavior  | N=300 | n   | %    | P-value |
| Injecting drugs since  |       |     |      |         |
| Less than 2 year   | 68    | 1   | 1.5  |         |
| 2-5 Years  | 132   | 5   | 3.8  |         |
| More than 5 years  | 100   | 18  | 18.0 | p<0.01  |
| Frequency of drugs injection in the past week                          |       |     |      |         |
| Not Injected   | 72    | 2   | 2.8  |         |
| 1-6 times a week   | 155   | 13  | 8.4  |         |
| Everyday   | 16    | 2   | 12.5 |         |
| 2 or more times a day  | 57    | 7   | 12.3 | p>0.05  |
| Injected with a previously used needle/syringe<br>during the past week |       |     |      |         |
| Not injected/Never   | 262   | 18  | 6.9  |         |
| Ever Injected  | 38    | 6   | 15.8 | p>0.05  |

| Injected with a needle/syringe kept in public place during the past week |     |    |     |  |
|--|-----|----|-----|--|
| Ever Injected  | 238 | 23 | 9.7 |  |

## 4.6 Relationship between Sexual Behavior and HIV

The study also assessed the relationship between sexual behavior and HIV positive PWIDs. Among the 7 HIV positive PWIDs, 6 had had sex with a regular partner, six of them did not have sex with a non-regular partner and 6 of them did not have sex with a female sex worker during the past twelve months.

| Sex with Different Partners in the Past 12 Months   | N=300 | HIV + |     |
|---|-------|-------|-----|
|   |       | Ν     | %   |
| With regular partner                                |       |       |     |
| Yes   | 212   | 6     | 2.8 |
| No  | 82    | 1     | 1.2 |
| Never had sexual contact                            | 6     | 0     | 0.0 |
| With Non-regular partners                           |       |       |     |
| Yes   | 119   | 1     | 0.8 |
| No  | 175   | 6     | 3.4 |
| Never had sexual contact                            | 6     | 0     | 0.0 |
| With Female sex worker                              |       |       |     |
| Yes   | 71    | 1     | 1.4 |
| No  | 223   | 6     | 2.7 |
| Never had sexual contact                            | 6     | 0     | 0.0 |
| Number of regular partner in the past 12 months     |       |       |     |
| 0 partner   | 88    | 1     | 1.1 |
| 1 partner   | 157   | 6     | 3.8 |
| 2 or more partners                                  | 55    | 0     | 0.0 |
| Number of non-regular partner in the past 12 months |       |       |     |
| 0 partner   | 229   | 6     | 2.6 |
| 1 partner   | 19    | 0     | 0.0 |
| 2 or more partners                                  | 52    | 1     | 1.9 |
| Number of female sex workers in the past 12 months  |       |       |     |
| 0 partner   | 181   | 6     | 3.3 |
| 1 partner   | 36    | 0     | 0.0 |
| 2 or more partners                                  | 83    | 1     | 1.2 |

#### Table 4.6 Relationship between Sexual Behavior and HIV

Note: p value has not been taken wherever any one of the cells contain value zero.

Among the seven PWIDs who were HIV positive; six had one regular sex partner, six did not have a single non-regular sex partner and six did not have a single female sex worker as sex partners during the last 12 months.

## 4.6 Relationship between Sexual Behavior and HCV

The relationship between the sexual behavior and Hepatitis C positive PWIDs was assessed. Among 24 Hepatitis C positive PWIDs, 16 had a regular sex partner, 19 did not have a non-regular sex partner and 15 did not have a FSW as a sex partner during the past 12 months of the survey.

| Sex with Different Partners in the Past 12 Months   | N=300 | H  | IV + |         |
|---|-------|----|------|---------|
|   |       | n  | %    | p-value |
| With regular partner                                |       |    |      |         |
| Yes   | 212   | 16 | 7.5  |         |
| No  | 82    | 7  | 8.5  | p>0.05  |
| Never had sexual contact                            | 6     | 1  | 16.7 |         |
| With Non-regular partners                           |       |    |      |         |
| Yes   | 119   | 5  | 3.4  |         |
| No  | 175   | 19 | 10.9 |         |
| Never had sexual contact                            | 6     | 0  | 0.0  |         |
| With Female sex worker                              |       |    |      |         |
| Yes   | 71    | 8  | 11.3 |         |
| No  | 223   | 15 | 6.7  | p>0.05  |
| Never had sexual contact                            | 6     | 1  | 16.7 |         |
| Number of regular partner in the past 12 months     |       |    |      |         |
| 0 partner   | 88    | 8  | 9.1  |         |
| 1 partner   | 157   | 13 | 8.3  | p>0.05  |
| 2 or more partners                                  | 55    | 3  | 5.5  |         |
| Number of non-regular partner in the past 12 months |       |    |      |         |
| 0 partner   | 229   | 20 | 8.7  |         |
| 1 partner   | 19    | 0  | 0.0  |         |
| 2 or more partners                                  | 52    | 4  | 7.7  |         |
| Number of female sex workers in the past 12 months  |       |    |      |         |
| 0 partner   | 181   | 16 | 8.8  |         |
| 1 partner   | 36    | 2  | 5.6  | p>0.05  |
| 2 or more partners                                  | 83    | 6  | 7.2  |         |

 Table 4.7 Relationship between Sexual Behavior and HCV

Note: p value has not been taken wherever any one of the cells contain value zero.

Among the 24 Hepatitis C positive PWIDS, 13 had one regular sex partner, 20 did not have a nonregular sex partner and 16 did not have a single FSW as a sex partner during the past 12 months. The data showed that both the number of types of sex partners and number of sex partners did not have statistical significance.

## 4.7 Co-Infection

Among 24 Hepatitis C positive cases, there was co-infection with 3 HIV cases and 1 Hepatitis B case.

Among 5 Hepatitis B positive cases, there was co-infection with 1 Hepatitis C case.

Among 7 HIV positive cases, there was co-infection with 3 Hepatitis C cases.

#### Table 4.8 Co-Infection

| Co-infection with Hepatitis C | Ν  | %    |
|-------------------------------|----|------|
| HIV                           | 3  | 12.5 |
| Hepatitis B                   | 1  | 4.2  |
| Syphilis                      | 0  | 0    |
| Total Hepatitis C             | 24 | 100  |
| Co-infection with Hepatitis B |    |      |
| Hepatitis C                   | 1  | 20   |
| HIV                           | 0  | 0    |
| Syphilis                      | 0  | 0    |
| Total Hepatitis B             | 5  | 100  |
| Co-infection with HIV         |    |      |
| Hepatitis C                   | 3  | 42.9 |
| Hepatitis B                   | 0  | 0    |
| Syphilis                      | 0  | 0    |
| Total HIV                     | 7  | 100  |

# CHAPTER 5: DRUG USE, NEEDLE SHARING AND TREATMENT AMONG PWIDs

This chapter deals with the drug use, needle sharing, alcohol use behavior and their treatment seeking behavior among the PWIDs of the surveyed districts. Drug injecting practices and needle sharing behavior increases the risk of HIV, HBV and HCV among this population.

## 5.1 Alcohol Consumption and Oral Drug Use among PWIDs

It was seen that three fourth (76.3%) of the PWIDs were consuming alcohol at least once over the past one month. Among those who used alcohol, over one fourth (27.3%) consumed alcohol every day, 28 percent consumed alcohol more than once a week, while one in five (21%) consumed alcohol less than once a week. Among the surveyed PWIDs 23 percent reported not to have consumed alcohol in the past one month.

| Alcohol and oral drug use            | N   | %     |
|--------------------------------------|-----|-------|
| Alcohol intake during the past month |     |       |
| Every day                            | 82  | 27.3  |
| More than once a week                | 84  | 28.0  |
| Less than once a week                | 63  | 21.0  |
| Never                                | 69  | 23.0  |
| No response                          | 2   | .7    |
| Duration of oral drug use            |     |       |
| Less than two years                  | 40  | 13.3  |
| Two to Five years                    | 126 | 42.0  |
| More than 5 years                    | 134 | 44.7  |
| Average duration in years            | 6.8 |       |
| Total                                | 300 | 100.0 |

#### Table 5.1 Alcohol Intake and Oral Drug Use

The average duration of oral drug use among the PWIDs was 6.8 years. Among the 300 respondents, 134 (44.7%) reported to be using oral drugs for over five years, 126 (42%) reported to be using oral drugs for a period between two to five years and the remaining 40 (13.3%) were using oral drugs for less than two years.

Among various oral drugs combination, the most common was Ganja/Chares (73.3%). Over half (52.3%) used Brown Sugar/White Sugar and 52.3 percent used Nitrosun/Nitrovate. The other common oral drugs were Phensydyl/Corex (used by 44.3%), Phenergan/Stagon (used by 22.3%) and Benz diazepam (used by 20%).

| Table 5.2: | Types of | of Orally | Used | Drugs |
|------------|----------|-----------|------|-------|
|------------|----------|-----------|------|-------|

| Types of Orally Used Drugs in the Last Week* |     |      |
|--|-----|------|
|  | N   | %    |
| Ganja/Charas                                 | 221 | 73.3 |
| Brown Sugar/White Sugar                      | 157 | 52.3 |
| Nitrosun/Nitrovate                           | 160 | 53.3 |
| Phensydyl+Corex                              | 133 | 44.3 |
| Tidigestic/Noorphine/Nufine/Lupegesic        | 69  | 23.0 |
| Phenergan/Stagon                             | 67  | 22.3 |
| Calmpose/Diazepam/Velium 10                  | 60  | 20.0 |
| Proxygin/Proxyvon                            | 46  | 15.3 |
| Lysergic Acid Dithylamide (LSD)              | 32  | 10.7 |
| Avil/Algic                                   | 31  | 10.3 |
| Codeine                                      | 21  | 7.0  |
| Effidin                                      | 12  | 4.0  |
| Cocaine/Cracks                               | 11  | 3.7  |
| Amphetamine/Yava                             | 10  | 3.3  |

## 5.2 Drug Injecting Practices of PWIDs

It was found that the average duration of drug injecting practice was 5.7 years. One third (33.3%) of the drug users were injecting drugs for over 5 years, 44 percent of them were injecting drugs for a period between two to five years and over one in five (22.7%) were injecting drugs for less than 2 years.

The mean age of injecting the drug for the first time was 22.1 years ( $\pm$ S.D= 6.3) and the median age was 21 years. It was also seen that the earliest age of injecting drug for the first time was at the age of 9 years. The study revealed that just below half (47.3%) of them started injecting drugs before they turned 20 years, whereas, over half (52.7%) got indulged to drug injecting practices after they were 21 years old.

| Drug Injecting Practices                         | N   | %    |
|--|-----|------|
| Duration of drug injection                       |     |      |
| Less than 2 years                                | 68  | 22.7 |
| 2 – 5 years                                      | 132 | 44.0 |
| More than 5 years                                | 100 | 33.3 |
| Average duration years                           | 5   | 5.7  |
| Age at the time of injecting drug for first time |     |      |

## **Table 5.3: Drug Injecting Practices**

| Up to 20 years  | 142  | 47.3  |
|---|------|-------|
| 21+ years   | 158  | 52.7  |
| Mean  | 22.1 |       |
| Median  |      | 21    |
| Range   | 9 1  | to 47 |
| Standard deviation (SD)                               |      | 6.3   |
| Frequency of drug injections within the past week     |      |       |
| Once a week   | 18   | 6.0   |
| 2-3 times a week                                      | 46   | 15.3  |
| 4-6 times a week                                      | 86   | 28.7  |
| Once a day  | 16   | 5.3   |
| 2-3 times a day                                       | 42   | 14.0  |
| 4 or more times a day                                 | 15   | 5.0   |
| Not injected  | 72   | 24.0  |
| Don't Know  | 5    | 1.7   |
| Frequency of drug injections on the last injected day |      |       |
| Not injected yesterday                                | 152  | 50.7  |
| Once  | 72   | 24.0  |
| Twice   | 52   | 17.3  |
| Three and more  | 24   | 8.0   |

The study showed that one in twenty (5%) of them injected drugs 4 or more times every day, fourteen percent injected drugs 2-3 times a day, and 5.5 percent injected drugs once every day. It was found that 28.7 percent injected drugs 4-6 times, 15.3 percent two to three times and 6 percent injected drugs once during the week before the survey.

During the last day of drug injection, about a quarter (24%) had injected drug once, 17.3 percent had injected twice, 8 percent had injected three or more times and half of them had not injected drugs the day before the survey.

The most common combination of the injected drug use was Tidigesic/Noorphine/Nufine/Lupegesic (56.3%). Over half of them (50.7%) were using Phenargan/Stagon while about one in five (24.7%) of them were using Brown Sugar/White Sugar. Sixteen percent of them were injecting Chlorphenaramine (Avil/Algic) and a similar number (15.7%) was injecting Proxygin/Proxyvon.

| Types of Drugs Injected in Past Week* | N   | %    |
|---------------------------------------|-----|------|
| Tidigestic/Noorphine/Nufine/Lupegesic | 169 | 56.3 |
| Phenergan/Stagon                      | 152 | 50.7 |
| Brown Sugar/White Sugar               | 74  | 24.7 |

#### Table 5.4: Types of Drugs Injected in Past Week

| Nitrosun/Nitrovate                   | 54 | 18.0 |
|--------------------------------------|----|------|
| Avil/Algic                           | 48 | 16.0 |
| Proxygin/Proxyvon                    | 47 | 15.7 |
| Others (Calmpose/Diazepam/Velium 10) | 19 | 6.3  |
| Effidin                              | 14 | 4.7  |
| Cocaine/Cracks                       | 12 | 4.0  |
| Amphetamine/Yava                     | 12 | 4.0  |

## 5.3 Syringe Use and Sharing Behavior

The injecting behavior of the PWIDs has been assessed in two forms viz. low risk injecting behavior and high risk injecting behavior. The low risk injecting behavior referes to the use of needle/syringe purchased by the PWID himself or using a new needle/syringe given by NGO staffs/volunteers/friends. The high risk injecting behavior refers to the use of needle/syringe given by friend/relative after use, or reuse of the needle/syringe and use of needle/syringe kept in public places.

It was found that the PWIDs were practicing safe injecting behaviors in the last three injections. During the last injection 93.7 percent of them were practicing safe injecting behaviors among which 51.7 percent reported that they were using needle/syringe by purchasing it themselves and the remaining (42 %) used new needle/syringe given to them by NGO staff/volunteers/friend. A similar finding was reported about the syringe use and sharing behavior during the second last injection. It was found that 90 percent of them were practicing safe injecting behavior during the second last injection. Among them 47.3 percent reported to be using needle/syringe by purchasing it themselves and the remaining (42.7%) used new needle syringe given to them by NGO staff/volunteers/friends. During the third last injection it was reported that 89.3 percent of the PWIDs were practicing safe injecting behavior. Among them, 43.7 percent reported to be using needle/syringe by purchasing it themselves and the remaining (45.7 %) reported using new needle syringe given to them by NGO staff/volunteers/friends. The data has also been presented in detail in Table 5.5 below.

|  | Drug injecting acts (N) = 300 |       |     |                |     |                |
|--|-------------------------------|-------|-----|----------------|-----|----------------|
| Injecting Behavior   | Most R                        | ecent |     | cond<br>Recent | -   | l Most<br>cent |
|  | Ν                             | %     | Ν   | %              | Ν   | %              |
| Low risk injecting behavior                                  |                               |       |     |                |     |                |
| Used a new needle/syringe that was purchased                 | 155                           | 51.7  | 142 | 47.3           | 131 | 43.7           |
| Used new needle/syringe given by NGO staff/volunteers/friend | 126                           | 42    | 128 | 42.7           | 137 | 45.7           |

#### Table 5.5: Injecting Practice during Last Three Injections

| Low risk behavior total  | 281 | 93.7 | 270 | 90.0 | 268 | 89.3 |
|--|-----|------|-----|------|-----|------|
| High risk injecting behavior   |     |      |     |      |     |      |
| Used own previously used needle/syringe                                | 1   | 0.3  | 2   | 0.7  | 3   | 1    |
| Used needle/syringe given by<br>friend/relative after his/her use      | 3   | 1    | 3   | 1    | 3   | 1    |
| Used needle/syringe that had been kept in public place by self         | 0   | 0    | 0   | 0    | 1   | 0.3  |
| Used needle/syringe that had been kept in public place by someone else | 1   | 0.3  | 0   | 0    | 1   | 0.3  |
| High risk behavior total   | 5   | 1.6  | 5   | 1.7  | 8   | 2.6  |
| Persons in the group using the same needle/syringe                     |     |      |     |      |     |      |
| 2 persons  | 34  | 11.3 | 35  | 11.7 | 35  | 11.7 |
| 3 or more persons  | 19  | 6.3  | 12  | 4.0  | 14  | 4.7  |
| None/Alone   | 247 | 82.3 | 253 | 84.3 | 251 | 83.7 |
| Total  | 300 | 100  | 300 | 100  | 300 | 100  |

The study revealed that 1.6 percent, 1.7 percent and 2.6 percent participants were practicing high risk injecting behavior in the last, second last and third last injections respectively.

During all the past three injections, majority of the PWIDs (over 90%) reported that they had not injected drugs in a group. During these three injections 11.3 percent, 11.7 percent and 11.7 percent shared same needle/syringe within two persons respectively. The data revealed that 6.3 percent, 4 percent and 4.7 percent participants shared the needle/syringe with three or more people in the last three injections respectively.

The needle sharing practice of the PWIDs in the past week shows that almost two third (66.7%) of them never used needle/syringe that had been used by others while 12.7 percent of them had shared the needle/syringe in the past week. One fifth of them (20.7%) reported that they had not injected drugs during the last week of the survey.

Among the 238 PWIDs who had injected in the past week, 14 (5.9%) reported to have used needle syringe that had been kept in public place while the rest 224 (94.1) had not done so. Similarly, among the 238 PWIDs who had injected in the past week, 223 (93.7%) reported that they had given needle/syringe to others after using it themselves, whereas, the remaining 15 (6.3%) did not give any response and replied "I don't know". This information has also been presented in detail in Table 5.6 below.

| Used a needle/syringe that had been used by others | N   | %    |
|--|-----|------|
| Used   | 38  | 12.7 |
| Never Used   | 200 | 66.7 |

#### Table 5.6: Injecting Practice in the Past Week

| Not Injected last week                                   | 62  | 20.7  |
|--|-----|-------|
| Total  | 300 | 100.0 |
| Used a needle/syringe that had been kept in public place |     |       |
| Used   | 14  | 5.9   |
| Never Used   | 224 | 94.1  |
| Total  | 238 | 100.0 |
| Gave a needle/syringe to someone else                    |     |       |
| Yes  | 223 | 93.7  |
| Don't Know   | 15  | 6.3   |
| Total  | 238 | 100%  |
| Number of needle/syringe shared partners                 |     |       |
| None   | 195 | 87.4  |
| 1-2 partner  | 17  | 7.6   |
| Three or more  | 11  | 4.9   |
| Total  | 223 | 100.0 |
| Types of needle/syringe sharing partner *                |     |       |
| Regular sex partner                                      | 3   | 10.7  |
| Non-regular sex partner                                  | 2   | 7.1   |
| Friends  | 19  | 67.9  |
| Drug seller  | 3   | 10.7  |
| Unknown person   | 2   | 7.1   |
| Total  | 28  | *     |

As mentioned in the table above, among the 223 PWIDs who had given their needle/syringe to others after use, 195 (87.4%) reported that they did not have any partner(s) with whom they shared the needle/syringe in the last week of the survey, while 7.6% had shared the needle/syringe with 1 to 2 partners. The remaining 11 (4.9%) had shared needle/syringe with three or more partners during the same time. Among 28 PWIDs who had shared needle/syringe in the last week, 19 (57.7%) had shared it with friends, 3 (10.7%) with their regular sex partners, 3 (10.7) with drug seller, two each (7.1%) had shared the needle/syringe with their non-regular sex partners and unknown persons, during this time.

# 5.4 Drug Sharing Behavior

Among 238 PWIDs who reported to have injected in the past week, majority of them 212 (89.1%) had not injected from a prefilled syringe while 24 (10.1%) had injected from a prefilled syringe. Similarly, 213 out of 238 (89.5%) who had injected in the past week reported not to have injected with a syringe after the drugs were transferred into their syringe from other's syringe while the rest 24 (10.1%) reported to have done so.

 Table 5.7: Syringe Using and Sharing Practice in the Past Week

| Drug Sharing Practice in the Past Week | N | % |
|--|---|---|

| Injected with a pre-filled syringe  |     |      |
|---|-----|------|
| Yes   | 24  | 10.1 |
| No  | 212 | 89.1 |
| Don't know  | 2   | .8   |
| Total   | 238 | 100  |
| Injected with a syringe after drugs were transferred into it from other's syringe         |     |      |
| Never injected  | 213 | 89.5 |
| Injected  | 24  | 10.1 |
| Don't know  | 1   | 0.4  |
| Total   | 238 | 100  |
| Shared bottle, spoon, cooker, vial/container, cotton/filter and rinsing water with others |     |      |
| Never Shared  | 181 | 76.4 |
| Shared  | 21  | 8.9  |
| Don't know  | 35  | 14.8 |
| Total   | 237 | 100  |
| Drew drug solution from a common container also used by others                            |     |      |
| Never   | 207 | 87   |
| Drew at least once  | 29  | 12.2 |
| Don't know  | 2   | 0.8  |
| Total   | 238 | 100  |

The study also studied the sharing behavior of bottle, spoon, cooker, vial/container, cotton/filter and rinsing water with others. Among 237 respondents, 181 (76.4%) reported that they had not done so while 21 (8.9%) reported that they had shared these equipments. The remaining 35 (14.8%) replied that they don't know either they did so or not.

Among 238 PWIDs who reported to have injected in the past week 207 (87%) never "drew drug solution from a common container also used by others", while 29 (12.2%) had done so at least once.

The injecting behavior in other parts of the country and Abroad in the past 12 months was also assessed among the surveyed PWIDs. The data showed that nearly two third (62%) of the PWIDs had injected in other parts of the country or out of the country while 113 (37.7%) had not done so.

| Table 5.8: Injecting Behavior in Other Parts of Country and Abroad         Injecting Practice in Other Parts of the Country         and Out of the Country in the Past 12 Months |     |      |  |  |
|--|-----|------|--|--|
| Injected in other parts of country/out of country N %  |     |      |  |  |
| Yes  | 186 | 62.0 |  |  |
| No   | 113 | 37.7 |  |  |

| Don't know   | 1   | .3    |
|--|-----|-------|
| Total  | 300 | 100.0 |
| Used a needle/syringe that had been used by others |     |       |
| Yes  | 11  | 5.9   |
| No   | 175 | 94.1  |
| Total  | 186 | 100.0 |
| Gave a needle/syringe to someone else after use    |     |       |
| Sometimes – Always                                 | 13  | 4.0   |
| Never  | 172 | 95.5  |
| Don't know   | 1   | 0.5   |
| Total  | 186 | 100.0 |

Among the 186 PWIDs who had injected in other parts of the country or out of the country, a vast majority (N=175 or 94.1%) had not shared needle/syringe that was used by others while the rest 11 (5.9%) had shared needle/syringe that was used by others. Majority of the PWIDs (95.5%) had never given a needle/syringe to someone else after use whereas the remaining 13 (4%) had done so while injecting in other parts of the country/out of the country.

## 5.5 Needle/Syringe Cleaning Practice

The respondents were asked if they had cleaned used needle/syringe in the past week. The data shows that majority of them (83.3) had not re-used the syringe, 10.3 percent had cleaned the used needle/syringe for re-use while 5 (1.7%) of the respondent had never cleaned the needle/syringe.

| Needle/Syringe Cleaning Practice             |     |       |
|--|-----|-------|
| Cleaned used needle/syringe in the past week | Ν   | %     |
| Every time                                   | 7   | 2.3   |
| Almost every time                            | 2   | .7    |
| Sometimes                                    | 22  | 7.3   |
| Never  | 5   | 1.7   |
| Never reused                                 | 250 | 83.3  |
| Others                                       | 4   | 1.3   |
| Don't know                                   | 6   | 2.0   |
| No response                                  | 4   | 1.3   |
| Total  | 300 | 100.0 |
| Cleaned a used needle/syringe with           |     |       |
| Water  | 10  | 28.6  |
| With Urine                                   | 4   | 11.4  |
| With Saliva                                  | 1   | 2.9   |

| Boiled the syringe in water | 9  | 25.7  |
|-----------------------------|----|-------|
| Others                      | 7  | 20.0  |
| Don't know                  | 3  | 8.6   |
| No response                 | 1  | 2.9   |
| Total                       | 35 | 100.0 |

Among those who cleaned a needle/syringe before use, 42.9 percent had done so adopting nonsterile techniques (with water, urine, saliva). About one fourth (25.7%) of them, who had cleaned the needle/syringe for re-use, cleaned it by boiling the syringe in water.

## 5.6 Knowledge of and Access to New Needles/Syringes

Majority (96.3%) of the PWIDs said that they could obtain a new syringe whenever required. A large portion of them said that they could obtain it from medicine shops (83.7%) and drug suppliers (63.7%). Among other common places from where the PWIDs could obtain a new syringe were needle exchange program (40.3%), hospitals (37.5%), health workers (18.4%) and friends (11.8%).

| New Syringe Accessibility   | Ν   | %     |  |
|---|-----|-------|--|
| Can obtain new syringe  |     |       |  |
| Yes   | 289 | 96.3  |  |
| No  | 8   | 2.7   |  |
| Don't know  | 2   | 0.7   |  |
| No response   | 1   | 0.3   |  |
| Total   | 300 | 100.0 |  |
| Can obtain syringe from*  |     |       |  |
| Medicine shop   | 241 | 83.7  |  |
| Drugs supplier  | 192 | 66.7  |  |
| Friends   | 34  | 11.8  |  |
| Hospital  | 108 | 37.5  |  |
| Drug users  | 13  | 4.5   |  |
| Needle exchange program   | 116 | 40.3  |  |
| Health workers  | 53  | 18.4  |  |
| Family and relatives  | 3   | 1.0   |  |
| Received new needle/syringe from OE/PE<br>or staff of Needle exchange program in past 12 months |     |       |  |
| Yes   | 206 | 68.7  |  |
| No  | 91  | 30.3  |  |
| Don't know  | 3   | 1     |  |
| Total   | 300 | 100   |  |

#### Table 5.10: Knowledge/Sources of New Syringes

The data shows that over two third (68.7%) of the PWIDs had received a new needle/syringe from OE/PE or staff of needle exchange program within the year of the survey.

## **5.7 Treatment Practice**

The study also explored the practice of treatment for deactivation of the drug habit. It was found that a quarter (25%) of the PWIDs had received treatment for de-addiction. Among the 75 PWIDs who had received de-addiction treatment, 4 could recall the time of treatment.

| Treatment for De-addiction       | Ν   | %     |
|----------------------------------|-----|-------|
| Treatment Received               |     |       |
| Ever treated                     | 75  | 25.0  |
| Never treated                    | 225 | 75.0  |
| Total                            | 300 | 100.0 |
| Response to treatment received   |     |       |
| Yes                              | 71  | 94.7  |
| Don't know                       | 4   | 5.3   |
| Total                            | 75  | 100.0 |
| Last treatment received (months) |     |       |
| Less than 6 months before        | 17  | 5.7   |
| 6-11 months before               | 14  | 4.7   |
| 12-23 months before              | 16  | 5.3   |
| 24-35 months before              | 8   | 2.7   |
| 36-47 months before              | 6   | 2.0   |
| 48 or more months before         | 10  | 3.3   |
| Total                            | 71  | 23.7  |

Table 5.11: Treatment Received and Types of Such Treatment

Those who received de-addiction treatment reported that they had received the last treatment from 6 months to 4 years before the survey was conducted. Among those who received de-addiction treatment, 8 percent had received it within 1 year, ten percent had received it within last 1 year to 3 years and 5.3 percent had received the treatment before 3 years from the time the survey was conducted.

# CHAPTER – 6: SEXUAL BEHAVIOR AND CONDOM USE

This chapter explains the sexual behavior, types of sex partners and use of condom by the PWIDs.

## 6.1 Sexual Behavior of PWIDs

The data from the survey shows that most of the PWIDs (95.7%) had at least one sexual contact before the survey. Among them, 85.7 percent had their first sexual contact before the age of 20 years, while the remaining 14.3 percent had their first sexual contact at or after the age of 20 years. The median age of first sexual contact among the PWIDs was found to be 17 years.

| Table | 6.1: | Sexual | <b>Behavior</b> |
|-------|------|--------|-----------------|
|-------|------|--------|-----------------|

| Sexual Behavior   |     |       |
|---|-----|-------|
| Sexual Behavior   | Ν   | %     |
| Yes   | 287 | 95.7  |
| No  | 6   | 2     |
| No response   | 7   | 2.3   |
| Total   | 300 | 100   |
| Age at first sexual intercourse                         |     |       |
| Below 20 years  | 246 | 85.7  |
| 20 years and above                                      | 41  | 14.3  |
| Median  | 17  |       |
| Sexual intercourse in the past 12 months                |     |       |
| Yes   | 256 | 87.1  |
| No  | 38  | 12.9  |
| Total   | 294 | 100.0 |
| Numbers of female sexual partners in the past 12 months |     |       |
| 1 partner   | 118 | 46.1  |
| 2 or more partners                                      | 138 | 53.9  |
| Total   | 256 | 100.0 |

Among those who had sexual contact (N = 294), 87.1 percent had had sexual contact within the year of survey. Among those who had sexual contact within last one year, 46.1 percent had one partner while the remaining 53.9 percent had 2 or more partners.

Among the 294 respondents who reported to have had sexual intercourse within the last one year, 72.1 percent had sexual contact with a regular partner and 176 out of 212 (83%) had sexual intercourse with their regular sex partners within the month of the survey.

| Sexual Practice  |     |       |
|--|-----|-------|
| Sex with a regular partner during the past 12 months                             | Ν   | %     |
| Yes  | 212 | 72.1  |
| No   | 82  | 27.9  |
| Total  | 294 | 100.0 |
| Sex with a regular partner during the last month                                 |     |       |
| Yes  | 176 | 83.0  |
| No   | 21  | 9.9   |
| Don't know   | 11  | 5.2   |
| No response  | 4   | 1.9   |
| Total  | 212 | 100.0 |
| Frequency of sex with a last regular female sex partner<br>during the last month |     |       |
| 1-4 sexual contact   | 74  | 42.0  |
| 5 and more sexual contacts   | 102 | 58.0  |
| Average  | 5.8 |       |
| Total  | 176 | 100.0 |

| Table 6.2: Sexual Intercourse with Regular Female Sex F | Partners |
|---|----------|
|---|----------|

Among 176 PWIDs who had sexual contact with their regular female sex partners, 42 percent had one to four sexual contacts while the remaining 58 percent of them had five and more sexual contact within the month of the survey.

One hundred nineteen (40.5%) among a total of 294 PWIDs reported to had sex with a non-regular sex partners within the year of the survey. Among the 126 PWIDs who had non-regular sex partners, 36 (30.3%) reported to have one non regular sex partner and the remaining 83 (69.7%) informed that they had two or more non-regular sex partners during the year of the survey.

Among the 294 respondents who replied to the question whether they had had sex with non-regular female sex partner during past one month, 119 (40.5 %) replied "yes" where as the remaining 175 (59.5 %) denied to have done so.

| Sexual Practice  |     |       |
|--|-----|-------|
| Sex with non-regular female sex partner in the past 12 months                | N   | %     |
| Yes  | 119 | 40.5  |
| No   | 175 | 59.5  |
| Total  | 294 | 100.0 |
| Number of non-regular female sex partner in the past 12 months               |     |       |
| 1 partner  | 36  | 30.3  |
| 2 and more partners  | 83  | 69.7  |
| Average  | 2   | 2.8   |
| Total  | 119 | 100.0 |
| Sex with non-regular female sex partner during past month                    |     |       |
| Yes  | 119 | 40.5  |
| No   | 175 | 59.5  |
| Total  | 294 | 100.0 |
| Sex with non-regular female sex partner in the last months                   |     |       |
| Yes  | 93  | 78.2  |
| No   | 20  | 16.8  |
| Don't know   | 5   | 4.2   |
| No response  | 1   | .8    |
| Total  | 119 | 100.0 |
| Frequency of sex with last non-regular female sex partners during past month |     |       |
| 1-4 sexual contacts  | 70  | 75.3  |
| 5 and more sexual contacts   | 23  | 24.7  |
| Average  | ۷   | 4.1   |
| Total  | 93  | 100.0 |

#### Table 6.3: Sexual contact with Non-Regular Female Sex Partner

Among the 119 PWIDs who replied to the question whether they had sex with a non regular sex partner within the last month, 93 (78.2 %) replied "yes" whereas, 20 (16.8 %) replied that they did not have sex with a non regular sex partner within the month of the survey. Among the 93 PWIDs who had had sex with a non-regular partner within the month of the survey, 75.3 percent had one to four sexual contacts and the remaining 24.7 percent had had five or more sexual contacts.

Among the 300 surveyed PWIDs, 296 replied to the question "Whether they had sex with a female sex worker (FSW) within the year of the survey". Among them 24.1 percent reported positive answer whereas, the remaining 75.9 percent denied to have done so. a total of 26.8 percent of those who answered yes had sex with one FSW and 73.2 percent had sex with 2 or more FSWs within the year of the survey.

| Sexual Practice  | Ν   | %     |
|--|-----|-------|
| Sex with female sex worker in the past 12 months                   |     |       |
| Yes  | 71  | 24.1  |
| No   | 223 | 75.9  |
| Total  | 296 | 100.0 |
| Number of female sex workers visited in the past 12 months         |     |       |
| 1 FSW  | 19  | 26.8  |
| 2 or more FSWs   | 52  | 73.2  |
| Average  | 2   | .7    |
| Total  | 71  | 100.0 |
| Sex with female sex worker during past month                       |     |       |
| Yes  | 35  | 49.3  |
| No   | 28  | 39.4  |
| Don't Know   | 8   | 11.3  |
| Total  | 71  | 100.0 |
| Frequency of sex with last female sex worker during the past month |     |       |
| 1 - 4 times  | 33  | 94.3  |
| 5 or more times  | 2   | 5.7   |
| Average  | 2   | .8    |
| Total  | 35  | 100.0 |

#### Table 6.4: Sexual Intercourse with Female Sex worker

Among the 71 PWIDs who had sex with a FSW within the year of the survey, 35 (49.3%) had done so within the month of the survey. Furthermore, 33 of them had one to four sexual contacts and the two had five or more sexual contacts with FSW within the survey month.

Among the 300 surveyed PWIDs, 294 respondents replied to the question whether they had had sex with a male sex partner with the past 12 months. Among them 6 (2%) replied that they had sex with a male sex partner. Among them, one half (3) had sex with one male sex partner and the other half (3) had had sex with two and more male sex partners within the surveyed year.

#### Table 6.5: Sexual Intercourse with Male Sex Partner

| Sexual Practice  |     |       |
|--|-----|-------|
| Sex with male sex partner in the past 12 months          | Ν   | %     |
| Yes  | 6   | 2.0   |
| No   | 288 | 98.0  |
| Total  | 294 | 100.0 |
| Number of male sex partner visited in the past 12 months |     |       |

| 1 Male Sex Partner  | 3   | 50.0  |  |
|---|-----|-------|--|
| 2 or more Male Sex Partner  | 3   | 50.0  |  |
| Average   | 1.5 | 1.5   |  |
| Total   | 6   | 100.0 |  |
| Sex with male sex partner during past month                       |     |       |  |
| Yes   | 4   | 1.4   |  |
| No  | 290 | 98.6  |  |
| Total   | 294 | 100.0 |  |
| Frequency of sex with last male sex partner during the past month |     |       |  |
| 1 - 2 times   | 4   | 100.0 |  |
| Total   |     | 100   |  |

Similarly, four of the PWIDs had sex with a male sex partner within a month of the survey. All of them reported that they had one to two sexual contacts with a male sex partner within the surveyed month.

## 6.2 Knowledge and Use of Condoms

The study also examined the participants' knowledge and use of condoms. The data shows that almost all (99.7%) of them had heard about condom. Forty-two percent of the PWIDs reported that they had used condom with regular female sex partner, 67.2 percent of them had done so with non regular partners, 77.5 percent with FSWs and 66.7 percent with a male sex partner during the last sexual intercourse.

#### Table 6.6: Use of Condoms in the Last Sex with Different partners

| Use of Condom in the Last Sex   | Ν   | %     |
|---|-----|-------|
| Condom use with regular female sex partner during last sexual intercourse     |     |       |
| Yes   | 89  | 42.0  |
| No  | 123 | 58.0  |
| Total   | 212 | 100.0 |
| Condom use with non-regular female sex partner during last sexual intercourse |     |       |
| Yes   | 80  | 67.2  |
| No  | 37  | 31.1  |
| Don't know  | 1   | .8    |
| No response   | 1   | .8    |
| Total   | 119 | 100.0 |
| Condom use with female sex worker during last sexual intercourse              |     |       |

| Yes   | 55 | 77.5  |
|---|----|-------|
| No  | 12 | 16.9  |
| Don't know  | 2  | 2.8   |
| No response   | 2  | 2.8   |
| Total   | 71 | 100.0 |
| Condom use with male sex partner during last sexual intercourse |    |       |
| Yes   | 2  | 66.7  |
| No  | 1  | 33.3  |
| Total   | 3  | 100.0 |

The consistent use of condom during vaginal sex was also assessed among the PWIDs (Table 6.7). It was 21.7 percent among regular sex partners (212), 35.7 percent among non-regular sex partners (126) and 52.1 percent among FSWs (71).

#### Table 6.7: Consistent condom use with different type of sex partner

| Type of Sex partner and consistent use of Condom  | N   | %    |
|---|-----|------|
| Regular sex partner                               | 212 | 72.1 |
| Consistent use of condom with regular partner     | 46  | 21.7 |
| Non regular sex partner                           | 126 | 49.2 |
| Consistent use of condom with non-regular partner | 45  | 35.7 |
| Female Sex Workers                                | 71  | 24.1 |
| Consistent use of condom with FSWs                | 37  | 52.1 |

The Consistent condom use was also measured during last anal sex with different partners. It was 12.5 percent among regular sex partners (8), 27.3 percent with non regular sex partner (11) and 60 percent with FSWs (10).

,

| Anal sex acts                                     | N  | %    |
|---|----|------|
| Regular sex partner                               | 8  | 3.8  |
| Consistent use of condom with regular partner     | 1  | 12.5 |
| Non regular sex partner                           | 11 | 9.2  |
| Consistent use of condom with non-regular partner | 3  | 27.3 |
| Female Sex Workers                                | 10 | 14.1 |
| Consistent use of condom with FSWs                | 6  | 60.0 |

## 6.3 Sources of Information about Condoms

The data shows that almost all (99.7%) the PWIDs had heard of condom. Eighty-nine percent of them knew that they could obtain condom from medical shop/clinic. Other sources mentioned were Pan Pasal/Other shops (70.6%), PE/OE (57.9%) and hospital (40.1%).

| Table 6.9: Sources and | information about condoms |
|------------------------|---------------------------|
|------------------------|---------------------------|

| Ever heard Condom  | Ν   | %     |
|--|-----|-------|
| Yes  | 299 | 99.7  |
| No   | 1   | 0.3   |
| Total  | 300 | 100   |
| Place/person from where condom can be obtained*                              |     |       |
| Hospital   | 120 | 40.1  |
| Medical Shop/Clinic  | 266 | 89.0  |
| Hotel  | 6   | 2.0   |
| Pan Pasal/Other Shop   | 211 | 70.6  |
| Health Workers   | 26  | 8.7   |
| PE/OE  | 173 | 57.9  |
| Friends  | 11  | 3.7   |
| Received condom (free of cost) from an organization<br>in the past 12 months |     |       |
| Yes  | 204 | 68.2  |
| No   | 95  | 31.8  |
| Total  | 299 | 100.0 |
| Carry condom   |     |       |
| Yes  | 95  | 31.8  |
| No   | 204 | 68.2  |
| Total  | 299 | 100.0 |

\*Note: Because of multiple responses the percentage may exceed 100

Among the 299 PWIDs who had heard of condom, 68.2 percent had received it free of cost from an organization in the last. Similarly, 31.8 percent of them replied that they carried condom with them whereas 68.2 percent mentioned that they did not carry it.

# CHAPTER 7: KNOWLEDGEOF STIS, HIV/AIDS AND HCV

This chapter deals with the knowledge of STIs, HIV/AIDS and Hepatitis C among PWIDs. It also describes their attitude and perceptions towards HIV/AIDS, knowledge about how HIV/AIDS is transmitted and regarding HIV testing facilities.

## 7.1 Knowledge about STIs

Eighty seven percent of PWIDs reported that they had heard about STIs while the remaining 13 percent had not heard about it.

#### Table 7.1: Awareness of STIs

| Heard about STIs | N   | %     |
|------------------|-----|-------|
| Yes              | 261 | 87.0  |
| No               | 39  | 13.0  |
| Total            | 300 | 100.0 |

The PWIDs who had heard of STIs were asked about the symptoms on female and male patients of STIs. When asked about the known symptoms of STIs in female, almost half (48.8 % and 48.4 %) each replied it to be genital ulcers/sores and genital discharge (discharge of pus from genitalia respectively). Other common responses were fowl smelling vaginal genital discharge (44.2%), lower abdominal pain (28.8%), burning pain during urination (19.4%) and itching (15.9%).

## Table 7.2: Known Symptoms of Male and Female STIs

| STI symptoms mentioned by PWIDs                     | N   | %    |
|---|-----|------|
| Known Symptoms of Female STIs                       |     |      |
| Lower abdominal pain                                | 73  | 28.3 |
| Fowl smelling genital discharge                     | 114 | 44.2 |
| Genital ulcers /Sores                               | 126 | 48.8 |
| Burning pain during urination                       | 50  | 19.4 |
| Itching   | 41  | 15.9 |
| Swelling in groin areas                             | 16  | 6.2  |
| Discharge of pus from Genitalia (Genital Discharge) | 125 | 48.4 |
| Others  | 3   | 1.1  |
| Don't know  | 86  | 33.3 |
| Known Symptoms of Male STIs                         |     |      |
| Genital Discharge                                   | 149 | 57.5 |
| Burning pain during urination                       | 123 | 47.5 |
| Genital Ulcers/Sore blisters                        | 159 | 61.4 |
| Swelling in groin area                              | 75  | 29.0 |

| Others     | 2  | 0.8  |
|------------|----|------|
| Don't know | 65 | 25.1 |

When asked about the symptoms of STIs on male, the most common response was genital ulcers/sore blisters (61.4%). Other common responses were genital discharge (57.5%), burning pain during urination (47.5%) and swelling in groin area (29%). Moreover, ninety-one percent of the PWIDs had not experienced genital discharge within the year of survey while 8.3% had experienced genital discharge.

#### Table 7.3: STI Symptom/s Experienced in the Past Year

| STI Symptoms                                    | Ν   | %     |
|---|-----|-------|
| Had genital discharge in the past year          |     |       |
| Yes   | 25  | 8.3   |
| No  | 273 | 91.0  |
| Don't know                                      | 2   | 0.7   |
| Total   | 300 | 100.0 |
| Had genital ulcer/sore blister in the past year |     |       |
| Yes   | 23  | 7.7   |
| No  | 276 | 92.0  |
| Don't know                                      | 1   | 0.3   |
| Total   | 300 | 100.0 |

Among the surveyed PWIDs 7.7 percent reported that they had genital ulcer/sore blister within the year of the survey and remaining 92 percent had not experienced the same symptom(Table 7.3). Similarly, sixty percent of the PWIDs informed that they were experiencing genital discharge during the time of survey, whereas, 43.5 percent were experiencing genital ulcer/sore blister (Table 7.4).

| Table 7.4: STI Sy | ymptom Currentl | y Experienced and | treatment seeking behavior |
|-------------------|-----------------|-------------------|----------------------------|
|-------------------|-----------------|-------------------|----------------------------|

| STI Symptoms and Treatment                        | N  | %     |
|---|----|-------|
| Currently experiencing genital discharge          |    |       |
| Yes   | 17 | 68.0  |
| No  | 8  | 32.0  |
| Total   | 25 | 100.0 |
| Currently experiencing genital ulcer/sore blister |    |       |
| Yes   | 10 | 43.5  |
| No  | 13 | 56.5  |
| Total   | 23 | 100.0 |
| Seeking treatment                                 |    |       |

| Didn't seek treatment     | 17  | 5.7   |
|---------------------------|-----|-------|
| Private Doctor            | 9   | 3.0   |
| Hospital                  | 18  | 6.0   |
| Treatment is not required | 255 | 85.0  |
| Others                    | 1   | 0.3   |
| Total                     | 300 | 100.0 |

The behavior of the PWIDs related to treatment of the STI was also explored in the study. The data shows that most (90.7%) of them had not sought any treatment as they thought that treatment was not required (85%). Only 9 percent had undergone treatment; 3 percent with private doctor and 6% in a hospital.

## 7.2 Knowledge about HIV/AIDS

The study showed that almost all (99.3%) of the PWIDs had heard of HIV/AIDS. Among them, two third (66.3%) "knew someone living with HIV/AID or someone who had died due to AIDS-related illness". Among the 199 who knew the persons with HIV/AIDS, 26 replied to be their close relative, 69 replied to be their close friend and the rest 104 replied that they had no relation with them.

| Ever heard of HIV or disease called AIDS   | N   | %     |
|--|-----|-------|
| Yes  | 298 | 99.3  |
| No   | 2   | 0.7   |
| Total  | 300 | 100.0 |
| Know anyone who is living with HIV/AIDS or<br>has died due to AIDS related illness |     |       |
| Yes  | 199 | 66.3  |
| No   | 101 | 33.7  |
| Total  | 300 | 100.0 |
| Nature of relationship with the person   |     |       |
| Close relative   | 26  | 13.1  |
| Close friend   | 69  | 34.7  |
| No relation  | 104 | 52.3  |
| Total  | 199 | 100.0 |

#### Table 7.5: Awareness of HIV/AIDS

The PWIDs were asked questions to explore the level of their knowledge about HIV/AIDS (Table 7.6). The data shows that more than half (55.7%) of them knew that HIV transmission could be avoided by "abstinence of sexual contact (A)", 71.3 percent knew that HIV transmission could be avoided by "being faithful to one partner (B) and 93.3 percent knew that HIV transmission could be avoided by "using condom during each sexual contact (C)".

| Knowledge of Six Major Indicators on HIV/AIDS                            | N (300) | %    |
|--|---------|------|
| HIV transmission can be avoided through                                  |         |      |
| A Abstinence from sexual contact   | 167     | 55.7 |
| B Being faithful to one partner  | 214     | 71.3 |
| C Condom use during each sexual contact                                  | 280     | 93.3 |
| Knowledge of ABC   | 129     | 43.0 |
| Perception regarding HIV transmission                                    |         |      |
| D A healthy-looking person can be infected with HIV                      | 256     | 85.3 |
| E A person cannot get the HIV virus from mosquito bite                   | 197     | 65.7 |
| F Sharing a meal with an HIV infected person does not transmit HIV virus | 269     | 89.7 |
| Knowledge of BCDEF   | 106     | 35.3 |

#### Table 7.6: Knowledge about Major Ways of Avoiding HIV/AIDS

Regarding perception, 85.3 percent knew that "A healthy-looking person can be infected with HIV (D)", 65.7 percent of them knew that "A person cannot get the HIV virus from mosquito bite (E)" and 89.9 percent of them knew that "Sharing a meal with an HIV infected person does not transmit HIV virus (F)". Overall, only 43% had knowledge about how HIV transmission could be avoided (A, B, C) and only 35.3% of them had Knowledge of BCDEF.

Some other questions were also asked to assess their knowledge of HIV/AIDS (Table 7.7). Majority of them (94.3%) knew that a person could get HIV by reusing the needle used by others. They knew that they could protect themselves from HIV/AIDS by switching to non-injecting drugs (63.3%) HIV could be transmitted through blood transfusion from an infected person (97.3%); a person cannot get HIV by holding hand of HIV infected person (88%); and a pregnant woman infected with HIV/AIDS can transmit the virus to her unborn child (77.3%).

## Table 7.7: Knowledge on Ways of HIV/AIDS Transmission

| Statements Related to HIV/AIDS   | N<br>(300) | %        |
|--|------------|----------|
|  |            | 94.<br>3 |
| A person can get HIV by using previously used needle by others                           | 283        |          |
| An IDU can protect themselves from HIV/AIDS by switching to non-injecting drugs          | 190        | 63.<br>3 |
| A woman with HIV/AIDS can transmit the virus to her new-born child through breastfeeding | 164        | 54.<br>7 |
| Blood transfusion from an infected person to the other transmit HIV                      | 292        | 97.<br>3 |
| A person cannot get HIV by holding an HIV infected person's hand                         | 264        | 88.<br>0 |
| A pregnant woman infected with HIV/AIDS can transmit the virus to her unborn             | 232        | 77.      |

| child   |     | 3   |
|---|-----|-----|
| Ways by which a pregnant woman can reduce the risk of transmission of HIV to her unborn child |     |     |
|   |     | 57. |
| Take medicine   | 134 | 8   |
|   |     | 42. |
| Don't know  | 98  | 2   |
| Total   | 232 | 100 |

The PWIDs who responded that a pregnant woman infected with HIV/AIDS can transmit the virus to her unborn child were also asked about ways by which a pregnant woman could reduce the risk of transmission of HIV to her unborn child. More than half (57.8%) of them knew that the pregnant women could do so by taking medicine.

## 7.3 Knowledge about HIV Testing Facilities

The knowledge about the HIV testing facility among the PWIDs was assessed in the study (Table 7.8). Seventy-nine percent of them knew that a confidential HIV testing facility was available in the community. Sixty-seven percent (201 PWIDs) had tested for HIV at least once. Among them, 92 percent had done it as they felt they required doing it and the remaining 8 percent did so voluntarily. Furthermore, 98 percent of them had received the test result and 69.1 percent had done the test within the year of survey. When they were asked about the result of their last test, 2.5 percent mentioned that it was positive.

| Description on HIV Testing  |     |       |
|---|-----|-------|
| A confidential HIV testing facility is available in the community | Ν   | %     |
| Yes   | 237 | 79.0  |
| No  | 30  | 10.0  |
| Don't know  | 33  | 11.0  |
| Total   | 300 | 100.0 |
| Ever had an HIV test  |     |       |
| Yes   | 201 | 67.0  |
| No  | 99  | 33.0  |
| Total   | 300 | 100.0 |
| Reason for test taken   |     |       |
| Required HIV test   | 185 | 92.0  |
| Voluntary HIV test  | 16  | 8.0   |
| Total   | 201 | 100.0 |
| Test result received  |     |       |

 Table 7.8: Knowledge about HIV Testing Facilities and History of HIV Test

| Yes                                    | 197 | 98.0  |
|--|-----|-------|
| No                                     | 4   | 2.0   |
| Total                                  | 201 | 100.0 |
| Timing of last HIV test                |     |       |
| Within Last Years                      | 139 | 69.2  |
| 1 - 2 years                            | 40  | 19.9  |
| 2 - 4 years                            | 13  | 6.5   |
| 4 years or more                        | 9   | 4.5   |
| Total                                  | 201 | 100.0 |
| What was the result of your last test? |     |       |
| Positive                               | 5   | 2.5   |
| Negative                               | 187 | 94.9  |
| Confusion                              | 2   | 1.0   |
| Result not received                    | 1   | 0.5   |
| Don't know                             | 2   | 1.0   |
| Total                                  | 197 | 100.0 |

## 7.4 Perceptions on HIV/AIDS

The PWIDs were asked questions in order to find out their perception and attitude towards HIV/AIDS. The data shows that majority (93.3%) of them were ready to take care of their male relative with HIV positive and 92.7 percent were ready to take care of their female relative with HIV positive. Two third (66.3%) of them wanted to keep the condition of their HIV positive family member confidential, and 90.3 percent of them were ready to buy food from a HIV infected shop keeper.

#### Table 7.9: Attitude towards HIV/AIDS

| Individual Perception   | N (300) | %    |
|---|---------|------|
| Would readily take care of HIV positive male relative in the household      |         |      |
| Yes   | 280     | 93.3 |
| No  | 15      | 5.0  |
| Don't know  | 5       | 1.7  |
| Would readily take care of HIV positive female relative in the<br>household |         |      |
| Yes   | 278     | 92.7 |
| No  | 17      | 5.7  |
| Don't know  | 5       | 1.7  |

| Would prefer not to talk about a family member being HIV positive |  |
|---|--|
|   |  |

| Yes   | 199      | 66.3 |
|---|----------|------|
| No  | 97       | 32.3 |
| Don't know  | 4        | 1.3  |
| Would readily buy food from HIV infected shopkeeper   |          |      |
| Yes   | 271      | 90.3 |
| No  | 25       | 8.3  |
| Don't know  | 4        | 1.3  |
| Believe that the health care needs of a HIV infected person is same,<br>more or less than those required by someone with other chronic<br>disease |          |      |
| Same  | 78       | 26.0 |
| More  | 180      | 60.0 |
| Less  | 4        | 1.3  |
| Don't know  | 35       | 11.7 |
| No response   | 3        | 1.0  |
| Believe that HIV infected person should be allowed to continue workin very sick   | g unless |      |
| Yes   | 271      | 90.3 |
| No  | 22       | 7.3  |
| Don't know  | 4        | 1.3  |
| No response   | 3        | 1.0  |
| Children living with HIV should be able to attend school with children who are HIV negative   |          |      |
| Yes   | 269      | 89.7 |
| No  | 9        | 3.0  |
| Don't know  | 22       | 7.3  |

When asked either the health care needs of a HIV infected person is same, more or less than those required by someone with other chronic disease, 26 percent replied it to be same, while 60 percent believed that they required more intensive heath care. Most of them (90.3%) believed that an HIV infected person should be allowed to continue working unless s/he is very sick and 89.7 percent replied that children living with HIV should be able to attend school with children who do not have HIV.

## 7.5 Knowledge about Hepatitis C

During this survey knowledge regarding Hepatitis C was assessed for the first time. Less than half (43.7%) of the PWIDs replied that Hepatitis C could be transmitted through sex and the same percentage (43.7%) believed use of condoms during sex could protect against Hepatitis C.

| Knowledge about Hepatitis C                       | N (300) | %    |
|---|---------|------|
| Hepatitis C can be transmitted through sex        |         |      |
| Yes   | 131     | 43.7 |
| No  | 42      | 14.0 |
| Don't know  | 127     | 42.3 |
| Condoms can protect against Hepatitis C           |         |      |
| Yes   | 131     | 43.7 |
| No  | 51      | 17.0 |
| Don't know  | 118     | 39.3 |
| Hepatitis C can only occur if you have HIV        |         |      |
| Yes   | 51      | 17.0 |
| No  | 123     | 41.0 |
| Don't know  | 126     | 42.0 |
| Hepatitis C can be transmitted by sharing needles |         |      |
| Yes   | 205     | 68.3 |
| No  | 10      | 3.3  |
| Don't know  | 85      | 28.3 |
| Hepatitis C can be transmitted through tattooing  |         |      |
| Yes   | 167     | 55.7 |
| No  | 27      | 9.0  |
| Don't know  | 106     | 35.3 |
| Is there a medical treatment for Hepatitis C      |         |      |
| Yes   | 179     | 59.7 |
| No  | 11      | 3.7  |
| Don't know  | 110     | 36.7 |
| Herbal remedies can cure Hepatitis C              |         |      |
| Yes   | 51      | 17.0 |
| No  | 108     | 36.0 |
| Don't know  | 141     | 47.0 |

## Table 7.10 Knowledge about Hepatitis C

More than two third PWIDs (68.3%) knew that hepatitis C could be transmitted by sharing needles and 55.7 percent were aware that hepatitis C could be transmitted through tattooing. Majority of them (59.7%) knew that medical treatment was available for Hepatitis C while 36 percent were aware that herbal remedies would not cure hepatitis C.

# CHAPTER 8: EXPOSURE TO STI, HIVAND AIDS AWARENESS PROGRAMS

This chapter deals with the finding of the study related to exposure of PWIDs to various awareness programs related to STIs, HIV & AIDS targeted to PWIDs.

## 8.1 Peer/Outreach Education

The study revealed that sixty percent of the PWIDs had met PE/OE within the year of the survey. During the meeting they performed various activities (Table 8.1). Majority (87.3%) of them reported to have discussed about safe injecting behavior. Other common topics of discussion were about transmission of HIV and AIDS (72.4%) and condom use (42.5%).

| Meeting with Peer Educators (PE) or Outreach<br>Educators (OE) | N   | %     |
|--|-----|-------|
| Met/discussed/interacted with PÉ or OE in the last 12 months   |     |       |
| Yes  | 180 | 60.0  |
| No   | 120 | 40.0  |
| Total  | 300 | 100.0 |
| Activities performed while with PE/OE*                         |     |       |
| Discussion on how HIV/AIDS is/isn't transmitted                | 131 | 72.4  |
| Discussion on how STI is/isn't transmitted                     | 37  | 20.4  |
| Discussion on safe injecting behavior                          | 158 | 87.3  |
| Regular/non regular use of condom                              | 77  | 42.5  |
| Demonstration on using condom correctly                        | 34  | 18.8  |
| Others   | 2   | 1.1   |
| Frequency of meeting with PE or OE                             |     |       |
| Once   | 5   | 2.8   |
| 2 - 3 times  | 27  | 14.9  |
| 4 - 6 times  | 32  | 17.7  |
| 7 - 12 times   | 37  | 20.4  |
| 12 or more times   | 80  | 44.2  |
| Total  | 180 | 100.0 |

\*Note: Because of multiple responses the percentage may exceed 100

Among the 180 PWIDs who had meet with PE/OE in the year of survey, almost two third (64.6%) had met them more than 7 times.

## 8.2 Drop-in-Centers

Among 300 surveyed PWIDs, 207 (69%) had visited Drop-in Centers (DICs) within the year of survey. The major reason of visiting the DIC was to get a new syringe (65.2%). Almost half (48.5%) of them had visited DIC to learn about safe injecting behavior. Other common reasons were to participate in discussion on HIV transmission (43.1%), to collect condoms (31.8%), to watch documentary on HIV/AIDS (25%) and to learn correct way of using condom (21.1%).

| DIC Visiting Practices                          | N   | %      |  |
|---|-----|--------|--|
| Visited a DIC in the last 12 months             |     |        |  |
| Yes   | 207 | 69     |  |
| No  | 93  | 31     |  |
| Total   | 300 | 100    |  |
| Participated activities at DIC*                 |     |        |  |
| Went to collect condoms                         | 65  | 31.86  |  |
| Went to learn the correct way of using condom   | 43  | 21.08  |  |
| Went to learn about safe injecting behavior     | 99  | 48.53  |  |
| Went to watch film on HIV/AIDS                  | 51  | 25.00  |  |
| Participation in discussion on HIV transmission | 88  | 43.14  |  |
| Went to have new syringe                        | 133 | 65.20  |  |
| Others  | 5   | 2.45   |  |
| Frequency of visits to the DICs                 |     |        |  |
| Once  | 10  | 4.83   |  |
| 2 - 3 times                                     | 36  | 17.39  |  |
| 4 - 6 times                                     | 36  | 17.39  |  |
| 7 - 12 times                                    | 34  | 16.43  |  |
| 12 or more times                                | 91  | 43.96  |  |
| Total   | 207 | 100.00 |  |

#### Table 8.2: DIC Visiting Practices in the Past Year

\*Note: Because of multiple responses the percentage may exceed 100

Among the 207 PWIDs who had visited DIC in the past year, around 60 percent had visited there over 7 times, almost one in six of them had visited there 4-6 times and 2-3 times over the past year each.

## 8.3 STI Clinics

Among the 300 respondents, only 5 percent of them had visited the STI Clinics in the past year. The major reason of visiting the STI Clinics was to have blood tested for STI (73.3%) and to have a physical examination done for identification of STI (40%).

| STI Clinic Visiting Practices                         | Ν   | %     |  |
|---|-----|-------|--|
| Visited any STI clinic in the last 12 months          |     |       |  |
| Yes   | 15  | 5.0   |  |
| No  | 285 | 95.0  |  |
| Total   | 300 | 100.0 |  |
| Participated activities at STI clinic                 |     |       |  |
| Blood tested for STI                                  | 11  | 73.3  |  |
| Physical examination conducted for STI identification | 6   | 40.0  |  |
| Discussion on how STI is/isn't transmitted            | 1   | 6.7   |  |
| Discussion on safe injecting behavior                 | 2   | 13.3  |  |
| Regular/Non regular use of condom                     | 2   | 13.3  |  |
| Took a friend with me                                 | 3   | 20.0  |  |
| Frequency of visits to STI clinics                    |     |       |  |
| Once  | 5   | 33.3  |  |
| 2 - 3 times   | 6   | 40.0  |  |
| 4 - 6 times   | 3   | 20.0  |  |
| 7 - 12 times  | 1   | 6.7   |  |
| Total   | 15  | 100.0 |  |

#### Table 8.3: STI Clinic Visiting Practices in the Past Year

\*Note: Because of multiple responses the percentage may exceed 100

Among the 15 PWIDs who had visited STI Clinics in the past year, majority (n=11, 73.3%) had visited there less than 3 times in the past year.

## 8.4 HTC Centers

Within the past year of the survey 34.7 percent of the PWIDs had visited HTC centre. The major reasons were to get an their HIV tested (84.3%) and to receive the HIV test result (76.4%). Other activities done during the visit were receiving post HIV and AIDS counseling (56.9%), receiving pre HIV and AIDS test counseling (28.4%) and around one in five of them went there to receive information on safe injecting behavior.

| HTC Visiting Practices   | Ν   | %     |  |
|--|-----|-------|--|
| Visited HCT center in the last 12 months                                 |     |       |  |
| Yes  | 104 | 34.7  |  |
| No   | 196 | 65.3  |  |
| Total  | 300 | 100.0 |  |
| Participated activities at HTC*  |     |       |  |
| Received pre-HIV/AIDS test counseling                                    | 29  | 28.4  |  |
| Blood sample taken for HIV/AIDS test                                     | 86  | 84.3  |  |
| Received post HIV/AIDS test counseling                                   | 58  | 56.9  |  |
| Received information on safe injecting behavior                          | 21  | 20.6  |  |
| Received HIV/AIDS result   | 78  | 76.5  |  |
| Received counseling on using condom correctly in each sexual intercourse | 6   | 5.9   |  |
| Received information on HIV/AIDS window period                           | 3   | 2.9   |  |
| Took a friend with me  | 4   | 3.9   |  |
| Frequency of visits to the DICs  |     |       |  |
| Once   | 30  | 28.8  |  |
| 2 - 3 times  | 51  | 49.0  |  |
| 4 - 6 times  | 14  | 13.5  |  |
| 7 - 12 times   | 2   | 1.9   |  |
| 12 or more times   | 7   | 6.7   |  |
| Total  | 104 | 100   |  |

## Table 8.4: VCT Visiting Practices in the Past Year

\*Note: Because of multiple responses the percentage may exceed 100

Among 104 PWIDs who had visited the HTC with the past year majority (77.8%) had visited it less than 3 times and 13.5 percent had visited it 4 to 6 times. Only 8.6 percent of them visited the HTC more than 7 times in the year of survey.

## 8.5 Participation in Opoid Substitution Therapy (OST)

Among the 104 PWIDs who had visited HTC in the past year, only 9.6 percent had ever been enrolled for Opoid Substitution Therapy (OST). Among them, only 3 had received OST in the past 12 month. Furthermore, two of them had received Methadone and one of them had received Buprenorphine.

| Ever enrolled into any Opoid substitution Therapy (OST)             | Ν   | %     |
|---|-----|-------|
| Yes   | 10  | 9.6   |
| No  | 86  | 82.7  |
| Don't know  | 8   | 7.7   |
| Total   | 104 | 100   |
| Received any Opoid substitution therapy (OST) in the past 12 months |     |       |
| Yes   | 3   | 30.0  |
| No  | 7   | 70.0  |
| Total   | 10  | 100.0 |
| Which service have you received?                                    |     |       |
| Methadone   | 2   | 66.7  |
| Buprenorphine   | 1   | 33.3  |
| Total   | 3   | 100.0 |

## Table 8.5 Enrolled for Opoid substitution Therapy (OST) Service

## 8.6 Knowledge about HIV and AIDS related services

Various questions were asked to assess the knowledge of the PWID's about HIV and AIDS related services (Table 8.6). Nearly one third (31.7%) of the PWIDs reported that they had heard of PMTCT services for pregnant women and 80 (84.2 %) of them knew where the pregnant woman could receive PMTCT services.

Less than half (n=135, 45%) of the respondents had heard about the ART services for HIV positive individuals and among them, 108 (80%) knew where the ART services were available. Moreover, only 48 (16 %) of the PWIDs had ever heard of viral load testing for HIV positive individuals and 42 (87.5 %) of them knew where to get the viral load testing done. Similarly, less than half (43.3%) of the PWIDs were aware about the community home based care (CHBC) for HIV positive people.

| Knowledge about HIV and AIDS related services                          | Ν   | %     |
|--|-----|-------|
| Ever heard about PMTCT services for pregnant women                     |     |       |
| Yes  | 95  | 31.7  |
| No   | 167 | 55.7  |
| Don't know   | 38  | 12.7  |
| Total  | 300 | 100.0 |
| Knowledge about pregnant women can get PMTCT services                  |     |       |
| Yes  | 80  | 84.2  |
| No   | 13  | 13.7  |
| Don't know   | 2   | 2.1   |
| Total  | 95  | 100.0 |
| Ever heard about ART services for HIV positive individuals             |     |       |
| Yes  | 135 | 45.0  |
| No   | 140 | 46.7  |
| Don't know   | 25  | 8.3   |
| Total  | 300 | 100.0 |
| Knowledge about HIV positive individuals can get ART services          |     |       |
| Yes  | 108 | 80.0  |
| No   | 24  | 17.8  |
| Don't know   | 3   | 2.2   |
| Total  | 135 | 100.0 |
| Heard of viral load testing services for HIV positive individuals      |     |       |
| Yes  | 48  | 16.0  |
| No   | 216 | 72.0  |
| Don't know   | 36  | 12.0  |
| Total  | 300 | 100.0 |
| Knowledge HIV positive individuals can get viral load testing services |     |       |
| Yes  | 42  | 87.5  |
| No   | 3   | 6.3   |
| Don't know   | 3   | 6.3   |
| Total  | 48  | 100.0 |
| Heard of any CHBC services that are provided for HIV positive people   |     |       |
| Yes  | 130 | 43.3  |
| No   | 170 | 56.7  |
| Total  | 300 | 100.0 |

## Table 8.6 Knowledge about HIV and AIDS related services

# CHAPTER 9: COMPARATIVE ANALYSIS OF SELECTED CHARACTERISTICS

A comparative analysis has been made in this chapter comparing the various factors of all the five rounds of IBBS surveys conducted in PWIDs of Western to Far Western Terai highway districts of Nepal. The comparison has been made regarding the trends of HIV STIs, the socio-demographic characteristics, drug injecting practices, Needle/Syringe Using Practice in the Past Week and Consistent Condom use with different sex partners.

## 9.1 Socio-Demographic Characteristic

The socio-demographic characteristics of the PWIDs show that there has not been much change in age of the PWIDs. More than 50 percent of PWIDs in all the five rounds of the survey are of 25 years of age (58.7 % in 2005, 67.3 % in 2007, 63.7 % in 2009, 64.7 % in 2012 and 59.7 percent in 2016).

| Socio-<br>demographic<br>Characteristics | 200   | )5   | 2007  |      | 2009  |      | 2012  |      | 2016  |      |
|--|-------|------|-------|------|-------|------|-------|------|-------|------|
|  | N=300 | %    |
| Age                                      |       |      |       |      |       |      |       |      |       |      |
| <25 Years                                | 124   | 41.3 | 98    | 32.7 | 109   | 36.3 | 106   | 35.3 | 121   | 40.3 |
| >25 Years                                | 176   | 58.7 | 202   | 67.3 | 191   | 63.7 | 194   | 64.7 | 179   | 59.7 |
|  |       |      |       |      |       |      |       |      |       |      |
| Education                                |       |      |       |      |       |      |       |      |       |      |
| Illiterate                               | 34    | 11.3 | 42    | 14.0 | 19    | 6.3  | 27    | 9.0  | 45    | 15.0 |
| Literate Only                            | 14    | 4.7  | 15    | 5.0  | 16    | 5.3  | 37    | 12.3 | 3     | 1.0  |
| Primary                                  | 78    | 26.0 | 77    | 25.7 | 81    | 27.0 | 44    | 14.7 | 49    | 16.3 |
| Secondary                                | 113   | 37.7 | 106   | 35.3 | 130   | 43.3 | 149   | 49.7 | 154   | 51.3 |
| SLC above                                | 61    | 20.3 | 60    | 20.0 | 54    | 18.0 | 43    | 14.3 | 49    | 16.3 |

## Table 9.1: Socio- Demographic Characteristics

The percentage of PWIDs who have attended secondary level of education has been increasing over time; 37.7 percent in 2005, 35.3 percent in 2007, 43.3 percent in 2009, 49.7 percent in 2012 and 51.4 percent in 2016. Though there was a declining trend seen in PWIDs who had completed education upto Grade 10 and above from first round to fourth round of survey, slight improvements have been observed in the fifth round of survey in comparison to the fourth round. The percentage of PWIDs who had attended education up to Grade 10 and above was 20.3
percent in 2005, 20 percent in 2007, 18 percent in 2009, 14.3 percent in 2012 and 16.3 percent in 2016.

## 9.2 Drug Injecting Practices

The drug injecting practices shows that the average duration of injecting drugs among PWIDs was 4.3 percent in 2005, 5.5 percent in 2007, 5.9 percent in 2009, 5.9 percent in 2012 and 5.7 percent in 2016. This has increased from 2005 to 2007 but is rather constant after that. The duration of drug injecting habit for two or less years and more than 2 years was assessed. The percentage of drug users for more than 2 years is greater than those using for 2 or less years and it was statistically significant (p<0.001).

#### Table 9.2 Drug Injecting Practices

| Drug<br>Injecting<br>Practices   | 200       | 5       | 2007  |      | 2009  |      | 2012  |      | 2016  |      | p-<br>Value |
|----------------------------------|-----------|---------|-------|------|-------|------|-------|------|-------|------|-------------|
| Taciles                          | N=300     | %       | N=300 | %    | N=300 | %    | N=300 | %    | N=300 | %    |             |
| Duration of Drug Injecting Habit |           |         |       |      |       |      |       |      |       |      |             |
| Up to 2<br>years                 | 75        | 26.0    | 56    | 18.7 | 64    | 21.3 | 68    | 22.7 | 68    | 22.7 | <0.001      |
| 2 years                          | 225       | 75      | 244   | 81.4 | 236   | 78.6 | 231   | 77.2 | 232   | 77.3 |             |
| Average<br>duration<br>of years  | 4.3       |         | 5.5   |      | 5.9   |      | 5.9   |      | 5.7   |      |             |
| Age at firs                      | t drug In | jection | )     |      |       |      |       |      |       |      |             |
| Up to 20<br>years                | 126       | 42.0    | 116   | 38.7 | 139   | 46.3 | 124   | 41.3 | 142   | 47.3 | >0.17       |
| 21 +<br>years                    | 174       | 58.0    | 184   | 61.3 | 161   | 53.7 | 176   | 58.7 | 158   | 52.7 |             |

The comparison of age at first injection in the five rounds of the IBBS surveys shows that larger number of younger people (less than 20 years) inject drugs for the first time now than in the past. It was 42 percent in 2005, 38.7 percent in 2007, 46.3 percent in 2009, 41.3 percent 2012 and 47.3 percent in 2016 but the difference not statistically significant.

## 9.3 Needle/Syringe Using Practice in the Past Week

The practice of use of needle/syringe in the past week was assed among the PWIDs during the five surveys. The data shows that there significant changes have taken place overtime in needle exchange behavior which was 19 percent in 2005, 10.3 percent in 2007, 11.7 percent in 2009, 10.3 percent in 2012 and 12.7 percent in 2016. There is a significant difference between the number of people who have ever used needle/syringe and those who have never used needle/syringe in the past week. The difference is statistically significant (p<0.005).

## Table 9.3 Needle/Syringe Using practice in the Past Week

| Needle/Syrin<br>ge use<br>throughout    | 20        | 005      | 20            | 07     | 200       | )9    | 201       | 2    | 20        | 16   | P-<br>Value |
|---|-----------|----------|---------------|--------|-----------|-------|-----------|------|-----------|------|-------------|
| the past<br>week                        | N=30<br>0 | %        | N=<br>30<br>0 | %      | N=30<br>0 | %     | N=30<br>0 | %    | N=23<br>8 | %    |             |
| Used a needle                           | /syring   | e that h | ad be         | en us  | ed by a   | nothe | er        |      |           |      |             |
| Ever Used                               | 57        | 19.0     | 31            | 10.3   | 35        | 11.7  | 31        | 10.3 | 38        | 12.7 | <0.005      |
| Never Used                              | 243       | 81.0     | 269           | 89.7   | 265       | 88.3  | 269       | 89.7 | 200       | 66.7 |             |
| Used a needle                           |           |          |               |        | -         |       | •         |      |           |      |             |
| Ever Used                               | 46        | 15.3     | 13            | 4.3    | 23        | 7.7   | 15        | 5.0  | 14        | 5.9  | >0.30       |
| Never Used                              | 254       | 84.7     | 287           | 95.7   | 277       | 92.3  | 285       | 95.0 | 224       | 94.1 |             |
| Number of particular                    | rtners s  | hared n  | eedle         | /syrin | ge witl   | า     |           |      |           |      |             |
| None                                    | 212       | 70.7     | 265           | 88.3   | 266       | 88.7  | 271       | 90.3 | 195       | 87.4 | >0.75       |
| Two or more<br>Partners                 | 88        | 29.3     | 35            | 11.7   | 34        | 11.3  | 29        | 10.5 | 28        | 12.6 |             |
| Total                                   | 300       | 100      | 300           | 100    | 300       | 100   | 300       | 100  | 223       | 100  |             |
| Re-used needle/syringe in the past week |           |          |               |        |           |       |           |      |           |      |             |
| Yes                                     | 116       | 38.7     | 66            | 22.0   | 46        | 15.3  | 18        | 6.0  | 24        | 10   | <0.001      |
| No                                      | 184       | 61.3     | 234           | 78.0   | 254       | 84.7  | 282       | 94.0 | 214       | 90   |             |
| Total                                   | 300       | 100      | 300           | 100    | 300       | 100   | 300       | 100  | 238       | 100  |             |

The data shows that there has not been much changes overtime in using needle kept in public places in the past week of survey which was 15.3 percent in 2005; 4.3 percent in 2007, 7.7 percent in 2009, 5 percent in 2012 and 5.9 percent in 2016.

During the past five surveys there has not been much change in the number of partners sharing needle/syringe in the past week of survey in this population. The percentage of people who have never shared needle/syringe during the past week of survey was 70.7 percent in 2005, 88.3 percent in 2007, 88.7 in 2009, 90.3 percent in 2012 and 87.4 in 2016.

The percentage of re-use of needle/syringe in the past week was 38.7 percent in 2005, 22 percent in 2007, 15.3 percent in 2009, 6 percent in 2012 and 10 percent in 2016. The decline is statistically significant (p<0.001).

## 9.4 Condom Use with Different Partners

The study suggests that majority used condoms consistently with FSWs (52.1%), followed by with non-regular partners (35.7%) and regular sex partners in 2016 (21.7%). The trend shows that there is a steady growth in the consistent condom users with regular partners over the years. The number was 3.9 percent in 2005, 7 percent in 2007, 8.7 percent in 2009, 42.9 percent in 2012 and 21.7 percent in 2016. The finding is statically significant (p<0.001). A similar trend has been observed in the consistent condom users with non regular partner. The data shows that the number was to be 31.5 percent in 2005, 39.3 percent in 2007, 37.3 percent in 2009, 64.8 percent in 2012 and 35.7 percent in 2016; and the finding is statically significant (p<0.001).

| Consistent             | 200     | 05     | 20        | 07      | 2009     |         | 20       | 12      | 2 2016 |      | p-Value |
|------------------------|---------|--------|-----------|---------|----------|---------|----------|---------|--------|------|---------|
| Use of<br>Condom       | Ν       | %      | Ν         | %       | Ν        | %       | Ν        | %       | N      | %    |         |
| Use of condo           | om with | regula | r femal   | e sex p | artners  | during  | g the pa | st 12 n | nonths | 1    | 1       |
| Consistent             | 5       | 3.9    | 10        | 7.0     | 11       | 8.7     | 60       | 42.9    | 46     | 21.7 | 0.004   |
|                        |         |        |           |         |          |         |          |         | 166    | 78.3 | p<0.001 |
| Inconsistent           | 123     | 96.1   | 133       | 93.0    | 115      | 91.3    | 80       | 57.1    |        |      |         |
| Total                  | 128     | 100    | 143       | 100     | 126      | 100     | 140      | 100     | 212    | 100  |         |
| Use of condo           | om with | non-re | egular fe | emale s | sex part | tners d | uring th | ne past | 12 mor | ths  | 1       |
| Consistent             | 17      | 31.5   | 22        | 39.3    | 31       | 37.3    | 59       | 64.8    | 45     | 35.7 |         |
| Inconsistent           | 37      | 68.5   | 34        | 60.7    | 52       | 62.7    | 32       | 35.2    | 81     | 64.3 | p<0.001 |
| Total                  | 54      | 100    | 56        | 100     | 83       | 100     | 91       | 100     | 126    | 100  |         |
| Use of condo<br>months | om with | female | e sex wo  | orkers  | during   | the pas | st 12    |         |        |      |         |
| Consistent             | 47      | 46.5   | 44        | 48.4    | 49       | 51.0    | 78       | 70.3    | 37     | 52.1 |         |
| Inconsistent           | 54      | 53.5   | 47        | 51.6    | 47       | 49.0    | 33       | 29.7    | 34     | 47.9 | p<0.005 |
| Total                  | 101     | 100    | 91        | 100     | 96       | 100     | 111      | 100     | 71     | 100  |         |

#### Table 9.4 Condom Use with Different Partners

With FSWS, the consistent condom use was 46.5 percent in 2005, 48.4 percent in 2007, 51 percent in 2009, 70.3 percent in 2012 and 52.1 percent in 2016. The finding is statistically significant with a p value <0.005.

The comprehensive knowledge about HIV was found to be decreasing overtime. Knowledge of ABC (measures to prevent HIV) was 77.3 percent in 2007 and has decreased to 77.3 percent in 2009, 72 percent in 2012 and 43 percent in 2016. Similarly, the knowledge of BCDEF (major modes of HIV transmission has also been decreasing overtime. It was 57 percent in 2007, 56 percent in 2009, 43.3 percent in 2012 and has further decreased to 35.3 percent in 2016.

## 9.5 HIV Prevalence among PWIDS

The prevalence of HIV among PWIDs has been decreasing sharply overtime in the 7 Terai highway districts of Western to Far Western regions. It was 11.7 percent in 2005, 11 percent in 2007, 8 percent in 2009, 5 percent in 2012 and 2.4 percent in 2016. This shows that there has been a significant decrease in HIV prevalence over the period of time (p<0.001).



# **CHAPTER 10: CONCLUSIONS AND RECOMMENDATIONS**

## **10.1 CONCLUSIONS**

Based on the discussion of the data the following conclusions have been drawn from the study.

The age range of the PWIDs was from 17 to 51 years with the median age of 27 years. Over half (50.3%) of the PWIDs were of the age group 20 to 29 years old while 11 percent of them were 19 years or below.

Over half (50.3%) of the PWIDs were unmarried. The mean age at first marriage was 21 years ( $\pm$ SD=5) ranging of 13 to 36 years. Most of the PWIDs (88.3%) were found to be living with their family members.

The prevalence of HIV among the PWIDs of Western to Far Western region was 2.3 percent. It was 11.7 percent in 2005, 11 percent in 2007, 8 percent in 2009, 5 percent in 2012 and 2.4 percent in 2016. There has been a significant decrease in HIV prevalence over the period of time (p<0.001). The PWIDs who had ever got married had a higher (4 %) prevalence of HIV in comparison to unmarried ones (0.7%). The PWIDs who injected for longer duration (5 years) had higher prevalence (6 %) of HIV while those injecting for 2-5 years had only 0.8 percent HIV prevalence.

In 2016, only 0.3 percent of them had active Syphilis; the prevalence of Hepatitis B was 1.7 percent and the prevalence of Hepatitis C was 8 percent.

The prevalence of active Syphilis has been decreasing over time. It was 1.7 percent in 2009, 1.3 percent in 2012 and has further decreased to 0.3 percent in 2016.

The prevalence of HCV was higher in age group above 20 years (8 %) compared to those below 20 years (3 %) of age. Ever married PWIDs had higher prevalence of HCV (11.4 %) compared to those never married (4.6%) and it was found to be statistically significant (p=<0.05). The PWIDs who injected for longer duration (5 years) had higher prevalence (18 %) of HCV while those injecting for 2-5 years had only 3.8 percent HIV prevalence. This difference is statistically significant.

The average duration of drug injecting practice was 5.7 years and one third (33.3%) of them were injecting drugs for over 5 years. Nearly half (47.3%) of them started to inject drugs at the age below 20 years with median age of 21 years. The duration of drug injecting habit for two or less years and more than 2 years was assessed. The percentage of drug users for more than 2 years was greater than those using for 2 or less years and it was statistically significant (p<0.001).

The comparison of age at first injection in the five rounds of the IBBS surveys shows that greater number of younger people (less than 20 years) have started to inject drugs for the first time. It was 42 percent in 2005, 38.7 percent in 2007, 46.3 percent in 2009, 41.3 percent 2012 and 47.3 percent in 2016

During the last injection, 93.7 percent of them were practicing safe injecting behaviors. Among them 51.7 percent reported to be using needle/syringe by purchasing it themselves. Moreover, majority (over 90%) of the PWIDs have not injected in a group during all the past three injections taken.

Among 238 PWIDs who reported to have injected in the past week, a large majority 212 (89.1%) had not injected with a pre-filled syringe, 89.5 percent had injected with a syringe after the drugs were transferred into their syringe from other's syringe and 87 percent never "drew drug solution from a common container used by others". Sixty two percent of the PWIDs had injected in other parts of the country/out of the country within the year of survey.

Much change have taken place in recent years in needle exchange behavior. The percentage of people who exchanged needle was 19 percent in 2005, 10.3 percent in 2007, 11.7 percent in 2009, 10.3 percent in 2012 and 12.7 percent in 2016. There is a statistically significant difference (p<0.005) between the needle/syringe ever used and never used in the past week.

The percentage of re-use of needle/syringe in the past week was 38.7 percent in 2005, 22 percent in 2007, 15.3 percent in 2009, 6 percent in 2012 and 10 percent in 2016. This decline is statistically significant (p<0.001).

There have not been much changes in use of needle kept in public places in the past week of survey. The population doing so was 15.3 percent in 2005', 4.3 percent in 2007, 7.7 percent in 2009, 5 percent in 2012 and 5.9 percent in 2016.

Majority (95.7%) of the PWIDs had at least one sexual contact before the survey and 85.7 percent had their first sexual contact before they turned 20 years. The median age of first sexual contact among the PWIDs was found to be 17 years.

Among the 294 respondents who reported to have sexual intercourse within the past one year, 72.1 percent had sexual contact with a regular partner, 40.5 percent had sexual contact with a non- regular partner and 24.1 percent had sexual contact with FSWs. The consistent use of condom was 21.7 percent among regular sex partners, 35.7 percent among non-regular sex partners and 52.1 percent among FSWs. The trend of consistent use of condom among regular partners was to be 3.9 percent in 2005, 7 percent in 2007, 8.7 percent in 2009, 42.9 percent in 2012 and 21.7 percent in 2016. The difference is statically significant (p<0.001).

The trend of consistent use of condom with non-regular partner was found to be 31.5 percent in 2005, 39.3 percent in 2007, 37.3 percent in 2009, 64.8 percent in 2012 and 35.7 percent in 2016; and the finding is statically significant (p<0.001).

With FSWS, the consistent use of condom was 46.5 percent in 2005, 48.4 percent in 2007, 51 percent in 2009, 70.3 percent in 2012 and 52.1 percent in 2016. The finding is statistically significant with a p value <0.005.

Eighty seven percent of PWIDs had heard about STIs while sixty percent of the PWIDs were experiencing genital discharge during the time of survey and 43.5 percent of them were experiencing genital ulcer/sore blister but among them only 9 percent of them had sought medical treatment.

Overall, 43% had knowledge about how HIV transmission could be avoided (A, B, C) and 35.3% of them had Knowledge of BCDEF.

More than half (55.7%) knew that HIV transmission could be avoided by "abstinence of sexual contact (A)", 71.3% knew HIV transmission could be avoided by "being faithful to one partner (B) and 93.3% knew that HIV transmission could be avoided by "condom use during each sexual contact (C)".

Regarding perception, 85.3 percent knew that "a healthy-looking person can be infected with HIV (D), 65.7 percent of them knew that "a person cannot get the HIV virus from mosquito bite (E) and 89.9 percent of them knew that "sharing a meal with an HIV infected person does not transmit HIV virus (F)".

Surprisingly, the comprehensive knowledge about HIV has been decreasing overtime. The data shows that knowledge of ABC (measures to prevent HIV) was 77.3 percent in 2007 and decreased to 77.3 percent in 2009, 72 percent in 2012 and 43 percent in 2016. Similarly, the knowledge of BCDEF (major modes of HIV transmission too has been decreasing overtime. It was 57 percent in 2007, 56 percent in 2009, and 43.3 percent in 2012 and has further decreased to 35.3 percent in 2016.

Less than half (43.7%) of the PWIDs replied that Hepatitis C could be transmitted through sex and the same percentage (43.7%) believed use of condoms during sex could protect against Hepatitis C. About two third PWIDs (68.3%) knew that hepatitis C could be transmitted by sharing needles and 55.7 percent were aware that hepatitis C could be transmitted through tattooing. More than half (59.7%) knew that there was medical treatment for Hepatitis C while 36 percent were aware that herbal remedies would not cure hepatitis C.

Sixty percent of the PWIDs had meet PE/OE, sixty-nine percent of them had visited Drop-in Centers, and 34.7 percent of them had visited HTC centre while only 5 percent of them had visited the STI Clinics in the year of the survey.

## **10.2 Recommendations**

The following recommendations have been made based on the findings of the study

- It has been found that nearly half (47.3%) of the PWIDs started injecting drugs at the age below 20 years. So, it is recommended that a curriculum for harm reduction of drug injecting practices at secondary level of education should be developed. Educational materials should be designed in a way that can be understandable among PWIDs with no formal education.
- It was also found that among the surveyed PWIDs 95.7 percent of them had at least one sexual contact while 85.7 percent of them had their first sex below the age of 20 years. So, programs targeting the group below 20 years (IEC materials, free assess of condom) should be made more effective.
- The consistent use of condom was 21.7 percent among regular sex partners, 35.7 percent among non-regular sex partners and 52.1 percent among FSWs during this survey which is low compared to previous rounds of survey. There are already facilities of providing free condoms and they are easy to buy as well. But, the consistent use of condom is still very poor. The reason behind this should be explored further and strategies should be developed to mitigate this problem.
- The prevalence of HCV was 8 percent during the survey. Less than half (43.7%) of the PWIDs replied that Hepatitis C could be transmitted through sex and the same percentage

(43.7%) believed use of condoms during sex could protect against Hepatitis C. About two third PWIDs (68.3%) knew that hepatitis C can be transmitted by sharing needles and 55.7 percent were aware that hepatitis C could be transmitted through tattooing. More than half (59.7%) knew that medical treatment was available for Hepatitis C while 36 percent were aware that herbal remedies would not cure hepatitis C. Though the prevalence of Hepatitis C is high, the knowledge regarding prevention from Hepatitis C is poor. This calls for an immediate attention at national level. National level programs and strategies should be formed and disseminated to lower level authorities to further explore about the reasons of the problem; and develop effective programs to control the HCV infection.

- It was found that majority (90.7%) of the PWIDs having STI symptoms had not sought medical attention and their participation was found to be very low (5%) in STI Clinics during the year of survey. With the ongoing efforts on, new programs and strategies should be designed and implemented to make the PWIDs more aware about the location, facilities available in STI Clinics, HTC so that they are able to receive better care.
- Among the 300 surveyed PWIDs, only 3.3 percent had ever been enrolled into OST services. Among them only one percent had received treatment in the year of survey. Programs and strategies should be further improved to make the PWIDs realize the importance of OST and it is necessary to increase OST sites.
- The study showed that 69 percent of the PWIDs had visited DIC, 60 percent had met PE/OE, 34.7 percent had visited HTC and 5 percent had attended STI Clinics during the year of survey. It is recommended that proper plans should be made to increase the access of the PWIDs to these facilities more easily and to further improve the ability to cater services of these facilities.
- Since there is unsafe sex behavior among PWIDs, the programs for the spouses of the PWIDs must be introduced, as the PWIDs are inconsistent.

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Intrepid Nepal/NCASC 2012 Integrated Biological and Behavioral (IBBS) Survey among People Who Inject Drugs (PWIDs) in Western to Far-Western Terai Highway Districts of Nepal

Saath-SaathProject-FHI/NCASC 2014. The National Guidelines on Case Management of Sexually Transmitted Infections

# ANNEXES

## **ANNEXE: 1 Questionnaires**

NationalCentreforAIDSandSTDControl MinistryofHealthandPopulation GovernmentofNepal

## IntegratedBiologicalandBehavioralSurveillanceSurveyamong

People Who Inject Drugs (PWIDs-Male)

| Namaste!Mynameis,I amherefromtocollectdataforaresearch survey.This<br>survey is beingconductedbyNationalCentreforAIDSandSTDControl(NCASC),Ministryof<br>HealthandPopulation. Duringthisinterview,Iwillaskyou some personal<br>questionsthatwillbeaboutsexualbehavior,useandpromotionofcondoms, HIV/STI/HCV;<br>anduseofdrugsandneedle/syringes. Youmayfeeluncomfortableto answersome questions<br>relating to your personal behavior, but it is important that you provide correct<br>information.Wewillalsotakeabout5-7mlbloodsamplefortestingHIV,syphilisinfection, Hepatitis B<br>and Hepatitis<br>C.IfitisdeterminedthatyouhaveanySTIsymptoms,wewillprovidetreatmentfreeofcharge.Wealso<br>willtreatforsyphilisonthebasisofRPRtestonthesamedayofinterview.Theinformationgiven<br>byyouwillbestrictlytreatedasconfidential.Nobodywillknowwhateverwetalkaboutbecause<br>yournamewillnotbementionedonthisformandcollectedsamples.Allthementionedinformation<br>willbeusedonlyforthesurveypurpose.Thissurveywilltakeaboutanhour. |
|--|
| Itdependsonyourwishtoparticipate inthissurveyornot.Youdonothavetoanswerthose questionsthatyoudonotwanttoanswer,andyoumayendthisinterviewatanytimeyouwantto.<br>ButIhopeyouwillparticipateinthissurveyandmakeitasuccessbyprovidingcorrectanswersto allthequestions.   |
| Wouldyoubewillingtoparticipate?  |
| 1.Yes2.No  |
| Signatureoftheinterviewer:Date:/_/2072   |
|  |

### Operational definition of PWIDs:

"Current male druginjectorsaged16yearsorabovewhohadbeeninjectingdrugsfornonmedical purposesforatleastthreemonthspriortothedateofthesurvey"

| Didtheintervieweeabandontheinterview<br>1.Yes(Precisethenumberofthelastques<br>2.No |              | )                     |
|---|--------------|-----------------------|
| InterviewerName:  |              | CodeInterviewer:      |
| DateInterview: / /2072<br>Checkedbythesupervisor:Signature:                         |              | Date://2072           |
| DataEntry#2:Clerk'sname<br>01. Hassomeoneinterviewedyoufrom                         | Date /       |                       |
| 1.Yes 2.No(continueinte   | erview)      |                       |
| When?<br>Daysago(makesurethatitwasi   | nterviewedby | andclosetheinterview) |
| 002. Respondent'sID#:   |              |                       |

002.1 Didyoushareneedle/syringewiththefriend whobroughtyouhere?

1.Yes 2.No

002.2 Howlongyouhave been injecting drugs?

| Years | Months |
|-------|--------|

#### (NOTE: AFORMENTIONED QUESTIONS ARE THE SCREENING QUESTIONS.IFTHERESPONSEISLESSTHANTHREE MONTHS, STOPINTERVIEWBECAUSETHIS PERSONISNOTELIGIBLEFORINCLUSIONIN THESAMPLE)

003. InterviewLocation

| (Tobefilledbyinterviewer)003.1 | District: |
|--------------------------------|-----------|
| 003.2 VDC/Municipality:        |           |

#### 1.0 BACKGROUNDOFRESPONDENT

| Q.N.  | Question  | Coding Categories                                   | Skipt |
|-------|---|---|-------|
| 101   | Whereareyoulivingnow?<br>(Writecurrent addressofresidency)                                  | 003.1 District:<br>003.2 VDC/Municipality :         |       |
| 101.1 | Howlonghaveyoubeenliving<br>continuouslyat thesame address?<br>(Write995iflessthanonemonth) | Months0<br>Always(sincebirth)0<br>Others(Specify)96 |       |
| 102   | Howoldareyou?   | Age   |       |

|                    |   | Illiterate0   |       |
|--------------------|---|---|-------|
| 103                | Whatisyoureducationalstatus?  | Literate19  |       |
|                    | (Circle'0'ifilliterate,'19'fortheliterate<br>withoutattendingtheschool,andwrite<br>exactnumberofthepassedgrade) | Grade completed   |       |
|                    |   | Caste   |       |
| 104                | Whatisyourcaste?  |   |       |
|                    | (SpecifyCaste)  | CodeNo  |       |
|                    |   | Unmarried1  | 106   |
| 105                | Whatisyourcurrentmaritalstatus?   | Married2  |       |
|                    |   | Divorced/Permanentlyseparated   |       |
|                    |   | Widor4Living<br>together5   |       |
|                    |   | Others(specify)96   |       |
| 105.1              | Howoldwereyouwhen youfirstgot   | Age   |       |
|                    | married?  | (writethecompletedyears)  |       |
|                    |   |   |       |
|                    |   | Homeless on the street1   |       |
| 106                | Which of the following best describes   |   |       |
| 106                |   |   |       |
| 106                | Which of the following best describes your current living status?   | Living in own home2   |       |
| 106                | Which of the following best describes   | Living in own home2<br>Living in a residential hotel3   |       |
| 106                | Which of the following best describes your current living status?   | Living in own home2<br>Living in a residential hotel3<br>Rented apartment4  |       |
|                    | Which of the following best describes<br>your current living status?<br>(Select only one option)                | Living in own home2<br>Living in a residential hotel3<br>Rented apartment4<br>Rented room5<br>Others <i>(specify)</i> 96  | Skipt |
| 106<br><b>Q.N.</b> | Which of the following best describes your current living status?   | Living in own home2<br>Living in a residential hotel3<br>Rented apartment4<br>Rented room5  | Skipt |
|                    | Which of the following best describes<br>your current living status?<br>(Select only one option)                | Living in own home2<br>Living in a residential hotel3<br>Rented apartment4<br>Rented room5<br>Others (specify)96<br>CodingCategories  | Skipt |
| Q.N.               | Which of the following best describes<br>your current living status?<br>(Select only one option)<br>Questions   | Living in own home2<br>Living in a residential hotel3<br>Rented apartment4<br>Rented room5<br>Others ( <i>specify</i> )96<br>CodingCategories<br>Livingwithwife1  | Skipt |
| Q.N.               | Which of the following best describes<br>your current living status?<br>(Select only one option)<br>Questions   | Living in own home2<br>Living in a residential hotel3<br>Rented apartment4<br>Rented room5<br>Others ( <i>specify</i> )96<br>CodingCategories<br>Livingwithwife1<br>Livingwithfemalesexualpartner2                                | Skipt |
| Q.N.               | Which of the following best describes<br>your current living status?<br>(Select only one option)<br>Questions   | Living in own home2<br>Living in a residential hotel3<br>Rented apartment4<br>Rented room5<br>Others ( <i>specify</i> )96<br>CodingCategories<br>Livingwithwife1<br>Livingwithfemalesexualpartner2<br>Livingwithoutsexualpartner3 | Skipt |

| 108 | During thepastone-monthhowoftenhave you had drinkscontainingalcohol? | Everyday1<br>Morethan oncea week2<br>Onceaweek3 |  |
|-----|--|---|--|
|     | (Suchas alcohol, beer,local beeretc.)                                | Neverdrink4<br>Others( <i>Specify</i> )96       |  |
|     |  | Noresponse99                                    |  |

## 2.0 DRUG USE

| Q.N.  | Questions  | Coding Categories        | Skipto |
|-------|--|--------------------------|--------|
| 201   | Howlonghaveyoubeenusingdrugs?<br>(Drugmeansmedicinenotusedfortrea<br>tmentpurposeratherusedforIntoxica | Years                    |        |
|       | tion)  | Noresponse99             |        |
| 202   | Howoldwereyou when youfirst injecteddrugs?   | Years                    |        |
|       | (Includeself-<br>injectionorinjectionbyanother   | (writethecompletedyears) |        |
| 203   | Howlonghaveyoubeeninjectingdrugs?<br>(Includeself-<br>injectionorinjectionbyothers)                    | Years                    |        |
|       |  | Noresponse99             |        |
| 203.1 | Haveyouinjecteddrugs in thelastmonth?  | No2 —                    | ▶ 204  |
| 203.2 | If Yes, haveyouusednon-<br>sterilesyringe/needleat any<br>timeinthelastmonth?                          | Yes1<br>No2              |        |
| 203.3 | Haveyouusednon-sterileinjecting<br>equipment atany timeinthelastmonth?                                 | Yes1<br>No2              |        |

| 204         | Whichofthefollowingtypesofdrugshaveyouusedand/orinjectedin thepastone-week? |                 |             |           |        |         |    |          |       |  |  |
|-------------|---|-----------------|-------------|-----------|--------|---------|----|----------|-------|--|--|
|             | (Readthelist,multipleanswerpos  | sible           | e)          |           |        |         |    |          |       |  |  |
|             |   | UsedinLast-Week |             |           |        |         |    | ast-Week |       |  |  |
|             | Description   |                 | NO          | DK        | NR     | YËS     | NO | DK       | NR    |  |  |
|             | 1.Tidigesic/Noorphine/Nufine/Lup<br>egesic                                  |                 |             |           |        | 1       | 2  | 98       | 99    |  |  |
|             | 2. BrownSugar/White Sugar   | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
|             | 3.Nitrosun/Nitrovate  | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
|             | 4. Ganja/Chares   | 1               | 2           | 98        | 99     |         |    |          |       |  |  |
|             | 5.Phensydyl+Corex   | 1               | 2           | 98        | 99     |         |    |          |       |  |  |
|             | 6.Calmpose/Diazepam/Velium  | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
|             | 7.Codeine   | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
|             | 8.Phenergan/Stagon  | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
|             | 9.Cocaine/Cracks  | 1               | 2           | 98        | 99     |         |    |          |       |  |  |
|             | 10.Proxygin/Proxyvon  | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
|             | 11.Effidin  | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
|             | 12.LysergicAcidDithylamide(LSD)   | 1               | 2           | 98        | 99     |         |    |          |       |  |  |
|             | 13.Avil/Algic   | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
|             | 14. Amphetamine /Yava   | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
|             | 96.Others(Specify)_   | 1               | 2           | 98        | 99     | 1       | 2  | 98       | 99    |  |  |
| 204.0.<br>I | Have you used these drugs in combination form?                              |                 |             |           |        |         |    |          | 204.1 |  |  |
| 204.0.<br>2 | If yes, how many drugs have you used in combination form?                   |                 |             | _(num     | nbers) |         |    |          |       |  |  |
| 204.0.<br>3 | What are the main drugs used in combination form?                           |                 |             |           | (S     | Specify | )  |          |       |  |  |
| 204.1       | In the last month, did you switch from one drug to another?                 |                 | Yes1<br>No2 |           |        |         |    | -        | 205   |  |  |
| 204.1.      | If yes,which drug you left and which drug you started using?                |                 |             | fore<br>/ |        |         |    |          |       |  |  |

| 204.1.<br>2 | Whatisthereasonforswitching to another drug?  | To decrease use of Tidigesic1<br>Costly2<br>Difficult in finding drugs3 |     |
|-------------|---|---|-----|
|             |   | Others(specify)96   |     |
| 205         | Howmanytimesdid you inject<br>drugsyesterday? | Times0  | 207 |

| Q.N. | Questions   | Coding Categories   | Skipto |
|------|---|---|--------|
| 206  | Wouldyouliketotell me about the<br>reason why you did not injected drug<br>yesterday?<br>Howmanydaysago had youinjected<br>drugs? | Due to lack of Money1<br>Want to quit slowly2<br>Had taken Ganja3<br>Had taken Brown Sugar4<br>Had injected previous day5<br>Had taken alcohol6<br>Did not find Drugs7<br>Was under police custody8<br>Had taken Nitrosun9<br>Was Sick10<br>Had taken other drugs11<br>Was busy in household activity12<br>Others (Specify)96 |        |

|       |  | Onceaweek1                 |
|-------|--|----------------------------|
| 200   | During thepastone-week, about  | 2-3timesaweek2             |
| 208   | howmany times had you<br>injecteddrugs?                              | 4-6timesaweek3             |
|       |  | Onceaday4                  |
|       |  | 2-3timesaday5              |
|       |  | 4ormoretimesaday           |
|       |  | Not injectedinthelastweek7 |
|       |  | Don'tknow                  |
|       |  | Noresponse                 |
|       |  |                            |
| 209   | (Askwhethertherespondent<br>waseverarrestedornotthenaskthefollow     | Yes1                       |
|       | ingquestions)  | No2 210                    |
|       | Haveyou  | Noresponse99               |
|       | everbeenimprisonedordetained forany reason?                          |                            |
|       |  | Yes1                       |
| 209.1 | Inthepastyear, have youeverbeen impris                               | No2→ 210                   |
|       | oned or detainedforanyreason?  | Noresponse99               |
|       |  | Yes1                       |
| 000.0 |  |                            |
| 209.2 | Inthepastyear,haveyoueverbeen<br>imprisonedfordrug-relatedreason?    | No2 _210                   |
|       |  | Noresponse99               |
|       |  | Times                      |
| 209.3 | Inthepastyear,howmanytimeshaveyou beento jail fordrug-relatedreason? |                            |
|       | beento jan fordrug-relatedreason?                                    | Noresponse                 |
|       |  | Yes1                       |
| 209.4 | Haveyou everinjecteddrugs while you                                  | No2                        |
|       | were in jail?  | Noresponse99               |
|       |  |                            |
|       |  | Always1                    |
| 210   | How often did you cross the border                                   | Most of the time2          |
|       | (Indo-Nepal) to buy and use the illicit drugs in the past 12 months? | Sometimes3                 |
|       |  | Never4                     |
|       |  | Don't Know98               |
|       |  | No response                |
|       |  | · · ·                      |

### 3.0 NEEDLE SHARING BEHAVIORS

| Q.N.  | Questions  | Coding Categories                    | Skipto |
|-------|--|--------------------------------------|--------|
| 301   | Thinkabout<br>thetimes,youhaveinjecteddrugs<br>yesterday/lastday.Howmanytimesdidy<br>ouinject drugsonthatday?                | Times                                |        |
|       | (FillthenumberfromanswertoQ.205a ndverify byaskingtherespondent)   |                                      |        |
|       |  | My friend/relativegave it tome       |        |
| 302   | Thelasttimeyouinjected,howdidyouge   | afterhisuse1                         |        |
|       | t thatsyringe/needle?  | Unknownpersongaveit tomeafter        |        |
|       |  | heuse2                               |        |
|       | (Publicplacemeansplacesotherth<br>anthePWIDshomethatareusedto  | I pickedit upfromapublicplace        |        |
|       | hide syringe/needle)   | where it waslefttherebyothers3       |        |
|       |  | I pickedit upfromapublicplace        |        |
|       |  | where lleftthereby myself4           |        |
|       |  | I usedanewneedle/syringegiven        |        |
|       |  | by NGOstaff/volunteer5               |        |
|       |  | (writethenameofOrganization)         |        |
|       |  | I usedaneedle/syringe by purchasing6 |        |
|       |  | Ireusedmyownneedle/syringe7          |        |
|       |  | Myfriendgavenewneedle/syringe8       |        |
|       |  | Others(Specify)96                    |        |
|       |  | Don'tknow98                          |        |
|       |  | Noresponse99                         |        |
| 302.1 | If youinjected drugs in group the last<br>time,howmanydifferentpeoplein<br>thegroup doyouthink<br>usedthesamesyringe/needle? | No of person:<br>Injectedalone95     |        |
|       |  |                                      |        |

|       |   | My friend/relativegave it tome           |
|-------|---|--|
| 303   | Thinkabout thetime just beforethelasttimeyou injected   | afterhisuse1                             |
|       | drugs,howdidyougetthatsyringe/needle  | Unknownpersongaveit tome                 |
|       | ?   | afterheuse2                              |
|       |   | I pickedit upfromapublicplace            |
|       |   | where it waslefttherebyothers3           |
|       |   | I pickedit upfromapublicplace            |
|       |   | where lleftthereby myself4               |
|       |   | I usedanewneedle/syringegiven            |
|       | (Publicplacemeansplacesothert   | byNGOstaff/volunteer5                    |
|       | hanthePWIDshomethatareusedt<br>ohide syringe/needle)  | (writethe nameofOrganization)            |
|       |   | lusedaneedle/syringewhichl<br>purchased6 |
|       |   | Ireusedmyownneedle/syringe7              |
|       |   | My<br>friendgavenewneedle/Syringe<br>8   |
|       |   | Others(Specify)96                        |
|       |   | Don'tknow98                              |
|       |   | Noresponse99                             |
| 303.1 | At thattime,ifyou<br>wereinagroup,howmany<br>differentpeopleinthegroupdoyou<br>thinkhadusedthesameneedle? | No. of person D                          |

| Q.N.  | Questions   | Coding Categories                               | Skipto  |
|-------|---|---|---------|
|       |   | My friend/relativegave it tome                  |         |
| 304   | Nowthinkaboutthetimebefore(beforeQ. 303),howdidyougetthatsyringe/needle?  | afterhisuse1                                    |         |
|       |   | Unknownpersongaveit tome                        |         |
|       |   | afterheuse2                                     |         |
|       |   | I pickedit upfromapublicplace                   |         |
|       |   | whichwaslefttherebyothers3                      |         |
|       | (Publicplacemeansplacesothert   | I pickedit upfromapublicplace                   |         |
|       | hanthePWIDshomethatareusedt<br>ohide syringe/needle)  | whichwasleftthereby myself4                     |         |
|       |   | I usedanewneedle/syringegiven                   |         |
|       |   | byNGOstaff/volunteer5                           |         |
|       |   | (WritethenameofOrganization)                    |         |
|       |   | I useda new needle/syringewhich I<br>purchased6 |         |
|       |   | Ireusedmyownneedle/syringe7                     |         |
|       |   | My<br>friendgavenewneedle/syringe8              |         |
|       |   | Others(Specify)96                               |         |
|       |   | Don'tknow                                       |         |
|       |   | Noresponse99                                    |         |
| 304.1 | At<br>thattime,ifyouwereinagroup,howmany<br>differentpeopleinthegroupdoyouthink<br>hadused thesameneedle?   | Nos95   |         |
| 305   | Thinkabout<br>thetimes,youhaveinjected drugs<br>duringthepastone-week.<br>Howoftenwasit<br>withaneedleorsyringethat had<br>previouslybeen<br>usedbysomeoneelse? | Everytimes                                      | ▶ 312.1 |

|       |  | E        |          |       | 4  |  |
|-------|--|----------|----------|-------|----|--|
|       |  | Everytim | ies      | ••••• | 1  |  |
| 305.1 | Whenyou injecteddrug duringthepast                                     | Almoste  | very-tim | nes   | 2  |  |
|       | week,<br>howoftendidyouuseasyringe/needletha                           | Sometim  | nes      |       | 3  |  |
|       | t hadbeen leftinpublicplace?   |          |          |       | 4  |  |
|       | (Publicplacemeansplacesotherthant hePWIDs                              | Don'tkno | ow       |       | 98 |  |
|       | homethatareusedtohidesyringe/nee<br>dle)                               | Norespo  | nse      |       |    |  |
|       |  |          |          |       |    |  |
| 306   |  |          |          |       |    |  |
|       | With how many different injecting                                      | No of p  | ortooro  |       |    |  |
|       | With how many different injecting<br>partners did you share needles or | -        |          |       |    |  |
|       | syringes in the past one week?   | Don't kn | ow       |       | 98 |  |
|       | (Count everyone who injected from                                      | No respo | onse     |       | 99 |  |
|       | the same syringe)  |          |          |       |    |  |
|       | 5.   |          |          |       |    |  |
| 307   | Inthepastone-  |          |          |       |    |  |
| 307   | week,didyouevershareneedlesandsyri                                     |          |          |       |    |  |
|       | ngeswithanyofthefollowing?   |          |          |       |    |  |
|       |  | Va       | Na       | БИ    |    |  |
|       | Readoutlist.Multipleanswerspossibl                                     | Ye       | No       | DK    | NR |  |
|       | 1.Yourusualsexualpartner   | 1        | 2        | 98    | 99 |  |
|       | 2.Asexualpartnerwhoyoudidnotknow                                       | 1        | 2        | 98    | 99 |  |
|       | 3.Afriend  | 1        | 2        | 98    | 99 |  |
|       | 4.Adrugsseller   | 1        | 2        | 98    | 99 |  |
|       | 5.UnknownPerson  | 1        | 2        | 98    | 99 |  |
|       | 96.Other(Specify)  | 1        | 2        |       |    |  |

| Q.N. | Questions   | Coding Categories  | Skipto |
|------|---|--|--------|
| 308  | Inthepastone-<br>week,howoftendidyougi<br>vea<br>needleorsyringetosome<br>oneelse,afteryouhadalre<br>ady usedit?                      | Everytimes1<br>Almostevery-times2<br>Sometimes3<br>Never4<br>Don'tknow98<br>Noresponse99 |        |
| 309  | In thepast-week,didyou everinject<br>withapre-filled syringe?<br>(By<br>thatImeanasyringethat<br>wasfilledwithoutyou<br>witnessingit) | Yes1<br>No2<br>Don't'know98<br>Noresponse99  |        |

| 310       Inthepastone-week,howoftendidyou inject       Almostevery times  |    | Every time1                     |   |       |
|--|----|---------------------------------|---|-------|
| drugsusingasyringeaftersomeoneelseh<br>ad squirted drugsintoit<br>fromhis/herusedsyringe?       Sometimes  |    | Almostevery times2              |   | 310   |
| ad squirted drugsintoit<br>fromhis/herusedsyringe?       Never   |    | Sometimes3                      | drugsusingasyringeaftersomeoneelseh                               |       |
| (Front-loading/splitting)       Don'tknow  |    | Never4                          | ad squirted drugsintoit<br>fromhis/herusedsvringe?                |       |
| Ioading/splitting)Noresponse.99311Inthepastone-week,when<br>youinjecteddrugs,<br>howoftendidyousharea cooker/<br>vial/container,cotton/filter,orrisewater?Every time                 |    | Don'tknow98                     | , ,   |       |
| 311       Inthepastone-week,when youinjecteddrugs, howoftendidyousharea cooker/ vial/container,cotton/filter,orrisewater?       Almostevery times                                    |    | Noresponse99                    |   |       |
| youinjecteddrugs,<br>howoftendidyousharea cooker/<br>vial/container,cotton/filter,orrisewater?       Sometimes   |    | Every time1                     |   |       |
| howoftendidyousharea cooker/<br>vial/container,cotton/filter,orrisewater?       Sometimes  |    | Almostevery times2              |   | 311   |
| vial/container, cotton/filter, orrisewater?       Never  |    | Sometimes3                      | howoftendidyousharea cooker/                                      |       |
| 312       Inthepastone-week, howoftenyoudrawupyour drug solutionfromacommoncontainer usedbyothers?       Every time  |    | Never4                          | vial/container,cotton/filter,orrisewater?                         |       |
| 312Inthepastone-week,howoftenyoudrawupyour<br>drug<br>solutionfromacommoncontainer<br>usedbyothers?Every time  |    | Don'tknow98                     |   |       |
| 312       Inthepastone-week, howoftenyoudrawupyour drug solutionfromacommoncontainer usedbyothers?       Almostevery times   |    | Noresponse99                    |   |       |
| 312       Inthepastone-week, howoftenyoudrawupyour drug solutionfromacommoncontainer usedbyothers?       Almostevery times   |    | Every time 1                    |   |       |
| week,howoftenyoudrawupyour<br>drug<br>solutionfromacommoncontainer<br>usedbyothers?Sometimes   |    |                                 |   | 24.0  |
| 312.1       Inthepastoneyear, haveyouswitchedfrom sharingto non-sharingpractice of syringe?       Yes  |    |                                 | intnepastone-<br>week,howoftenyoudrawupyour                       | 312   |
| usedbyothers?       Never  |    |                                 | drug<br>solutionfromacommoncontainer                              |       |
| 312.1       Inthepastoneyear, haveyouswitchedfrom sharingto non-sharingpractice of syringe?       Yes  |    |                                 | usedbyothers?   |       |
| 312.1       Inthepastoneyear, haveyouswitchedfrom sharingto non-sharingpractice of syringe?       Yes  |    | Don'tknow98                     |   |       |
| haveyouswitchedfrom sharingto non-sharingpractice of syringe?       No   |    | Noresponse99                    |   |       |
| sharingpractice of syringe?       No   |    | Yes1                            | Inthepastoneyear,   | 312.1 |
| no.314       Everytime1         313       Inthepastone-week,when youinjected withneedlesorsyringesthathadprevi ouslybeenused,howoftendid you cleanthemfirst?       Almostevery-times |    | No2                             | haveyouswitchedfrom sharingto non-<br>sharingpractice of syringe? |       |
| 313 Inthepastone-week, when youinjected withneedlesorsyringesthathadprevi ouslybeenused, howoftendid you cleanthemfirst?   |    | tinjectedinthelastoneweek gotoQ |   |       |
| youinjected<br>withneedlesorsyringesthathadprevi<br>ouslybeenused,howoftendid you<br>cleanthemfirst?   |    | Everytime1                      |   |       |
| withneedlesorsyringesthathadprevi<br>ouslybeenused,howoftendid you<br>cleanthemfirst?  |    | Almostevery-times2              |   | 313   |
| ouslybeenused,howoftendid you cleanthemfirst?  |    | Sometimes3                      | withneedlesorsyringesthathadprevi                                 |       |
|  | 1  | Never4                          | ouslybeenused,howoftendid you                                     |       |
|  | 14 | Neverreused5                    | oleanthommist:  |       |
| i  |    |                                 |   |       |

|       |   | Withwater1   |        |
|-------|---|--|--------|
| 313.1 | Ifcleaned,howdidyouusuallycleanthem                                   | Withurine2   |        |
|       | ?   | Withsaliva3  |        |
|       |   | Boilthesyringeinwater4                               |        |
|       |   | Withbleach5  |        |
|       |   | Burningtheneedlewith<br>matchstick6                  |        |
|       |   | Others(Specify)96                                    |        |
| Q.N.  | Questions   | Coding Categories                                    | Skipto |
|       |   | Yes1   |        |
| 314   | Canyou obtainnew and<br>unusedneedles and                             | No2  | 316    |
|       | syringeswhenyouneedthem?  | Don't'know98   |        |
|       |   | Noresponse99   |        |
|       |   | Drugstoro 1  |        |
| 315   | W/hore convicted to innove and  | Drugstore1   |        |
| 315   | Wherecanyouobtainnew and<br>unusedneedles and syringes?               | Othershop2   |        |
|       |   | Healthworker3  |        |
|       |   | Hospital4  |        |
|       | (Donotreadoutlist.Multipleanswers                                     | Drugwholesaler/drugagency5                           |        |
|       | (Donotreadoutlist.Multipleanswers<br>possible.Probeonlywith"AnywhereE | Family/relatives6                                    |        |
|       | lse?")  | Sexualpartner7                                       |        |
|       |   | Friends8   |        |
|       |   | Otherdrugsusers9                                     |        |
|       |   | Drugsseller10  |        |
|       |   | Needle exchangeprogram11                             |        |
|       |   | (writethe nameofOrganization)                        |        |
|       |   | Steal fromlegitimatesource<br>(hospitals/pharmacy)12 |        |
|       |   | Buyonstreets13                                       |        |
|       |   | Other(Specify)96                                     |        |
|       |   |  |        |

|       |   | Disposed1                          |     |
|-------|---|------------------------------------|-----|
| 316   | What do you usually do with your used needle/ syringe   | Gave to friend2                    |     |
|       | needie/ synnge  | Kept/carry safely for another use3 |     |
|       |   | Hide in public places4             |     |
|       |   | Threw anywhere (please specify)5   |     |
|       |   | Don't know98                       |     |
|       |   | Others (specify)96                 |     |
|       |   | Returned to DIC outreach1          |     |
| 316.1 |   | Thrown to Public place2            |     |
|       | If disposed, how did you do?  |                                    |     |
|       | 1   | Yes1                               |     |
| 317   | nthepastone-  | No2                                | 7   |
|       | year,didyoueverinjectdrugin<br>anothercity/district(oranothercountry)?  | Don't'remember98                   | 318 |
|       |   | Noresponse99                       |     |
|       |   |                                    |     |
|       |   | Cities                             |     |
| 317.1 | Ifyes, inwhichothercities/districtsdidyou inject including cities in other countries?   | 1                                  |     |
|       |   | 2                                  |     |
|       |   | 3                                  |     |
|       |   | Districts                          |     |
|       |   | 1                                  |     |
|       |   | 2                                  |     |
|       |   | 3                                  |     |
|       |   | Country                            |     |
|       |   | 1                                  |     |
|       |   | 2                                  |     |
|       |   | 3                                  |     |
|       |   |                                    |     |
|       |   | Everytimes1                        |     |
| 317.2 | Thinkabout  | Almostevery-times2                 |     |
|       | thetimesyouinjecteddrugsinanothercity<br>/district(includingabroad)howoftenwasit<br>withasyringe/needlethathad<br>previouslybeenusedbysomeone else? | Sometimes3                         |     |
|       |   | Never4                             |     |
|       |   | Don'tknow98                        |     |
|       |   | Noresponse99                       |     |
|       |   |                                    |     |

| Q.N.  | Questions   | Coding Categories   | Skipto |
|-------|---|---|--------|
| 317.3 | Whenyou injecteddrugs in another<br>city,how<br>oftendidyougiveasyringe/needletosom<br>eoneelse?                      | Everytimes1<br>Almostevery-times2<br>Sometimes3<br>Never4<br>Don'tknow98<br>Noresponse99            |        |
| 318   | Areyoucurrently<br>undertreatment(orreceiving<br>help)orhaveyoueverreceivedtreatment(<br>orhelp)becauseofyourdruguse? | Currentlyundertreatment1<br>Wasintreatmentbutnotnow2<br>Haveneverreceivedtreatment3 _<br>Noresponse | - 320  |
| 319   | Howmanymonthsago did<br>youlastreceive<br>treatmentorhelpforyourdruguse?  | Months98<br>Don'tknow98<br>Noresponse99   |        |
| 320   | staff from a needle exchange program<br>has given you a new needle/syringe?   | Yes 1<br>No 2<br>Don't' remember 98<br>No response 99   |        |

### 4.0 SEXUAL HISTORY

| Q.N.  | Questions  | Coding Categories          | Skipto       |
|-------|--|----------------------------|--------------|
| 401   | Howoldwereyou at yourfirstsexual                             | Years old                  |              |
|       | Intercourse?   | (Writecompletedyears)      | 601          |
|       |  | Neverhadsexualintercourse0 |              |
|       |  | Don'tknow98                |              |
|       |  | Noresponse99               |              |
|       |  | Yes1                       |              |
| 402   | Haveyouhadsexualintercourseinthelast 12 months?              | No2 -                      | 4 <u>0</u> 4 |
|       | 12 monuns?   | Noresponse99 -             |              |
| 403   | Intotal,howmanydifferentfemalesexua                          | Number                     |              |
|       | l<br>partnershaveyouhadsexinthelast12m<br>onths?             |                            |              |
|       |  | Number                     |              |
| 403.1 | Howmanywerefemale"regularpartners"                           | Don't know98               |              |
|       |  | No response                |              |
|       | (Your wifeorlive-insexualpartners)                           |                            |              |
| Q.N.  | Questions  | CodingCategories           | Skipto       |
| 403.2 | Howmanywerefemale"sex worker"?                               | Number                     |              |
|       | (Partnerstowhomyouboughtorsol dsexinexchangeformoneyor drug) | Don't know98               |              |
|       |  | No response99              |              |
| 403.3 | Howmanywerefemale"non-<br>regularpartners"?                  |                            |              |
|       | (Sexualpartners, youarenot married                           | Number                     |              |
|       | toandhaveneverlivedwithanddid                                | Don't know98               |              |
|       | nothavesexinexchangeformoney)                                | No response99              |              |
|       |  |                            |              |
|       |  | Yes1                       |              |
| 404   | Wehavejusttalked<br>aboutyourfemalesexual                    | No2 -                      | <b>_</b>     |
|       | partners.Haveyoueverhadanymalesex<br>ualpartnersalso?        | Noresponse99 –             | 501          |

| 404.1 | lfyes,haveyouhadanalsexwith any<br>ofyour malepartnersinthelast<br>12months?             | Yes1<br>No2<br>Noresponse99 501  |
|-------|--|--|
| 404.2 | Withhowmanydifferent<br>malepartnershave<br>youhadanal/oralsexinthelast 12<br>months?    | Number<br>Don't know   |
| 404.3 | Thelasttimeyouhadanal/oralsex<br>withamalesex partnerdid<br>youandyourpartneruseacondom? | Yes1<br>No2<br>Don'tKnow   |
| 404.4 | Howoftenhaveyouusedacondominana<br>nal/oralsex with<br>malesexpartnerinthepast12months   | Everytimes1<br>Almostevery-times2<br>Sometimes3<br>Never4<br>Don'tknow98<br>Noresponse99 |

### 5.0 NUMBERS AND TYPES OF PARTNERS

(Check Q. 403.1 and circle the response of Q.501 if necessary you may need to ask403.1 once again and correct the response)

| Q.N.  | Questions   | Coding Categories | Skipto |
|-------|---|-------------------|--------|
| 501.  | Did youhave sex<br>withfemaleregularpartner (wifeorlive-<br>inpartner)duringlast12months?                             | Yes1<br>No2 —     | → 502  |
| 501.1 | Thinkabout<br>yourmostrecentfemaleregularsexual<br>partner.Howmanytimesdid youhave<br>sexwithherduringlast one-month? | Number            |        |

| Q.N.  | Questions  | Coding Categories                               | Skipto  |
|-------|--|---|---------|
|       |  | Yes1 –  | → 501.4 |
| 501.2 | Thelasttimeyouhadsexw                                      | No2   |         |
|       | ithafemaleregular<br>partnerdid youor                      | Don'tknow98 <sup>—</sup>                        | 501.4   |
|       | yourpartneruseacondo<br>m?                                 | Noresponse99 _                                  |         |
|       |  | Notavailable1                                   |         |
| 501.3 | Whydidnotyouoryourpartneruseacondo                         |   |         |
| 00110 | m that time?   | Partnerobjected3                                |         |
|       |  | Don'tlikethem4                                  |         |
|       | (Do  | Usedothercontraceptive5                         |         |
|       | notreadthepossibleanswers,mult ipleanswerpossible)         |   |         |
|       |  | Didn'tthink it wasnecessary6<br>Didn'tthinkofit |         |
|       |  |   |         |
|       |  | Other(Specify)96                                |         |
|       |  | Don'tknow                                       |         |
|       |  | Noresponse99                                    |         |
|       |  | Everytime1                                      |         |
| 501.4 | Howoftenhaveyouusedacondomwith                             | Almostevery-times2                              |         |
|       | female regularpartnersinthepastyear?                       | Sometimes3                                      |         |
|       |  | Neverused4                                      |         |
|       |  | Don'tknow98                                     |         |
|       |  | Noresponse99                                    |         |
|       |  |   |         |
|       |  | Yes1  |         |
| 501.5 | Did  | No2   |         |
|       | yourfemaleregularpartneralso<br>injectdrugs?               | Don'tknow98                                     |         |
|       |  | Noresponse99                                    |         |
|       |  |   |         |
|       |  | Yes1  |         |
| 501.6 | Haveyou everhadanalsex with<br>yourfemale regularpartners? | No2 -   |         |
|       |  | Don'tknow98                                     | 502     |
|       |  | Noresponse99                                    |         |
|       |  |   |         |

| 501.7 | Thelasttimeyouhadanal-<br>sexwithafemale<br>regularpartnerdidyouoryourpartneruse<br>acondom?  | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |       |
|-------|---|--|-------|
| 501.8 | Howoftenhaveyouusedacondominana<br>nal-<br>sexwithfemaleregularpartnersinthepast<br>12months?   | Neverused4<br>Don'tknow98<br>Noresponse99  |       |
| 502   | Did<br>youhaveasexualintercoursewithafem<br>alesex workerinlast 12 months?<br>(Check403.2<br>andcircletheresponseofQ.<br>502ifnecessaryyoumayneedtoask<br>403.2onceagainandcorrecttheresp | Yes1<br>No2 –                              | → 503 |
| 502.1 | Thinkabout<br>thefemalesexworkersthat<br>youhavehadsex inthepast one-<br>month.<br>Intotal<br>howmanyfemalesexworkersyouhads<br>ex inexchangeformoneyordrugs?                             | Number                                     |       |

| Q.N. | Questions   | Coding Categories           | Skipto |
|------|---|-----------------------------|--------|
|      |   | Number                      |        |
|      | Withhowmanysexworke<br>rsyouhadsex in<br>lastmonth<br>bypayingthemmoneyord<br>rugs? | Don'tknow98<br>Noresponse99 |        |

|              |   | Hotel/lodge1                 |
|--------------|---|------------------------------|
| 502.1.2      | Wheredidyouhavesexwithalastsex                                    | Ownhouse2                    |
|              | worker?   | Sexworker'shouse3            |
|              |   | Injectingsite4               |
|              |   | Teashop5                     |
|              |   | Park/garden6                 |
|              |   | Dancerestaurant7             |
|              |   | Massageparlor8               |
|              |   | Bhattipasal9                 |
|              |   | Dohorirestaurant10           |
|              |   | Other(Specify)96             |
|              |   | Don'tKnow98                  |
|              |   | Noresponse99                 |
|              |   |                              |
| 502.2        | Thinkabout yourmostrecentfemalesex                                |                              |
| 502.2        | worker.Howmanytimesdidyouhavesex                                  | Times                        |
|              | ualintercoursewithherinthepast one-<br>month?                     | Don'tknow98                  |
|              |   | Noresponse99                 |
|              |   |                              |
|              |   | Yes1 → 502.5                 |
| 502.3        | Thelasttimeyouhadsex withafemalesex<br>workerdid youor            |                              |
|              | yourpartneruseacondom?  | Don't know98 502.5           |
|              |   | No response                  |
|              |   | Notavailable1                |
| 502.4        | Whydid not youor<br>yourpartneruseacondom that time?              | Tooexpensive2                |
|              | , .   | Partnerobjected3             |
|              | (Do   | Don'tlikethem4               |
|              | notreadthepossibleanswers,mult ipleanswerpossible)                | Usedothercontraceptive5      |
|              |   | Didn'tthink it wasnecessary6 |
| <b>FOC F</b> |   | Every times1                 |
| 502.5        | Howoftenhaveyouusedacondomwith<br>femalesex workersinthepastyear? | Almostevery time2            |
|              |   | Sometimes3                   |
|              |   | Neveruse4                    |

| 502.6 | Doyouknowwhetherfemalesex<br>workerwith<br>whomyouhadsexalsoinjecteddrugs? | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |
|-------|--|--|
| 502.7 | Haveyou<br>everhadanalsexwithyourfemale<br>sexworkers?                     | Yes1<br>No2<br>Don'tknow98<br>Noresponse   |
| 502.8 | Thelasttimeyouhadanal-<br>sexwithafemalesexworkerdid<br>youuseacondom?     | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |

| Q.N.  | Questions  | Coding Categories   | Skipto                     |
|-------|--|---|----------------------------|
| 502.9 | Howoftenhaveyouusedacondominan<br>analsex with femalesex workersinthe<br>past12months?   | Everytimes1<br>Almostevery-times2<br>Sometimes3<br>Neverused4 |                            |
| 503   | Did<br>youhaveasexualintercoursewithafemal<br>e non-<br>regularsexpartnerduringlast12months?<br>(Check403.3andcircletheresponseof<br>Q.503 <i>ifnecessaryyoumayneedtoask</i><br>403.3<br>onceagainandcorrecttheresponse) |   | → 504                      |
| 503.1 | Thinkabout yourmostrecentfemalenon-<br>regularsexualpartner.Howmanytimesdi<br>d youhavesexual<br>intercoursewithheroverthe pastone-<br>month?  | Times98<br>Don'tknow98<br>Noresponse99                        |                            |
| 503.2 | Thelasttimeyouhadsexwithafemalenon<br>-<br>regularpartnerdidyouoryourpartneruse<br>acondom?  | Yes1 —<br>No2<br>Don'tknow98 —<br>Noresponse                  | ► 503.4<br>_<br>_<br>503.4 |

|       |   | Notavailable1                |
|-------|---|------------------------------|
| 503.3 | Whydid not youor  | Tooexpensive2                |
|       | yourpartneruseacondomthat time?                                     | Partnerobjected3             |
|       |   | Don'tlikethem4               |
|       | (Don'treadthepossibleanswers, multipleanswerpossible)               | Usedothercontraceptive5      |
|       | ,   | Didn'tthink it wasnecessary6 |
|       |   | Didn'tthinkofit7             |
|       |   | Other(Specify)96             |
|       |   | Don'tknow98                  |
|       |   | Noresponse99                 |
|       |   | Everytimes1                  |
| 503.4 | Howoftenhaveyouusedacondomwitha                                     | Almostevery-time2            |
|       | femalenon-<br>regularpartnerinthepastyear?                          | Sometimes3                   |
|       |   | Neverused4                   |
|       |   | Yes1                         |
| 503.5 | Did you knowwhetheryourfemalenon-                                   | No2                          |
|       | regular partnersalsoinjecteddrugs?                                  | Don'tknow98                  |
|       |   | Noresponse99                 |
|       |   | Yes1                         |
| 503.6 | Haveyou   | No2 ¬                        |
|       | everhadanalsexwithyourfemale non-<br>regularpartners?               | Don'tknow98 _ 504            |
|       |   | Noresponse99                 |
|       |   | Yes1                         |
| 503.7 | Thelasttimeyouhadanalsex  | No2                          |
|       | withafemale non-regularpartner<br>didyouand yourpartneruse acondom? | Don'tknow98                  |
|       |   | Noresponse99                 |
|       |   |                              |

| Q.N.  | Questions  | Coding Categories                    | Skipto |
|-------|--|--------------------------------------|--------|
| 503.8 | Howoftenhaveyouusedacondominana<br>nal-sex withfemalenon-<br>regularpartnersinthepastyear? | Everytimes<br>1<br>Almostevery-times |        |

| 504   | Haveyouhadanalsexwithamalepartneri<br>n the pastoneyear?<br>(SeetheresponseinQ.404.1andcircle<br>Q.504response <i>ifnecessaryyoumayn</i><br><i>eedto</i><br><i>ask404.1onceagainandcorrectthe</i><br><i>response</i> ) | Yes1 → 505<br>No2   |
|-------|--|---|
| 504.1 | Thinkofyourlastmalesexpartnerwithwh<br>om youhadanalsex: in thelast one<br>month,howmany<br>timesyouhadanalsexwith him?  | Times98<br>Don'tknow98<br>Noresponse99  |
| 504.2 | Thelasttimeyouhadanalsex<br>withhim;didyou use condom?<br>(CheckanswerinQno404.3)  | Yes $1 \rightarrow 504.4$<br>No2<br>Don'tknow98<br>Noresponse   |
| 504.3 | Whydidn'tyouusecondomatthat time?  | Notavailable1<br>Tooexpensive2<br>Partnerobjected3<br>Don'tlike4  |
|       | (Don'treadpossibleanswer,multiple<br>answerpossible)   | Usedothercontraceptive5<br>Didn'tthink it wasnecessary6<br>Didn'tthinkofit7<br>Other( <i>Specify</i> )96<br>Don'tknow98<br>Noresponse99 |
| 504.4 | Howoftenhaveyouusedacondomduring<br>anal sex<br>withamalepartneristhepastyear?<br>(CheckQno.404.4)   | Everytime1<br>Almostevery-times2<br>Sometimes3<br>Neverused4<br>Don'tknow98<br>Noresponse99   |

| 504.5  | Doyouknowifyourmalepartnerwith<br>whom youhadanalsex<br>alsoinjecteddrugs?                | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |
|--------|---|--|
| 504.6  | Haveyou<br>everhadsexinexchangeformoney<br>orsomecommodities?                             | Yes1<br>No2 → 505                          |
| 504.7  | Beforestartinginjectingdrugsdidyouhav<br>esexinexchangeformoneyorsomecom<br>modities?     | Yes1<br>No2                                |
| 504.8  | Afterstartinginjectingdrugsdid<br>youhavesex in<br>exchangeformoneyorsomecommoditie<br>s? | Yes1<br>No2                                |
| Q.N.   | Questions   | Coding Categories Skipto                   |
| 504.9  | Did youhave<br>sexinexchangeformoneyor<br>somecommoditiesinthelast12months?               | Yes1<br>No2 -> 505                         |
| 504.10 | Inthelast12monthhowmanysuchsexual contactsdidyouhave?                                     | Number                                     |
| 504.11 | Inthelast12monthhowmanysuchpartn<br>ersdidyou sellsexto?                                  | Number                                     |
| 505    | Haveyouhadsexualintercourseinthelast month?   | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |
| 505.1  | Ifyes,didyouoryourpartneruseacondom whenyouhadlastsexinthelast month?                     | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |

|     |   | Everytimes1  |
|-----|---|--|
| 506 | Inthelast month, howoften did                 | Almostevery-times2                                   |
|     | youoryour<br>partneruseacondomwhenyouhadsex?  | Sometimes3   |
|     |   | Neverused4   |
|     |   | Don'tknow98  |
|     |   | Noresponse99   |
|     |   | FSW1   |
| 507 |   |  |
| 507 | Withwhomdidyouhavethelastsexual intercourse?  | Regularpartner2                                      |
|     |   | (Wifeorliveinsexualpartner)                          |
|     |   | Otherfemalefriend3                                   |
|     |   | Malefriend4  |
|     |   | Did nothavesexualcontact in thepastyear <del>5</del> |
|     |   | Don'tKnow98  |
|     |   | Noresponse   |
|     |   |  |
|     |   | Yes1   |
| 508 | Did you usecondominthelast sexualintercourse? | No2  |
|     |   |  |

### 6.0 USEANDAVAILABILITYOFCONDOM

(CheckresponsesinQ.N.404.3,404.4,501.2,501.4,501.7,501.8,502.3,502.5,502.8,502.9,5 03.2,503.4,503.7,503.8,504.4,505.1,506,508 andcircleresponsesinQ.601&602andProbeiftheresponseiscontradictory)

| Q.N. | Questions   | CodingCategories                             | Skipto |
|------|---|--|--------|
| 601  | Haveyou everheardofacondom?<br>(Showpictureorsampleofc<br>ondom)Probe ifthe<br>responseisNo | Yes1<br>No2 —<br>Don'tknow98<br>Noresponse99 | 701    |
| 602  | Haveyou everusedacondom?  | Yes1<br>No2                                  |        |
|       |   | Yes1                         |              |
|-------|---|------------------------------|--------------|
| 603   | Doyouknowofany                                      | No2                          | 701          |
|       | placeorpersonfromwhich youcan obtain condom?        | Noresponse99                 | <b>→</b> •01 |
|       |   | Shop1                        |              |
| 604   | Fromwhich placeorpeople,can you obtain condoms?     | Pharmacy2                    |              |
|       | obtain condoms?                                     | Clinic3                      |              |
|       |   | Hospital4                    |              |
|       |   | Familyplanning center5       |              |
|       |   | Bar/Guesthouse/Hotel6        |              |
|       | (Multipleanswerpossible.Don'trea dthelistbut probe) | Healthworker7                |              |
|       |   | PeerEducator/Outreachdoctor8 |              |
|       |   | Friend9                      |              |
|       |   | PanPasal10                   |              |
|       |   | Others(Specify)96            |              |
|       |   | Noresponse99                 |              |
|       |   |                              |              |
|       |   | Yes,freeofcost1              |              |
| 604.1 | Didanyorganizationgiveyou condominthe last12months? | Yes,bytakingmoney2           |              |
|       |   | No3                          |              |
|       |   |                              |              |
| 0.05  |   | Lessthan30minutes1           |              |
| 605   | Howlong<br>wouldittake <b>(fromyourhouseorthe</b>   | Morethan30minutes2           |              |
|       | placewhereyouwork)toobtaina condom?                 | Don'tknow98                  |              |
|       |   | Noresponse99                 |              |
|       |   |                              |              |
| 606   | Doyouusuallycarry condomwithyou?                    | Yes1                         |              |
|       |   | No2                          |              |
| 607   | Atthismomenthowmanycondomsdoyo                      |                              |              |
|       | u haveat-hand with you?                             | Numbers                      |              |
|       | (Observeandwrite)                                   |                              |              |
|       |   |                              |              |

### 7.0 KNOWLEDGEANDTREATMENTOFSTIs

| Q.N.  | Questions  | Coding Categories          | Skipto      |
|-------|--|----------------------------|-------------|
|       |  | Coding Categories<br>Yes1  |             |
| 701   | Haveyou  | No2                        | 704         |
|       | everheardofdiseasesthatcanbe<br>transmittedthroughsexualintercourse? | Noresponse99               |             |
|       |  | _                          |             |
| Q.N.  | Questions  | CodingCategories           | Skipto      |
| Q.IN. |  | Lowerabdominalpain1        | Зкіріо      |
| 702   | Canyoudescribeanysymptomsof  | Genitaldischarge2          |             |
|       | STIs inwomen?  | Foulsmelling               |             |
|       |  | Burningpainonurination4    |             |
|       | (Donotreadpossibleanswers,   | Genitalulcers/sore         |             |
|       | multipleanswerspossible.)  | Swellingingroinarea6       |             |
|       |  |                            |             |
|       |  | Itching                    |             |
|       |  | Other(Specify)96           |             |
|       |  | Don'tknow98                |             |
|       |  | Noresponse99               |             |
|       |  |                            |             |
|       |  | Genitaldischarge1          |             |
| 703   | Canyoudescribeanysymptomsof  | Burningpainonurination2    |             |
|       | STIs inmen?  | Genitalulcers/soreblister3 |             |
|       |  | Swellingsingroinarea4      |             |
|       | (Donotreadpossibleanswers, multipleanswerpossible)                   | Others(Specify)96          |             |
|       |  | Don'tknow98                |             |
|       |  | Noresponse                 |             |
|       |  |                            |             |
|       |  | Yes1                       |             |
| 704   | Haveyouhadgenitaldischarge/burning                                   | No2                        | $\parallel$ |
|       | urinationduringthelast 12 months?                                    | Don'tknow98                | 705         |
|       |  | Noresponse                 | 1           |
|       |  |                            |             |
|       |  | Yes1                       |             |
| 704.1 | Currently,doyouhavegenital   | No2                        |             |
|       | discharge/burningurinationproblem?                                   | Don'tknow98                |             |
|       |  | Noresponse                 |             |
|       |  | 11010300130                |             |

| 705   | Haveyouhadagenitalulcer/soreblisterd uring thelast 12months?   | Yes1<br>No2<br>Don'tknow  |
|-------|--|---|
| 705.1 | Currently,doyouhavegenitalulcer/soreb<br>lister?   | Yes1<br>No2<br>Don'tknow98<br>Noresponse99  |
| 706   | Last<br>timeyouhadagenitaldischarge/burning<br>urinationoragenitalulcer/soreblister,wh<br>eredidyou gofor treatment? | Didnotseektreatment1<br>Withprivatedoctor2<br>Inhospital3<br>Neverhadsuchsymptoms4<br>Others(Specify)96 |

## 8.0 KNOWLEDGE, OPINIONSANDATTITUDESONHIV

| Q.N. | Questions  | CodingCategories  | Skipto |
|------|--|---|--------|
| 801  | Haveyou<br>everheardofHIVorthediseasecalle<br>d AIDS?<br>(Probeiftheresponseif No) | Yes1<br>No2<br>Noresponse99                                     |        |
| 802  | Doyouknowanyonewhois<br>infectedwithHIV or<br>whohasdiedofAIDS?                    | Yes1<br>No2 -<br>Noresponse99 -                                 | 804    |
| 803  | Doyouhavecloserelativeorclosefriend<br>who isinfected withHIVorhasdiedof<br>AIDS?  | Yes,acloserelative1<br>Yes,aclosefriend2<br>No3<br>Noresponse99 |        |

| Q.N. | Questions  | CodingCategories                           | Skipto |
|------|--|--|--------|
| 804  | Canapersonprotecthimself/herselffrom<br>HIV, the virusthatcausesAIDS<br>byusingacondomcorrectly<br>duringeachsexualact?                            | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |        |
| 805  | Canapersonget<br>HIV,frommosquitobites?  | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |        |
| 806  | Canapersonprotecthimself/herselffrom<br>HIV byhaving<br>onlyoneuninfectedfaithful sexpartner?  | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |        |
| 807  | Canapersonprotecthimself/herselffrom<br>HIV<br>byabstainingfromsexualintercourse?  | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |        |
| 808  | Canapersonget HIV,bysharinga meal with someonewhoisinfected?   | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |        |
| 809  | Canapersonget<br>HIV,bygettinginjectionswith a<br>needlethatisalreadyusedbysomeoneel<br>se?  | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |        |
| 810  | Canapersonwho injectdrugprotect<br>himself/herselffromHIV,<br>thevirusthatcausesAIDS,byswitchingto<br>non-injectingdrugs?<br>(Oralorinhalingdrugs) | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |        |

| 811       | CanapregnantwomaninfectedwithHIV<br>transmitthevirustoherunbornchild?   | Yes1<br>No2→ 813<br>Don'tknow98<br>Noresponse99 |
|-----------|---|---|
| 812       | Whatcanapregnantwomandotoreduce<br>the risk oftransmission<br>ofHIVtoherunborn child?<br>(Do<br>notreadthepossibleanswers,mult<br>ipleanswerpossible) | Takemedication(Antiretroviral)1Don'tknow        |
| 813       | CanwomenwithHIVtransmitthevirust<br>o hernewbornchildthroughbreast-<br>feeding?   | Yes1<br>No2<br>Don'tknow98<br>Noresponse99      |
| 8<br>13.1 | Doyouthinkahealthy-lookingpersoncan be infected withHIV?  | Yes1<br>No2<br>Don'tknow98                      |
| 813.2     | Canapersonget HIVbyshakinghand with aninfected person?  | Yes1<br>No2<br>Don'tknow98                      |
| 813.3     | Canbloodtransfusionfromaninfectedper son tothe othertransmit HIV?   | Yes1<br>No2<br>Don'tknow98                      |

| Q.N. | Questions   | CodingCategories                           | Skipto |
|------|---|--|--------|
| 814  | Isitpossibleinyourcommunityforsomeon<br>eto haveaconfidentialHIVtest?<br>(Byconfidential,Imeanthat no<br>onewillknowtheresultifyoudon'twan<br>thimorhertoknowit.) | Yes1<br>No2<br>Don'tknow98<br>Noresponse99 |        |

| 814.1 | DoyouknowwheretogoforHIVtest?  | Yes1<br>No2  |
|-------|--|--|
| 815   | HaveyoueverhadanHIVtest?   | Yes1<br>No2901<br>Noresponse99   |
| 816   | Did you voluntarilytakeup<br>theHIVtest,or were<br>yourequiredtohavethetest? | Voluntary1<br>Required2<br>Noresponse99  |
| 817   | Whendid youhaveyourmostrecent<br>HIVtest?                                    | Withinthepast12months1<br>Between13-24months2<br>Between25-48months3<br>Morethan48months4<br>Don'tknow98<br>Noresponse99 |
| 817.1 | How many times have you undergone for HIV test within the last 12 months?    | Times  |
| 818   | Didyoufind out theresult<br>ofyourHIVtest?                                   | Yes1 → 818.1<br>No2 901<br>Noresponse99 →  |
| 818.1 | What was the result of your last test?                                       | Positive1<br>Negative2<br>Uncertain3<br>Result not received4   |
| 818.2 | Did you go to HTC for HIV care once<br>you knew you were HIV positive?       | Went1<br>Did not go2<br>Don't know98<br>No response99  |

|       |   | Felt I was healthy1  |  |
|-------|---|--|--|
| 818.3 | Why didn't you go to HTC for HIV care even after knowing you were HIV | Others might know2   |  |
|       | positive?   | Had to pay3  |  |
|       |   | Bad attitude of healthcare provider4 901                     |  |
|       |   | Long waiting time/Could not manage with Clinic opening time5 |  |
|       |   | Don't know98   |  |
|       |   | No response99  |  |
|       |   | Others (Specify)96   |  |
|       |   |  |  |
|       |   | Sureofnotbeinginfected1                                      |  |
| 819   | Whydidyounotreceivethetestresult?                                     | Afraidofresult2  |  |
|       |   | Felt unnecessary3  |  |
|       |   | Forgotit4  |  |
|       |   | No response99  |  |
|       |   | Others(Specify)96  |  |
|       |   |  |  |

### 9.0 KNOWLEDGEOF HEPATITIS C

I am going to ask you to answer some questions about your general knowledge of Hepatitis C.

| Q.N. | Questions  | Response categories         | Skipto |
|------|--|-----------------------------|--------|
| 901  | Can Hepatitis C be transmitted through sex?        | Yes1<br>No2<br>Don't know98 |        |
| 902  | Can Condoms protect you against hepatitis C?       | Yes1<br>No2<br>Don't know98 |        |
| 903  | Can Hepatitis C only occur if you have HIV?        | Yes1<br>No2<br>Don't know98 |        |
| 904  | Can Hepatitis C be transmitted by sharing needles? | Yes1<br>No2<br>Don't know98 |        |
| 905  | Can Hepatitis C be transmitted through tattooing?  | Yes1<br>No2<br>Don't know98 |        |
| 906  | Is there a medical treatment for hepatitis C?      | Yes1<br>No2<br>Don't know98 |        |
| 907  | Can herbal remedies cure hepatitis C?              | Yes1<br>No2<br>Don't know98 |        |

### 10. KNOWLEDGEANDPARTICIPATIONINSTIANDHIVPROGRAMS

| Q.N. | Questions  | CodingCategories  | Skipto |
|------|--|---|--------|
| 1001 | Haveyou<br>metordiscussedorinteractedwithPeer<br>Educators(PE)orOutreachEducators(<br>OE)or CommunityMobilizes(CM)or<br>CommunityEducators(CE)inthelast12<br>months? | Yes1<br>No2—<br>Noresponse99  | 1004   |
| 1002 | WhatactivitiesdidthesePEorOEsinvo<br>lveyouin whenyou metthem?<br>(Multipleanswers.DONOTRE<br>ADthe possibleanswers)   | DiscussiononhowHIV and AIDS<br>is/isn'ttransmitted1<br>DiscussiononhowSTIis/isn't<br>transmitted2<br>Discussiononsafeinjecting<br>behavior3<br>Regular/non-regularuseof<br>condom4<br>Demonstrationonusing<br>condomcorrectly5<br>Others(Specify)96 |        |
| 1003 | HowmanytimeshavethesePE,OE,CM<br>and/orCEmetyouinthelast12months?  | Once  |        |
| 1004 | Haveyouvisitedorbeentoanyoutreach<br>center(DIC,ICorCC)inthelast12month<br>s?<br>Drop-<br>InCenter(DIC),InformationCenter(IC),<br>Counseling Center(CC)              | Yes1<br>No2 -   | ► 1008 |

| 1005 | Whatdidyoudo whenyou went to<br>theoutreach center<br>(DIC,ICorCC)inthe12lastmonths?<br>(Multipleanswers.DONOTRE<br>ADthe possibleanswers) | Wenttocollectcondoms1<br>Wenttolearnthecorrectway of<br>usingcondom2<br>Wenttolearnaboutthesafe<br>injectingbehavior3<br>WenttowatchfilmonHIV/AIDS4<br>Participated indiscussionon<br>HIVtransmission5 |        |
|------|--|--|--------|
|      |  | HIVtransmission  |        |
| 1006 | Doyouknowwhichorganizationsruntho<br>seoutreachcenter(DIC, ICorCC)?<br>(Multipleanswers.DONOTRE<br>ADthe possibleanswers)                  | NGOs (Specify)1<br>Other (specify)96<br>Don't Know98   |        |
| 1007 | Howmanytimeshaveyou<br>visitedoutreach<br>centers(DIC,ICorCC)inthelast12<br>months?  | Once1         2-3times2         4-6times3         7-12times4         Morethan12times5  |        |
| 1008 | HaveyouvisitedanySTIclinicinthelast 12 months?   | Yes1<br>No2 —-   | • 1011 |
| Q.N. | Questions  | CodingCategories   | Skipto |

| 1009 | Whatdidyoudo whenyou<br>visitedsuchSTI clinic?<br>(Multipleanswers.DONOTRE<br>ADthe<br>possibleanswersgivenbelow<br>)                              | BloodtestedforSTI   |       |
|------|--|---|-------|
|      |  | Tookafriendwithme6  |       |
|      |  | Other(Specify)96  |       |
| 1010 | Howmanytimeshaveyou<br>visitedSTIclinicinlast12months?   | Once1         2-3times2         4-6times3         7-12times4         Morethan12times5 |       |
| 1011 | Haveyouvisitedany HTC center in last<br>12 months? (Health Counselling<br>Testing)?<br>(Multipleanswers.DONOTREADthe<br>possibleanswersgivenbelow) | Yes1<br>No2 -   | ▶1014 |

|        |   | Receivedpre-HIV/AIDStest  |
|--------|---|---|
| 1012   | Whatdidyoudo whenyou visitedsuch                                      | counseling1   |
|        | HTCs?   | Bloodsampletakenfor   |
|        |   | HIV/AIDStest2   |
|        | (Multipleanswers.DO   | ReceivedpostHIV/AIDStest<br>counseling3                                   |
|        | NOTREADthe<br>possibleanswers)  | Receivedinformationonsafe<br>injectingbehavior4                           |
|        |   | ReceivedHIV/AIDStestresult5   |
|        |   | Receivedcounseling onusing<br>condomcorrectlyin eachsexual<br>intercourse |
|        |   | ReceivedinformationonHIV/AIDS   |
|        |   | windowperiod7   |
|        |   | Tookafriendwithme8  |
|        |   |   |
| 1      |   | Other <i>(Specify</i> )96<br>Once1  |
| 013    | ForhowmanytimeshaveyouvisitedHT                                       | 2-3times2   |
|        | C centerinthelast 12 months?  | 4-6times3   |
|        |   | 7-12times4  |
|        |   | Morethan12times5  |
|        |   |   |
|        |   | Yes1  |
| 1013.1 | Have you ever enrolled into any<br>Opioid substitution Therapy (OST): | No2 +014  |
|        | Methadone and Buprenorphine?  | Don't Know98  |
|        |   | No response99   |
|        |   | Yes1  |
| 1013.2 | Have you received any Opioid  | No2 7 1014  |
|        | substitution Therapy (OST) in the past 12 months?                     | Don't Know  |
|        |   | No response99   |
|        |   | Methadone1  |
| 1013.3 | Which convice have you readined?                                      | Buprenorphine2  |
|        |   | Others ( <i>Specify</i> )   |
|        |   |   |
|        |   |   |

| Q.N.   | Questions  | CodingCategories                  | Skipto |
|--------|--|-----------------------------------|--------|
| 4040.4 |  | Yes1                              |        |
| 1013.4 | Are you still in therapy?  | No2                               |        |
|        |  | ل Don't know98                    |        |
| 1      |  | Methadonemg                       |        |
| 013.5  | What amount have you been receiving per day?                       | Or                                |        |
|        | receiving per day:   | Buprenorphine mg                  |        |
|        |  | Years                             |        |
| 1013.6 | How long have you been in this therapy?                            | Months                            |        |
|        |  | Yes1                              |        |
| 1014   | Have you ever heard about  | No2 ->                            |        |
|        | prevention of mother to child transmission services (PMTCT) for    | Don't know98                      |        |
|        | pregnant women?  | No response                       | 1015   |
| -      |  | Yes1                              |        |
|        |  |                                   |        |
| 1014.1 | Do you know from where pregnant<br>women can get PMTCT services?   | No2                               |        |
|        | (Prevention of Mother To Child                                     | Don't know98                      | 1015   |
|        | Transmission)  | No response99                     |        |
|        |  | Government organization (Specify) |        |
| 1014.2 | If Yes, please specify   |                                   |        |
|        |  | NGO's (Specify)                   |        |
|        |  |                                   |        |
|        |  | Others (Specify)                  |        |
|        |  | Yes1                              |        |
| 1015   | Have you ever heard about anti-                                    | No2                               | 1016   |
|        | retroviral therapy (ART) services for<br>HIV positive individuals? | Don't Know98                      |        |
|        |  | No response                       |        |
|        |  |                                   |        |
|        |  | Yes1                              |        |
| 1015.1 | Do you know from where HIV positive                                | No2 ٦                             | 1016   |
|        | individuals can get ART services?                                  | Don't know98                      | ┝      |
|        |  | No response99                     |        |
|        |  |                                   |        |

| 1015.2 | If Yes, please specify  | Government organization (Specify)<br>NGO's (Specify)<br>Others (Specify) |           |
|--------|---|--|-----------|
| 1016   | Have you heard of viral load testing services for HIV positive individuals?                               | Yes1<br>No2<br>Don't know  | - 1017    |
| 1016.1 | Do you know from where HIV positive individuals can get viral load testing services?                      | Yes1<br>No2<br>Don't know98<br>No response99                             | –<br>1017 |
| 1016.2 | If Yes, please specify  | Government organization (Specify)<br>NGO's (Specify)<br>Others (Specify) |           |
| 1017   | Haveyouheardof any<br>CommunityHome<br>BasedCare(CHBC)servicesthat<br>areprovided for HIV positivepeople? | Yes1<br>No2  |           |

### **11. STIGMA AND DISCRIMINATION**

| Q.N. | Questio   | CodingCategories         | Skip |
|------|---|--------------------------|------|
|      |   | CodingCategories<br>Yes1 |      |
| 1101 | lfa   | No2                      |      |
|      | malerelativeofyoursgetsHIV,wouldyo  | Don'tknow98              |      |
|      | ubewilling totakecareofhiminyour<br>household?                                  |                          |      |
|      |   | Yes1                     |      |
|      |   |                          |      |
| 1102 | Ifafemale   | No2                      |      |
|      | relativeofyoursgetsHIV,would<br>youbewillingtotakecareofherin<br>yourhousehold? | Don'tknow98              |      |
|      |   | Yes1                     |      |
| 1103 | If amemberofyourfamilygets HIV,   | No2                      |      |
|      | wouldyou want tokeepitasecret?  | Don'tknow98              |      |
|      |   | Yes1                     |      |
| 1104 | lfyouknewashopkeeperorfoodsellerhad<br>HIV, wouldyoubuyfoodfromhim/her?         | No2                      |      |
|      | HIV, wouldyoubuyfoodfromhim/her?  | Don'tknow98              |      |
|      |   | Noresponse99             |      |
|      |   |                          |      |
|      |   | Same1                    |      |
| 1105 | DoyouthinkapersonwithHIVshouldget   | More2                    |      |
|      | the same, moreorless health care than some                                      | Less3                    |      |
|      | onewithanyother chronicdisease?   | Don'tknow98              |      |
|      |   | Noresponse99             |      |
|      |   |                          |      |
|      |   | Yes1                     |      |
| 1106 | lfoneofyourcolleagueshas  | No2                      |      |
|      | HIVbuthe/sheis<br>notverysick,Doyouthink  | Don'tknow98              |      |
|      | he/sheshouldbeallowedtocontinuework   | Noresponse99             |      |
|      | ing?  | Yes1                     |      |
| 1107 | Do you think children living with HIV   | No2                      |      |
|      | should be able to attend School with  | Don'tknow98              |      |
|      | children who are HIV negative?  | Noresponse               |      |
|      |   | Notesponse               |      |
|      |   |                          |      |

## ANNEXE 2: CLINICAL CHECKLIST

#### INTEGRATED BIOLOGICAL AND BEHAVIORAL SURVEILLANCE SURVEY (IBBS) AMONGPEOPLE WHO INJECT DRUGS (MALE) IN WESTERN AND MID TO FAR WESTERN REGION OF NEPAL, 2015-2016

| Clinical/Lab Checklist for People who inj               | ect drugs (Male)                                      |                  |           |
|---|---|------------------|-----------|
| Respondent ID Number:                                   |   |                  |           |
| Name of Clinician:                                      | Date: 2072//  |                  |           |
| Name of Lab Technician:                                 | _   |                  |           |
| (A) Clinical Information                                | (B) Specimen collect                                  | ion<br>Yes       | No        |
| Weight: Kg.   | Pre test counseled                                    | 1                | 2         |
| Blood collected for<br>B.P:mm of Hg.<br>HIV/VDRL/Hep    | patitis B/Hepatitis C test                            | 1                | 2         |
| Date and place for Pulse:                               | Post-test results given                               | 1                | 2         |
| Condom given<br>Temperature:º F                         |   | 1                | 2         |
| Vitamins given  |   | 1                | 2         |
| Gift Given  |   | 1                | 2         |
| IEC materials given                                     |   | 1                | 2         |
| 1.0 Syndromic Treatment Information                     |   |                  |           |
| 101. Did you have discharge from your p past one-month? | penis or burning sensation                            | n when<br>1. Yes |           |
| (If yes, give treatment for gonorrhea and               | Chlamydia)  |                  |           |
| 102. Did you have sore or ulcer or warts<br>1. Yes      | round your genitals in th<br>2. No<br>(If yes, Refer) | -                | ne-month? |
|   |   |                  |           |

# **Respondents ID Card**

| ID:<br>Date:                           |             |     |    |  |
|--|-------------|-----|----|--|
| Consented for Laboratory Test:         | Yes         | No  |    |  |
| Consented for Interview: Yes           | No          |     |    |  |
| Respondent wants consultation with STI | Technician: | Yes | No |  |
| If yes, Which services were asked?     |             |     |    |  |
| Interviewer Name:                      |             |     |    |  |
|  |             |     |    |  |

## **Respondents ID Card**

| ID:<br>Date:<br>Consented for Laboratory Test:<br>Consented for Interview:<br>Respondent wants consultation with STI Technician:<br>Interviewer Name: | Yes<br>Yes<br>Yes | No<br>No<br>No |  |
|---|-------------------|----------------|--|
|   |                   |                |  |

## **ANNEXE 3: FIELD MONITORING CHECKLIST**

### Monitoring Checklist for IBBS among People Who Inject Drugs (PWIDs)

| Name of Research Organizations: | Site Name: |  |
|---------------------------------|------------|--|
| Assessment team member:         | Date:      |  |

#### PART A: RESEARCH MONITORING

| S.No. | Activity   | Method      | Observation and comments |
|-------|--|-------------|--------------------------|
| 1     | Check and note # of field staff visited at the study site:   | 0           |                          |
|       | <ul> <li>Research assistant/field supervisor,</li> <li>interviewers (4)</li> <li>health assistant (HA)/staff nurse,</li> <li>lab technician,</li> <li>counselor,</li> </ul>  |             |                          |
|       | <ul><li>runner and</li><li>local motivators</li></ul>  |             |                          |
| 2     | Check and note # of field staff reported to be<br>in the field at time of visit  | O and<br>SI |                          |
| 3     | Check the # of rooms used for the study  | 0           |                          |
|       | Recruitment of study participants  |             |                          |
| 4     | <ul> <li>Ask research Field Coordinator to briefly<br/>explain the research design and note his/her<br/>response</li> <li>Definition of the study<br/>population – inclusion criteria</li> <li>Samples to be collected from<br/>this site</li> <li>Geographical areas to be</li> </ul> | SI          |                          |
|       | <ul> <li>covered by this site</li> <li>Recruitment method - Two<br/>stage cluster sampling</li> <li>Recruitment process         <ul> <li>How are the PWID</li> </ul> </li> </ul>   |             |                          |

| S.No. | Activity   | Method | Observation and comments |
|-------|--|--------|--------------------------|
|       | <ul> <li>recruited?         <ul> <li>Local NGO/CBO<br/>involvement in PWID<br/>identification?</li> </ul> </li> <li>Describe the flow of the study<br/>process once an PWID arrives<br/>at the study site         <ul> <li>Is it according to the<br/>study protocol</li> </ul> </li> </ul>  |        |                          |
| 5     | Check whether there is a map being used<br>showing locations selected for the sample and<br>the numbers of respondents to be recruited<br>from the locations selected<br>Does this map appear to be used by all  | 0      |                          |
|       | research staff?  |        |                          |
| 6     | Check and describe the physical settings of the study sites  | 0      |                          |
|       | Atmosphere of the reception,<br>medical/physical examination room,<br>counseling room and interview room<br>(comfortable seating arrangements,<br>cleanliness, privacy, etc.)  |        |                          |
|       | <ul> <li>Materials on display in the reception         <ul> <li>NHRC approval letter</li> <li>IEC materials on HIV and STI and<br/>Hepatitis B &amp; C</li> <li>Informational posters on the wall</li> <li>Map of the study site</li> <li>Chart to monitor study progress</li> <li>Flow chart of study process</li> </ul> </li> </ul>  |        |                          |
|       | <ul> <li>Laboratory room cleanliness and organization         <ul> <li>Is the laboratory room clean?</li> <li>The lighting in the room?</li> <li>Is there any food item in the lab?</li> </ul> </li> <li>Is cold chain maintained?         <ul> <li>Is the ice box filled with enough ice packs to maintain the required 2-8 degree Celsius temperature</li> </ul> </li> </ul> |        |                          |

| S.No. | Activity   | Method | Observation and |
|-------|--|--------|-----------------|
|       |  |        | comments        |
|       | <ul> <li>During transportation of collected serum, are samples removed from cold box and sent to main lab for storage at the end of the day?</li> <li>How often are the serum samples sent to the research laboratory in Kathmandu?</li> <li>Who checks the temperature of the refrigerator used for storage at the main laboratory and how often?</li> <li>Has there been any reported failure of the cold chain system? If so, for what reason(s)?</li> <li>Are the samples appropriately labeled during storage?</li> <li>How are the reagents stored?</li> </ul> Presence and correct usage of disposal system for used syringes and gloves used in the laboratory and physical examination room <ul> <li>Is there a red waste bin with lid, labeled infectious waste?</li> <li>Does the lab technician dispose of all infectious waste as per protocol every day?</li> <li>Where does the infectious waste get transported to for autoclaving and disposal and when?</li> </ul> Availability and reliability of electrical backup for load shedding and sudden power cut problems?<br>Any problems in running the electric laboratory equipments? |        |                 |
|       | Interview process monitoring   |        |                 |
| 7     | If interview of a respondent is going on at the time of your field visit, observe the interview  | 0      |                 |

| S.No. | Activity   | Method | Observation and comments |
|-------|--|--------|--------------------------|
|       | process with the permission of the respondent.<br>Note the key findings related to asking the<br>questions in an appropriate manner,<br>interpersonal communication skills, reaction of<br>respondent to mannerisms of interviewer etc.  |        |                          |
|       | Also note that observation should not be<br>longer than 5 minutes and should be done in a<br>favorable environment so that respondents will<br>not feel disturbed and in turn responses will<br>not be biased.   |        |                          |
|       | [Please note that IBBS surveys are done<br>with the hidden and stigmatized groups, so<br>confidentiality of the information provided<br>by them is a top priority. Do not write down<br>or tell anyone the answers/information<br>given]   |        |                          |
| 8     | Informed consent process   |        |                          |
|       | <ul> <li>Is the consent form read to the respondent in Nepali? <ul> <li>Observe and note the manner in which consent is taken</li> </ul> </li> <li>Who is the witness? Is the consent form signed and dated by both the interviewer and a witness before the beginning of the interview?</li> <li>Does the interviewer perform pre-test counseling?</li> </ul> |        |                          |
| 9     | Interview room set-up: <ul> <li>Comfortable and clean setting?</li> <li>Flow chart in every room?</li> <li>Interview guidelines in the rooms?</li> </ul>   | 0      |                          |
| 10    | Tablet and E-App   |        |                          |

| Comments       Comments         Perform the following checks on the Tablet being used for Data collection.       O/SI         • Battery Levels and time of day       • O/SI         • No. of Data remaining to be synced at that time       • Apps that are open in the tablet         • Balance left in the SIM card       Ask the Data collector the following things         • How he/she is managing battery and power backups       • How many data collected so far         • Have they encountered any issues/problems       • Regarding performance of the tablet and app in general         11       Ask the counselor to explain the counseling process and show the counseling guidelines       SI         12       Ask who gives her the test results       SI         13       Counseling room set-up:       • Comfortable and clean setting?         • Fluv Kip chart used during counseling?       • O and SI         • Dildos, condoms and IEC materials used for counseling?       SI  | S.No. | Activity  | Method | Observation and |
|---|-------|---|--------|-----------------|
| Perform the following checks on the Tablet         being used for Data collection.         • Battery Levels and time of day         • No, of Data remaining to be synced at that time         • Apps that are open in the tablet         • Balance left in the SIM card         Ask the Data collector the following things         • How he/she is managing battery and power backups         • How many data collected so far         • Have they encountered any issues/problems         • Regarding performance of the tablet and app in general         11         Ask the counselor to explain the counseling process and show the counseling guidelines         11         Ask who gives her the test results         SI         13       Counseling room set-up:         • Flow chart in the room?         • HIV flip chart used during counseling?         • Flow chart in the room?         • HIV flip chart used during counseling?         • Dildos, condoms and IEC materials used for counseling?   |       |   | 0 (0)  | comments        |
| <ul> <li>No. of Data remaining to be synced at that time</li> <li>Apps that are open in the tablet</li> <li>Balance left in the SIM card</li> <li>Ask the Data collector the following things         <ul> <li>How he/she is managing battery and power backups</li> <li>How many data collected so far</li> <li>How remay data collected so far</li> <li>How remay data collected so far</li> <li>How remay data collected so far</li> <li>Regarding performance of the tablet and app in general</li> </ul> </li> <li>Counseling process</li> <li>Ask the counselor to explain the counseling process and show the counseling guidelines</li> <li>SI</li> <li>Ask who gives her the test results</li> <li>Counseling room set-up:             <ul> <li>Comfortable and clean setting?</li> <li>Flow chart in the room?</li> <li>HIV flip chart used during counseling?</li> <li>Dildos, condoms and IEC materials used for counseling?</li> </ul> </li> </ul>   |       | being used for Data collection.   | O/SI   |                 |
| <ul> <li>How he/she is managing battery and power backups</li> <li>How many data collected so far</li> <li>Have they encountered any issues/problems</li> <li>Regarding performance of the tablet and app in general</li> <li>Counseling process</li> <li>Ask the counselor to explain the counseling process and show the counseling guidelines</li> <li>Ask who gives her the test results</li> <li>Counseling room set-up:</li> <li>Comfortable and clean setting?</li> <li>Flow chart in the room?</li> <li>HIV flip chart used during counseling?</li> <li>Dildos, condoms and IEC materials used for counseling?</li> </ul>   |       | <ul><li>No. of Data remaining to be synced at that time</li><li>Apps that are open in the tablet</li></ul>  |        |                 |
| power backups       How many data collected so far         Have they encountered any issues/problems       Regarding performance of the tablet and app in general         Counseling process       Intervention         11       Ask the counselor to explain the counseling process and show the counseling guidelines         12       Ask who gives her the test results         13       Counseling room set-up:         •       Flow chart in the room?         •       HV flip chart used during counseling?         •       Dildos, condoms and IEC materials used for counseling?   |       |   |        |                 |
| 11       Ask the counselor to explain the counseling process and show the counseling guidelines       SI         12       Ask who gives her the test results       SI         13       Counseling room set-up:       O and SI         •       Flow chart in the room?       O and SI         •       HIV flip chart used during counseling?       O and SI         •       Dildos, condoms and IEC materials used for counseling?       Image: Si   |       | <ul> <li>power backups</li> <li>How many data collected so far</li> <li>Have they encountered any<br/>issues/problems</li> <li>Regarding performance of the tablet</li> </ul> |        |                 |
| process and show the counseling guidelines         12       Ask who gives her the test results       SI         13       Counseling room set-up:       O and SI         •       Comfortable and clean setting?       •         •       Flow chart in the room?       •         •       HIV flip chart used during counseling?       •         •       Dildos, condoms and IEC materials used for counseling?       Image: Si and Si a |       | Counseling process  |        |                 |
| 13     Counseling room set-up:       •     Comfortable and clean setting?       •     Flow chart in the room?       •     HIV flip chart used during counseling?       •     Dildos, condoms and IEC materials used for counseling?   | 11    |   | SI     |                 |
| <ul> <li>Comfortable and clean setting?</li> <li>Flow chart in the room?</li> <li>HIV flip chart used during counseling?</li> <li>Dildos, condoms and IEC materials<br/>used for counseling?</li> </ul>   | 12    | Ask who gives her the test results  | SI     |                 |
| <ul> <li>Comfortable and clean setting?</li> <li>Flow chart in the room?</li> <li>HIV flip chart used during counseling?</li> <li>Dildos, condoms and IEC materials<br/>used for counseling?</li> </ul>   | 13    | Counseling room set-up:   | Oand   |                 |
| Meeting with all field staff  |       | <ul> <li>Flow chart in the room?</li> <li>HIV flip chart used during counseling?</li> <li>Dildos, condoms and IEC materials</li> </ul>  |        |                 |
|   |       | Meeting with all field staff  |        |                 |

| S.No. | Activity  | Method | Observation and<br>comments |
|-------|---|--------|-----------------------------|
| 14    | [ <u>Note</u> : If Part B of the checklist will be<br>monitored, then please fill this section <i>after</i><br>completing Part B]   | SI     |                             |
|       | Conduct a meeting with all field staff and discuss the problems, if any, they are facing in the field   |        |                             |
|       | <ul> <li>Related to the recruitment of respondents</li> <li>Related to incentives</li> <li>Related to the reaction of local people and local government and non government authorities towards the study</li> <li>Any other issues</li> </ul> |        |                             |
|       | List the suggestions provided after the meeting with the study field team   |        |                             |

### PART B: TECHNICAL MONITORING (CLINIC AND LAB)

| S.No. | Activity   | Method | Observation and<br>comments |
|-------|--|--------|-----------------------------|
|       | STI clinic monitoring  |        |                             |
| 1     | STI treatment guidelines (IBBS) available at the site?                     | 0      |                             |
| 2     | The clinic staff has read the STI treatment guidelines (IBBS)?             | SI     |                             |
| 3     | Is there a flow chart displayed in the medical examination room?           | 0      |                             |
| 4     | Check the medicines for Syndromic treatment and the expiration date chart: |        |                             |

| S.No. | Activity                            | Method | Observation and<br>comments |
|-------|-------------------------------------|--------|-----------------------------|
|       |                                     | 0      |                             |
|       | Azithromycine 500 mg                |        |                             |
|       | Acyclovir 200 mg                    |        |                             |
|       | Cefixime 400 mg                     |        |                             |
|       | Tinidazole 500 mg                   |        |                             |
|       | Fluconazole 150 mg                  |        |                             |
|       | Doxycycline 100 mg                  |        |                             |
|       | Metronidazole 400 mg                |        |                             |
|       | Other Medicine                      |        |                             |
|       | Scareb Ointment                     |        |                             |
|       | Vitamin B Complex (Nepali) For FSWs |        |                             |
|       | Paracitamol Tablet                  |        |                             |
|       | Tab. Decold                         |        |                             |
|       | Povidine Iodine solution 450ml      |        |                             |
|       | Povidine Iodine ointment            |        |                             |
|       | Sarcobex lotion (for scabies)       |        |                             |
|       | Iron tablets Foe FSWs               |        |                             |
|       | Equipment and materials             |        |                             |
|       | Weighing Machine                    |        |                             |
|       | B.P. Instruments                    |        |                             |
|       | Stethoscope                         |        |                             |
|       | Thermometer                         |        |                             |
|       | Chital Forceps                      |        |                             |
|       | Steel Kidney tray                   |        |                             |
|       | Steel tray with cover               |        |                             |
|       | Mask                                |        |                             |
|       | Pressure cooker                     |        |                             |
|       | Stove                               |        |                             |

| S.No. | Activity  | Method | Observation and comments |
|-------|---|--------|--------------------------|
|       | Disposable gloves   |        |                          |
|       | Torch light   |        |                          |
|       | Bandage   |        |                          |
|       | Virex   |        |                          |
|       | Red Gloves  |        |                          |
|       | Waste buckets with cover  |        |                          |
|       | Soap and case   |        |                          |
|       | Towel   |        |                          |
|       | Bed Cover plastic   |        |                          |
|       | Jug/Mug   |        |                          |
|       | Curtain   |        |                          |
|       | Dettol liquid   |        |                          |
|       | Cotton  |        |                          |
|       | Scissor   |        |                          |
|       | Pen holder  |        |                          |
|       | Clip File   |        |                          |
|       | Register  |        |                          |
| 5     | Correct diagnosis and treatment was given<br>by the Staff Nurse based on the STI case<br>management guidelines (observe and<br>check randomly selected records) | R      |                          |
|       | Lab Monitoring (HIV, Hepatitis B/C and Syphilis testing)  |        |                          |
| 6     | Guidelines for following activities available at the site.  | 0      |                          |
|       | a. Specimen collection  |        |                          |
|       | b. HIV and RPR testing  |        |                          |
|       | c. selection, collection, storage and transportation of EQAS samples  |        |                          |
|       | d. universal precaution   |        |                          |
|       | e. waste management   |        |                          |

| S.No. | Activity   | Method | Observation and comments |  |
|-------|--|--------|--------------------------|--|
|       | f. Post exposure prophylaxis   |        |                          |  |
| 7     | Are following laboratory equipments and consumables available at the site?   | 0      |                          |  |
|       | a. Centrifuge  |        |                          |  |
|       | b. RPR Rotator   |        |                          |  |
|       | c. Needle Destroyer  |        |                          |  |
|       | d. Micropipette  |        |                          |  |
|       | e. Refrigerator or Cold Box  |        |                          |  |
|       | f. Ice packs   |        |                          |  |
|       | g. Test tubes  |        |                          |  |
|       | h. Cryo box and cryo vials   |        |                          |  |
|       | i. Gloves  |        |                          |  |
|       | j. Pipette tips  |        |                          |  |
|       | k. Timer   |        |                          |  |
|       | I. Disposable syringes   |        |                          |  |
|       | m. Band aids   |        |                          |  |
|       | n. Ethanol   |        |                          |  |
|       | o. Cotton balls  |        |                          |  |
|       | p. Tourniquet  |        |                          |  |
|       | <ul><li>q. Supportive cushion</li><li>r. Sodium Hypochlorite Solution</li></ul>  |        |                          |  |
| 8     | All the three types of rapid HIV test kits,<br>Hep. B/C test kits and RPR test kit with<br>required reagents are available at the site<br>and stored at temperatures as<br>recommended by manufacturers. | 0      |                          |  |
| 9     | All kits and reagents used are not expired.  | 0      |                          |  |
| 10    | Laboratory staff follows the HIV testing,<br>Hep. B/C testing and Syphilis testing<br>algorithm as recommended by study<br>protocol.   | O/SI   |                          |  |
| 11    | Laboratory staff wears lab coats and gloves during specimen collection, processing and   | 0      |                          |  |

| S.No. | Activity  | Method | Observation and comments |
|-------|---|--------|--------------------------|
|       | testing.  |        |                          |
| 12    | Venipuncture site was cleaned with alcohol<br>swab and the arm was placed on fixed<br>surface for the procedure (table or arm rest<br>of phlebotomy chair). | 0      |                          |
| 13    | After completion of veni puncture, band aid/tape was used to stop bleeding.   | 0      |                          |
| 14    | The primary sample, subsequent testing device (centrifuge tube, slides, RPR card) and sample aliquots are labeled with the proper ID No.                    | 0      |                          |
| 15    | Tests are performed as per the guidelines<br>and using appropriate internal controls as<br>recommended in the guidelines.                                   | O/SI   |                          |
| 16    | Kits are taken out of the refrigerator or ice<br>box and brought to room temperature<br>before use  | O/SI   |                          |
| 17    | Measures for preventing needle stick<br>injuries are followed. Needles of syringes<br>are destroyed using needle destroyer.                                 | 0      |                          |
| 18    | Tests are performed correctly using appropriate amount of reagents as recommended in the guidelines.  | O/SI   |                          |
| 19    | All biological specimens remaining after the test are disposed as per the guidelines.   | 0      |                          |
| 20    | Laboratory register book containing the daily test results with remarks, if necessary, is available.  | O/R    |                          |
| 21    | Laboratory staff select specimen for EQAS as recommended in the guidelines.   | O/SI   |                          |
| 22    | Laboratory staff follows procedures as<br>recommended in guidelines for collection,<br>storage and transportation of EQAS<br>specimens.                     | O/SI   |                          |
| 23    | EQAS form is available at the site and is filled properly.  | O/R    |                          |

| S.No. | Activity   | Method | Observation and<br>comments |
|-------|--|--------|-----------------------------|
|       | (make sure the test result is not mentioned in EQAS form)  |        |                             |
| 24    | Waste bins for biodegradable, infectious<br>and non-infectious materials and a sharp<br>collection container are available. Wastes<br>are collected properly in the allocated<br>containers. | Ο      |                             |
| 25    | Blood specimens remaining after the test<br>are disposed of after decontamination in<br>sufficient amount of 0.5% sodium<br>hypochlorite solution.   | O/SI   |                             |
| 26    | Working surface is wiped with sodium hypochlorite solution after completion of the work.   | O/SI   |                             |
| 27    | PEP drugs (starter pack) and flow chart<br>are available at the site.<br>Name and contact information of the PEP<br>focal person (i.e. Lab tech) written on the<br>flow chart                | 0      |                             |
|       | <u><b>Note</b></u> : After completion of PART B,<br>please follow the instruction in No. 13 in<br>Part A   |        |                             |

Monitoring visit by: NCASC\_\_\_\_\_Save the Children \_\_\_\_\_

SPMER \_\_\_\_\_ Others\_\_\_\_\_

NOTE: Methods O: Observation, SI: Staff Interview, R: Records Review



ANNEXE 4: Survey Site MAP

# Annex 5: Details of Clusters

| Districts  | Cluster<br>Numbers |
|------------|--------------------|
| Rupandehi  | 9                  |
| Kapilbastu | 5                  |
| Dang       | 2                  |
| Banke      | 7                  |
| Bardiya    | 0                  |
| Kailali    | 4                  |
| Kanchanpur | 3                  |
| Total      | 30                 |

| District   | SN | Cluster                      | Locations                       |
|------------|----|------------------------------|---------------------------------|
|            |    |                              | Around Belaliya Kotiamy Mandir  |
| Rupandehi  | 1  | Belaliya Mandir and DIC area | , Around DIC area (Belaliya)    |
|            |    |                              | Around Eye hospital, Behind     |
|            |    |                              | Bhanu School, Danda Khola       |
|            | 2  | Eye hospital Aera            | area                            |
|            |    |                              | Paklihawa, Around Hatbazer,     |
|            | 3  | Paklihawa and Bank Koleni    | Gallamandi, Around Bank Kolani  |
|            |    |                              | Thutepipal, Parsari, Around     |
|            | 4  | Buddha Chowk                 | Buddha Chowk                    |
|            | _  |                              | Chidiyakhola, Gopalpark,        |
|            | 5  | Chidiya khola                | Around Hartbazaar               |
|            | 6  | Paributawal                  | Parbutwal (Ward 1,2,3,4)        |
|            |    |                              | Tamnagar, Deepnagar,            |
|            | 7  | West Butawal                 | Shivanagar, Hillpark, Sinamaina |
|            | 8  | Devinagar                    | Devinagar                       |
|            | 9  | Devdaha                      | Devdaha                         |
|            |    |                              | Around Buspark, Khunuwa,        |
| Kapilbastu | 1  | Buspark to Khuunuwa          | Somari (India Border)           |
|            | 2  | Jeetpur Gageda               | Jeetpur to Gageda               |
|            | 3  | Rajpur area                  | Upta, Rajpur, Burchi,Jhunga     |
|            |    |                              | Around Old Film Hall,           |
|            | 4  | Laxminagar puspark           | Laxminagar, Around Buspark      |
|            |    |                              | Chakalchauda, Jayanagar,        |
|            | 5  | Jayanagar motipur            | Monitpur, Dohani                |
|            |    |                              | Aound Anchal hospital, Around   |
|            |    |                              | shiva mandir, Damar Ganu,       |
|            |    |                              | Around Nayabuspark, Mahendra    |
| Dang       | 1  | Birendra Chowk, Ghorahi      | school area, Aroud Raptai       |

|            |   |                           | babai campus, Around Airport,<br>Sitalpu, Belawa   |
|------------|---|---------------------------|--|
|            | 2 | Bijauri Lamahi            | Parseni, Bijauri, Hemantapur,<br>Satbariya, Lamahi main bazar<br>area, Koliabas, Sisaniya,<br>Bhaluwang                                      |
|            |   |                           | ~  |
| Banke      | 1 | Newroad area              | New Road area, Biskorian Tole,<br>Triweni Mode area, Salyani<br>Bagh area, Around Naya<br>baspark  |
| Dalike     | I |                           | Muktipur, Karmouna, Indrapur,  |
|            | 2 | BP Chowk                  | Around Sristi film hall, Around<br>Sanjimandi  |
|            | 2 |                           | Gosain gaon, Trafic Chowk  |
|            | 3 | Traffic Chowk             | area, Around Mahakali Mill   |
|            | - |                           | Mahendra Campus area,  |
|            |   |                           | Tankapasari, Mahendranagar,  |
|            | 4 | Chaulika                  | Balegaun, Jamunah, Jayaspur  |
|            |   |                           | Manikapur, Ganapur, Nayabasti,   |
|            |   |                           | Surjigaun, Lagdahawa,  |
|            | _ |                           | Bhujahgaun, Samjhana   |
|            | 5 | Ranjha airport            | Chowk(Way to Airport)  |
|            | 6 | Kohalpur Chisapani        | Chisapani, Baniyatar,<br>Koushilanagar, Shantinagar,<br>Bardahawa, Kirannala,<br>Belanpur, Bankatuwa   |
|            | 7 | Tribhuvan School Kohalpur | Dhakeri, Chappargadi, Mahadev<br>Chowk, Kohalpur Chauraha,<br>Pipal chautara, Chatar, School<br>area, Kalikanagar,<br>Jhandahawa,hawaldarpur |
| Kailali    | 1 | Dhangadi Chauraha         | Bisalnagar, Around Sabji Mandi   |
|            | 2 | Bhansar Road              | Bhansar Road   |
|            |   |                           | Santoshi Tole (Around Kailali  |
|            | 3 | Santoshi Tole             | Nala)  |
|            | 4 | Utter behedi              | Tara Nagar (Salghari)  |
|            |   |                           |  |
| Kanchanpur | 1 | Suda                      | Suda (Area around Pul)   |
|            | 2 | Film Hall (Tallo)         | Film Hall (Tallo)/Around Film<br>Hall  |
|            | 3 | Kalia/Shiva Mandir        | Around Kalika temple, Area<br>around Nahar, Around Shiva<br>Mandir   |

## **Annex 6: KEY INDICATORS**

| Prevalence   | %         |
|--|-----------|
| HIV  | 2.3       |
| Syphilis history                                   | 1.7       |
| Active syphilis                                    | 0.3       |
| HCV  | 1.7       |
| HBV  | 8         |
| HIV among those injecting for less than a year     | 0         |
| Duration of injection and injecting behavior       |           |
| Turnover: median duration of injecting drugs       | 5.7 years |
| Aged <20 years                                     | 47.3      |
| People injecting more than once every day (in the  |           |
| past week)   | 19        |
| People injecting every day (in the past week)      | 24.3      |
| Shared needle in the past week                     | 12.7      |
| Shared injecting equipment in the past week        | 76.4      |
| Sexual behavior                                    |           |
| Currently married                                  | 48.3      |
| STI symptoms experienced in the past year          | 16        |
| Unprotected sex with FSWs in the past year         | 47.9      |
| Unprotected sex with casual partners in the past   |           |
| year   | 64.3      |
| Unprotected sex with regular partner in the past   |           |
| year   | 78.3      |
| Knowledge of HIV and STI                           |           |
| Ever heard of HIV                                  | 99.3      |
| Comprehensive knowledge                            | 43        |
| Know that HIV is transmitted through stained       |           |
| needles  | 94.3      |
| Know people living with HIV/AIDS or died           | 66.3      |
| Uptake of HIV and STI services                     |           |
| Needles obtained from needle exchange program      | 10        |
| in the last injection                              | 42        |
| Received HIV test in the past 12 months and        | 00        |
| received results                                   | 66        |
| Met/discussed/interacted with PE or OE in the last | 60        |
| 12 months  | 60        |
| Visited a DIC in the last 12 months                | 69<br>F   |
| Visited any STI clinic in the last 12 months       | 5         |
| Visited HTC center in the last 12 months           | 34.7      |