

# Nigeria

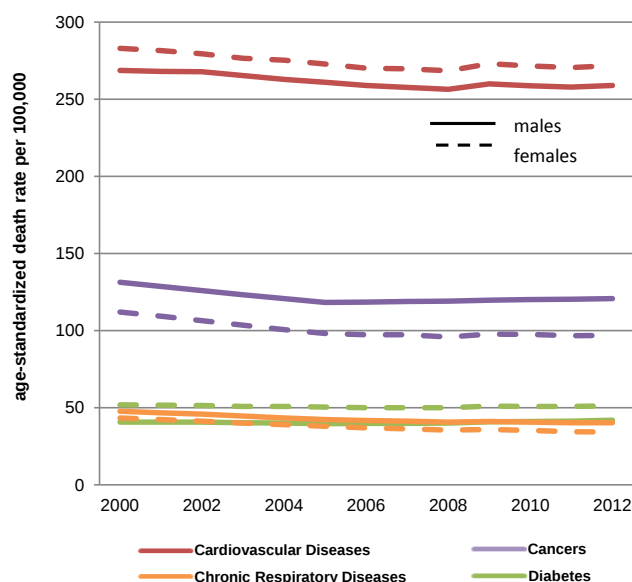
Total population: 169 000 000

Income Group: Lower middle

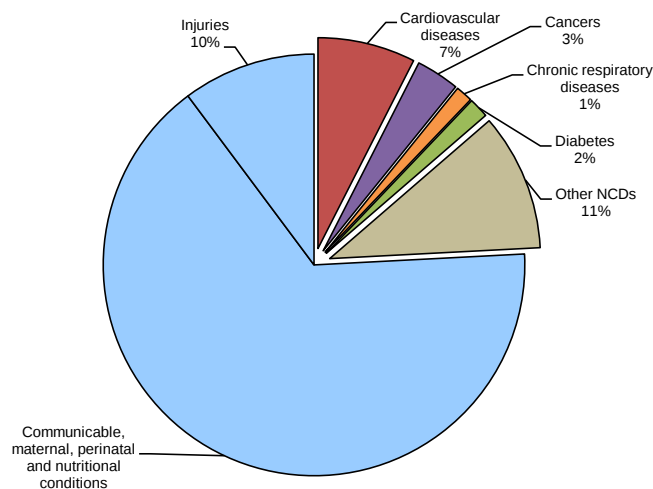
Percentage of population living in urban areas: 49.6%

Population proportion between ages 30 and 70 years: 27.7%

## Age-standardized death rates\*



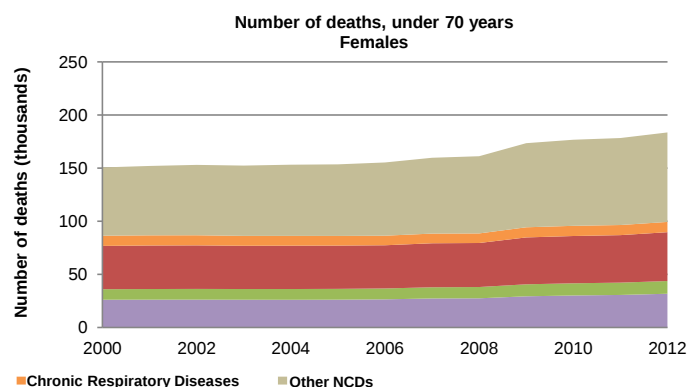
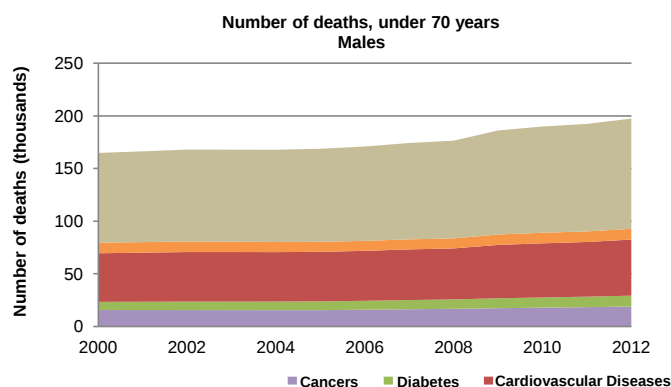
## Proportional mortality (% of total deaths, all ages, both sexes)\*



Total deaths: 2,083,000  
NCDs are estimated to account for 24% of total deaths.

## Premature mortality due to NCDs\*

The probability of dying between ages 30 and 70 years from the 4 main NCDs is **20%**.



## Adult risk factors

|                                                                        | males | females | total |
|------------------------------------------------------------------------|-------|---------|-------|
| Current tobacco smoking (2011)                                         | 10%   | 2%      | 6%    |
| Total alcohol per capita consumption, in litres of pure alcohol (2010) | 14.9  | 5.1     | 10.1  |
| Raised blood pressure (2008)                                           | 33.5% | 36.1%   | 34.8% |
| Obesity (2008)                                                         | 4.6%  | 8.4%    | 6.5%  |

## National systems response to NCDs

|                                                                                                                                |     |
|--------------------------------------------------------------------------------------------------------------------------------|-----|
| Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent                                  | No  |
| Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors | No  |
| Has an operational policy, strategy or action plan to reduce the harmful use of alcohol                                        | No  |
| Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity              | No  |
| Has an operational policy, strategy or action plan to reduce the burden of tobacco use                                         | No  |
| Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets                       | No  |
| Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach    | No  |
| Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets                 | Yes |
| Has a national, population-based cancer registry                                                                               | No  |

\* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).