Further resources

Handwashing

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Bathing

Latrines

Reaching facilities

Compendium of accessible WASH technologies

Hazel Jones and Jane Wilbur (2014)





Introduction

- This compendium is designed for use by staff working directly with communities - e.g. health workers and community volunteers working with disabled and older people and their families in rural areas of sub-Saharan Africa.
- A few examples of technologies are presented that families can adapt to suit their needs and budgets. Many more options are possible.
- Most of the ideas are suitable for disabled and older people, but are not **only** for them. As we get older, many of us find it increasingly difficult to squat and balance, or we might be injured or sick. These technologies might also make facilities easier and more comfortable to use by everyone in the family.
- The ideas are designed to be suitable for household facilities, not for institutional facilities e.g. schools and clinics - although some ideas might also be useful in these settings.
- This publication and all images in it are free to download here:

www.wateraid.org/accessibleWASHtechnologies Image: Jones & Reed (2005)



Guidelines for use

The compendium can be used in various ways:

- As a starting point for discussion with households
- As a way of encouraging communities to consider design options
- By disabled people's organisations
- As flashcards images can be enlarged and stuck on card
- As posters images can be printed and used for group discussions

Technical specifications are not given, because all dimensions should be based on users' needs. The aim is to provide as much 'independent access' as possible - this means facilities that a person can use without help, or with minimum help.

If possible, try out ideas first to work out: how high a seat or support rail should be? How wide the entrance should be?

To work out how much space is needed inside a latrine, mark out the area on the ground using rocks or branches. Ask different users to try moving and squatting/sitting inside, and adjust if necessary.

Costs are not itemised because they will vary between communities. Instead, relative costs of each technology are suggested.

Reaching facilities

Paths







Paths

Suitable for: everyone, especially users with a visual impairment and with physical impairments, including wheelchair users.

Construction	Advantages	Disadvantages	Improvements/ variations	Cost / labour
Guide string from house to latrine and bath shelter	 Easy to construct Simple to maintain Suitable for users with a visual impairment 	 Regular maintenance needed String must be carefully positioned so it is not a hazard to other users 	 Path could be lined with painted rocks or landmark posts 	Low
Clear, level path, lined with rocks	 Can be made according to budget Suitable for users with visual and physical impairments, including wheelchair users 	 Rocks are easily moved or dislodged, which could cause a trip hazard Maintenance would include regular re- positioning of the rocks 	 Paint rocks white or a bright colour to increase visibility 	Low
Landmark posts made from local materials	 Can be made according to budget Easy to construct using local materials Provides guidance for users with a visual impairment 	 Posts must be firm, and positioned so they are not a hazard to others Regular maintenance needed to check posts are stable 	 Posts can be painted/marked with a bright colour to increase visibility Use alternative materials, e.g. rocks, or existing features, e.g. 	Low to medium

Credits (top to bottom): USAID-WASH plus Kenya/Elisha Ratemo; WaterAid/Stephen Segawa; WaterAid/Stephen Segawa

trees

Reaching facilities

Ramps







Ramps

Suitable for: Users with physical impairments, wheelchair users, older people, people carrying heavy loads

Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ Iabour
Moveable wooden ramp for wheelchair to access facilities with steps	 Flexible – can be placed wherever needed Cheaper than concrete Raised sides prevent a wheelchair rolling off the side of the ramp 	 Less durable than concrete User needs help to move the ramp when needed 	 Paint raised sides white or bright colour to increase visibility 	Medium
Wide concrete ramp to handpump apron	The concrete ramp onto the apron improves access for everyone	 Ramp requires more space than steps Drainage must be in the opposite direction to keep the ramp dry Monitoring needed to ensure masons do not make it too steep to reduce cost 	 Paint raised sides white or a bright colour to increase visibility Cross-hatching on ramp would make it less slippery when wet (see page 8 'Steps') 	Medium
Low-gradient concrete ramp with raised sides for safety	 Smooth, firm, durable Gentle gradient so a child can propel her/himself up and make a controlled descent Raised sides prevent wheelchairs rolling off 	 Monitoring of construction required to ensure gradient not too steep Maintenance needed to keep the ground the same level as the end of the ramp 	 Paint raised sides white or bright colour to increase visibility 	High

Credits (top to bottom): HITS Uganda, WaterAid/Jane Wilbur; Jones and Reed (2005)

Ramps

How gradient (slope) is measured

"Gradient" describes the change in height over a specified distance.

Example 1: Gradient 1 in 8



This slope rises one unit over a distance of eight units. For example, if the distance is 8m, the slope rises 1m. If the distance is 80cm, the slope rises 10cm. If the distance is 4m, the slope rises 0.5m. The gradient (slope) is the same, whether the distance is 8cm, 8 feet, 8m or 80m.

Example 2: Gradient 1 in 15

							1
			15				

This slope rises 1 unit over a distance of 15 units. If the distance is 15m, the slope will rise 1m. How high will the slope rise if the distance is A. 30m? B. 10m? (Answers to the right)



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Reaching facilities

Steps





Depth 28 - 42cm



Steps

Suitable for: steep terrain; where space is limited; households or communities with no wheelchair users.

Depth 28 - 42cm	Construction	Advantages	Disadvantages	Improvements/ variations	Cost / labour
Height 15 - 17cm Jones et 2 (2009)	Recommended step dimensions (for reference).	 Many users can manage low, even steps, especially 	 Steps exclude some users, e.g. those using 	 Paint steps white or bright colour to increase visibility. 	
	Steps should be low and even – all the same height and depth.	when a handrail is provided.Steps take up less space than a ramp.	mobility devices.		
	Low concrete steps with cross-hatching to reduce the risk of slipping	 Cross-hatching is easy to apply – the concrete is scored while wet. 	 No edge protection for unstable or visually impaired users 	 Steps should be of consistent height Install a guard or handrail 	Low
	Handrail accompanying steps to a protected spring	 Useful for all users Might prevent injury from slipping on wet steps 		 Paint handrail and steps white or bright colour to increase visibility 	Medium

Movement aids







Movement aids

Suitable for: people who move by crawling; wheelchair users who need to get out of their wheelchair; or where a wheelchair is not available.

Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ labour
Wooden hand walkers	 Reduce abrasion, cuts and soiling of hands and thereby risk of infection Locally available materials Durable Easy to clean 	 Lightweight wood would not be as durable as hardwood, so would need to be maintained and replaced more regularly. Brief initial demonstration might be needed 	 Weight of wood can be selected to match the user's strength 	Low
Rubber kneepads made from used car tyres. These fit over the knee, and rubber laces run through loops and tie around the leg.	 Reduce abrasion, cuts and soiling of knees and thereby risk of infection Durable Easy to clean 	 Brief initial demonstration might be needed Regular maintenance and cleaning necessary 	• An alternative design suitable for leg stumps is also available:	Low



Siting



Latrines should be no more than 15m from the household.

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Latrines

Latrines

Superstructure







Superstructure

Suitable for: People with mobility impairments.



Construction Advantages

- Materials locally available
- wooden poles; Easy and guick to no roof; curtain construct
 - Provides some privacy

 - Materials locally available
 - Easy and guick to construct
- Mat 'curtain' can be mat for curtain, pulled across for privacy (see image)
 - Wide entrance good for many users

- structure with thatched roof
- Rammed earth Durable ٠
 - Materials locally available
 - Strong enough to attach handrails to the wall

- Disadvantages

 - Low durability
 - Lack of roof means it is difficult to use when raining or very . hot
 - Low privacy
 - No roof means it is difficult to use when raining or very hot
 - Curtain difficult to close
 - Plastic sheeting easily damaged, reducing privacy
 - Difficult to allow enough light in without reducing privacy
- Widen entrance

Improvements/

Useful as a temporary

measure but not ideal

wider entrance would

Plastic roof could be

provide greater privacy (see photo 1, Handrails

Spiral construction with a

variations

long term

and support)

added

•

- Add a door with lock for privacy and security
- Increase number of windows (high up) to allow more light in

Medium to

high

Cost/ labour

Low

Low



Entrances







Entrances

Entrances must be: a) wide enough (wheelchair width + 20cm), and b) level enough (minimal or no difference between outside and inside).

Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ Iabour
Wide and level entrance to allow wheelchair access. Rammed earth floor.	 Can be easily accessed by everyone, including wheelchair users 	 No door, so low privacy and security 	• Add a door	Low to medium
Latrine with level concrete entrance, wide enough for a wheelchair user	• The floor of the latrine is the same level as the outside		 Level flooring could be achieved with any type of materials, not only concrete 	Medium to high
Level concrete threshold with raised cement mound to reduce flooding. Mound is rounded for wheelchair access.	 Reduces water inflow without preventing wheelchair access 	 Won't stop serious flooding! 		Medium

Doors







Latrines



Suitable for: users with mobility devices, a helper, or carrying a small child, or people who are overweight.

Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ Iabour
Latrine with a curtain for privacy made of light cloth	 Easy to open and close Does not obstruct internal space Useful temporary solution 	 Easily damaged Very little provision for security or privacy 	 Non-door alternatives include spiral-shaped entrance for greater privacy 	Low
Outward-opening tin door on wooden frame. Raised platform edge acts as a door stop.	 Outward-opening door does not obstruct internal space Horizontal wooden struts can be grasped to close door 	 Pulling a door is harder than pushing it open Requires a wide, level area in front of door for users to position themselves to open the door 		Medium
Outward-opening wooden double doors with a latch on outside to keep closed	 Easier to close for some users Each door is narrow so less obstructive to passers by 	 Higher cost than a single door Some users find them difficult to use 	 Varnish/paint wood to reduce risk of termite damage Move bolt to the inside 	High



Latrines

Door handles and closing mechanisms



Internet image

Door handles and closing mechanisms

Suitable for: everyone, especially women and girls.



Latrines

Internal Space







Internal Space

Think about: who will use the toilet, and how much space they will need.

Level 1: Space for users who can stand and enter using support rails, or blind users.

Level 2: Additional space for a carer, to use crutches/sticks or to park a wheelchair but not turn.

Level 3: Space for a wheelchair to enter, shut the door, and turn around inside.

Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ labour
Traditional round superstructure, cement seat, wooden handrail each side, curtain for privacy	 Level 1 access: enough space for this household, including a user who needs to use handrails for support. 	 Curtain only (no door) so privacy is not ideal No space for a carer to accompany 	 Increase size of the superstructure between the seat and entrance, to allow a carer and user to turn easily Install a door 	Medium
Entrance corridor, with wall on left in front of latrine and a gap between corridor and toilet.	 Level 2 access: wheelchair can enter and park in corridor. User can transfer to the toilet using handrails fixed to the inside wall. 	 Not enough space for a wheelchair to turn easily Wheelchair is visible from outside, so lacks privacy 	 Install a door or curtain to hide the wheelchair from view 	Medium to high
Spacious toilet cubicle, with drop hole located in the corner to provide maximum usable space	 Level 3 access: enough space for wheelchair to enter, turn, close door, and park by the toilet Space for a carer, and/or toilet chair to be moved to one side when not in 		 Handrails on the inside to provide support when transferring to the toilet 	High

Floor finish



Floor finish

Think about: the balance between hygiene and safety. Floors need to be smooth enough to be washed and swept, but not so smooth that they are slippery when wet.

	Construction	Advantages	Disadvantages	Improvements/ variations	Cost/labour
	Rammed earth floor without marram	 Materials locally available Sweepable but not washable 	 Difficult to get the floor texture right: see above Floor dusty and not very hygienic Not easy to clean 	 Ensure good water drainage away from the user A slightly rough floor is suitable for people using crutches/ sticks. 	Low
	Rammed earth floor made of marram (small stones) and sand; cow dung is smeared over to make it even and smooth.	 Materials locally available Repels urine to a certain extent Sweepable and wipeable 	 Difficult to get the floor texture right - see above Easier to keep clean than above example Needs regular maintenance (smearing with cow dung) 	 Ensure good water drainage away from the user A slightly rough floor is suitable for people using crutches/sticks. 	Low to medium
Credits (top to bottom): WaterAid/	Cement slab, installed level with earth floor around it	 Locally produced Easy to keep clean - washable Durable 	 If the surface is too smooth it can be slippery when wet Surrounding floor might need maintenance to keep it level with slab 		Medium

Latrines

Handrails and support









Handrails and support

Suitable for: People who are unstable or unable to walk, squat or stand unaided

	Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ labour
	Bricks protruding from wall for support to a weak or visually impaired person	 Easy to construct Materials locally available 	 Walls must be strong enough to support user's weight Difficult to add after construction Regular maintenance needed to ensure stability 	 Half bricks in the wall can also provide mini-ledges for a user to hold on to 	Low
	Wooden/ bamboo support rails fixed to floor either in front or on either side of toilet (depending on user's needs)	 Materials locally available Easy to construct and maintain Allows user to transfer to the toilet from the side Position and height of rails must involve user and an assessment of their need 	 Rails must be strong enough to bear users' weight Not possible to fix to a concrete floor/slab Might be difficult to keep clean Cannot fix to a concrete floor/slab 	 Varnish/paint rail to stop termite damage and for easy cleaning For a growing child use longer vertical poles, so bar height is adjustable. Horizontal bars at different heights might suit some. For concrete floors, pipe rails can be cemented in during construction, or screwed to floor later. 	Low
BAC	Metal bars (e.g. galvanised iron pipe) fixed to side wall/s of latrine	 Highly durable Can be added to existing facility Easy to clean Bars to be positioned based on user needs 	 Walls must be strong enough to fix bars to Walls must be close enough for user to reach the bars 	 Paint bars to reduce corrosion and increase durability Several bars at different heights on each side might better suit some users 	Medium to high

Credits (top three): WaterAid/Stephen Segawa; bottom: WaterAid/Jane Wilbur

Latrines

Fixed seat pan







Fixed seat pan

Suitable for: people who have difficulty squatting, including overweight people, pregnant women, older people and disabled people.

0	Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ Iabour
	Twin cement- plastered brick sitting blocks	 More comfortable than it looks! Gap makes anal cleansing easy Smooth cement plaster easy to clean and more hygienic 	 Might be uncomfortable if gap between blocks is not right for the user Blocks less stable than a seat so need careful installation 	 Paint blocks to repel urine and make them easier to clean Install blocks at an angle to suit different users 	Low
	Brick seat with a cement screed	DurableComfortable	 Narrow drop-hole may be hard to use hygienically by different sized users Narrow drop-hole makes inner walls hard to clean 	urine and make it easier to cleanA wider drop hole would be easier and more	Low to medium
	Cement bowl made with mould	 Comfortable Durable Easy to wipe, therefore hygienic 	 Requires a mould and is more difficult to construct Heavy, so needs a strong sanplat 	 Paint the seat to repel urine and make it easier to clean 	High

Credits (top to bottom): Jones and Reed (2005); WaterAid/WEDA; WaterAid/Hazel Jones

Moveable seats







Moveable seats

Suitable for: users who have difficulty squatting, including overweight people, heavily pregnant women, older people, disabled people ...

-	-				
	Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ Iabour
	Low wooden or bamboo toilet stool with hole in seat, placed over toilet hole, with or without funnel as a splash guard (see lower image)	 Easy to construct Materials available locally Height must be decided based on user's needs Can be moved to one side out of the way of other users who prefer to squat Light and easy to carry if necessary 	 Potential for termite damage Enough space needed inside latrine to move the seat away from the pit when not in use 	 Painting or varnishing would make it more durable, easier to clean and more hygienic. 	Low
AR -	Standard varnished wooden chair with hole cut in the seat		 Needs accurate positioning to reduce risk of splashing or soiling Needs extra space in the latrine so it can be moved to one side 	 Add a splashguard to the front. Add 'runners' - horizontal bars joining the bottom of the legs to better distribute the weight 	Low

when not in use

Might be heavy

on the floor, to

right).

reduce damage (see



Credits (top to bottom): WaterAid/Stephen Segawa; WaterAid/Stephen Segawa; WaterAid/Layford Jere

more hygienic

Latrines

Commode seats





Commode seats

Suitable for: people who cannot reach a latrine; small children.

Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ Iabour
Painted wooden chair with 'potty' inserted in hole in seat. Potty is removed for emptying.	 Can be placed in the most convenient place for the user or carer, either inside or outside the house Fabric straps support a user with poor balance 	 Container must be emptied and cleaned after every use A separate private toilet area might need to be created Wood needs regular painting/varnishing 	 Padding can be added to back and sides for extra comfort Seat could be used without the potty, placed over the toilet hole A bucket could be used under the seat instead of a potty 	Low to medium
Metal commode chair with plastic inset toilet pan (bought in local market). Container is placed beneath the seat and emptied into the latrine.	 Painted metal and plastic are strong, durable and easy to clean Can be placed in the most convenient place for the user or carer, either inside or outside the house 	 Container must be emptied and cleaned after every use A separate private toilet area might need to be created Metal is uncomfortable for some users – a home-made padded ring could be added for comfort Plank and waist belt added to provide extra 	 Car tyre inner tube could also be used as a cushion 	Medium to high

support

Siting



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Bathing
Bathing

Water provision







Water provision

Suitable for: people who have difficulty carrying water; people who prefer to sit while washing

	Construction	Advantages	Disadvantages	Improvements/ variations	Cost / labour
Ferrocement s	Elevated large water storage jar with flexible hose, with tap to smaller secondary jar placed next to bathing bench. Water fed by gravity.	 User does not need to carry water Bather can fill secondary water jar when required, using tap to control water flow at point of use Main water jar filled by rainwater harvesting, or by other family members at their convenience 	 Requires space and regular maintenance Relies on rainwater; in dry season large jar must be filled by hand 	bathing area	Medium to high
	Plastic water container hung high in bathroom, and tipped forward by pulling rope so water flows onto bather.	 User does not need to carry water Container can be filled by other family members at their convenience 	 Needs to be filled regularly Height makes it inconvenient to fill 	 Could also be installed in a toilet to provide water for anal cleansing/ handwashing Connect plastic hose and tap for more controlled water flow 	Medium
	Basin/bowl placed on wooden table to raise it to a convenient height for the bather.	 Low cost Little maintenance required 	 Bathers are unable to fill basin themselves so are dependant on others to refill it each time they need it 	 Basin could be placed on large, flat stone, or a wooden stand 	Low



Seats







Seats

Suitable for: bathers with difficulty standing to bathe, e.g. poor balance, mobility difficulties, stiffness, heavily pregnant, high fever

Construction	Advantages	Disadvantages	Improvements/	Cost/
Stone seat	 Locally available materials (e.g. stones, concrete slab) Durable, strong Repels water, easy to clean 	 Stones could be heavy so hard to move Might be rough and uncomfortable 	 Variations Use bricks plastered with cement screed or clay paste to make seat smooth Inflated inner tube can be placed on rock for comfort 	labour Low
Wooden stool or chair	 Seat made or bought locally according to the user's specifications 	 Seat lacks drainage Unfinished wood will deteriorate quickly 	 Seal wood with paint/varnish to make it waterproof To improve drainage, replace solid seat with slats, or add holes in seat (see right) 	Medium
Metal framed bathing bench with woven seat made of recycled tyre inner tubes	 Soft seat is comfortable to sit Rubber repels water Webbing provides 	 User sinks into seat, so can be difficult to get up without support Might start to sag 	 Wood frame instead of metal 	Medium

with extended use

Credits (top to bottom): Left: WaterAid/Stephen Segawa; WaterAid/CoU-TEDDO; Jones and Reed (2005); Right: Jones and Reed (2005)

good drainage

Bathing equipment





Van der Hulst et al (1993)



Bathing equipment

Advantages

for users

Made from locally

Can be installed at

a height suitable

Made from locally

available materials

available materials

Suitable for: all users



	Towel or cloth with
	a loop or handle at
	each end. One end
	is attached to a
de-	fixed point, to make
9	it easy to use with
	one hand.

Construction

clothes (ideal

height is 1.2 m)

Hanging string for



Bathing sponge: made of old fishing net and sisal wrapped around a stick and tied with a piece of bicycle tube Made from locally • Not durable available materials

- Disadvantages Improvements/ variations • A wooden pole or a rope can be used
 - The line could also be used to hang a privacy curtain
 - If a longer towel is Low used, one loop can be held with a foot

Cost/

labour

Low

- For a user with no hands, both ends can be fixed
- Any kind of soft Low material could be used
- Can be adapted for anal cleansing use (and then used solely for that purpose)

Waterpoints

Apron layout





EDDC

Apron layout

Suitable for: all users

	Construction	Advantages	Disadvantages	Improvements/ variations	Cost / labour
	Community borehole apron with wide circulation area and pedestal for container	 Offers a choice for users of where to stand or sit to operate pump handle Pedestal for container next to water spout Drainage channel is in opposite direction from user 			Medium
	Community tapstand with wide entrance and enlarged circulation area with raised edges (still under construction)	 Layout provides ample space for users to enter and turn easily Raised edges prevent a wheelchair from rolling off the side of the apron 	 Layout is not suitable for handpumps User approaches tap from one side. To approach from other side requires a 180° turn. Drainage hole could become blocked, leading to excess water on apron 	• A concrete ramp instead of gravel at the entrance will improve access when construction is complete	Medium
Credits (top to bottom): WaterAid.	Community borehole with wide circulation area added to usual circular apron with raised edge	 Additional space enables a person with a mobility device to choose position to operate the handpump from Raised edge round handpump reduces water on apron/provides a resting place when lifting container malala; WaterAid/CoU-TEDDO 	Raised edge restricts access to placing and retrieving water container	Can be added to existing borehole structures	Medium

Apron access via concrete ramps







Apron access via concrete ramps

Suitable for: people using mobility devices, e.g. wheelchairs, crutches, sticks, people carrying heavy loads

Construction	Advantages	Disadvantages (all disadvantages apply to all examples of ramps)	Improvements/ variations	Cost/ labour
Concrete ramp to access borehole apron	 Provides independent access to apron platform for wheelchair users Improves access for everyone 	 Maintenance needed to keep surrounding ground the same level as the end of the ramp Drainage must be in the opposite direction to keep the ramp dry 	 Paint raised sides white or a bright colour to make them more visible 	Medium (as a proportion of overall installation)
Concrete ramp to access handpump apron	• As above	 Ramp might need more space than steps Monitoring is needed to ensure masons do not build ramp too steep to reduce cost. (For guidance on gradients, see page 7.) 	is not slippery when wet (For an example, see page 10.)	Medium
Concrete ramp to access borehole apron	As above	As above	As above	Medium

Pump handles







Pump handles

Suitable for: users with limited strength or grip

	No. No.			M	1
			1		A STATE
	1	/	1	1	2
1	5		1.	A STATE	
	F				
/		14	int.	TAN	Start Start



Prototype of adapted pump handle being trialled in conjunction with a concrete seat

handle. A screw keeps it in place. side

- the side or front according to user preference
- Credits (top to bottom): WaterAid/Jane Wilbur; Norman (2010); Messiah College Collaboratory

in place with

screws

Construction **Advantages** Disadvantages Improvements/ Cost / variations labour Bent T-bar with Medium Provides extra leverage Might invalidate tube which slips which makes pumping pump warranty over the end of a easier Provides choice of standard pump position to operate handle from: front or · Can be operated from Much heavier than Based on testing High either side or the front, with local users. standard handle this handle has according to user Handle not liked by preference community who been rejected in Seat is located to one feared children could favour of the Pside, so as not to be hit on the head handle below (but is included for obstruct standing users interest). P-handle with a A completely new India Mk II handles CAD drawing of the Initially high hollow pipe that handle is not needed P-handle: vary, so artisans (training slides over the end • Local artisans can be must be trained to required); of India MK II pump trained to make Ptailor adaptation to subsequently handle and is kept handle handle dimensions medium Can be operated from • Not applicable to other handpumps,

e.g. Afridev

Lifting water containers







Lifting water containers

Suitable for: all users, especially those with limited strength, difficulty balancing or difficulty grasping a container.

Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ Iabour
Pedestal made of bricks plastered with cement screed. Height about 70cm (adult hip height).	 Lifting the container from floor to head can be split into two separate actions by resting the container midway. 		 Height is ideally decided based on testing and feedback from local users (carrying out accessibility audits). 	Low
Pedestal made of bricks plastered with cement screed. Height about 45cm (adult knee height).	 As above Lower stand is easier for children and shorter people to use than 70cm pedestal 		 Height is best decided based on testing and feedback from local users. 	Low
Borehole enclosure wall used as a midpoint for resting water container	 As above User can rest the container, walk to the outside of the wall, and pick it up from there 	 Wall must be very sturdy to support heavy containers of water 		High

Waterpoints

Transporting water







Transporting water

Suitable for: people using mobility devices, poor balance or strength

- Maria	Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ Iabour
	Transporting a 20L jerrycan of water on wheelchair footrests	 Jerrycan is in an easy-to-access position 	 Jerrycan can only be part-filled, otherwise the weight of the water risks tipping the chair Jerrycan reduces space for feet 		Low
	20L jerrycans carried on a rack under the seat of a tricycle	 Weight is low down and no risk of tipping the chair 	 Rack under the seat might be difficult to access 	 A rack behind the seat could be easier to access for some people. 	Cost of tricycle is high
	Small jerrycan carried using a hook attached to the crossbar of a crutch	 Avoids difficulty of holding crutch and container at the same time 	 Extremely difficult to lift if using only one crutch 	 Jerrycan could be placed on the head or in a basket on the back instead 	Low

Credits (top to bottom): WaterAid/CoU-TEDDO; Jones and Reed (2005); WaterAid/Stephen Segawa

Accessing stored water







Accessing stored water

Suitable for: children, people with limited strength, difficulty bending or lifting, poor balance, or the use of only one arm

Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ labour
Water stored in a bucket accessed via a tap near the bottom	 Tap enables controlled flow and low risk of contamination Wide opening of bucket is easy to fill Tight-fitting lid reduces risk of contamination 	 Might not be on sale locally 		Medium
Tin can used to dip and draw water from a covered	 Can or cup is widely available No construction needed System can be used with any size of container, e.g. the bucket above 	 Storage jar located outside the house so less convenient than inside Potential for water contamination from dipping can 	 Add a handle to the tin or cup to reduce risk of contamination Raise the jar and fit a tap to avoid frequent removal of cover Use light materials for cover 	Low
Jerrycan tipper made of square, light gauge, iron tubing	 Enables a person to easily pour water from a jerrycan Robust and durable Easy to use 		 Similar tipper can be constructed for a bucket Can be made more cheaply from wood held together with wire 	Medium



Handwashing







Handwashing

Suitable for: all, especially people with weak legs or the use of only one hand

	Construction	Advantages	Disadvantages	Improvements/ variations	Cost/ Iabour
	5L jerrycan with hole(s) pierced near the top, hung from a rail. Jerrycan is tipped by pressing a foot on a stick attached by a string to the lid.	 Easy to construct using local materials 	 Difficult to use if person cannot use their feet 	 Needs to be regularly filled with water 	Low
Fighters	Suspended gourd; large hole for filling, small hole in plug for pouring	Locally availableEasy to make	Not very durable	 Needs to be regularly filled with water 	Low
	Cut-away jerrycan; water is scooped out with a 'ladle' made of a plastic aerosol lid fixed to a stick	 Made with locally available materials Operated with hands instead of feet 	Open to contamination	 Put lid or cover on top, e.g. using cut out section of can Ladle could be pierced with holes so water trickles out when it is suspended. It can then be used with one hand. 	Low
	1L plastic bottle with ballpoint pen casing inserted via a hole near the bottom. Water flows when lid is loosened, stops when lid tightened.	 Easy to make using locally available materials Operated with hands instead of feet 	 Needs constant refilling Difficult to refill Bottle top gets lost 	• The bottle could be replaced with a jerrycan to reduce the frequency of refilling, as long as the lid was tight-fitting.	Low

Credits (top to bottom): WaterAid/Jane Wilbur; Reed and Shaw (2008); DAPP/Faiyaz Mulla; WaterAid/Jane Wilbur

Further resources

Resource	Overview	Location
WEDC Equity and Inclusion resources	Awareness-raising and training materials. Includes guidance on doing accessibility and safety audits for waterpoints, school and household latrines.	www.wedc- knowledge.lboro.ac.uk/colle ctions/equity-inclusion/
Jones H and Reed R (2005) Water and sanitation for disabled people and other vulnerable groups: designing services to improve accessibility. WEDC, UK.	Accessible WASH designs for people who experience limitations in carrying out activities related to WASH.	https://wedc- knowledge.lboro.ac.uk/detai ls.html?id=16357
Reed R and Shaw R (2008) Sanitation for <i>Primary Schools in Africa.</i> WEDC, UK.	Guidelines for primary school sanitation in Africa.	http://wedc.lboro.ac.uk/reso urces/books/Sanitation_for Primary_Schools_in_Africa - Complete.pdf
Wilbur J and Jones H (2014) <i>Disability:</i> <i>making CLTS fully inclusive.</i> Frontiers of CLTS: innovations and insights, Issue 3, IDS, Brighton.	Short booklet highlighting experiences of disabled people, with practical recommendations for how to make the CLTS process fully inclusive (available in English, French and Portuguese).	www.communityledtotalsanit ation.org/resource/frontiers- clts-issue-3-disability- making-clts-fully-inclusive
Appropriate Technology Centre (2014). A practical guide for inclusive WASH services at household and community level in Uganda.	Technical guidance for making WASH facilities more accessible.	To be published
Ray Normal (2010) <i>Water sanitation and disability in W Africa.</i> Phase 1 Report. The Africa WASH and Disability Study - The Collaboratory at Messiah College.	Partnership with World Vision to improve access to safe water, especially for disabled people, in West Africa. Reports, videos and technical drawings available in Additional Resources.	http://www.africawashdisabil ity.org/ For resources go to >About us >Partners & Additional Resources

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