

Kenya HIV Prevention Revolution Road Map

Count Down to 2030



HIV Prevention Everyone's Business

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National STI and AIDS Control Programme www.nascop.or.ke

June 2014



50% Reduction of New HIV infections

And The There are

Combination Prevention Population Driven Geographical Prioritization Shared Responsibility

Acknowledgment

The Ministry of Health acknowledges contributions of the United Nations Joint Team on HIV and AIDS led by UNFPA, UNAIDS, WHO and UNICEF, US Government, LVCT Health, International AIDS Vaccine Initiative (IAVI), support by the Bill and Melinda Gates Foundation and other partners who provided invaluable technical support and financial resources towards this process.

Sincere gratitude goes to the resource people from different institutions who worked tirelessly to complete this Road Map; Dr Martin Sirengo, Dr Peter Cherutich, Dr George Githuka and Helga Musyoki (National STI and AIDS Control Programme), Dr Nduku Kilonzo, Dr Emmy J. Chesire, Dr Patrick Mureithi and Jennifer Wambua (National AIDS Control Council), Dr Michael Kiragu, Jessica Kizungu (LVCT Health) Dr Geoffrey Okumu (UNFPA), Ruth Laibon-Masha, Gurumurthy Rangaiyan, Esther Gathiri Kimotho and Dr Lydia Tabuke (UNAIDS), Prince Ngongo Bahati (IAVI), Dr Jane Alaii (FHI 360) and Emma Mwamburi (USAID). Appreciation is given to the technical reviewers: Dr Kipruto Chesang (CDC), Dr Rex Mpazanje (WHO), Dr Saade Abdallah (UNODC), Dr Hellen Magutu (ILO), Urlike Gilbert (UNICEF), Dr. Nelly Mugo and Prof. Elizabeth Bukusi (Kenya Medical and Research Institute) and the National HIV Prevention Task Force chaired by Prof. Alloys Orago (Former Director, National AIDS Control Council). Dr William Maina (Ministry of Health) and Maya Harper (UNAIDS) for leadership and technical input.

Special thanks to Timothy B. Hallett, Sarah-Jane Anderson and Ide Cremin from Imperial College of London, who used mathematical modelling to set the vision and targets for this Road Map. Efforts of Dr Larry Gelmon and Robin Vincent to consolidate the initial technical summaries that were used to draft this document are appreciated.



Prof. Fred Segor, *Principal Secretary, Ministry of Health*

List of Abbreviations

ART	Antiretroviral Therapy
BC	Behaviour Change
CHEW	Community Health Extension Workers
CHTC	Couple HIV Testing and Counseling
CS0	Civil Society Organisations
EBI	Evidence Informed Behavioral Interventions
EC	Emergency Contraceptives
EID	Early Infant Diagnosis
EMTCT	Elimination of Mother to Child Transmission
FP	Family Planning
GBV	Gender Based Violence
GIS	Geographic Information Systems
HPV	Human Papilloma Virus
HMIS	Health Management Information Systems
HTC	HIV Testing and Counseling
IGA	Income Generating Activity
KAIS	Kenya AIDS Indicator Survey
KEPH	Kenya Essential Package of Health
KNASA	Kenya National AIDS Spending Assessment
KNUT	Kenya National Union of Teachers
KUPPET	Kenya Union of Post-Primary Education Teachers
TIVET	Technical Industrial Vocational and Entrepreneurship Training
MNCH	Maternal, Neonatal and Child Health
MSM	Men Who Have Sex With Men
OST/MAT	Opioid Substitution Therapy/Methadone Assisted Therapy
PEP	Post Exposure Prophylaxis
PHDP	Positive Health Dignity and Prevention
PITC	Provider Initiated HIV Testing and Counseling
PLHIV	People Living With HIV
PMTCT	Prevention of Mother to Child Transmission
PrEP	Pre-Exposure Prophylaxis
PWID	People Who Inject Drugs
SRH	Sexual and Reproductive Health
STI	Sexually Transmitted Infections
ТВ	Tuberculosis
VMMC	Voluntary Medical Male Circumcision

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Foreword

The Government of Kenya with support from other partners has, for the last two and a half decades, invested in the AIDS response. It is estimated that Kenya has lost close to 1.7 million people over the years as a result of AIDS related complications; underpinning the importance of HIV in public health, sustainable development and economic growth dialogues. It is estimated that 1.6 million Kenyans are living with HIV and over 650,000 of them are currently accessing antiretroviral treatment. This situation is, however, compounded by the fact that close to 101,560 new HIV infections occur annually.

HIV continues to be a major challenge across all the 47 Counties in Kenya. It is, however, noted that some Counties have a considerably higher HIV burden than others. The Counties of Nairobi, Homabay, Siaya, Kisumu, Migori, Kisii, Nakuru, Kakamega, Mombasa and Kiambu are collectively home to over 800,000 citizens living with HIV. In addition, 65 percent of all new HIV infections occur in nine Counties.

The Kenyan HIV epidemic displays variable epidemiological dynamics with respect to modes of transmission, age and sex differentials. Girls, women and key populations such as sex workers, men who have sex with men, People Who Inject Drugs and people in prison are disproportionately affected by HIV.

Kenya has made significant progress in HIV prevention especially among children. However the reduction of new HIV infections among adults has been relatively slow. This HIV Prevention Road Map therefore draws from lessons learned on strategies, interventions and scientific development in HIV prevention globally. It provides guidance on how the country can accelerate and achieve a drastic reduction in new HIV infections in a manner which is evidence-informed, rights-based and gender sensitive. The process of developing this Road Map included review of globally available and accepted evidence of what works in HIV prevention, stakeholders' consultation and policy review processes. This document provides targets and milestones that set Kenya on a clear path towards the goal of Zero new HIV infections.

In recognition of the disparities of the HIV epidemic, this Road Map proposes that highimpact, evidence-based interventions should be sustained and targeted towards Counties and different population needs. It emphasizes the need for efficient delivery of combination prevention packages, synergistic integration of biomedical, behavioural and structural interventions and sustainable investment in HIV prevention research to sharply reduce the annual number of new HIV infections – from an estimated 101,560 in 2013 to near zero in 2030.

The document provides County Governments with the relevant strategic information required to make investment decisions for well-coordinated, targeted, costed, high-impact interventions to reduce new HIV infections.

This Road Map is an important tool to unify national and County level planning, financing and implementation of HIV prevention interventions.

James Macharia, Cabinet Secretary, Ministry of Health



Protecting the future

Young girls in their school dormitory at St. Monica Lodwar Girls Primary School in Turkana County © UNICEF Kenya/2012/Noorani

Executive Summary

This Road Map is a product of extensive stakeholder consultation led by the Government of Kenya through the National AIDS and STI and Control Programme (NASCOP) in partnership with the National AIDS Control Council (NACC) and other partners. The process included a review of globally accepted evidence of effective prevention strategies, the current status targets and milestones for HIV prevention in Kenya. This Road Map aims to revolutionise HIV prevention and drastically reduce new HIV infections and HIV related deaths. The HIV prevention goals are aligned to the Kenya Vision 2030 blue print, including five-year milestones. The Road Map proposes the following shifts in HIV Prevention paradigms:



Key elements

- **Geographic prioritization** The country's 47 Counties are divided into three clusters- high, medium and low- based on geographical disparities in HIV incidence. This information is used to identify priority populations, and HIV incidence clusters will be reviewed annually to advise prevention
- **Combination prevention** Mathematical models are used to prescribe the optimal combination of interventions, and required coverage for each cluster and County
- Promoting efficiency in delivery by drawing out implementation strategies and options in community and facility settings. The Kenya Essential Package of Health cycles are used to optimise and advise on provider delivery of HIV prevention services
- Leveraging opportunities identified in other sectors and emerging technologies through shared responsibility, forecasting and tracking progress

- Emphasis on outcome rather than process monitoring. It anticipates emerging technologies, aims to increase research uptake and outlines both national and cluster- specific research priorities
- **Trigger advocacy**, capacity strengthening and resource mobilization to deliver comprehensive HIV prevention measures that address the needs and rights of women and girls

Overall, this Road Map promotes detailed analysis of population and geographical disparities and emphasizes the need for innovative surveillance for HIV incidence coupled with effective linkage to services. Initiation of early antiretroviral therapy, implementation of structural interventions at scale, increasing knowledge of HIV status through innovations such as HIV self-testing, partner tracing and review of parental consent for HIV testing for adolescents are key components. Providing an enabling environment for HIV prevention, human rights protection and stigma reduction for key populations and people living with HIV remain fundamental pillars of this Road Map. Interventions to address gender and cultural norms that increase vulnerability to HIV infection are emphasised. This Road Map also identifies the need for coordinated research with timely translation of research findings to policy and practice as central to achievement of the set targets. The recommendation to build accountability, making HIV prevention everyone's business, draws from the need to address critical enablers and identify non-traditional stakeholders who are instrumental in ensuring sustainable structural and behavioural interventions are in place outside the health sector. County clusters will be reviewed on the basis of HIV incidence.

This Road Map aims to dramatically strengthen HIV prevention, with the ultimate goal of reducing new HIV infections to zero by 2030

Development of the Prevention Revolution Road Map

This Prevention Revolution Road Map is a product of a lengthy but fruitful consultative and reflective process on the status of HIV prevention in Kenya. In 2010, prompted by a disproportionately high rate of new HIV infections among women and girls, the Government in partnership with stakeholders convened a national symposium to discuss HIV prevention in this group. The forum, which brought together women's representatives from all parts of the country, recommended a shift in HIV prevention from heavily biomedical driven to one that addressed structural factors and barriers that increase women and girls' vulnerability. In the same year a landmark national symposium for key populations was held in Mombasa. The meeting called for a concerted multisectoral response to end new HIV infections that was inclusive of Key Populations. A convention held with religious leaders resolved to champion a family-based HIV prevention approach to end new HIV infections and reduce HIV related stigma.

In 2011, building on the momentum and recommendations from stakeholders, the Government, through the leadership of NASCOP and NACC, formed a working group that brought together technical capacities from institutions including the Joint UN Team on HIV/AIDS (led by UNFPA, UNAIDS and WHO), PEPFAR (led by CDC and USAID), the International AIDS Vaccine Initiative, and LVCT- Health. This team, selected on the basis of indivual knowledge and experience, began a process of consultations with key stakeholders with the goal of proposing a paradigm shift in HIV prevention. The consultations culminated in the development of thematic papers, which together with existing epidemiologic data, formed the basis for the initial discussion for the development of the Road Map. In order to demonstrate impact of the proposed prevention shifts and value for investment, Spectrum mathematical modelling provided analysis of the investment case for the Prevention Road Map. Imperial College supported the analysis of data from the 47 Counties, providing evidence of the cost-effectiveness of geographical prioritization. A draft Road Map was then developed and submitted to a series of consultative meetings with stakeholders including County leadership, representatives from national and County level technical working groups, representatives of young people, sero-discordant couples, older people, key populations, business community, researchers, donors and other key stakeholders.

This process allowed the team to put together a draft Road Map that formed the basis for discussions and validation at the National HIV Prevention Summit in 2013. The summit brought together over 500 stakeholders from all 47 Counties. The participants were provided an opportunity to review the draft and provide comprehensive inputs that emphasized targeting and broadening the role of stakeholders in HIV prevention.

1.0 Introduction

Kenya has made significant progress in preventing the transmission of HIV through the implementation of evidence based interventions. According to HIV estimates and projections for 2013, there were approximately 1.6 million people living with HIV of whom 191,840 were children while an estimated 101,560 new HIV infections occurred. HIV related deaths have significantly reduced over the years due to the increase of number of people accessing treatment.



Sources: GOK HIV estimates and Projections, 2013

Sexual transmission accounts for 93.7% of all new HIV infections (MOT, 2008). Overall, there are marked gender disparities which characterise the HIV epidemic with higher prevalence amongst women at 7.6% compared to men at 5.6%. There is a treatment gap of over over 99,500 women and 64,900 men, in need of ART but not currently receiving treatment. ART coverage is 77% in eligible women compared to 80% in men.

The HIV epidemic in Kenya exhibits extreme geographical and gender disparities. National estimates and modelling indicate that 65% of new adult infections occur in nine of the 47 Counties. Within Counties, there are important variations in HIV burden, with the epidemic concentrated among certain populations.

Key populations contribute a disproportionately high number of new HIV infections annually despite their small population size. According to the MOT 2008, although these populations represent less than 2% of the general population, they contribute a third of all new HIV infections. Key populations The number of new HIV infections among adults has stabilized at an unacceptably high rate

in Kenya include sex workers, men who have sex with men (MSM) and people who inject drugs. Additionally, there are geographical disparities in the distribution of key populations across the Counties.

Kenya has participated in global and regional partnerships to conduct cutting-edge HIV research. These collaborative research efforts have generated ground-breaking biomedical prevention findings on the efficacy of voluntary medical male circumcision, strategic use of ARVs for prevention as well as microbicide, PMTCT and HIV vaccine development. The country has also conducted epidemiological and behavioural studies that have informed strategic planning and programmatic efforts, including evidence of the disproportionate risk of HIV infection amongst MSM, people who inject drugs and sex workers.

This Prevention Road Map therefore draws from successes and lessons learned over the last three decades of Global AIDS response.

OVERVIEW OF HIV EPIDEMIC IN KENYA

NEW HIV INFECTIONS







50,530 Women were infected with HIV in 2013



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260,000 sero-discordant couples (one partner HIV+) in 2012 **65%** of new HIV infections occur in nine of the 47 Counties



New HIV infections
15,003
12,645
12,059
8,292
5,976
4,326
3,141
2,507
1,965

Sources: Kenya HIV Estimates Technical Report 2013 Modes of Transmission 2008

HIV BURDEN IN KENYA



1.6 million Kenyans were living with HIV in 2013



191,840 Children (0-14 years) were living with HIV in 2013



National HIV Prevalence is 6%

5.6% | 7.6% †††††††

10 Counties with the Largest Number of People Living with HIV

County	Estimated PLHIV
Nairobi	177,552
Homabay	159,970
Siaya	128,568
Kisumu	134,826
Migori	88,405
Kisii	63,715
Nakuru	61,598
Kakamega	57,952
Mombasa	54,670
Kiambu	46,656



Sources: Kenya HIV Estimates Technical Report 2013 NASCOP KEY POPULATION Estimates Concensus Report 2012

1.2 Progress and Status of HIV Prevention in Kenya

HIV prevention in Kenya is premised on the application of evidence based interventions to achieve set targets and goals as outlined in the national strategic plans. Over the years the country has invested in interventions to reduce sexual transmission of HIV among key groups – young people, sex workers, men who have sex with men. Other vibrant prevention programmes target prevention of new HIV infections among children, STI prevention among people living with HIV and voluntary medical male circumcision to reduce risk of HIV infection among men.

Progress



Current Status

INTERVENTION	CURRENT STATUS	GAPS
HIV testing and counselling	 63 % of men know their HIV status 80 % of women know their HIV status 	 Identification of new testers Couple counselling and testing to identify sero-discordant couples Retesting of high risk indiv PWIDals Identification and linkage to care for PLHIV
Biomedical Interve	ntion	
Condom use promotion and distribution	 43% consistent condom use among men 15-24 years with partner of discordant or unknown HIV serostatus in the past 12 months 14% consistent condom use among men 25-64 years with partner of discordant or unknown HIV serostatus in the past 12 months 	 Low condom use with partners of unknown HIV status Low use of condom use among women 15-49 with multiple partners (32%) 89% of women aged 15-24 years reporting non use of condom use with partners of unknown status Weak distribution channels for female condom use
	 11% consistent condom use among women 15-24 years with partner of discordant or unknown HIV serostatus in the past 12 months 5% consistent condom use among women 25-64 years with partner of discordant or unknown HIV serostatus in the past 12 months 	• Frequent stock-outs of both male and female condom use
Voluntary Medical Male Circumcision	530,000 VMMC performed against a target of 860000	Low coverage in non-circumcising communities (47%)
Elimination of mother to child transmission (EMTCT)	 1.6 Million pregnancies annually 87,000 HIV positive pregnant women annually 70% of HIV-positive pregnant women receiving antiretrovirals 12,940 new HIV infections among children Only 44% skilled birth attendance 	 Low retention of mothers in ANC 10% of Positive ANC attendees not receiving PMTCT 17% of newborns born to women living with HIV not tested for HIV
ART Coverage	 78% National ART coverage among adults (CD4 < 350cells/ml) 42% National ART coverage among children 34% population level viral suppression 	 HIV testing and linkage to care and treatment weak High number of persons in need of ART Low access to ART for children compared to adults
STI treatment	 1.34% of women tested positive for syphilis in ANC 81% of adults with HIV also have genital herpes 	 STI treatment for PLHIV and key populations Low coverage of HPV vaccination Low screening for STI
Health facility HIV prevention	 100% of the units of donated blood are screened for HIV, hepatitis and syphilis 	• 2.5% of new HIV infections still health facility related
Behavioural Interv	ention	
Behaviour change programmes	 Average sexual debut for women is 17 years of age Average sexual debut for men is 16 years of age 30% of men 15-24 reported having two or more sexual partners in the past 12 months 	 Lack of targeted behavioural interventions Low coverage of behavioural interventions Inadequately addressed structural barriers to behaviour change

INTERVENTION	CURRENT STATUS	GAPS
Structural Interven	tion	
Social Protection Cash Transfers for Orphans and Vulnerable Children (CT-OVC)	• Coverage of OVC households was 28.3% (150,000 households)	• Scale up of unconditional cash transfers known to decrease the risk of HIV in young people by decreasing likelihood of sexual debut by 23%, improve school enrolment, delay first pregnancy and decrease risky sexual behaviour
Building the Resilience of Women and Girls	 Small scale implementation of projects that combine behavioural and structural intervention across the country 	 Scale up of combined behavioural and structural intervention to reduce gender inequalities and livelihood insecurity, thereby reducing Intimate Partner Violence
Girls enrolled in secondary school	 48% of girls enrolled in secondary school (2009) 	 Lower secondary school enrolment for girls (48%) vs boys (51%)

Targeted prevention interventions for key populations

Current Status

- Coverage of services for key populations programmes
- 70% of female sex workers
- 55% of men who have sex with men
- 24% of People Who Inject Drugs

Source: Kenya AIDS Indicator Survey 2007, 2012 NASCOP Programme Data 2013 Kenya AIDS Epidemic Update 2011 UNAIDS Global AIDS Estimates and Projections 2013 Kenya Demographic and Health Survey 2008/09 TRaC, 2012 Kenya HIV Estimates Technical Report 2013

Gaps

- Low coverage of comprehensive interventions for key population
- Inadequately addressed structural barriers to behaviour change and access to health services

The AIDS response in Kenya is multi-sectoral, coordinated by the National AIDS Control Council and implemented through periodic strategic plans



2.0 HIV Prevention Revolution Road Map

This Road Map addresses the gaps in the current HIV response and seeks to catalyze HIV prevention in Kenya. It is neither a formal guideline nor standard operating procedure for service delivery, nor is it intended to replace existing programming guidelines. Rather, the Road Map, based on current knowledge of effective interventions and expected funding for the response, aims to dramatically strengthen HIV prevention, with the ultimate goal of reducing new HIV infections to zero by 2030.

Overall Goal: Countdown to Zero New HIV infections by 2030

50% Reduction of new HIV infections occuring in Kenya by 2015 75% Reduction of new HIV infections occuring in Kenya by 2020

100% Elimination of new HIV infections occuring in Kenya by 2030

2.2 Objectives

The objectives of this Road Map are to:

- Provide guidance for geographical and population prioritization of HIV prevention interventions to optimise reduction of new HIV infections.
- Provide guidance for scale-up and implementation of combination (bio-medical, behavioural and structural) HIV prevention interventions.
- Provide guidance for monitoring and tracking progress in HIV prevention.

2.3 Guiding Principles

- Universal coverage
- Expanding innovation
- Strategic investments
- Evidence-based and result-driven
- Human rights and gender based
- Shared responsibility

2.4 Key Elements of the Road Map

- A common HIV prevention goal aligned with the Kenya Vision 2030 and five-year milestones.
- Geographic prioritization: This Road Map groups counties into three clusters, (high, medium and low), based on Kenya's geographical disparities in HIV incidence and draws on this to identify priority populations.
- Key age groups and sex disaggregated data informs service delivery and prioritization
- Combination prevention: Modelling is used to prescribe the optimal combination of interventions and required coverage for each cluster and counties.
- Efficiency in delivery: This Road Map outlines implementation strategies and options in community and facility settings. Kenya Essential Package of Health cycles are used to optimise provider contacts to deliver services.
- Leveraging: This Road Map identifies opportunities for leveraging other sectors and emerging technologies and making HIV prevention 'everyone's business' through shared responsibility.
- Forecasting and tracking progress: This Road Map emphasizes monitoring outcomes as opposed to processes. It anticipates emerging technologies, aims to increase research uptake and outlines both national and cluster- specific research priorities.

2.5 Proposed Shifts in HIV Prevention Paradigms

1^{From intervention-} driven to population-driven **2** From heavily biomedicaldependent to a combination-prevention package; biomedical, behavioural and structural interventions **3** From Health sector-driven to an approach that makes HIV prevention everyone's business

4 From a approach to geographical (County clusters) approach

Re-thinking HIV Prevention

From National to County clusters approach	High, Medium, Low incidence cluster	Timely data on granularity of epidemics	Timely incidence surveillance
From intervention driven to populations -driven interventions	Age and sex disaggregation	Key populations	s Bridging populations
From heavily biomedical-dependent to a mix combination of behavioural and structural	Combination prevention mix package by cluster and populations	Faster integration of research finding into policy & practices	Unified and coordinated Research and Development for HIV prevention
Making HIV prevention everyone's business	Leverage political leadership	Leverage social movements	Legal and structural reforms

3.0 Rationale for Combination Prevention and Geographic Prioritization of HIV Prevention in Kenya

Kenya will make significant gains by making fundamental shifts in the style and delivery of HIV prevention through an optimal effective HIV prevention approach that takes into account geographic disparities in HIV incidence, priority populations and a combination of biomedical, behavioural and structural interventions.

According to the Spectrum Model, a refocused and prioritised HIV prevention would avert 1,149,000 new HIV infections and 761,000 AIDS related deaths by 2030 at a cost USD 19.9 Billion¹.



To determine the efficiency gains that could be obtained by combination prevention and geographic prioritization of interventions, mathematical models were developed². The sexually active population in each County was stratified based on risk behaviour, and transmission modelled in sexual partnerships formed between risk groups. County data on sexual behaviour, circumcision rates, ART coverage, demography and prevalence were used to inform the models such that they are geographically specific.

These County specific models were used to assess the optimal configuration of interventions both within and across Counties to maximise achievable impact. Funds can be prioritised to those interventions in those Counties which could lead to the greatest reduction in number of new HIV infections (described here as the 'Combination Prevention + Geographical Prioritization'). In this way, funds are drawn to interventions in populations in which they can have the greatest impact.

Assuming a budget of \$133 USD million per year, combination prevention would reduce the number of new HIV infections by 66% while combination prevention with geographical prioritization would reduce the number of new HIV infections by 80%

1 John Stover, 2013

2 Imperial College of London, 2013

A comparison is made with an approach that does not account for geographical heterogeneity, such that the same set of interventions are funded in all Counties ('Combination Prevention') and a 'Business as Usual' approach, whereby no further prevention interventions are scaled up. The amalgamated National model presented on page 12 gives the number of new HIV infections across all Counties. These analyses are intended to act as a general guide and are not prescriptive. They should be used as a starting point for discussion in light of each County's specific context.

3.2 Geographical Prioritization Approach

The mixed nature of the epidemic in Kenya calls for HIV prevention interventions that are sensitive to local context and situations, rather than being generic. The disproportionate HIV burden across Counties must be reflected to ensure that the 47 Counties make informed decisions.

Example of County X HIV Prevention Revolution Model

Under the geographical prioritization strategy, County "X" receives a budget of \$122.8 million for the period 2015-2030. Strategy 5 would provide the most cost effective package of interventions, averting the largest number of new HIV infections. Strategy 5 includes interventions for: behaviour change, early ART and PrEP for female sex workers and MSM, male circumcision and early ART for men (see key below). The model estimates that approximately 50,000 new HIV infections (y-axis) would be averted.



3.3 County clusters by HIV incidence

Counties are grouped into three clusters high, medium and low based on estimated number of new HIV infections (Kenya HIV Estimates Technical Report 2013). County clusters will be reviewed annually on the basis of HIV incidence. The table below shows the distribution of HIV incidence in the 47 Counties in Kenya.

Cou	nties RANKED E	Y HIV INCIDENCE (FROM HIGHE	ST TO LOWE	ST)			
	County	Population	New HIV infections (children)	New HIV infections (adults)	New HIV infections (total)	Incidence (%)	Ranking	% of contribution to national new HIV infections
infections infections (%) c	100.0							
	Homa Bay	1,053,465	2,724	12,279	15,003	2.98	1	14.8
	Siaya	920,671	2,190	9,869	12,059	2.47	2	11.9
ster	Kisumu	1,059,053	2,296	10,349	12,645	2.13	3	12.5
e Clu	Migori	1,002,499	1,506	6,786	8,292	1.56	4	8.2
denc	Kisii	1,259,489	1,085	4,891	5,976	0.76	5	5.9
Inci	Nyamira	653,914	455	2,052	2,507	0.59	6	2.5
High	Turkana	973,742	144	2,997	3,141	0.59	7	3.1
	Bomet	824,347	90	1,875	1,965	0.44	8	1.9
	Nakuru	1,825,229	199	4,127	4,326	0.40	9	4.3
	Trans Nzoia	932,223	90	1,867	1,957	0.38	10	1.9
	Narok	968,390	87	1,806	1,893	0.38	14	1.9
	Samburu	254,997	22	461	483	0.37	15	0.5
	Kajiado	782,409	74	1,545	1,619	0.34	11	1.6
	Uasin Gishu	1,017,723	92	1,921	2,013	0.33	13	2.0
er	Muranga	1,022,427	65	1,984	2,049	0.32	12	2.0
Clust	Nyeri	752,469	43	1,307	1,350	0.27	16	1.3
nce	Nandi	857,207	60	1,253	1,313	0.27	20	1.3
cide	Kiambu	1,760,692	96	2,931	3,027	0.26	17	3.0
mIn	Laikipia	454,412	33	692	725	0.26	19	0.7
aiu	Kericho	863,222	58	1,214	1,272	0.25	21	1.3
Ň	Nyandarua	646,876	29	899	928	0.25	22	0.9
	Mombasa	1,068,307	171	1,609	1,780	0.24	18	1.8
	Makueni	930,630	65	1,193	1,258	0.24	24	1.2
	Machakos	1,155,957	80	1,463	1,543	0.22	25	1.5
	Baringo	632,588	34	707	741	0.22	26	0.7
	Kirinyaga	572,889	26	795	821	0.21	23	0.8

	County	Population	New HIV infections (children)	New HIV infections (adults)	New HIV infections (total)	Incidence (%)	Ranking	% of contribution to national new HIV infections
	West Pokot	583,767	28	576	604	0.20	30	0.6
	Isiolo	150,817	8	151	159	0.19	29	0.2
<u> </u>	Elgeyo Marakwet	421,282	19	400	419	0.18	32	0.4
luste	Kitui	1,065,329	54	988	1,042	0.18	33	1.0
nce C	Tharaka	384,379	22	410	432	0.18	28	0.4
Medium Incidence Cluster	Taita Taveta	323,867	35	330	365	0.17	27	0.4
m In	Kwale	739,435	66	623	689	0.17	34	0.7
lediu	Embu	543,158	28	518	546	0.16	31	0.5
2	Nairobi	3,781,394	316	3,098	3,414	0.13	35	3.4
	Meru	1,427,135	59	1,090	1,149	0.13	36	1.1
	Kilifi	1,262,127	87	821	908	0.13	37	0.9
								34.5
	Lamu	115,520	5	44	49	0.07	38	0.0
	Garissa	409,007	14	116	130	0.05	39	0.1
-	Marsabit	306,471	4	81	85	0.05	40	0.1
luste	Mandera	673,356	17	137	154	0.04	41	0.2
nce C	Tana River	273,205	4	40	44	0.03	44	0.0
icide	Busia	523,875	58	51	109	0.02	42	0.1
Low Incidence Cluster	Kakamega	1,782,152	173	154	327	0.02	43	0.3
	Vihiga	595,301	35	31	66	0.01	45	0.1
	Bungoma	1,750,634	93	83	176	0.01	46	0.2
	Wajir	434,524	2	18	20	0.01	47	0.0
								7.2

Note: Children are 0-14, adults are 15+

Summary Table Showing the 3 County Clusters and Contribution to National New HIV Infections

County Cluster	Number of Counties	Total number of new HIV infections	Total estimated population	% contribution to new HIV infections
High HIV Incidence	9	65,914	9,572,409	65%
Medium HIV Incidence	28	34,499	25,356,108	34%
Low HIV Incidence	10	1,160	6,864,045	1%

Note: Annual County incidence rates will influence categorization of Counties into the different clusters (Incidence rate is calculated as the percentage of Number of new HIV infections/Total County population less people living with HIV)

Data Source: HIV and AIDS County profiles NACC and NASCOP 2013

HIV incidence rates across 47 Counties



3.4 HIV Burden in Counties

Early ART initiation has been shown to reduce transmission and reduce HIV related morbidity among people living with HIV. In this section, Counties are ranked based on the estimated number of people living with HIV (Kenya HIV Estimates Technical Report 2013). This information will be used for planning, financing and implementation of County efforts in care, treatment and social protection for people living with HIV, orphans and vulnerable children (OVC). The ranking will be reviewed annually on the basis of HIV burden.

	County	Population	Prevalence Total (%)	Prevalence men (%)	Prevalence women (%)	# adults LHIV	# children LHIV	# people LHIV	Rank
	Kenya	41,792,563	6.04	5.6	7.6	1,407,615	191,836	1,599,451	
	Nairobi	3,781,394	6.8	5.3	8.4	164,658	12,894	177,552	1
es	Homa Bay	1,053,465	25.7	23.7	27.4	140,600	19,370	159,970	2
Burden Counties	Kisumu	1,059,053	19.3	17.8	20.6	118,500	16,326	134,826	3
D U U	Siaya	920,671	23.7	21.8	25.3	113,000	15,568	128,568	4
Irde	Migori	1,002,499	14.7	13.6	15.7	77,700	10,705	88,405	5
IV BL	Kisii	1,259,489	8.0	7.3	8.5	56,000	7,715	63,715	6
High HIV	Nakuru	1,825,229	5.3	4.5	7.5	53,700	7,898	61,598	7
	Kakamega	1,782,152	5.9	4.4	7.3	48,500	9,452	57,952	8
10	Mombasa	1,068,307	7.4	4.5	10.5	47,800	6,870	54,670	9
	Kiambu	1,760,692	3.8	2.0	5.6	42,400	4,256	46,656	10

County	Population	Prevalence Total (%)	Prevalence men (%)	Prevalence women (%)	# adults LHIV	# children LHIV	# people LHIV	Ran
Turkana	973,742	7.6	6.5	10.8	39,000	5,736	44,736	1
Muranga	1,022,427	5.2	2.8	7.7	28,700	2,881	31,581	1
Machakos	1,155,957	5.0	2.9	6.8	27,100	4,135	31,235	1
Bungoma	1,750,634	3.2	2.4	4.0	26,100	5,086	31,186	1
Uasin Gishu	1,017,723	4.3	3.7	6.1	25,000	3,677	28,677	1
Bomet	824,347	5.8	4.9	8.2	24,400	3,589	27,989	1
Kilifi	1,262,127	4.4	2.7	6.3	24,400	3,507	27,907	1
Trans Nzoia	932,223	5.1	4.4	7.3	24,300	3,574	27,874	1
Narok	968,390	5.0	4.3	7.1	23,500	3,456	26,956	1
Nyamira	653,914	6.4	5.8	6.8	23,500	3,238	26,738	2
Makueni	930,630	5.6	3.3	7.6	22,100	3,372	25,472	2
Meru	1,427,135	3.0	1.8	4.1	20,200	3,082	23,282	2
Kajiado	782,409	4.4	3.8	6.3	20,100	2,956	23,056	2
Kwale	739,435	5.7	3.5	8.1	18,500	2,659	21,159	2
Kitui	1,065,329	4.3	2.5	5.8	18,300	2,792	21,092	2
Nyeri	752,469	4.3	2.3	6.3	18,900	1,897	20,797	2
Busia	523,875	6.8	5.1	8.4	16,100	3,138	19,238	2
Nandi	857,207	3.7	3.1	5.2	16,300	2,397	18,697	2
Kericho	863,222	3.4	2.9	4.8	15,800	2,324	18,124	2
Nyandarua	646,876	3.8	2.0	5.6	13,000	1,305	14,305	3
Kirinyaga	572,889	3.3	1.7	4.8	11,500	1,154	12,654	3
Vihiga	595,301	3.8	2.8	4.7	9,900	1,929	11,829	3
Taita Taveta	323,867	6.1	3.7	8.7	9,800	1,409	11,209	3
Embu	543,158	3.7	2.2	5.0	9,600	1,465	11,065	3
Baringo	632,588	3.0	2.6	4.3	9,200	1,353	10,553	3
Laikipia	454,412	3.7	3.2	5.3	9,000	1,324	10,324	3
Tharaka	384,379	4.3	2.5	5.8	7,600	1,160	8,760	-
West Pokot	583,767	2.8	2.4	4.0	7,500	1,103	8,603	3
Samburu	254,997	5.0	4.3	7.1	6,000	883	6,883	3
Elgeyo Marakwet	421,282	2.5	2.1	3.5	5,200	765	5,965	Z
Mandera	673,356	1.7	0.6	2.9	3,900	1,271	5,171	4
Garissa	409,007	2.1	0.8	3.6	3,300	1,075	4,375	2
Isiolo	150,817	4.2	2.5	5.7	2,800	427	3,227	4
Marsabit	306,471	1.2	0.7	1.6	1,500	229	1,729	Z
Lamu	115,520	2.3	1.4	3.2	1,300	187	1,487	4
Tana River	273,205	1.0	0.6	1.5	1,200	172	1,372	4
Wajir	434,524	0.2	0.1	0.3	500	163	663	4

Note: Counties ranked based on absolute estimates of people living with HIV Adults = 15 years of age and above



Three Counties have hyper-endemic HIV prevalence rates (over 15%) - Homa Bay, Kisumu and Siaya

3.5 Combination Prevention Approach

Combination prevention is a term used to describe a mix of behavioural, structural and biomedical interventions targeting specific populations based on their needs to optimally mitigate acquisition or transmission of HIV. Evidence on effective and promising structural interventions for HIV prevention such as micro-finance and gender transformative approaches have demonstrated positive HIV outcomes and reduction in gender based violence. Cash transfers have been shown to reduce girls' vulnerabilities, keeping them in school and reducing HIV incidence. Behavioural interventions such as changing risk perceptions, addressing multiple partnerships and the need for uptake and adherence to HIV interventions have also demonstrated impact on HIV incidence.

The bio-medical toolkit for HIV prevention includes evidence-based interventions such as male circumcision, condom use, STI treatment and use of ARVs for those who are living with HIV. Also included are efforts to prevent new HIV infections among children, keep mothers alive and the provision of ARVs as pre and post exposure prophylactic medication.





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Successful HIV Prevention programmes require a combination of evidence-based, mutually reinforcing biomedical, behavioural, and structural interventions.

4.0 Combinations of Packages for County clusters

The proposed biomedical, structural and behavioural interventions are those evaluated and demonstrated to have impact in reducing HIV incidence. Interventions are prioritised by age and population for the 47 Counties based on incidence clusters. Recommended structural and behavioural interventions are examples drawn from evaluated evidence based interventions (EBIs). See appendix 1 for their descriptions.

Innovative Monitoring

- Donors, implementers and government accountable for prevention outcomes and not processes
- Innovative surveillance of HIV incidence Application of unique person identifiers for surveillance
- and effective linkage to services

Creating an Enabling Environment

- Human rights protection and stigma reduction for key populations and PLHIV
- Review of Legislation that hinders HIV prevention across all sectors
- Addressing gender and cultural norms that increase vulnerability to HIV
- Reviewing age of consent for adolescent HIV testing
- Integration of HIV prevention within SRH, maternal and child health services
- Coordinated research agenda with
- expedited translation of research findings to policy and practice

Evidence-based Interventions

- Early initiation of ART
- Partner tracing and notification

people who inject drugs

- HIV self-testing
- Needle and syringe programmes and medically assisted therapies for

HIGH INCIDENCE CLUSTER: 65% of new HIV infections occur in nine of the 47 Counties



County	New HIV infections
Homa Bay	15,003
Kisumu	12,645
Siaya	12,059
Migori	8,292
Kisii	5,976
Nakuru	4,326
Turkana	3,141
Nyamira	2,507
Bomet	1,965

4.1 Recommended Combinations of Packages for County clusters

	← ► 0/ Age Available Biomedical Intervention		cal Interventions	Behavioural	Structural interventions
65% of all new HIV infections	Age group/ sex	Community Settings	Facility Settings	interventions	Structural interventions
General Popul	ation				
	0 – 5 years	• Integration of HIV testing in immunisation programmes	 Infant male circumcision Early infant diagnosis HIV testing for children Paediatric ARV for all HIV positive children 	 Exclusive breastfeeding for up to 6 months Male engagement in child HIV testing and HIV prevention for children 	 Training of pre-school teachers and community health workers as agents of communication for child HIV testing Social protection
	5 – 9 years	• HIV and sexual and Reproductive Health Education clubs in schools	• HTC, VMMC, PEP, Post rape care	• Life skills training Stepping Stones: Creating Futures	 Promote Child Rights protection, GBV elimination programmes Sexual and reproductive education at school Social protection
	10-14 years	• HIV and sexual and Reproductive health education Clubs	HTC, VMMC, PEP, Post rape care, HPV vaccines	• Life skills training e.g., Stepping Stones: Creating Futures	• Initiatives to keep girls in school, GBV elimination programmes sexual and reproductive education at school, Community mobilisation for legal action against sexual offenders
	15 – 19 years	• HIV & STI testing, sexual and Reproductive health and HIV education, condom use	• HTC, VMMC, PEP, Post Rape Care, Emergency Contraception, HPV vaccines	• Healthy Choices	 Economic empowerment through micro-finance -IMAGE programmes Review requirement of parental consent for HIV testing Programmes to keep girl in school Address intergenerational sex
	19 and above	• HTC, CHTC, condom use, VMMC	• PITC, Family Planning, VMMC, PEP, Post rape care, EC, HPV vaccines	 Sustained large Scale Evidence-based Interventions (EBIs), alcohol reduction campaign Positive Health, Dignity and Prevention Promotion of condom use campaign 	 Economic empowerment -IMAGE Programmes to prevent Gender-Based Violence Protection from cultural issues directly linked to HIV risk such as wife inheritance Promote Post HIV test clubs
Bridging Popu	lations				
Truck drivers, migrants, fishing communities		Mobile HTC, Sexual and Reproductive Health Services, CHTC, condom use, VMMC	• ART – Regardless of CD4 count, PrEP, PEP, eMTCT	 Positive Health, Dignity and Prevention Promotion of condom use campaign 	 Enact maximum working hours policies Conditional Economic Support-IMAGE

HIGH INCIDEN	ICE CLUSTER				
Priority Popula	tions				
People Living with HIV	• Treat adhe	rence CD F, condom eM Vi	RT – gardless of 04 count, MTCT, ral load onitoring	• Positive Health, Dignity and Prevention, condom use, CHTC, disclosure to partner	 Zero stigma and discriminatory by-laws Universal access to HIV and sexual and reproductive health services
Discordant couples	• Treat • Adhe treat	nent fo rence to Pr nent Pr Γ, condom VN	eatment r HIV revention, EP, EMTCT, MMC, FP	• Motivation for HIV negative partner to stay negative, CHTC, disclosure to partner, partner prevention, EBAN	 Assisted Partner (s) notification for people living with HIV
Young women at risk (15-24 years)	scree scree educa femal male use, f Plann Emer	ning ding anal ning, HPV ning and ntion,	ΞP	• EBI-Healthy choices • Positive Health, Dignity and Prevention, condom use, CHTC, Risk perception training	 Programmes to keep girls in school, Conditional Economic Support-IMAGE Campaigns to motivate those tested HIV negative to adopt risk reduction and stay negative GBV reduction programmes Messages on intergenerational sex
Sex workers	use • Frequ regul STI so inclue anal a	e condom Tra ent and CC ar HTC, Pr creening EN ding va and cal cancer	II treatment, eatment for gardless of 04 count, IEP, PEP, MTCT, HPV accines	 Campaigns and recognition to motivate those tested HIV negative to adopt risk reduction and stay negative Positive Health, Dignity and Prevention Alcohol and Substance abuse programmes 	 100% condom use policy Recognition of negative status since previous HIV test Promote human rights Safe spaces Conditional Economic Support-IMAGE GBV prevention programmes Health care providers and Police sensitivity trainings
Men who have Sex with Men	use, l • Frequ and r HCT, S scree vacci	ubricants AF ent re egular CD STI, HPV Pr ning and EN	II treatment, RT – gardless of D4 count, EP, PEP, MTCT, HPV accines	 Campaigns to motivate those tested HIV negative to adopt risk reduction and stay negative Positive Health, Dignity and Prevention Reduction of number of partners Alcohol and Substance abuse programmes 	 Human rights protection of MSM Safe spaces/drop-in centres Social support -M-powerment Psycho social support mechanisms GBV prevention programmes Health care providers and Police sensitivity trainings

HIGH INCIDENCE CLUSTER					
People Who Inject Drugs		 Peer education on HIV prevention Comprehensive service package for PWID. Regular HTC, sexual and reproductive health care, TB and Hepatitis B & C screening Sterile needle and syringe kits, Safe disposal of used injecting equipment, Integrated ART and Medically Assisted Therapy 	 STI screening and treatment, eMTCT, family planning ART – regardless of CD4 count, PrEP, PEP, Needle and syringe exchange programmes Medically assisted therapy,TB treatment, Vaccination for Hepatitis B and C 	 Addiction counselling on alcohol and substance abuse Safer injecting practices, Reduction of sexual partners, Positive Health, Dignity and Prevention Motivate for HIV negative status GBV prevention programmes 	 Key Population policy review Human rights protection of people who inject drugs, safe spaces/drop- in centres, legal aid Psychosocial support mechanisms/mental health Health care providers and police sensitivity trainings, Basic hygiene kits and child care support for females who use/inject drugs, Economic enhancement via vocational training and IGAs
Prison communities and other uniformed forces		• Frequent and regular HTC, STI screening	 HTC, STI, HPV screening, STI treatment, ART – regardless of CD4 count, PEP, eMTCT 	 Risk reduction for HIV negative testers Positive Health, Dignity and prevention EBI- e.g., START 	 Psycho social support mechanisms for reintegration Review of Prison policy on HIV prevention to include condom use, PrEP, safe injecting needles, and conjugal visits

MEDIUM INCIDENCE CLUSTER: 34% of new HIV infections occur in 28 of the 47 Counties

County	New HIV infections (total)	County
Nairobi	3,414	Kitui
Kiambu	3,027	Nyandarua
Muranga	2,049	Kilifi
Uasin Gishu	2,013	Kirinyaga
Trans Nzoia	1,957	Baringo
Narok	1,893	Laikipia
Mombasa	1,780	Kwale
Kajiado	1,619	West Pokot
Machakos	1.543	Embu
Nyeri	1,350	Samburu
Nandi 🚽 📶	1,313	Tharaka
Kericho	1,272	Elgeyo Marakwet
Makueni	1,258	Taita Taveta
Meru	1,149	Isiolo

County	New HIV infections (total)
Kitui	1,042
Nyandarua	928
Kilifi	908
Kirinyaga	821
Baringo	741
Laikipia	725
Kwale	689
West Pokot	604
Embu	546
Samburu	483
Tharaka -	432
Elgeyo Marakwet	419
Taita Taveta	365
Tsiolo	150

Mombasa, Kenya © Shutterstock-

MEDIUM INC	DENCE CL	USTER			
34 [%] Age group/	-	Available Biomedical Interventions		Behavioural interventions	Structural interventions
of new HIV infections	JEX	Settings	Facility Settings		
General Popul	lation				
	0 – 5 years	• Integration of HIV testing in immunisation programmes	 Infant circumcision Paediatric ARV for all HIV positive children ART for all HIV positive pregnant women for PMTCT 	• Exclusive breastfeeding for all up to 6 months	 Training of pre-school teachers and community health workers as agents of communication for child testing Social protection
	5 – 9 years	• HIV and sexual and reproductive health education clubs in schools	HTC, VMMC, PEP, Post rape care	• Life skills training e.g. Stepping Stones: Creating Futures	 Promote Child Rights protection, GBV elimination programmes Sexual and reproductive education at school Social protection
	10-14 years	• HIV and sexual and reproductive health education clubs	• HTC, VMMC, PEP, Post rape care, HPV vaccines	• Life skills training e.g. Stepping Stones: Creating Futures	• Initiatives to keep girls in school, GBV elimination programmes sexual and reproductive education at school, community mobilisation for legal action against sexual offenders
	15 – 19 years	• HIV & STI testing, sexual and reproductive health and HIV education, condom use	• HTC, VMMC, PEP, Post rape care, Emergency contraception, HPV vaccines	• Healthy Choices	 Conditional Economic Support-IMAGE Reveiw requirement of parental consent for HIV testing of adolescents Programmes to keep girls in school
	19 and above	• HTC, CHTC, self-test kits, condom use, VMMC	• PITC, Family Planning, VMMC, PEP, Post rape care, EC, HPV vaccines	 Evidence-based interventions (EBIs), Alcohol reduction campaign Promote risk reduction among HIV negative testers to stay negative Positive health, dignity and prevention, Promotion of condom use campaign 	 Conditional Economic Support-IMAGE Programmes to prevent Gender-Based Violence Protection from cultural issues directly linked to HIV risk such as wife inheritance

MEDIUM INCI	DENCE CL	USTER			
Bridging Popu	lations				
Truck drivers, migrant, fishing communities		 Mobile HTC, sexual and reproductive health services, frequent and regular CHTC, condom use, VMMC 	• ART – regardless of CD4 count, PEP, eMTCT	• Positive health dignity and prevention, condom use	 Enact maximum working hours policies Economic empowerment –IMAGE
Priority Popula	itions				
People Living with HIV		 Linkage to care Adherence to treatment eMTCT, Condom use 	• ART as per guidelines, eMTCT	 Positive Health, Dignity and Prevention, condom use, Assisted partner disclosure, Universal access to HIV and sexual and reproductive health education 	• Reduce stigma and misplaced discrimination by-laws
Discordant couples		 Linkage to care Adherence to treatment eMTCT, condom use CHCT 	 ART regardless of CD4 PrEP, eMTCT, VMMC, FP 	 Motivate negative, partner to stay negative through risk reduction 	• Implement partner (s) notification for HIV testing
Young women at risk (15-24 years)		• HIV & STI testing and education, promote female condom use, Family Planning and Emergency contraception	• PrEP, PEP	• Healthy choices	 Programmes to keep girls in school Conditional Economic Support-IMAGE Conditional motivation for HIV negative to stay negative Messages on intergenerational sex as risk factor
Sex workers		 Male and female condom use Frequent and regular HTC, STI screening including anal and cervical cancer screening 	• STI treatment • Treatment regardless of CD4 count, PrEP, PEP, eMTCT, HPV vaccines	 Campaigns and recognition to motivate those tested HIV negative to adopt risk reduction and stay negative Positive health, dignity and prevention Alcohol and substance abuse programmes 	 100% condom use policy Recognition of negative status since previous HIV test Promote human rights Safe spaces Conditional economic support-IMAGE GBV prevention programmes Health care providers and Police sensitivity trainings
Men who have Sex with Men		 Male condom use, lubricants Frequent and regular HCT, STI, HPV screening and vaccines, Anal STI screening. 	• STI treatment, ART – regardless of CD4 count, PrEP, PEP, eMTCT, HPV vaccines	 Campaigns to motivate those tested HIV negative to adopt risk reduction and stay negative Positive Health, Dignity and Prevention Reduction of number of partners Alcohol and substance abuse programmes 	 Human rights protection for MSM Safe spaces/drop-in centres fo IDUs Social support -M-powerment Psycho social support mechanisms GBV prevention programmes Health care providers and police sensitivity trainings

MEDIUM INCI	DENCE CL	USTER			
People Who Inject Drugs		 Peer education on HIV prevention comprehensive service package for PWID Regular HTC, sexual and reproductive health care, TB and Hepatitis B & C screening Sterile needle and syringe kits, Safe disposal of used injecting equipment, Integrated ART and Medically Assisted Therapy 	 STI screening and treatment, eMTCT, family planning ART – regardless of CD4 count, PrEP, PEP, Needle and syringe exchange programmes Medically assisted therapy,TB treatment, vaccination for Hepatitis B and C 	 Addiction counselling on alcohol and substance abuse Safer injecting practices, Reduction of sexual partners, Positive Health, Dignity and Prevention Motivate for HIV negative status GBV prevention programmes 	 Key Population policy review Human rights protection of people who inject drugs, safe spaces/drop- in centres, legal aid Psychosocial support mechanisms/mental health Health care providers and police sensitivity trainings Basic hygiene kits and child care support for females who use/inject drugs Economic enhancement via vocational training and IGAs
Prison communities and other uniformed forces		• Frequent and regular HTC, STI screening	 HTC, STI, HPV screening, STI treatment, ART – regardless of CD4 count, PEP, EMTCT 	 Risk reduction for HIV negative testers Positive Health, Dignity and prevention EBI- e.g., START 	 Psycho social support mechanisms for reintegration Review of Prison policy on HIV prevention to include condom use, PrEP, Safe injecting needles, and conjugal visits

LOW INCIDENCE CLUSTER: 1% of new HIV infections occur in 10 of the 47 Counties



County	New HIV infections (total)
Kakamega	327
Bungoma	176
Mandera	154
Garissa	130
Busia	109
Marsabit	85
Vihiga	66
Lamu	49
Tana River	44
Wajir	20

Garissa, Kenya © Shutterstock
				Dehavrieurel		
1%	Age group/ sex	Available Biomedical Interventions		Behavioural interventions	Structural interventions	
of new HIV infections		Community Settings	Facility Settings			
General Popula	ation					
	0 – 5 years	• Integration of HIV testing in immunisation programmes	 Infant circumcision Paediatric ARV for all HIV positive children 	• Exclusive breastfeeding for all up to 6 months	• Training of pre-school teachers and community health workers as agents of communication for infant HIV testing	
	5 – 9 years	• Mobile HIV and sexual and Reproductive health education (clubs)	• VMMC	• Life skills training	• Sexual and reproductive education at school	
	10-14 years	 Mobile HIV and sexual and reproductive health education clubs 	HTC, VMMC, PEP, Post rape care	• Life skills training	 Programmes to Keep girls in school, GBV prevention programmes, sexual and reproductive education at school Messages on intergenerational sex 	
	15 – 19 years	 Mobile HIV & STI testing and education, condom use, Family Planning and Emergency contraception 	• HTC, VMMC, PEP, Post rape care, HPV	EBI-Healthy choices	 Review (adolescent) requirement of parental consent in HIV testing policy Messages on intergenerational sex 	
	19 and above	 Mobile 6 month CHTC, condom use, VMMC, Family planning and emergency contraception 	 Provider initiated testing and counselling, HTC, FP, VMMC, PEP, Post rape care, EC, HPV 	 Campaigns on risk reduction for HIV negative testers Condom use campaign 	• Increase surveillance on incidence	
Bridging Popu	lations					
Truck drivers, migrants, fishing communities		 Mobile HTC Frequent and regular CHTC, condom use, VMMC 	• ART – regardless of CD4 count, eMTCT	 Positive health, dignity and prevention Condom use, partner prevention 	 Review policies on maximum working hours, mobile services 	
Priority Popul	ations					
Discordant couples		 Linkage to care Adherence to treatment eMTCT, condom use, CHCT 	• ART regardless of CD4 count, PrEP, eMTCT, VMMC, FP	 Positive health, dignity and prevention, partner prevention 	• Implement partner (s) notification for HIV	

LOW INCIDENCE CLUSTER					
Sex workers		 Male and female condom use Frequent and regular HTC, STI screening including anal and cervical cancer screening 	• STI treatment, • Treatment regardless of CD4 count, PrEP, PEP, eMTCT, HPV vaccines	 Campaigns and recognition to motivate those tested HIV negative to adopt risk reduction and stay negative Positive health, dignity and prevention Alcohol and substance abuse programmes 	 100% condom use policy Recognition of negative status since previous HIV test Promote human rights Safe spaces Conditional economic Support GBV prevention programmes Health care providers and police sensitivity trainings
Men who have Sex with Men		 Male condom use, lubricants Frequent and regular HCT, STI, HPV screening and vaccines, Anal STI screening. 	• STI treatment, ART – regardless of CD4 count, PrEP, PEP, EMTCT, HPV vaccines	 Campaigns to motivate those tested HIV negative to adopt risk reduction and stay negative Positive health, dignity and prevention Reduction of number of partners Alcohol and substance abuse programmes 	 Human rights protection of MSM Safe spaces/drop-in centres Social support -M-powerment Psycho social support mechanisms GBV prevention programmes Health care providers and Police sensitivity trainings
People Who Inject Drugs		 Peer education on HIV prevention Comprehensive service package for PWID. Regular HTC, sexual and reproductive health care, TB and Hepatitis B & C screening Sterile needle and syringe kits, Safe disposal of used injecting equipment, Integrated ART and Medically Assisted Therapy 	 STI screening and treatment, eMTCT, family planning ART – regardless of CD4 count, PrEP, PEP, Needle and syringe exchange programmes Medically assisted therapy,TB treatment, Vaccination for Hepatitis B and C 	 Addiction counselling on alcohol and substance abuse Safer injecting practices, Reduction of sexual partners, Positive health, dignity and prevention Motivate for HIV negative status GBV prevention programmes 	 Key Population policy review Human rights protection for people who inject drugs, Safe spaces/drop- in centres, legal aid Psychosocial support mechanisms/ Mental health Health care providers and police sensitivity trainings Basic hygiene kits and child care support for females who use/inject drugs Economic enhancement via vocational training and IGAs
Prison communities and other uniformed forces		• Frequent and regular HTC, STI screening	 HTC, STI, HPV screening STI treatment, ART – regardless of CD4 count PEP EMTCT 	 Risk reduction for HIV negative testers Positive health, dignity and prevention EBI- e.g., START 	 Psycho social support mechanisms for reintegration Review of Prison policy on HIV prevention to include condom use, PrEP, Safe injecting needles, and conjugal visits



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5.0 Efficiency in Delivery

To achieve and sustain the goal of zero new HIV infections by 2030 will require greater efficiency in HIV programming and implementation. Approaches to maximize synergies and integration within the health system are recommended. They include strategies to increase and sustain knowledge of HIV status, address leaks in the retention cascade, strengthen linkages to reproductive health services, improve capacity and linkages between community and facility level interventions.

Towards 100% coverage of targeted populations

5.1 Increasing knowledge of HIV status and linkages to services

HTC is the point of entry for individualized HIV prevention care, and treatment. KAIS 2012 revealed that 53% of people living with HIV were unaware of their status. Knowledge of HIV status is crucial, as studies have shown that people living with HIV who start treatment early, when their immune systems are relatively healthy, dramatically reduce the risk of HIV transmission and the occurrence of opportunistic infections. The challenge now is to create a robust, seamless linkage and retention system so that the benefits of early prevention care and treatment can be realized.

Addressing leaks in the retention cascade: HIV Testing and Counseling Linkages

- Service providers: All HTC providers are obligated to ensure referral to appropriate post-test services. This includes care and treatment for all people living with HIV and links to HIV prevention programmes for all individuals identified to be at high risk
- **Community:** Community health strategies, including effective referrals involving community health extension workers (CHEWS), will prove vital in the Counties to Strengthen the link between facilities and communities.
- *Integration:* Leveraging intiatives with strong community and health facility linkages such as infant immunization programmes for coordinated care of children tested in community settings

2 Making HTC an entry point not only to care and treatment but also to combination HIV prevention and other health care services

- All persons who test HIV-positive should receive partner notification services while taking steps to safeguard the human rights and dignity of all clients
- Build capacity of health providers to identify individuals at high risk of HIV acquisition and link them to or deliver effective HIV prevention interventions
- Provide sexual partner and family HIV testing and counselling, adherence counselling, TB screening and treatment, family planning services, STI diagnosis and treatment, and cervical cancer screening within three months of diagnosis
- Positive Health Dignity and Prevention (PHDP); a rights-based approach that ensures all newly diagnosed people are linked and access treatment and care services
- Integrate violence counselling, as part of prevention and management of gender based violence

- Delivering HTC that is prescriptive in nature rather than routine. HTC strategies or approaches to be applied determined by the populations and geographical settings
- Continue to scale up facility-based PITC by utilizing task shifting to identify new HIV infections and link PLHIV to care and treatment
- Implement VCT and other community HTC approaches to identify self-selecting individuals at high risk of HIV and for delivery of evidence based behavioural interventions
- Test and implement new approaches such as self-testing to scale up targeted re-testing for populations at high risk and to scale up knowledge of HIV among populations with high stigma
- Innovative strategies to scale up HTC services for hard-to-reach populations, individuals who have never been tested before and individuals who were previously tested but require re-testing to know their correct HIV status such as door-todoor testing, self-testing, adolescent testing and conditional peer club testing

4 Deliver HTC at scale

• Trained facility-based health providers must offer HTC routinely as part of the standard care to all patients

53% of HIV infected persons were unaware of their HIV status

(KAIS 2012)

5.2 Integration of HIV Prevention Programmes

- Expand access to combination prevention HIV interventions, especially in high HIV burden areas through existing health systems and routine health-care delivery mechanisms in order to reach the largest number of persons at-risk
- Integrating HIV interventions into health services such as immunization, Sexual and Reproductive Health or MNCH offers a unique opportunity to reach more women, children and families with a comprehensive package of effective interventions for HIV prevention, treatment and care
- HIV testing and counselling processes must be simplified and mainstreamed in all routine health services (including mental health, nutrition, STI screening, etc.), as an entry point for life-saving HIV prevention, treatment and care
- Cultivate high level support and commitment of County and sub-County governments to support integration of HIV services through annual work planning and budgets
- Capacity building and supervision of service providers at facility and community to deliver integrated health/HIV services to those in need and provide effective referrals and linkages.
- Community involvement to build consensus on essential package for integrated health/HIV services and preferred service delivery model
- Address underlying health systems bottlenecks
- Raise public awareness to increase demand and uptake of expanded package of health and HIV services.
- Ongoing monitoring and evaluation to identify and apply best practices in HIV service integration for scale up

Trained community health service providers should routinely offer HIV testing and counseling at every contact with the identified priority populations

5.3 Strengthening Community and Health Facility-level Linkages

Strong linkages between the community and health facility prevention intervention is key to successful implementation of this Road Map:

Community Level

- Peer education for various populations to serve as agents of change in accordance with national guidelines
- Capacity building on HIV prevention messages for key groups such as religious leaders, provincial administrators, councils of elders and political leaders as communication agents for change among peers and community members
- Capacity building of community health workers to deliver HIV services as a priority within the community strategy
- Equipping peer educators, community health workers and outreach workers with the minimum package of commodities to effectively deliver services
- Referral directory for health facilities and services for effective referral and linkage.
- Eliminate stigma, discrimination and violence against key populations and PLHIV
- Engaging key populations, people with disability and PLHIV to organise themselves within the community and champion against breaches of their human rights
- Meaningful engagement of priority populations, key populations, people with disabilities and PLHIV as key stakeholders in HIV prevention
- Sustained rapid results campaigns for scale up of all key interventions in the counties

Health Facility Level

- Decentralisation of HIV prevention, care and treatment services to all health facilities
- Strong linkage between health facilities and their catchment population through community health workers, peer educators and outreach workers
- Adequate infrastructure and staffing of health facilities in accordance with national norms and standards
- Sensitivity and service provider value assessment trainings to ensure good customer care services to key populations and people with disabilities with emphasis on stigma reduction and nondiscrimination in the delivery of health services
- Develop and train health care workers on Standard Operating procedures for risk assessment and enhance health workers' occupational safety and health relating to HIV and TB
- Utilise data for decision making at facility, county and national levels
- HIV commodities security through proper management, forecasting and quantification and resource mobilisation and allocation



6.0 Leveraging: HIV Prevention is Everyone's Business

An effective revolution in the HIV prevention response will only be achieved when HIV prevention becomes everyone's business. Under this Road Map, Kenya will employ a three-pronged approach that includes a focused social movement that makes specific demands, triggers political will and accountability and catalyzes legal and structural reforms needed to 'get to zero' new HIV infections by 2030.

Kenya will leverage the power of the existing HIV movement such as networks of People Living with HIV, community service organisations, faith-based organizations, sexual and reproductive health service and rights-based movements. Other nationally and internationally recognised movements such as the women's movement, youth organisations, teachers' unions and social media will be engaged. Key groups are traditional and religious leaders to help lead the social movement, influence political will and promote legal reforms. Kenya will identify and deploy HIV prevention champions (such as governors, first ladies, youth leaders and religious leaders) at county and national level to help lead the movement.



6.1 Priority Legal and Structural Interventions

- Remove barriers (e.g. age limits) to access HIV and sexual and reproductive health education and services by 2015
- Implement gender-structural interventions e.g. financial incentives
- Integration of HIV prevention programmes across all sectors at county and national level by 2015
- Promote social rights and dignity for sex work, drug use and MSM and review by-laws that lead to stigma by 2020

6.2 Priority Political Actions

- Mobilize additional resources for HIV prevention at national and county levels
- Align national and county laws to promote access to HIV services and rights protection of priority populations (young girls, prisoners, MSM, sex workers, people who inject drugs) by 2015
- Proactively develop guidelines that facilitate efficient translation of research into policy (PrEP, Treatment for HIV Prevention, Microbicides) by 2015
- Lead from the front: Champion HIV Testing, HIV Prevention, and Adherence

1.2.3 Priority Demands of Social Movement

Demand for universal access to HIV prevention and sexual and reproductive health education and services

Demand for increased domestic funding of HIV responses to 80% by 2030

Demand investment of private sectors in HIV prevention

Demand availability of sufficient and high-quality male and female condom use (at least 30 condom use per person aged 13-70 per year with targeted branding) at accessible points for all priority populations

Develop guidelines that facilitate efficient translation of research into policy

Demand new prevention options for priority populations. Challenge social and cultural norms that increase HIV vulnerability

Roll out:

- 'Stay negative' campaign by 2014
- 'Don't discriminate' campaign by 2014
- Access to prevention tools now
- "Condom useise Now" campaign
- Treatment for all by 2015



Making HIV Prevention Everyone's Business

King of condoms demonstrates condom use to H.E The First Lady Margaret Kenyatta (immediate right), Mombasa Governor Hassan Joho(behind king of condom) and Dr Segor (behind Joho)during World AIDS Day, 2013 © PPS

6.3 Leveraging Key Sectors

All sectors are important in the national HIV response. Based on data on the geography of new infection (clusters), drivers of the epidemic, populations highly affected, and the potential of various sectors to influence HIV prevention programmes, Kenya will prioritize HIV prevention partnerships with priority sectors. The matrix below outlines the specific roles of each sector in supporting the social movement for a prevention revolution that challenges norms, attitudes and beliefs, influences political will and encourages legal and structural reforms to achieve zero new HIV infections by 2030.

Sectors	Role in supporting Prevention Movement	Priority Roles in HIV Prevention	
Transport (Private and Public)	Social movement	 All public transport vehicles and trucks have prevention messages. All stations and termini have male and female condom use dispensers and information for accessing other HIV prevention services 	
	Political Will	Associations conduct bi-annual testing campaigns	
	Legal and structural reforms	 Non-discrimination policies on employment, health insurance and service are in place 	
		 Policies are in place on maximum working hours and maximum number of days absence from family and partners 	
		• Steps are taken to remove unnecessary delays within the transport chain, such as port and border clearance	
		 Develop a framework to deliver combination prevention along road and other infrastructure constructions as provided by the law 	
Media (Private and Public)	Social movement	 Promote a bold and evidence-based prevention campaign that challenges norms, attitudes and beliefs 	
		Spearhead the HIV prevention campaigns	
	Political Will	 Watchdog on implementation – A score card will be implemented to motivate success, recognise good leadership and accelerate progress in prevention 	
	Legal and structural reforms	 Hold government accountable for protecting human rights in line with constitution 	
Mobile and Web Technology	Social movement	• Implement an HIV prevention platform (M-Prevention) for delivery of SMS campaign	
		• Implement information and communication based referral and linkage systems	
		• Implement an on-demand counselling dial-in service	
		 Support national social media campaign on Facebook, Twitter and other emerging social platforms 	
	Political Will	 Invest at least 30% of social responsibility budget in HIV prevention campaign 	
		Contribute to fund/awards for good leadership on HIV prevention	
	Legal and structural reforms	 Facilitate anti-discrimination campaigns, GBV campaign; Human Rights (free SMS and platforms) 	
Education	Social movement	 KNUT/KUPPET to conduct an HIV and anti-stigma/anti-bullying campaign at schools 	
		Support student unions to conduct the stay negative campaign	
		Support student/pupils clubs (6-18 years) to conduct reproductive health, sexuality and HIV education	
		 KNAP (Kenya National Association of Parents) and School heads associations to rally parents to support HIV prevention efforts in the education system 	
	Political Will	• Ministry of Education to facilitate national campaign on STI, HIV and HPV testing at school and referral to combination prevention package	

	Legal and structural reforms	• Revise the education policy on reproductive health to include HIV, sexuality, human rights and gender from first class in primary school	
		 TSC to institute prevention campaign on sexual abuse and rape at school and surroundings 	
Micro-finance	Social movement	• Institute preferential loan package (IGA) for priority populations.	
		• Implement a fund to keep young girls in school (scholarship)	
	Political Will	• Invest at least 30% of social responsibility budget in HIV prevention campaign	
		• Contribute to fund/awards for good leadership on HIV prevention.	
	Legal and structural reforms	 Facilitate anti-discrimination campaigns, GBV campaign, human rights (messages) 	
Tourism and Hotel (including bars and lodgings)	Social movement	 Integrate HIV prevention messages and free condom use at all hotel facilities (reception, bars, toilets, rooms) and a system for referrals to PEP 	
	Political Will	Champion legal protection for sex workers and protection against sexual abuse	
		• Invest at least 30% of social responsibility budget in HIV prevention campaign	
		Contribute to fund/awards for good leadership on HIV prevention	
	Legal and structural reforms	 Create safe spaces for sex workers and their clients, MSM and people who inject drugs within their establishments 	
		Enforce 100% condom use	
Political	Social movement	Mobilise communities and challenge social norms for HIV prevention	
leadership		 Lead in accessing HIV testing, prevention, care and treatment services and openly disclose HIV status to diminish social stigma 	
	Political Will	High-level advocacy for sustained HIV prevention funding	
	Legal and structural reforms	Enact laws that promote social rights and dignity of key populations	
Religious sector	Social movement	• Lead from the front in accessing HIV testing, prevention, care and treatment services	
		• Promote non-stigmatising HIV discussions within places of worship	
	Political Will	Challenge faith healing among unscrupulous religious leaders	
		 Facilitate implementation of evidence-based interventions that may challenge social and religious norms 	
	Legal and structural reforms	 Facilitate implementation of evidence-based HIV prevention interventions in faith-based school, tertiary education institutions and health facilities 	
Judiciary, law and order	Social movement	 Identify HIV prevention and human rights champions within the judiciary and uniformed forces 	
	Political Will	• Institute data collection and reporting mechanisms for GBV and HIV within judiciary and uniformed forces	
		• Publish annual HIV and human rights abuse statistics in the country and counties	
	Legal and structural reforms	 Training of judiciary and uniformed services to include HIV particularly for key populations 	
		 Sensitivity training for all in-service personnel 	
		• Reform HIV and AIDS policy to allow HIV prevention tools in prison	



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7.0 Revolutionising HIV Research and Development

7.1 Accelerating Innovation While Reducing Access and Delivery Gap

Research in Kenya adheres to national laws, guidelines and international ethical standards, assisted by UNAIDS/AVAC Good Participatory Practices, guided by effective and representative institutional review boards. NACC's Kenya HIV and AIDS Research Coordination Committee (KARSCOM), oversees all HIV-related human research, coordinating the efforts of research institutions, development partners, and medical centres. The committee mobilises resources for HIV-related research and disseminates important research findings to stakeholders throughout the country.

Despite Kenya's outstanding record of leadership in HIV research and development breakthroughs, the following research gaps persist:

Gap

Delayed translation of research findings into

▲ policy and practices: The gap between scientific discovery and integration of findings into the Kenyan national health system is unacceptable. For instance, there are still no national PrEP or Treatment for HIV Prevention guidelines, although many uncoordinated demonstration projects are on-going.

Gap

2 Uncoordinated research and development programmes: No research information and knowledge management hub synthesises HIV epidemiologic trends to inform prevention programming and priority prevention research. There are multiple institutions conducting similar research

projects, with limited cross-learning and and a lack of

connection to the current health care system.

Gap

3 Unclear post-trial access and intellectual property agreements: Guidelines on post-trial access and intellectual property for proven efficacious technologies have not been clearly defined.

Gap

4 Disjointed research for prevention: There is and structural interventions in clinical trials and demonstration projects. This makes if difficult to ensure that programmes are implemented in a manner that effectively leverages important prevention synergies.

Gap

5 Uncoordinated public engagement for research and development: Community and stakeholder engagement and formative research are often vertical (product-specific or organisation-specific), with minimal country or County coordination to create maximum public engagement and support for HIV research.

Gap

6 Vertical health research and development: HIV research and development has not harnessed synergies across other areas of health research, such as tuberulosis malaria, sexual and reproductive health and non-communicable diseases. Lack of coordination among organisations and funders conducting trials and demonstration projects of different biomedical products impedes crosslearning.

Gap

7 Minimal translation of innovation to

commercialisation: Public-Private partnerships for health product development and access have yet to be harnessed at country and regional level to ensure that research is linked to manufacturing and commercialisation of innovation.

Gap

Scientists: In basic research, protocol designs and implementation science. Limited capacity of Ethics and Regulatory Board.

Gap

9 Lack of national HIV research and development priority and inadequate funding: Kenya's national funding of health research and development is still below the funding targets for health research and development of 2-5% in the Algiers, Bamako and other regional declarations of commitment. The failure to adhere to pledges on health research and development funding is consistent with the country's broader failure to achieve the Abuja Declaration target of ensuring that 15% of national budget is allocated to health. These failures limit the potential for optimising the existing state-of-the-art research infrastructure and scientists for home-grown research on health.

This Road Map recommends a revolution in Kenya's approach to HIVrelated research and development. Specifically, it provides for immediate action to:

1 Expedite demonstration and delivery of current proven biomedical interventions (PrEP, Treatment for HIV Prevention, VMMC) while answering key behavioural and structural questions pertaining to combination prevention. Demonstration projects should be integrated in the existing health system (public, NGO, private) and context to ensure accuracy of findings and data for effective decision-making.

2 Prioritize research and development of additional prevention tools (e.g., microbicides, preventive vaccines, cures and therapeutic vaccines) **and research to improve delivery and regimens of proven tools** (e.g., condom use, PrEP and Treatment for HIV Prevention) **3 Ensure proactive development of policies and agreements** on intellectual proprety and post-trial access in order to accelerate access to, delivery and manufacturing of products found to be efficacious.

4 Increase funding for health research and development to 2% of the national budget to build capacity for home-grown pre-clinical and clinical research as well as manufacturing of HIV products with potential of cost-effectively eradicating AIDS in Kenya.

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5 Prioritize translational and operational
Tresearch that can inform practice.
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Preparing a tranquilizer-type substance for injection with a safe injection kit. © Sean Kimmons/IRIN

This Road Map calls for the following actions on key biomedical, socio-behavioural and structural Research and Development priorities:



Biomedical HIV research and development priorities

- Determine the combination and intensity of prevention strategies that most effectively and efficiently reduce HIV incidence
- Conduct demonstration projects on new nonsurgical male circumcision devices.
- Conduct demonstration projects of vaginal microbicidal gel and participate in efficacy trials of vaginal ring and multi-purpose prevention technologies (for HIV, pregnancy and other STIs)
- Participate in clinical trials on less adherence dependent PrEP and Treatment for HIV Prevention (e.g. long acting injectables)
- Participate in early trials of cure and therapeutic vaccine
- Interaction of HIV and geriatric diseases among older persons

Structural Priorities

- Strengthen capacity of Regulatory and Ethics Committees to establish a central database of research projects, strengthen mechanisms of communication with all existing regulatory bodies and oversee evolving clinical trials and demonstration project design and implementation
- Develop and harmonise mechanisms for a coordinated national and County-level policy, advocacy, communication and stakeholders engagement for HIV research agenda
- Ensure equitable participation of priority

populations (young girls, discordant couples, MSM, people who inject drugs, sex workers) in clinical trials and demonstration projects

- Harmonise country and county data system (research hub) for continuous monitoring of impact and cost of newly introduced prevention options to inform service delivery and guidelines
- Increase funding allocations for health research by local and national governments.
- Develop mechanisms to align research funding to local priorities

Socio-behavioural Research Priorities

- Conduct analysis of granularity of drivers of new HIV infections and priority populations in the medium -incidence Cluster Counties where the epidemic is mixed, i.e. generalised and concentrated
- Conduct studies on risk perceptions, facilitators of adherence and retention in treatment for HIV prevention, PrEP and microbicides programmes
- Demonstrate community and population impact of combination prevention on incidence for the high-incidence and medium-incidence cluster counties
- Integrate gender, gender-based violence and sexuality analysis (including biomarkers of prevention, side effects, and interactions with other sexual and reproductive health products) in all demonstration projects and clinical trials
- Conduct studies to understand social and behavioural factors that affect use of existing

preventive services (e.g., condoms, PEP) as well as new prevention tools (e.g., PrEP, treatment as prevention) with end users

- Operational research and implementation science to identify barriers to service uptake for PWID, in order to improve the efficiency and effectiveness of OST/MAT and NSP
- Ensure social readiness, acceptability and guidelines for participation of young girls/boys, MSM, people who inject drugs, and children in the next generation of trials
- Establish the impact of alcohol and drug use on HIV transmission and prevention
- Study psychosocial issues affecting discordant couples and HIV prevention
- Understand sexual networks and their impact on HIV transmission and prevention

8.0 Coordination and Management

Implementation of this Road Map will require political leadership and accountability. Counties in different clusters will require different levels of effort to achieve their targets.

The structures for the implementation of Kenya National AIDS Strategic Frameworks and Plans will guide the rollout of this Road Map. The oversight and coordination of its implementation will be provided at different levels as follows:

8.1 Leadership of HIV Prevention at the National Level

The National HIV Prevention Steering Committee

The National HIV Prevention Steering Committee will exert leadership, mobilise resources and ensure accountability towards achieving the targets of this Road Map. The NACC Director will chair the steering committee, which will consist of: The chairperson of the prevention technical working group, Senior-level representatives from key national government institutions, Development partners, Civil society organisations, PLHIV networks, Organizations and networks of key populations, people with disabilities and other key stakeholders, including but not limited to the education sector, researchers, pharmaceutical industry, business community (employers and workers), informal sector, justice and legal sector, media, information and communications sector, transport sector, microfinance, tourism and hotel industry, labour sector and the religious sector.

The steering committee members will be accountable for designing, implementing and reporting on progress regarding their sector's targets as identified in section 5.1 of the Road Map.

The National HIV Prevention Technical Working Group

The Head of the National AIDS and STI Control Programme will chair the national HIV prevention technical working group, which will provide technical leadership to consolidate HIV prevention interventions, from the current fragmented approach towards a target-based, well-coordinated and comprehensive population-based approach. Membership of the technical working group will be drawn from managers of HIV prevention programmes, technical leads from multi/bi-lateral, development partners, private sector and research community. The technical working group will establish and manage a HIV prevention research and knowledge management hub. It will work in consultation and in line with the County Technical HIV Working Group (CTWG).

8.2 Leadership of HIV Prevention Programmes at the Counties

County HIV Prevention Steering Committee

In each County, the County Executive Committee Member for Health will chair the County HIV prevention Steering Committee. The County Steering Committee will exert leadership, mobilise resources, ensure compliance with HIV national policies and quidelines, and promote accountability towards achieving the County targets. The Steering Committee will be responsible for integrating HIV in the broader county health plans and for leveraging all other key sectors for HIV prevention. The membership will consist of the CTWG, seniorlevel representatives from County government departments, development partners, civil society organisations, PLHIV networks, key populations, people with disabilities and other key stakeholders, including, but not limited to the sectors of education, research, pharmaceutical industry, business community, informal sector labour, legal, media, information and communications technology, transport, microfinance, tourism and hotel industry and the religious sector.

County HIV Prevention Technical Working Group

Chaired by the County Chief Officer for Health, the CTWG will provide technical leadership to consolidate HIV prevention interventions and to ensure a well-coordinated and comprehensive population-based approach. The CTWG membership will be drawn from County AIDS coordinators and the chairpersons of the sub-County health management teams, technical leaders from implementing partners, heads of preventive and promotive services, private sector, and research community. The CTWG will establish and manage a County HIV prevention research and knowledge management hub. The CTWG will work in consultation and in line with the national technical working group.

Sub-County Health Management Teams

The Sub-County Health Management Teams will integrate HIV prevention in all sub-County health plans. They will oversee implementation of the recommended HIV prevention combination packages for their clusters at facility and community levels, and will ensure appropriate geographic and population prioritization based on evidence from the granularity studies of the epidemic. Through stakeholder engagement, sub-County health management teams will work to ensure that HIV prevention is everyone's business at the community and household levels.



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9.0 Forecasting and Tracking Progress on HIV Prevention

Achieving the desired prevention revolution in Kenya will require innovation in monitoring and evaluation of the identified combination package at country, county and target population levels. The impact of recommended evidence-based biomedical, behavioural, and structural interventions will be regularly evaluated against specific outcomes. Monitoring will also be required to ensure that implementation of the prevention revolution accords with the principles of this Road Map.

Implementation of this Prevention Revolution Road Map will require vigilance to new and reemergent challenges. For instance, successful implementation of the HIV prevention revolution may result in changes in epidemiologic and behavioural patterns. New cohorts of at-risk populations will emerge as today's children and young people transit into adolescence and adulthood. Unforeseen social or environmental changes may influence risk behaviour or the accessibility of prevention services. These and other potential changes will require adaptations in the HIV response, such as flexible planning processes, adjusted strategies for monitoring and evaluation, new or different combinations of interventions, and modified approaches to geographic and population prioritization. It is critical to anticipate and monitor performance in the three clusters and populations to ensure timely introduction of needed adaptations. A County score card will be implemented to motivate success, recognise strong leadership and accelerate progress towards preventing new HIV infections.

9.1 Forecasting

Outcome Indicators

	Indicator	Baseline	Target 2015	Target 2020	Target 2025	Target 2030
1	Reduced HIV incidence among adults	88,620 (NASCOP/ NACC 2013)	45,500	22,750	13,650	<1,000
2	Reduced HIV incidence among children	12,940 (NASCOP/ NACC 2013)	3,000	1,950	1,300	<200
3	Key populations contribution to new HIV infections (MSM, SW, PWID)	33% (KMoT 2008)	25%	15%	10%	5%
4	Reduction of percentage of PLHIV who re- port experiencing HIV related stigma	TBD 2013	25%	50%	75%	100%
5	Proportion of HIV budget allocated to prevention	20% (KNASA 2013)	35%	45%	50%	50%

Routine Monitoring

Throughout the implementation, process indicators will be documented, measured and evaluated through:

- Health Management Information System (HMIS)
- Programmes (PMTCT, HTC, VMMC, FP, Early Infant Diagnosis, EBIs) dash boards
- Community-based Health Information System (CBHIS)
- Logistics Management Information System (LMIS
 – commodities ordering, supply and utilisation
 information from health facilities)
- Kenya HIV and AIDS Research Coordinating Mechanism (KARSCOM) database on HIV research and demonstration projects

Outcome indicators will be documented, measured and evaluated through:

- Paper-based cohort monitoring
- Sentinel cohort monitoring
- Population-based surveys (KAIS, KDHS, etc.)

Revolutionary Shifts in Monitoring and Evaluation of HIV Prevention

The HIV prevention revolution proposes paradigm shifts in monitoring and evaluation of HIV prevention in Kenya:

- Incidence data to be estimated by county clusters and HIV epidemiological populations
- Prioritize monitoring of outcomes over monitoring of processes
- Better surveillance in low incidence cluster
- Use of new technologies (GIS and viral load monitoring)

EBI and structural interventions	Target population	Key characteristics of the intervention
Family Matters Programme (FMP)	 Parents of Children aged 9-12 yrs 	FMP an EBI targeting parents of pre-adolescents 9 to 12 years to equip them with skills they need to influence the sexual risk behaviours of their adolescent children
Healthy Choices I and Healthy Choices II	 Sexually active youth Non-sexually active youth Youth Living with HIV 	• Healthy choices is a group intervention targeting children aged 10-13 years old for HC I and 14-17 year old for HC II. The interventions entails 8 sessions focusing on decision making, sex communication, negotiation and refusal skills with the aim of delaying sexual debut, promoting safer sex practice, HIV and STI risk reduction and condom use
EBAN Programme	Discordant couples	 This interventions consists of eight two-hour sessions of small groups (3-5 couples) delivered over 8 weeks, as well as sessions for individual couples led by skilled male and female facilitators EBAN aims to train couples on assertive communication skills, discuss triggers that make negotiating safe sex challenging and emphasize partner involvement in safer sex
Sister to Sister Programme	Young women	• Sister-to-Sister, delivered by female health care workers and peer educators, is for women ages 18-45 years in groups of 3 to 5. The intervention aims to eliminate or reduce risk behaviours and prevent HIV and STI infections through increasing self-efficacy and condom use negotiation
Shuga	• Youth out of school	 A multi-media behaviour change communication intervention, Shuga targets youth between 15-24 years with the following key themes: Sexual concurrency, correct and consistent condom use, sexual agency, personal risk perception, reduction of stigma and discrimination towards PLHIV, transactional sex, GBV and parent/child communication Shuga is a 10-session intervention (150 minutes per session) in groups of a maximum of 20 participants delivered by facilitators, preferably a male and female within the age group of 18-29 years Shuga utilises a combination of brainstorming, guest speakers, small group discussions and homework assignments
RESPECT	• Key populations, indiv PWIDals at highest risk	 RESPECT is an individual intervention delivered by trained HTC providers in 2 sessions with a focus on reduction of risk behaviour. The first session is delivered during the initial HIV testing and counselling session. and the second is offered during a scheduled follow-up counselling session
18-29 years being released from a community. START focuses on incr and Hepatitis risk behaviours aft		 START is an indiv PWIDal-level, multi-session intervention for young men aged 18-29 years being released from a correctional facility and returning to the community. START focuses on increasing clients' awareness of their HIV, STI and Hepatitis risk behaviours after release and providing them with tools and resources to reduce their risk
IMAGE Study	 Young women and girls, women of reproductive age IMAGES utilises micro-finance institution systems of on-going contact women, integrating economic empowerment with HIV and GBV training service delivery. An evaluation in South Africa and showed significant reduction and reduced GBV The intervention takes up to 1 year and contact of ten 2 hour sessions of up to 25 women 	
Conditional Cash Transfers study	 Young women and girls 	• This is a structural intervention that targets young women and girls and their families. It involves provision of financial incentives to recipients who abide by stipulated conditions, such as remaining in school and reducing sexual risk behaviour
Cash Transfer Study	 Children affected by HIV/AIDS 	• Cash and in- kind food and health care to meet the immediate needs of HIV/AIDS orphans. Reducing the vulnerability of these children potentially reduces their vulnerability to HIV infection (UNICEF Malawi)
Stepping Stones: Creating Futures (HEARD)	Young people over age 18 living in informal settlements	 Combined structural and behavioural intervention. Life skills training to decrease gender inequalities and increase livelihood security thereby reducing IPV and HIV risk

Appendix 1: Examples of Evidence Based Behavioural (EBI) and Structural Interventions

ESTIMATED NEW HIV INFECTIONS AMONG ADULTS (15+) BY COUNTY 2013



Counties	New HIV infections
🗕 Homa Bay	12,279
🛑 Kisumu	10,349
Siaya	9,869
 Migori 	6,786
Kisii	4,891
Nakuru	4,127
Nairobi	3,098
 Turkana 	2,997
🛑 Kiambu	2,931
Nyamira	2,052
 Muranga 	1,984
Uasin Gishu	1,921

Counties	New HIV infections
Bomet	1,875
Trans Nzoia	1,867
Narok	1,806
Mombasa	1,609
Kajiado	1,545
Machakos	1,463
Nyeri	1,307
Nandi	1,253
Kericho	1,214
Makueni	1,193
Meru	1,090
🔍 Kitui	988

Counties	New HIV infections
Nyandarua	899
🔍 Kilifi	821
 Kirinyaga 	795
Baringo	707
 Laikipia 	692
Kwale	623
West Pokot	576
e Embu	518
Samburu	461
Tharaka	410
Elgeyo Marakwet	400
 Taita Taveta 	330

Counties	New HIV infections
 Kakamega 	154
 Isiolo 	151
 Mandera 	137
 Garissa 	116
 Bungoma 	83
 Marsabit 	81
Busia	51
Lamu	44
Tana River	40
 Vihiga 	31
 Wajir 	18
Kenya	88,622

ESTIMATED NEW HIV INFECTIONS AMONG CHILDREN (0-14) BY COUNTY 2013



County	New Infections
🗕 Homa Bay	2,700
🗕 Kisumu	2,276
 Migori 	1,492
Siaya	2,170
Kisii	1,075
Nyamira	451
Nairobi	313
Nakuru	197
Kakamega	172
Mombasa	169
Turkana	143
Kiambu	95

County	New Infections
 Bungoma 	93
Uasin Gishu	92
Trans Nzoia	89
Bomet	89
Narok	86
🛑 Kilifi	86
Machakos	79
🛑 Kajiado	74
Kwale	65
Makueni	64
 Muranga 	64
Nandi	60

County	New Infections
Meru	59
Kericho	58
Busia	57
🛑 Kitui	53
 Nyeri 	42
Vihiga	35
 Taita Taveta 	35
 Baringo 	34
 Laikipia 	33
Nyandarua	29
🗕 Embu	28
West Pokot	27

County	New Infections
 Kirinyaga 	26
Samburu	22
Tharaka	22
Elgeyo Marakwet	19
 Mandera 	17
Garissa	14
Isiolo	8
🗕 Lamu	5
 Tana River 	4
 Marsabit 	4
🔵 Wajir	2
Kenya	12,826

ESTIMATED ADULT HIV PREVALENCE BY COUNTY



TOTAL # ADULTS LIVING WITH HIV BY COUNTY AND % ART COVERAGE FOR THOSE IN NEED (CD4 350)



County	ART Covearage	HIV+ Adults	County	ART Covearage	HIV+ Adults	County	ART Covearage	HIV+ Adults	County	ART Covearage	HIV+ Adults
Mandera	4%	3,928	Taita Taveta	52%	9,781	Machakos	74%	27,063	Lamu	95%	1,263
Turkana	20%	39,043	Baringo	53%	9,194	Makueni	76%	22,110	Tharaka	95%	7,603
Samburu	24%	6,001	Kajiado	53%	20,080	Nyandarua	77%	12,950	Tana River	97%	1,161
Wajir	26%	307	Laikipia	54%	8,963	Meru	82%	20,238	Vihiga	97%	9,853
West Pokot	29%	7,515	Trans Nzoia	56%	24,323	Nandi	82%	16,281	Mombasa	98%	47,751
Kwale	31%	18,459	Nyamira	58%	23,493	Siaya	82%	112,962	Nyeri	99%	18,923
Bomet	38%	24,389	Isiolo	60%	2,822	Marsabit	86%	1,480	Kiambu	102%	42,425
Elgeyo Marakwet	38%	5,208	Nakuru	62%	53,713	Kitui	88%	18,328	Kisumu	104%	118,538
Narok	38%	23,504	Bungoma	64%	26,093	Migori	89%	77,650	Kericho	120%	15,846
Muranga	45%	28,721	Kakamega	66%	48,533	Kirinyaga	91%	11,458	Uasin Gishu	144%	25,021
Garissa*	48%	3,262	Homa Bay	70%	140,629	Nairobi	92%	102,828	Busia	183%	16,065
Kisii	48%	55,970	Kilifi	71%	24,413	Embu	93%	9,641	Kenya	66%	1,345,785

Disclaimer: Counties with over 100% coverage include clients from neighbouring counties

ESTIMATED NUMBER OF CHILDREN (0-14 YEARS) LIVING WITH HIV & PAEDIATRIC ART COVERAGE BY COUNTY



Counties	ART coverage	HIV+ Children
Mandera	3%	1,271
Wajir	4%	163
Samburu	9%	883
Garissa	10%	1,075
Narok	12%	3,456
Bomet	16%	3,589
Kwale	16%	2,659
West Pokot	16%	1,103
Laikipia	17%	1,324
Elgeyo Marakwet	17%	765
Kajiado	18%	2,956
Kisii	19%	7,715
Turkana	19%	5,736
Taita Taveta	20%	1,409
Tana River	26%	172
Trans Nzoia	29%	3,574

Counties	ART coverage	HIV+ Children
Nakuru	30%	7,898
Isiolo	30%	427
Bungoma	32%	5,086
Muranga	32%	2,881
Kakamega	33%	9,452
Baringo	36%	1,353
Migori	37%	10,705
Nyamira	38%	3,238
Nandi	39%	2,397
Mombasa	41%	6,870
Homa Bay	42%	19,370
Siaya	43%	15,568
Kilifi	44%	3,507
Meru	48%	3,082
Embu	49%	1,465
Kericho	51%	2,324

ART coverage	HIV+ Children
54%	16,326
54%	4,135
57%	1,929
57%	229
61%	3,372
61%	187
63%	1,305
64%	2,792
65%	1,160
66%	4,256
68%	1,897
68%	1,154
73%	3,677
74%	12,894
75%	3,138
	Coverage 54% 54% 57% 61% 61% 63% 64% 65% 66% 66% 66% 68% 73% 74%

HIGH INCIDENCE CLUSTER				
65% of new HIV infections	Cumulative County data	Priority populations		
Homa Bay, Kisumu, Siaya, Migori, Kisii, Nakuru, Turkana, Nyamira, Bomet	 HIV incidence: > 0.4% No of PLHIV: 674,947 Cluster population: 9,572,409 	 General populations People Living With HIV Discordant couples Youth (especially young women) Sex workers MSM and transgender 		

- PWIDs
- Fisherfolks

34% of new HIV infections

Trans Nzoia, Narok, Samburu, Kajiado, Uasin Gishu, Muranga, Nyeri, Nandi, Kiambu, Laikipia, Kericho, Nyandarua, Mombasa, Makueni, Machakos, Baringo, Kirinyaga, West Pokot, Isiolo, Elgeyo Marakwet, Kitui, Tharaka, Taita Taveta, Kwale, Embu, Nairobi, Meru, Kilifi

MEDIUM INCIDENCE CLUSTER

Cumulative County data

- HIV incidence: 0.1 <0.39%
- No of PLHIV: 801,213
- Cluster population: 25,356,108

Priority populations

- People Living With HIV
- Discordant couples
- Youth (especially young women)
- Sex workers
- MSM and transgender
- County specific bridging populations

LOW INCIDENCE CLUSTER				
1% of new HIV infections	Cumulative County data	Priority populations (County- driven epidemiologic assessment and response)		
Lamu, Garissa, Marsabit, Mandera, Tana River, Busia, Kakamega, Vihiga, Bungoma, Wajir	 HIV incidence: <0.01% No of PLHIV: 123,291 Cluster population: 6,864,045 	 County specific bridging populations Mobile populations Refugees 		

AIDS response in Kenya, a multi-sectoral effort

The National HIV Prevention Summit, 2013, Safari Park Hotel, Nairobi

HIV Prevention Revolution and Combination Prevention

Right to left: Wycliffe Obwiri (EGPAF) Revolution in Behavioural Interventions, Dr Nelly Mugo (KEMRI) Revolution in Biomedical Interventions, Dr Nduku Kilonzo (LVCT) Revolution in Structural Interventions, Dr Kipruto Chesang (CDC), Dr Emmy Chesire (NACC), H.E Nathif Jama Adam(Governor, Garissa)



Expert Panel Discussion: Cross Cutting Issues in HIV Prevention Right to left: Moderator: Louis Otieno Panellists: Dr George Githuka (NASCOP), H.E Cyprian Awiti (Governor, Homa Bay), Regina Ombam (NACC), Fredrick Nyaga (MenKen) and Dr Peter Cherutich (NASCOP © NACC Kenya

Notes







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