




HEALTH ADVISORY: EBOLA

Ebola spreads through direct contact with an infected person's blood or body fluids (such as saliva or urine).

Leaving West Africa?



Watch for fever, headaches, and body aches in the next 3 weeks.

3 WEEKS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

If you get sick, call a doctor.

Tell the doctor you were in a country with Ebola.

