## **Estimating Blood Loss**



soiled sanitary towel **30ml** 



saturated small swab (10x10cm) 60 ml





incontinence pad 250 ml





full kidney dish

## saturated sanitary towel **100 ml**

saturated swab (45x45cm) **350 ml** 



floor spill (100cm diameter) 500 ml

## 500 ml



blood spilling on bed **1000 ml** 



blood spilling to floor 2000 ml

Adapted from: P. Bose, F. Regan, S. Paterson-Brown, Improving the accuracy of estimated blood loss at obstetric haemorrhave using clinical resonstructions. (London: British Maternal & Fetal Medicine Society, n.d.).

